

DE ANZA CUPERTINO AQUATICS
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET
JULY 20-21, 2019
Enter Online: <http://www.fastswims.com>



SANCTION: Held under USA/Pacific Swimming Sanction No. **19-115**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://results.teamunify.com/daca/index.html>.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee: Sylvain Flamant</i>	<i>Head Starter: Katherine Ng-Suen</i>
<i>Meet Marshal: Tammy Hopkins</i>	<i>Admin Official: Brett Shaug</i>
<i>Meet Director: Annie Stein – annie@daca.org / (408) 253-7946</i>	

LOCATION: Saratoga High School Pool, 20300 Herriman Ave., Saratoga, CA 95070.

DIRECTIONS: From the Peninsula: Take Highway 101 or 280 to Route 85 South. Exit Right on De Anza Blvd. Turn left on Herriman Ave. Pool is located on the right hand side, next to tennis courts. **From the East Bay:** Take Highway 880 South to route 237 West to Route 85 South. Exit Right on De Anza Blvd. Turn Left on Herriman Ave. Pool is located on right hand side, next to tennis courts. **From Gilroy/Morgan Hill:** Take 101 North to Route 85 North. Exit Left on De Anza Blvd. Turn Left on Herriman Ave. Pool is located on the right hand side, next to tennis courts.

COURSE: Outdoor 25 yard pool with up to 10 lanes available for competition. Additional lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'6" at the start end and 7'6" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: SESSION A (13 & Over and 11-12 GIRLS): Meet begins at 8:30 AM; Warm-Up is from 7:00 – 8:15 AM
SESSION B (10 & Under and 11-12 BOYS): Session B will begin 1 hour after Session A finishes, but not before 12:00 PM.
Session B Warm-Ups will begin immediately after Session A finishes.

RULES:

- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a maximum of **three (3)** events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athlete's age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- Athletes entering the 400 IM and/or 500 Freestyle events must have achieved a minimum USA-S Motivational "A" time for their age group and gender.
- Athletes in the 400 IM must provide their own timers. Athletes in the 500 Freestyle must provide their own timers and lap counters.

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Pets, with the exception of working service animals, are prohibited in the meet venue.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "**NO TIME**" will be **ACCEPTED. (Exception – 500 Free and 400 IM. See rules).**
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to www.fastswims.com to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through **Wednesday, July 10th, 2019.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with the athlete's best time. Entries must be postmarked by midnight, **Monday, July 8th, 2019** or hand delivered by 6:30 p.m. **Wednesday, July 10th.** No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: De Anza Cupertino Aquatics or "DACA"

**Mail entries to: Annie Stein – Meet Director
1080 S. De Anza Blvd.
San Jose, CA 95129**

**Hand deliver entries to: Annie Stein
1080 S. De Anza Blvd.
San Jose, CA 95129**

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athlete not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Individual events will be awarded in the A, B, and C division. Ribbons for First through Eighth place will be given to the following age groups 8 & U, 9-10, 11-12. Athletes 13 years of age and older will not receive awards. "A" time medals will be given to athletes achieving a new "A" time ("PC-A" for 8 & Under Athletes, USA-S "A" for 9 & Over Athletes), regardless of place achieved in the event. All awards must be picked up at the meet by coaches at the end of the meet. Awards will not be mailed.

ADMISSION: Free. Meet programs will not be available for purchase, but will be sent to participating clubs prior to the meet.

SNACK BAR & HOSPITALITY: A snack bar will be open each day. Generous and friendly hospitality provided for officials, and coaches.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. All participating clubs are expected to provide lane timers based upon the number of athletes registered to swim each day. Club timing lanes for Saturday and Sunday will be assigned and coaches will be notified of assignments during the week prior to the meet.

MINIMUM OFFICIALS: Clubs must follow Zone 1 North rules for providing officials. Each club must provide officials for each session according to the number of athletes entered in that session, following the table below. Clubs that do not provide sufficient officials must provide coaches to act in the place of officials.

Club athletes entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5 and up (1 for every 25 athletes)

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
100 FR	200 FR	200 FR	100 FR	25 FR	100 FR	100 FR	200 FR
25 BK	50 BK	50 BK	200 BK	50 BK	100 BK	100 BK	100 BK
50 BR	100 BR	100 BR	100 BR	25 BR	50 BR	50 BR	200 BR
25 FL	100 FL	100 FL	200 FL	50 FL	50 FL	50 FL	100 FL
50 FR	50 FR	50 FR	200 IM	100 IM	100 IM	200 IM	50 FR
	200 IM	200 BK	500 FR		500 FR	200 BR	400 IM
		400 IM				200 FL	
						500 FR	

EVENTS

SATURDAY, JULY 20 th		
SESSION A		
GIRLS #	EVENT	BOYS #
1	11 – 12 200 FREE	
3	13 & O 100 FREE	4
5	11 – 12 50 BACK	
7	13 & O 200 BACK	8
9	11 – 12 100 BREAST	
11	13 & O 100 BREAST	12
13	11 – 12 100 FLY	
15	13 & O 200 FLY	16
17	11 – 12 50 FREE	
19	13 & O 200 IM	20
21	11 – 12 200 BACK	
23*	13 & O 500 FREE	24*
25*	11 – 12 400 IM	

SUNDAY, JULY 21 st		
SESSION A		
GIRLS #	EVENT	BOYS #
61	11 – 12 100 FREE	
63	13 & O 200 FREE	64
65	11 – 12 100 BACK	
67	13 & O 100 BACK	68
69	11 – 12 50 BREAST	
71	13 & O 200 BREAST	72
73	11 – 12 50 FLY	
75	13 & O 100 FLY	76
77	11 – 12 200 IM	
79	13 & O 50 FREE	80
81	11 – 12 200 BREAST	
83	11 – 12 200 FLY	
85	13 & O 400 IM	86
87	11-12 500 FREE	

SESSION B		
	11 – 12 200 FREE	28
29	9 – 10 200 FREE	30
31	8 & U 100 FREE	32
	11 – 12 50 BACK	34
35	9 – 10 50 BACK	36
37	8 & U 25 BACK	38
	11 – 12 100 BREAST	40
41	9 – 10 100 BREAST	42
43	8 & U 50 BREAST	44
	11 – 12 100 FLY	46
47	9 – 10 100 FLY	48
49	8 & U 25 FLY	50
	11 – 12 50 FREE	52
53	10 & U 50 FREE	54
	11 – 12 200 BACK	56
57	9 – 10 200 IM	58
	11 – 12 400 IM	60

SESSION B		
	11 – 12 100 FREE	90
91	9 – 10 100 FREE	92
93	8 & U 25 FREE	94
	11 – 12 100 BACK	96
97	9 – 10 100 BACK	98
99	8 & U 50 BACK	100
	11 – 12 50 BREAST	102
103	9 – 10 50 BREAST	104
105	8 & U 25 BREAST	106
	11 – 12 50 FLY	108
109	10 & U 50 FLY	110
	11 – 12 200 IM	112
113	9 – 10 100 IM	114
	11 – 12 200 BREAST	116
117	8 & U 100 IM	118
	11-12 200 FLY	120
121	9 – 10 500 FREE	122
	11 – 12 500 FREE	124

*Athletes entering the 400 IM and 500 Freestyle must have achieved a minimum USA-S “A” time for their Age Group and Gender

Athletes in the 400 IM must provide their own timers. Athletes in the 500 Free must provide their own timers and lap counters.

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by De Anza Cupertino Aquatics Short Course CBA+ Meet July 20-21, 2019 Consolidated Entry Form													
Name: Last,			First				Middle						
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													