

**OAKLAND UNDERCURRENT SWIM TEAM
PACIFIC SWIMMING LONG COURSE C/B/BB+ MEET
JULY 14-15, 2018**



Enter Online: <http://ome.swimconnection.com/pc/ONDA20180714>

Z2 Assigned Teams: ONDA, AAA, AIA, ALGA, BEAR, MONT, NWA, OAK, OAKW, EBSD, ECG, FAST, HILL, OTST, PST, SAIL, EBA, TERA, FF, TIGR

SANCTION: Held under USA/Pacific Swimming Sanction No. **18-097**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Dave Cottam	Head Starter: David Kaplan
Meet Marshal: Pam Mackey	Admin Official: Lisa Kaplan
Meet Director: Janet Green 510-394-4115, ondaswimming@gmail.com	

LOCATION: Contra Costa College, 2600 Mission Bell Drive, San Pablo, CA. 94806.

DIRECTIONS: Take I-80 East or West, Exit El Portal Drive. Head West on El Portal. Turn Right on Castro Drive, the pool is on the left side.

COURSE: Outdoor, heated 50 meter pool, up to 8 lanes all deep water with non-turbulent lane lines. Colorado automatic timing system will be used. Separate warm up lane available. The minimum water depth, measured in accordance with Article 103.2.3, is 13'-0" at the start end and 4'-0" at the turn end. The competition pool has not been certified in accordance with 104.2.2C (4).

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:45 to 8:55 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in four (4) events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes' age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, in standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or designated areas is prohibited.
- All pathways should be clear and no pop-ups are allowed on pathways and in front of entry and exit gates. Pathways and entry and exit gates must be clear for emergency personal and vehicles to pass through.
- No umbrellas are allowed beyond the cordoned off areas at the starting blocks and race start areas on the deck for safety reasons.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "BB+" Division must have met at least the listed "BB" time standard. Athletes in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. For 8 & Under athletes the applicable Pacific (PC) "A" and "B" standards will be used.
- Entries with "**NO TIME**" will be **REJECTED**.
- Minimum 11-12 BB time is required for event 29 (Open 800 FR GIRLS) & event 62 (Open 800 FR BOYS).
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Meet entries will not be accepted any earlier than **June 9th, 2018**. Entries from members of "*assigned*" "year-round" Zone 2 clubs postmarked or entered online by 11:59 PM. on **June 16th, 2018** will be given 1st priority acceptance. Entries from members of all Zone 2 clubs (year-round and seasonal) postmarked or entered online between 12:00 AM **on June 23rd, 2018** and 11:59 PM **on July 4th, 2017** will be given 2nd priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

**** NOTE:** Athletes who falsify their entry form by listing a club to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.

ENTRY FEES: \$4.00 per event plus an \$10.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch-downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/ONDA20180714> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, July 4th, 2018, or until the meet has reached capacity, whichever comes first.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athletes’ best time. Entries must be postmarked by midnight, Monday, July 2, 2018 or hand delivered by 7:30 PM, Thursday, July 5th, 2018. No late entries will be accepted. No entries received after the meet has reached capacity will be accepted. No refunds will be made, except mandatory scratch-downs. Requests for confirmation of receipt of entries should include a self-addressed, stamped envelope.

Make check payable to: OCPP

Mail or hand deliver entries to: Janet Green

**4115 Oakmore Rd
Oakland, CA 94602**

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: First through eighth places in each division (“C”, “B” & “BB+”) will be awarded for the 9-10, 11-12, 13-14 age groups. First through eighth place in each division (PC-C, PC-B, and PC-A) will be awarded for the 8 & Under age group. All athletes achieving an “A” time for the first time will be awarded a standard A medal, regardless of place achieved in the event. No awards will be given for athletes 15 years of age and older. Note: Individual awards must be picked up at the meet. We will not mail or distribute awards after the meet.

ADMISSION: Free. A ‘2 DAY’ program will be available for a reasonable price.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. All participating clubs are expected to provide lane timers based upon the number of athletes registered to swim each day. Team timing lanes for Saturday and Sunday will be assigned and coaches will be notified of assignments during the week prior to the meet.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of athletes entered against the number of Officials that worked representing each club per day of the meet. Those clubs who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

Number of athletes entered in meet per club per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Athletes over 100	+1

EVENT SUMMARY

Saturday			Sunday		
10 & Under	11-12	13-18	10 & Under	11-12	13-18
100 FR	200 FR	200 FR	100 BK	100 FR	100 FR
50 BK	50 BK	100 BK	50 FL	100 BK	100 FL
200 IM	200 FL	200 FL	100 BR	50 FL	200 BR
50 BR	50 BR	100 BR	50 FR	200 BR	50 FR
		200 BK Girls		50 FR	200 BK Boys
	400 IM Boys	400 IM Boys		400 IM Girls	400 IM Girls
Open 800 FR Girls			Open 800 FR Boys		

EVENTS

Saturday July 14, 2018		
EVENT #	EVENT	EVENT #
1	13-18 200 FR	2
3	11-12 200 FR	4
5	10 & Under 100 FR	6
7	13-18 100 BK	8
9	11-12 50 BK	10
11	10 & Under 50 BK	12
13	13-18 200 FL	14
15	11-12 200 FL	16
17	10 & UNDER 200 IM	18
19	13-18 100 BR	20
21	11-12 50 BR	22
23	10 & Under 50 BR	24
25	13-18 200 BK Girls	
	11 & Up 400 IM Boys	28
29	Open 800 FR Girls	

Sunday July 15, 2018		
EVENT #	EVENT	EVENT #
31	11-12 100 FR	32
33	13-18 100 FR	34
35	10 & Under 100 BK	36
37	11-12 100 BK	38
39	13-18 100 FL	40
41	11-12 50 FL	42
43	10 & Under 50 FL	44
45	13-18 200 BR	46
47	11-12 200 BR	48
49	10 & Under 100 BR	50
51	13-18 50 FR	52
53	11-12 50 FR	54
55	10 & Under 50 FR	56
	13-18 200 BK Boys	58
59	11 & Up 400 IM Girls	
	Open 800 FR Boys	62

Athletes in the Open 800 Free will provide their own timers and lap counters.

Minimum 11-12 "BB" time is required for event 27 (Open 800 FR GIRLS) & event 54 (Open 800 FR BOYS).

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Oakland Undercurrent Swim Team Long Course C/B/BB+ Meet July 14-15, 2018 Consolidated Entry Form													
Name: Last,			First				Middle						
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke						Entry Time			Circle one			
							: .			SCY / LCM			
							: .			SCY / LCM			
							: .			SCY / LCM			
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							: .			SCY / LCM			
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 10.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													