

MAVERICKS SWIMMING ASSOCIATION
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET
MARCH 31, 2019
Enter Online: <http://fastswims.com>



SANCTION: Held under USA/Pacific Swimming Sanction No. **19-041**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://results.teamunify.com/psmaa/index.html>**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee:</i> PAUL REIDL	<i>Head Starter:</i> ROBERT IACOBACCI
<i>Meet Marshal:</i> DEDON PRINCE	<i>Admin Official:</i> DARRYL WOO
<i>Meet Director:</i> JIM STRETCH, jc_stretch@yahoo.com	

LOCATION: JEAN BRINK POOL, OCEANA HIGH SCHOOL, 401 PALOMA AVE., PACIFICA, CA 94404-2436

DIRECTIONS: **From San Francisco/I-280:** Take HWY 1 SOUTH into Pacifica. EXIT the PALOMA/FRANCISCO exit. Turn LEFT at the end of the off-ramp stop sign, and cross over the Highway 1 overpass. After the overpass is a stop sign. Continue STRAIGHT/EAST. After the next stop sign, continue EAST half a block. Oceana Pool is the first driveway on your left. **From Half Moon Bay:** Take HWY 1 NORTH into Pacifica. EXIT the OCEANA/CLARENDON exit. At the end of the off ramp is a stop sign. Continue STRAIGHT/NORTH for about ¼ mile along Oceana until you reach the next stop sign. At the stop sign take a RIGHT to the next stop sign. Oceana Pool entrance is adjacent the tennis courts, the first driveway on your left.

COURSE: INDOOR 25 YARD pool with up to 7 lanes available for competition. An additional 2 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 5'0 at the start end and 10'0 at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: SESSION A (10 & Under Athletes): Meet begins at 8:30AM, warm-up from 7:00 to 8:15AM.
SESSION B (11 & Over Athletes): Session B will begin one hour after Session A finishes, but not before 12:00 PM. Session B warm-up will begin immediately upon completion of Session A

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in four (4) individual events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- Please do not block driveways or interfere with residential property enjoyment in the neighborhood.

ATTENTION HIGH SCHOOL ATHLETES: If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with **"NO TIME" will be ACCEPTED.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY FEES: \$4.00 per individual event plus an \$8.00 participation fee per athlete. Relays \$9.00 per relay entered. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$0.75 regardless of the number of athletes plus 6.5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries, including relays, will be accepted through 11:59pm Wednesday, **MARCH 20, 2019.**

MAILED OR HAND DELIVERED ENTRIES: All paper based entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, **March 18, 2019** or hand delivered by 6:30 p.m. Wednesday, **March 20, 2019.** No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: MAVERICKS SWIMMING ASSOCIATION

**Mail entries to: Jim Stretch, Meet Director
P.O. Box 2860
El Granada, CA 94018**

**Hand deliver entries to: Jim Stretch c/o SMAC
1700 W. Hillsdale Blvd. Bldg #5
San Mateo, CA 94402**

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Ribbons for 1st thru 8th place for individual events in the B, and C divisions: 6/un, 7/8, 9/10, 11/12, 13/14, 15/16. No ribbons for athletes 17 and over. Standard "A" medals awarded to swimmers achieving NEW "A" times in each event regardless of place achieved in the event. Athletes who have prior "A" time in any event they compete in, regardless of course the time was earned in, will not receive "A" medal. All awards to be picked up by coaches at end of each session. Awards will not be mailed out.

ADMISSION: Free. Programs will not be printed for sale; a psych sheet will be emailed to coaches of participating clubs for internal distribution.

SNACK BAR & HOSPITALITY: A snack bar may be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Volunteer Timers needed.

MINIMUM OFFICIALS: All clubs participating are expected to adhere to Zone 1 North rules for providing officials. Each club must provide officials for each session according to the number of athletes entered in that session, following the table below. Clubs that do not provide sufficient officials must provide coaches to act in the place of officials

Club athletes entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5 (+1 for every additional 25 athletes)

EVENT SUMMARY

SUNDAY			
8 & U	9-10	11-12	13 & O
	200 M.R.	200 M.R.	200 M.R.
100 IM	100 IM	100 IM	200 IM
25 FL	50 FL	50 FL	100 FL
25 BK	50 BK	50 BK	100 BK
25 BR	50 BR	50 BR	100 BR
25 FR	50 FR	50 FR	50 FR
100 F.R.	200 F.R.	200 F.R.	200 F.R.

EVENTS

SUNDAY, March 31st		
SESSION A		
GIRLS #	EVENT	BOYS #
1	10 & U 200 Medley Relay	2
3	8 & U 100 IM	4
5	9 – 10 100 IM	6
7	8 & U 25 Fly	8
9	9 – 10 50 Fly	10
11	8 & U 25 Back	12
13	9 – 10 50 Back	14
15	8 & U 25 Breast	16
17	9 – 10 50 Breast	18
19	8 & U 25 Free	20
21	9 – 10 50 Free	22
23	8 & U 100 Free Relay	24
25	10 & U 200 Free Relay	26

SESSION B		
27	11 – 12 200 Medley Relay	28
29	13 & O 200 Medley Relay	30
31	11 – 12 100 IM	32
33	13 & O 200 IM	34
35	11 – 12 50 Fly	36
37	13 & O 100 Fly	38
39	11 – 12 50 Back	40
41	13 & O 100 Back	42
43	11 – 12 50 Breast	44
45	13 & O 100 Breast	46
47	11 – 12 50 Free	48
49	13 & O 50 Free	50
51	11 – 12 200 Free Relay	52
53	13 & O 200 Free Relay	54

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by MAV C/B/A+ MEET MARCH 31, 2019 Consolidated Entry Form													
Name: Last, First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													