

**CSA CONFERENCE CHAMPIONSHIP INVITE
PACIFIC SWIMMING SHORT COURSE MEET
DECEMBER 15-17, 2017**



SANCTION: Held under USA/Pacific Swimming Sanction No. **17-177**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on Meet Mobile.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Rod Rosare	Head Starter: Attila Lengyel
Meet Marshal: Le Nguyen	Admin Referee: ChangChi Wang
Meet Director: Liv Weaver; omlyons@gmail.com	
Guiselle Morrone teammanager@westcoastaquatics.org	

LOCATION: Gunderson High School Pool – 622 Gaundabert Ln, San Jose, CA 95136

DIRECTIONS: From 85-S, take Santa Teresa exit, turn right on Thornwood Drive, right on Winfield Drive, right on Chynoweth Drive. The pool is located in the back of the campus past the football field off Chynoweth Drive. Parking is available near the front entrance of the pool, in front of the school and overflow parking in the neighborhood.

COURSE: Outdoor 25 yard pool with up to 16 lanes available for competition. An additional 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7' at the start end and 4' 6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at 5:00 PM on Friday with warm-ups from 3:45- 4:45 PM. The facility gates will not open until 3:30pm. Friday events are timed finals. Some of Saturday's and Sunday's events are Trials and Finals except as noted in Order of Events Chart. Meet will begin at 9:00 AM on Saturday and Sunday with warm-ups from 7:30 to 8:40 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:40 to 8:50 AM. Finals will begin no sooner than 1 hour after the conclusion of trials. The exact time will be determined by the Meet Referee and announced as early as practical each day.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals on Friday. See Order of Events Chart for events specified as timed finals for Saturday and Sunday. Prelim events may run combined into multiple age groups at the discretion of the meet referee to ensure a smooth timeline; finals will be split by specific age groups. Timed finals events will not be combined.
- All preliminary events will swim fast to slow with the first three heats circleseeded.
- **Athletes may compete in up to 3 individual events and up to 2 relays per day.**
- **Athletes may compete in a total of 7 individual events and up to 5 relays at the meet.**
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- Coaches will be required to check-in prior to the start of the meet. Coaches must have their USA

Swimming membership card for check-in.

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Only athletes, coaches, working officials, and volunteers will be allowed on the pool deck. The deck will be blocked solely for those vital to the meet operations in order to help control traffic flow around the pool.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.
- **No tents or equipment may be left at the facility overnight. Do not leave any equipment or valuables at the facility overnight; the facility is not secure and CSA is not responsible for any lost or stolen items.**
- Set-up will not be available until immediately before the meet on Friday afternoon. Gates will not open until 3:35 PM.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- **Athletes must be a member of a CSA Conference member club (PEAK, WEST, QSS, FF or UN and affiliated with a CSA member club) or be a CSA member.**
- Athletes may enter as unattached, but will be entered as exhibition and will not be eligible for team points.
- **Athletes must have met the "CSA" time standard in every event entered. All entry times slower than the listed time standard will be rejected. Entries with "NO TIME" will be rejected. All CSA qualifying times are posted at <http://www.swimcsa.com>. Individual event qualifying times are USA Swimming Motivational Time Standard BB Times for 10u, 11-12, and 13-14 events. The OPEN age group qualifying times are 15-16 BB Times except for the 1650 freestyle event. The 8 & under qualifying times are Pacific Swimming 8 & under B Times.**
- Athletes may qualify for the 1650 with either a 1650 or a 1000 CSA qualifying time for team entries.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- The athlete's age will be the age of the athlete on the first day of the meet.

CHECK-IN: 11 & Over Events FRIDAY – Friday events will be deck-seeded. Athletes must positively check-in for all Friday individual events. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

11 & Over Events SATURDAY & SUNDAY – Prelims on Saturday and Sunday will be pre-seeded except for the 1650 Freestyle. The first three heats in trials events will be circle seeded. Athletes must positively check-in for the 1650 freestyle by 11:00 AM on Saturday.

10 & Under Events – All 10 & under events will be pre-seeded on Saturday and Sunday. The first three heats in trials events will be circle seeded. Athletes must positively check-in for Friday all events on Friday.

SCRATCH RULE FOR PRELIMS & TIMED FINALS:

- A copy of the meet scratch rules will be posted at the clerk-of-course.
- Coaches may email any scratches to ckikuta@att.net by noon on Sunday, December 12th 1:00 PM. All scratches submitted are final.
- Athletes entered in a preliminary individual or timed final event will have no penalty for missing an event.

SCRATCH RULE FOR FINALS:

- A copy of the scratch rules will be posted at the clerk-of-course.
- Top 9 athletes will qualify for finals.
- Any athlete qualifying for finals in an individual event who does not wish to compete must scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the referee that they may not intend to compete in consolation finals or finals. In this case they must declare their final intention within 30 minutes after the announcement of qualifiers following their last individual preliminary event.
- An athlete who “fails to compete” or scratch in a finals event they qualified for will be subject to disqualification for the remainder of the athlete’s individual events. “Declared False Starts” and “Delay of Meet” are all classified as “Failure to Compete”, and the athlete will be barred from the remainder of the swimmer’s individual events for the meet. If the No-Show occurs on the last day that the athlete is entered in an individual final event and no other individual event penalty is applicable, the athlete shall then be fined \$100.00. The fine will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.
- **Exception:** No penalty shall apply for failure to withdraw or compete in an individual event if: (i) the referee is notified in the event of illness or injury and accepts the proof thereof. (ii) It is determined by the referee that the No-Show is caused by circumstances beyond the control of the athlete. (iii) The athlete is an alternate for finals.

ENTRY FEES: \$5.50 per individual event plus an \$8.00 per athlete participation fee. \$16.00 per relay entry. Relay only athletes must pay the \$8.00 splash fee.

ENTRIES:

- **Team Entries** - Clubs may enter their athletes by submitting a team Sd3 file to omlyons@gmail.com by 1:00pm on Wednesday, December 6th.
- **Individual Entries** – Athletes may enter on the Swim Connection website at https://ome.swimconnection.com/PC/CSA%20Conference%20Championships_copy20171215 by 11:59pm on Wednesday, December 6th. **Any athletes registering through Swim Connection must be CSA Conference members.** To register as a CSA member, see swimcsa.com website.

Make check payable to: **CSA**

Mail check to:

Meet Director
5409 Silver Vista Way
San Jose, CA 95138

AWARDS:

- **Individual Event Awards:** 1st- 3rd place will receive medals. 4th- 9th places will receive ribbons.
- **Relay Event Awards:** 1st- 3rd place will receive medals.
- **Team Awards:** 1st- 3rd places for combined team scores. Team scoring will include individual events to 9 places and relay events to 8 places for all events.
- **Individual High Point Awards:** Top scoring woman and Top scoring man in each age group including the Open age group. Scoring will include individual events only. Relay points will be included to distinguish a high point winner in the event of a tie.

SCORING: Individual events will score places 1-9. Relay events will score places 1-8. The 1650 will be scored as 11-12, 13-14 and 15

& over. All other OPEN events will be scored as OPEN.

Individual Events:

Finals – 10- 8 -7- 6- 5- 4- 3-2 -1

Timed Finals – 10- 8 -7- 6- 5- 4- 3 -2 -1

Relay Events:

Finals – 20-16- 14- 12- 10- 8- 6-4

ADMISSION: Free.

REFRESHMENTS: Food trucks may be available throughout the competition. Coaches and working deck officials will be provided meals and snacks.

PARKING: No overnight parking is allowed. Special parking will be provided for Officials and Coaches; please bring your USA-S Membership card to gain access to parking.

EVENT SUMMARY

FRIDAY			
9-10	11-12	13-14	OPEN
500 Free	500 Free	400 IM	400 IM
	200 F.R.	500 Free	500 Free
		200 F.R.	200 F.R.

SATURDAY					
8 & U	10 & U	9-10	11-12	13-14	OPEN
100 IM	200 IM	100 Fly	200 M.R.	200 M.R.	200 M.R.
25 Fly	200 Free	100 Breast	200 IM	100 Fly	100 Fly
25 Breast	200 M.R.	50 Free	100 Fly	200 Free	200 Free
50 Free		100 Back	200 Free	100 Breast	100 Breast
25 Back			100 Breast	100 Back	100 Back
100 M.R.			100 Back	50 Free	50 Free
			50 Free	800 F.R.	800 F.R.

SUNDAY				
8 & U	9-10	11-12	13-14	OPEN
50 Back	100 IM	400 M.R.	400 M.R.	1650 Free
25 Free	50 Back	100 IM	200 IM	400 M.R.
50 Breast	100 Free	50 Back	200 Back	200 IM
50 Fly	50 Breast	200 Back	100 Free	200 Back
100 F.R.	50 Fly	100 Free	200 Breast	100 Free
	200 F.R.	50 Breast	200 Fly	200 Breast
		200 Breast	400 F.R.	200 Fly
		50 Fly		400 F.R.
		200 Fly		
		400 F.R.		

ORDER OF EVENTS

Conference Championship Meet

FRIDAY, December 15 th – Timed Finals					
Qualifying Standard CSA	Women's Event #	Description		Men's Event #	Qualifying Standard CSA
		Age Group	Event		
5:39.69	1	13-14	*400 Individual Medley	2	5:17.39
5:31.99	3	OPEN	*400 Individual Medley	4	5:05.59
7:35.49	5	10 & Under	*500 Freestyle	6	7:26.99
6:38.39	7	11-12	*500 Freestyle	8	6:27.49
6:20.09	9	13-14	*500 Freestyle	10	5:58.99
6:12.09	11	OPEN	*500 Freestyle	12	5:19.39
2:20.99	13	11-12	*200 Free Relay	14	2:20.99
2:10.99	15	13-14	*200 Free Relay	16	2:08.99
2:05.99	17	OPEN	*200 Free Relay	18	2:02.99

SATURDAY, December 16 th – Prelims & Finals					
Qualifying Standard CSA	Women's Event #	Description		Men's Event #	Qualifying Standard CSA
		Age Group	Event		
2:40.99	19	11-12	**200 Medley Relay	20	2:40.99
2:35.99	21	13-14	**200 Medley Relay	22	2:35.99
2:32.99	23	OPEN	**200 Medley Relay	24	2:29.99
2:12.29	25	8 & Under	*100 Individual Medley	26	2:12.29
3:15.59	27	10 & Under	*200 Individual Medley	28	3:13.19
2:27.79	29	11-12	200 Individual Medley	30	2:44.19
27.39	31	8 & Under	*25 Butterfly	32	27.29
1:39.09	33	9-10	100 Butterfly	34	1:37.99
1:18.29	35	11-12	100 Butterfly	36	1:16.49
1:11.39	37	13-14	100 Butterfly	38	1:06.39
1:09.99	39	OPEN	100 Butterfly	40	1:03.39
2:57.39	41	10 & Under	*200 Freestyle	42	2:47.99
2:29.69	43	11-12	200 Freestyle	44	2:24.59
2:22.19	45	13-14	200 Freestyle	46	2:12.79
2:19.19	47	OPEN	200 Freestyle	48	2:07.49
31.49	49	8 & Under	*25 Breaststroke	50	31.49
1:44.99	51	9-10	100 Breaststroke	52	1:41.89
1:27.39	53	11-12	100 Breaststroke	54	1:25.49
1:22.39	55	13-14	100 Breaststroke	56	1:15.59
1:20.69	57	OPEN	100 Breaststroke	58	1:12.09
28.49	59	8 & Under	*25 Backstroke	60	28.49
1:30.69	61	9-10	100 Backstroke	62	1:29.69
1:18.49	63	11-12	100 Backstroke	64	1:15.79
1:11.69	65	13-14	100 Backstroke	66	1:06.89
1:10.09	67	OPEN	100 Backstroke	68	1:03.49
53.29	69	8 & Under	*50 Freestyle	70	53.29
35.19	71	9-10	50 Freestyle	72	34.49
31.49	73	11-12	50 Freestyle	74	30.29
30.29	75	13-14	50 Freestyle	76	27.89
29.79	77	OPEN	50 Freestyle	78	26.79
2:05.99	79	8 & Under	*100 Medley Relay	80	2:05.99
2:40.99	81	10 & Under	*200 Medley Relay	82	2:40.99
9:20.99	83	13-14	**800 Freestyle Relay	84	9:15.99
9:15.99	85	OPEN	**800 Freestyle Relay	86	9:09.99

SUNDAY, December 17 th – Prelims & Finals					
Qualifying Standard CSA	Women's Event #	Description		Men's Event #	Qualifying Standard CSA
		Age Group	Event		
23:07.29 21:43.19 21:26.19	87	OPEN: 11-12 13-14 15 & over	*1650 Freestyle	88	22:37.49 20:43.19 20:02.89
5:01.99	89	OPEN	**400 Medley Relay	90	4:52.99
5:09.99	91	13-14	**400 Medley Relay	92	4:59.99
5:15.99	93	11-12	**400 Medley Relay	94	5:12.99
1:31.69	95	9-10	100 Individual Medley	96	1:29.39
1:18.39	97	11-12	100 Individual Medley	98	1:14.99
2:39.19	99	13-14	200 Individual Medley	100	2:28.59
2:36.19	101	OPEN	200 Individual Medley	102	2:21.79
1:02.99	103	8 & Under	*50 Backstroke	104	1:02.99
41.89	105	9-10	50 Backstroke	106	42.39
35.59	107	11-12	50 Backstroke	108	35.29
2:35.39	109	13-14	200 Backstroke	110	2:25.89
2:32.39	111	OPEN	200 Backstroke	112	2:19.19
2:43.99	113	11-12	200 Backstroke	114	2:40.29
23.49	115	8 & Under	*25 Freestyle	116	23.49
1:19.99	117	9-10	100 Freestyle	118	1:18.79
1:08.29	119	11-12	100 Freestyle	120	1:05.89
1:05.79	121	13-14	100 Freestyle	122	1:00.89
1:04.59	123	OPEN	100 Freestyle	124	58.39
1:10.19	125	8 & Under	*50 Breaststroke	126	1:10.19
47.49	127	9-10	50 Breaststroke	128	46.59
39.99	129	11-12	50 Breaststroke	130	39.59
2:58.29	131	13-14	200 Breaststroke	132	2:45.59
2:54.69	133	OPEN	200 Breaststroke	134	2:36.59
3:08.59	135	11-12	200 Breaststroke	136	3:00.99
1:06.59	137	8 & Under	*50 Butterfly	138	1:06.59
41.79	139	9-10	50 Butterfly	140	40.49
34.09	141	11-12	50 Butterfly	142	34.19
2:37.89	143	13-14	200 Butterfly	144	2:26.99
2:34.89	145	OPEN	200 Butterfly	146	2:20.59
2:47.89	147	11-12	200 Butterfly	148	2:43.99
1:49.99	149	8 & Under	*100 Yard Freestyle Relay	150	1:49.99
2:35.99	151	10 & Under	*200 Free Relay	152	2:35.99
4:11.99	153	OPEN	**400 Freestyle Relay	154	4:05.99
4:22.99	155	13-14	**400 Freestyle Relay	156	4:10.99
4:32.99	157	11-12	**400 Freestyle Relay	158	4:25.99

***Timed Finals swum in Prelims session only.**

****Timed Finals swum in Finals session only.**

The 1650 Free will be swum on Sunday between Trials and Finals. Athletes must provide their own lap counter for the 500 Free and 1650 Free, and their own timers for the 1650 Free.