

**DAVID POOH MADDAN  
PIRANHA DISTANCE MEET  
PACIFIC SWIMMING SHORT COURSE MEET  
NOVEMBER 4-6, 2016**

Enter Online: <http://ome.swimconnection.com/pc/prna20161104>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **16-140**

*In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:** Meet Referee: **Irene Alameida**                      Head Starter: **Sarah Obbagy**  
Meet Marshal: **Vicki Beard**    Admin Official: **Barbara de Vries**  
Meet Director: **Nichole Whetstone** [nicholewhetstone@sbglobal.net](mailto:nicholewhetstone@sbglobal.net)

**LOCATION:** Honey Bee Pool, 1170 Golf Course Drive, Rohnert Park CA 94928

**DIRECTIONS:** Take Hwy 101 NB to the Wilfred Ave exit. Turn left off highway onto Commerce. Right at next light on to Golf Course Dr. Turn left into pool. There is a small parking lot available as well as street parking. For additional parking: While on Golf Course (before the Pacific Market Shopping Center), turn left at stop light for Country Club. Turn right at Hudis Street stop sign. On right will be parking lot for Marguerite Hahn Elementary School. If you walk past the baseball field, follow the sidewalk into the park and you will see the pool.

**COURSE:** Outdoor 25 yard pool with up to 6 lanes available for competition, with small warm-up/cool down area available throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 5' at the start end and 3' 5" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME: FRIDAY** – Meet shall begin at 5:00 PM on Friday with warm-ups from 4 to 4:45 PM.

**SATURDAY/SUNDAY** – Meet shall begin at 9:00 AM on Saturday and Sunday with warm ups from 7:30 to 8:45 AM.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- All events are timed finals.
- All events shall be swum in event order and in a "fast to slow" sequence with the option of reversing the sequence at the discretion of the Meet Referee and Meet Director.
- Athletes may compete in a maximum of one (1) event on Friday and up to three (3) events on both Saturday and Sunday. A maximum of seven (7) events may be swum over the three day competition.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries shall be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule", based on the athlete's age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down, subject to the provisions of Pacific Swimming Rules and Regulations. Immediate cash refunds shall be made for any mandatory scratches.
- All coaches and deck officials shall visibly display their current USA Swimming membership cards.
- Athletes shall provide their own counters and timers for the 1000 Free and the 1650 Free.
- At the discretion of the Meet Referee, events and heats may be combined.

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a member-coach of the athlete's USA Swimming club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Any athletes entered in the meet shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start each race from within the water. When unaccompanied by a USA Swimming member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters shall be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- All animals except service animals are prohibited from all areas of the competition venue.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:**

- Athletes shall be current members of USA Swimming and enter their names and registration numbers on the meet entry card exactly as they are shown on their Registration Cards. If this is not done, it may be difficult to match the athlete with the registration database. The meet host shall check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.
- Athletes in the "A" Division shall have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division shall have met at least the "B" minimum time standard. All entry times slower than the "B" time standard shall be in the "C" Division.
- Entries with "NO TIME" shall be accepted.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards.
- Age on the first day of meet shall determine the athlete's age for the entire meet.

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per athlete. Entries shall be rejected if payment is not sent at time of request. No refunds shall be made, except mandatory scratch downs.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/prna20161104> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries shall be accepted through **Monday October 24, 2016.**

**MAILED OR HAND DELIVERED ENTRIES:** Entries shall be on the attached consolidated entry form. Forms shall be filled out completely and printed clearly with athlete's best time. Entries shall be postmarked by midnight, October 24, 2016 or hand delivered by 6:30 p.m., October 24, 2016. No late entries shall be accepted. Requests for confirmation of receipt of entries shall include a self-addressed envelope.

**Make check payable to:** Piranha Swimming

**Mail entries to:**

Nichole Whetstone  
959 Golf Course Dr.  
Rohnert Park, CA 94928

**Hand deliver entries to:**

Honeybee Pool  
1170 Golf Course Drive  
Rohnert Park, CA 94928

**CHECK-IN:** The meet shall be deck seeded. Athletes shall check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in shall not be seeded and shall not be allowed to compete in that event.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:** Awards shall be given for 1<sup>st</sup> - 8<sup>th</sup> place in the "A," "B" and "C" divisions, for each event and age group (8&U, 9-10, and 11-12, 13-14, 15-16, 17-18.) The 10 & Under individual events shall be swum as combined events with awards given for each separate age group (8 & under, 9-10.) The 13 & Over individual events shall be swum in combined events with awards given for each separate age group (13-14, 15-16, 17-18.) The 15 & Over individual events shall be swum in combined events with awards given for each separate age group (15-16, 17-18.) "A" medals shall be awarded to athletes achieving new "PC-A" times regardless of the place achieved in the event.

**AWARDS SHALL BE PICKED UP ON SUNDAY BY A CLUB'S COACH OR CLUB REPRESENTATIVE. AWARDS SHALL NOT BE MAILED. AWARDS THAT ARE NOT PICKED UP AT THE MEET (ONLY FOR ZONE 3 CLUBS) SHALL BE AVAILABLE AT THE NEXT ZONE 3 BOARD MEETING. NON ZONE 3 CLUBS AND UNATTACHED ATHLETES SHALL COORDINATE WITH THE AWARDS DESK FOR PICK UP &/OR DELIVERY OF AWARDS. FOR AWARDS NOT PICKED UP, PRE-PAID ENVELOPES SHALL BE PROVIDED. AWARDS SHALL NOT BE INDIVIDUALLY DISTRIBUTED THROUGHOUT THE MEET.**

**ADMISSION:** Free. A program will be available for a fee.

**SNACK BAR:** Snack bar will be provided throughout the competition.

**HOSPITALITY:** Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**MINIMUM OFFICIALS:** At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that club during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a trials and finals meet, the club shall be fined \$100 per missing official per session of the meet.

Club athletes entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

\*Zone 3 shall include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 shall accept uncarded Trainees in the count of officials for up to two sessions. Clubs may use officials "borrowed" from other clubs, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

**Schedule of Events**

<b>Friday November 5, 2016</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>EVENT #</b>
1	8-Under 500 Free	2
3	9-12 1000 Free	4
5	13-Over 1650 Free	6

<b>Saturday November 5, 2016</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>EVENT #</b>
7	13-Over 500 Free	8
9	12-Under 500 Free	10
11	8-Under 100 Free	12
13	13-14 200 Fly	14
15	9-10 200 Fly	16
17	11-12 200 Fly	18
19	8-Under 100 Fly	20
21	15-Over 200 Fly	22
23	12-Under 400 Medley relay	24
25	13-Over 400 Medley Relay	26
27	8-Under 100 Back	28
29	9-10 200 Back	30
31	11-12 200 Back	32
33	13-14 200 Back	34
35	15-Over 200 Back	36
37	8-Under 200 IM	38
39	12-Under 1650 Free	40

<b>Sunday November 6, 2016</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>EVENT #</b>
41	15-Over 200 Free	42
43	13-14 200 Free	44
45	11-12 200 Free	46
47	9-10 200 Free	48
49	8-Under 200 Free	50
51	13-Over 400 IM	52
53	12-Under 400 IM	54
55	8-Under 100 IM	56
57	12-Under 400 Free Relay	58
59	13-Over 400 Free Relay	60
61	8-under 100 Breast	62
63	15-Over 200 Breast	64
65	13-14 200 Breast	66
67	11-12 200 Breast	68
69	9-10 200 Breast	70
71	13-Over 1000 Free	72

Pacific Swimming – Hosted by Piranha Swimming SHORT COURSE C/B/A+ DISTANCE MEET November 4 – 6, 2016 Consolidated Entry Form													
Name: Last,				First				Middle					
Club Abbr.			UNATT Club Abbr.				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke						Entry Time			Circle one			
							:	.		SCY / LCM			
							:	.		SCY / LCM			
							:	.		SCY / LCM			
							:	.		SCY / LCM			
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# of entries _____ x \$4.00 = \$ _____ Participation Fee     \$ 8.00 Total                     \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													