

**DE ANZA CUPERTINO AQUATICS
CLOSED INTRASQUAD
PACIFIC SWIMMING LONG COURSE MEET
SATURDAY APRIL 27th, 2019**



SANCTION: Held under USA/Pacific Swimming Sanction No. **19-060**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee: Sylvain Flamant</i>	<i>Head Starter: PJ Yim</i>
<i>Meet Marshal: Tammy Hopkins</i>	<i>Admin Official: Brett Shaug</i>
<i>Meet Director: Annie Stein annie@daca.org (408) 253-7946</i>	

LOCATION: Saratoga High School Pool, 20300 Herriman Ave., Saratoga, CA 95070.

DIRECTIONS: From the Peninsula: Take Highway 101 or 280 to Route 85 South. Exit Right on De Anza Blvd. Turn left on Herriman Ave. Pool is located on the right hand side, next to tennis courts. **From the East Bay:** Take Highway 880 South to route 237 West to Route 85 South. Exit Right on De Anza Blvd. Turn Left on Herriman Ave. Pool is located on right hand side, next to tennis courts. **From Gilroy/Morgan Hill:** Take 101 North to Route 85 North. Exit Left on De Anza Blvd. Turn Left on Herriman Ave. Pool is located on the right hand side, next to tennis courts.

COURSE: Outdoor 50 meter pool with up to 7 lanes available for competition. One additional lane will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 10' at the start end and 4' at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Meet will begin at 8:00 AM with warm-ups from 7:00 AM to 7:45 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a MAXIMUM 3 events.
- All athletes ages 12 and under should complete competition within four (4) hours.
- All events will swim as combined gender.
- Athletes competing in the 800 Freestyle must provide their own timers and lap counters.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

ATTENTION HIGH SCHOOL ATHLETES: If you are a high school athlete in high school swim season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the

athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- The meet is open to qualified members of De Anza Cupertino Aquatics (DACA). Unattached athletes participating with DACA are eligible to compete.
- Entries with "**NO TIME**" will be accepted.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: This is a closed meet open to qualified athletes from De Anza Cupertino Aquatics ONLY.

ENTRY FEES: \$25 per athlete.

ENTRIES: Coaches must submit group entries to annie@daca.org no later than 9:00 AM Friday, April 19th.

CHECK-IN: The meet will be pre-seeded; there will be no check-in.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have entered shall not be penalized.

AWARDS: None.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: No snack bar will be available. Limited hospitality for working officials only.

EVENTS

Saturday, April 27 th	
Event #	Event
1	Mixed OPEN 100 Free
2	Mixed OPEN 200 IM
3	Mixed OPEN 100 Back
4	Mixed 11 & OVER 200 Fly
5	Mixed OPEN 400 Free
6	Mixed OPEN 100 Breast
7	Mixed 11 & OVER 200 Back
8	Mixed 11 & OVER 400 IM
9	Mixed OPEN 100 Fly
10	Mixed OPEN 200 Free
11	Mixed 11 & OVER 200 Breast
12	Mixed 11 & OVER 800 Free**

**Athletes competing in the 800 Freestyle must provide their own timers and lap counters.