

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **14-187**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet at <http://results.teamunify.com/scaa/index.html>

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**  
**Meet Referee:** Mike Piccardo      **Head Starter:** Phil Beisel  
**Meet Marshal:** Virginia Leal      **Admin Official:** Brett Shaug  
**Meet Director:** Bill Norris; [cruz.meetdirector@gmail.com](mailto:cruz.meetdirector@gmail.com), 650-303-2921

**LOCATION:** Gunderson High School, Chynoweth Avenue at 622 Gaundabert Lane, San Jose, CA.

**DIRECTIONS:** From Highway 85 exit Santa Teresa, turn right onto Thornwood, turn right onto Winfield, and turn right onto Chynoweth. Gunderson High School is on the right: pool is located at the back of the school.

**COURSE:** Outdoor 25 yard pool with up to 16 lanes available for competition. An additional 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

<b>TIME:</b>	<b><u>Meet Start</u></b>	<b><u>General Warm-up</u></b>
Friday:	5:00 PM	3:45-4:45 PM
Sat/Sun AM	9:00 AM	7:30-8:45 AM

- 8 & Under: Please warm-up in the designated lanes (lanes 1 & 2 on each course).
- Sat PM Session: A 15 minute warm-up period for the Saturday PM Session will begin immediately after Event 34.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Swimmers may compete in a maximum of **4** events per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- All 25 yard events will start at the south end of the pool without starting blocks while timers remain in place at the north side of the pool.
- The 1000 and 1650 Free events will alternate women's and men's heats. The 1000 Free (with alternating heats) will be conducted on the east end of the pool and the 1650 Free (with alternating heats) will be conducted on the west end of the pool.
- Swimmers must provide their own timers for the 400 I.M., and both timers and lap counters for the 500, 1000 and 1650 Freestyle events.

## Quicksilver Swimming and Santa Cruz Swimming Race to JO's

November 21-23, 2014

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.
- PLEASE DO NOT BRING YOUR DOGS TO THIS MEET. No animals are allowed in any area of the meet venue.
- For safety and accessibility reasons the pool deck must be cleared of non-coach tents and chairs.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

### ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Swimmers in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be ACCEPTED.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY PRIORITY:** Zone 1 South (Z1S) and RAM (Stockton Swim Club) entries postmarked by **Monday, November 3, 2014** or entered online by 11:59 p.m. **Monday, November 3, 2014** will be given priority acceptance. All entries from Zone 1 South, all other Pacific LSC zones, and other LSC's either postmarked by **Monday, November 10, 2014**, entered online by 11:59 p.m. **Wednesday, November 12, 2014** or hand delivered by 8:00 p.m. **Wednesday, November 12, 2014** will be considered in the order that they were received or until meet cap is reached.

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

**ONLINE ENTRIES:** To enter on-line go to <http://ome.swimconnection.com/PC/CRUZ20141121> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary,**

**Quicksilver Swimming and Santa Cruz Swimming Race to JO's**

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**and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, **November 12, 2014.**

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, **November 10, 2014** or hand delivered by 8:00 p.m. Wednesday, **November 12, 2014.** No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: Santa Cruz County Aquatics**

**Mail entries to: Bill Norris**  
**Swim Meet Entries**  
**P.O. Box 1616**  
**Soquel, CA 95073**

**Hand deliver entries to: Bill Norris (Swim Meet Entries)**  
**Leave at Front Desk of Business**  
**345 Encinal Street**  
**Santa Cruz, CA 95073**

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event. On Friday the first two events will close at 4:30 PM, on Saturday and Sunday the first four events will close at 8:30 AM.

**SCRATCHES:** Any swimmers not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

**AWARDS:** Awards will be given to top 8 finishers in the following age groups in each division (C, B, A): 8&U, 9-10, 11-12, 13-14, 15-16 and 17-18 age groups. "A" medals will be awarded to swimmers achieving a new USA-S "A" time regardless of place achieved in event. No awards will be given to swimmers age 19 years or older. All Individual awards must be picked up at the meet. No awards will be mailed or distributed after the meet.

**ADMISSION:** Free. A program will be available for a reasonable fee

**REFRESHMENTS:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours. **Clubs are requested to provide Stroke and Turn, or Deck officials and timing lane assignments will also be required based on total entries by club.**



## EVENT SUMMARY

Friday November 21, 2014			
8&UN	9-10	11-12	13 & O
500 Free	500 Free	400 IM	400 I.M.
		500 Free	500 Free

Saturday November 22, 2014				Sunday November 23, 2014			
8 & UN	9-10	11-12	13 & O	8 & UN	9-10	11-12	13 & O
200 Free	200 Free	200 Free	100 Fly	25 Free	100 Breast	100 Breast	200 Free
100 Fly	100 Fly	100 Fly	200 Breast	100 Breast	50 Fly	200 Fly	100 Breast
25 Fly	50 Breast	50 Breast	100 Back	25 Breast	50 Back	50 Fly	200 Fly
50 Breast	100 Back	100 Back	100 Free	50 Fly	100 Free	50 Back	200 Back
100 Back	100 I.M.	100 I.M.	1000 Free	50 Back	200 I.M.	200 Back	50 Free
25 Back	50 Free	200 Breast	1650 Free	25 Back		100 Free	200 I.M.
100 I.M.		50 Free		100 Free		200 I.M.	
50 Free		1000 Free		200 I.M.			
		1650 Free					

## EVENTS

Friday November 21, 2014				
Warm-up 3:45-4:45, Events begin 5:00PM				
Girls EVENT #	Time Standard	EVENT	Time Standard	Boys EVENT #
1	NT	13 & O 400 I.M.	NT	2
3	NT	11/12 400 I.M.	NT	4
5	NT	13 & O 500 Free	NT	6
7	NT	12 & Under 500 Free	NT	8

Saturday November 22, 2014				
Warm-up 7:30-8:45, Events Begin 9:00AM				
Girls EVENT #	Time Standard	EVENT	Time Standard	Boys EVENT #
9	NT	12 & Under 200 Free	NT	10
11	NT	13 & O 100 Fly	NT	12
13	NT	12 & Under 100 Fly	NT	14
<b>15</b>	<b>NT</b>	<b>8 &amp; Under 25 Fly</b>	<b>NT</b>	<b>16</b>
17	NT	13 & O 200 Breast	NT	18
19	NT	12 & Under 50 Breast	NT	20
21	NT	13 & O 100 Back	NT	22
23	NT	12 & Under 100 Back	NT	24
<b>25</b>	<b>NT</b>	<b>8 &amp; Under 25 Back</b>	<b>NT</b>	<b>26</b>
27	NT	12 & Under 100 I.M.	NT	28
29	NT	11/12 200 Breast	NT	30
31	NT	13 & O 100 Free	NT	32
33	NT	12 & Under 50 Free	NT	34
PM Session to begin 15 minutes after Event 34				
35	NT	11 & O 1000 Free	NT	36
37	NT	11 & O 1650 Free	NT	38

Sunday November 23, 2014				
Warm-up 7:30-8:45, Events Begin 9:00AM				
Girls EVENT #	Time Standard	EVENT	Time Standard	Boys EVENT #
39	NT	13 & O 200 Free	NT	40
<b>41</b>	<b>NT</b>	<b>8 &amp; Under 25 Free</b>	<b>NT</b>	<b>42</b>
43	NT	12 & Under 100 Breast	NT	44
45	NT	13 & O 100 Breast	NT	46
<b>47</b>	<b>NT</b>	<b>8 &amp; Under 25 Breast</b>	<b>NT</b>	<b>48</b>
49	NT	11/12 200 Fly	NT	50
51	NT	13 & O 200 Fly	NT	52
53	NT	12 & Under 50 Fly	NT	54
55	NT	13 & O 200 Back	NT	56
57	NT	12 & Under 50 Back	NT	58
<b>59</b>	<b>NT</b>	<b>8 &amp; Under 25 Back</b>	<b>NT</b>	<b>60</b>
61	NT	11/12 200 Back	NT	62
63	NT	13 & O 50 Free	NT	64
65	NT	12 & Under 100 Free	NT	66
67	NT	13 & O 200 I.M.	NT	68
69	NT	12 & Under 200 I.M.	NT	70

- All events will swim fastest to slowest. See Rules section for timers and lap counter requirements.
- **All 25 yard events will start at the south end of the pool without starting blocks while timers remain in place at the north side of the pool.**
- **8 & Under: Please warm-up in lanes 1 & 2 on each course.**
- The 1000 and 1650 Free events (events 35, 36, 37 and 38) will alternate women's and men's heats. The 1000 Free will be conducted (with alternating heats) on the east end of the pool and the 1650 Free will be conducted (with alternating heats) on the west end of the pool.

Pacific Swimming – Hosted by Santa Cruz Swimming and Quicksilver Swimming PACIFIC SWIMMING Short Course C/B/A+ Meet November 21-23, 2014 Consolidated Entry Form													
Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke						Entry Time			Circle one			
							: .			SCY / LCM			
							: .			SCY / LCM			
							: .			SCY / LCM			
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							: .			SCY / LCM			
							: .			SCY / LCM			
							: .			SCY / LCM			
							: .			SCY / LCM			
# of entries _____ x \$4.00 = \$ _____ Participation Fee        \$ 8.00 Total                                \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						