

**PIRANHA SWIMMING  
PACIFIC SWIMMING SHORT COURSE QUAD MEET  
TEAMS: PRNA, WA, VJO, AND NVST  
DECEMBER 10, 2016**



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **16-167**

*In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**   **Meet Referee:** **Debbi Tucker**                      **Head Starter:** **Phil Grant**  
                              **Meet Marshal:** **Vicki Beard**                                **Admin Official:** **Barbara de Vries**  
                              **Meet Director:** **Nichole Whetstone** [nicholewhetstone@sbcglobal.net](mailto:nicholewhetstone@sbcglobal.net)

**LOCATION:** Honey Bee Pool, 1170 Golf Course Drive, Rohnert Park CA 94928

**DIRECTIONS:** Take Hwy 101 NB to the Wilfred Ave exit. Turn left off highway onto Commerce. Right at next light on to Golf Course Dr. Turn left into pool. There is a small parking lot available as well as street parking. For additional parking: While on Golf Course (before the Pacific Market Shopping Center), turn left at stop light for Country Club. Turn right at Hudis Street stop sign. On right will be parking lot for Marguerite Hahn Elementary School. If you walk past the baseball field, follow the sidewalk into the park and you will see the pool.

**COURSE:** Outdoor 25 yard pool with up to 6 lanes available for competition, with small warm-up/cool down area available throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 5' at the start end and 3' 5" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** SATURDAY – Meet shall begin at 10:00 AM on Saturday with warm ups from 9:00 AM-9:45am.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- All events are timed finals.
- All events shall be swum in event order and in a “fast to slow” sequence with the option of reversing the sequence at the discretion of the Meet Referee and Meet Director.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries shall be accepted until the number of splashes exceeds the estimated time line, per the “Four-Hour Rule”, based on the athlete’s age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down, subject to the provisions of Pacific Swimming Rules and Regulations. Immediate cash refunds shall be made for any mandatory scratches.
- All coaches and deck officials shall visibly display their current USA Swimming membership cards.
- At the discretion of the Meet Referee, events and heats may be combined.

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a member-coach of the athlete’s USA Swimming club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete’s legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete’s USA Swimming Club Member-Coach.

**RACING STARTS:** Any athletes entered in the meet shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start each race from within the water. When unaccompanied by a USA Swimming member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters shall be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- All animals except service animals are prohibited from all areas of the competition venue.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:**

- Athletes shall be current members of USA Swimming and enter their names and registration numbers on the meet entry card exactly as they are shown on their Registration Cards. If this is not done, it may be difficult to match the athlete with the registration database. The meet host shall check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.
- Athletes in the "A" Division shall have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division shall have met at least the "B" minimum time standard. All entry times slower than the "B" time standard shall be in the "C" Division.
- Entries with "NO TIME" shall be accepted.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards.
- Age on the first day of meet shall determine the athlete's age for the entire meet.

**ENTRY FEES:** \$10.00 participation fee per athlete. Entries shall be rejected if payment is not sent at time of request. No refunds shall be made, except mandatory scratch downs.

**MAILED OR HAND DELIVERED ENTRIES:** Entries shall be on the attached consolidated entry form. Forms shall be filled out completely and printed clearly with athlete's best time. Entries shall be postmarked by midnight, November 28, 2016 or hand delivered by 6:30 p.m., November 28, 2016. No late entries shall be accepted. Requests for confirmation of receipt of entries shall include a self-addressed envelope.

**Make check payable to:** Piranha Swimming

**Mail entries to:**

Nichole Whetstone  
959 Golf Course Dr.  
Rohnert Park, CA 94928

**Hand deliver entries to:**

Honeybee Pool  
1170 Golf Course Drive  
Rohnert Park, CA 94928

**CHECK-IN:** The meet shall be pre seeded.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event that they have entered shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**ADMISSION:** Free.

**SNACK BAR:** A minimal snack bar will be provided throughout the competition.

**HOSPITALITY:** Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**MINIMUM OFFICIALS:** At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that club during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a trials and finals meet, the club shall be fined \$100 per missing official per session of the meet.

Club athletes entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

\*Zone 3 shall include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 shall accept uncarded Trainees in the count of officials for up to two sessions. Clubs may use officials “borrowed” from other clubs, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

### Schedule of Events

Saturday December 10, 2016		
EVENT #	EVENT	EVENT #
1	Open 100 Free	2
3	11-12 50 Free	4
5	10-Under 50 Free	6
7	8-Under 25 Free	8
9	Open 100 Breast	10
11	11-12 50 Breast	12
13	10-Under 50 Breast	14
15	8-Under 25 Breast	16
17	Open 100 Back	18
19	11-12 50 Back	20
21	10-Under 50 Back	22
23	8-Under 25 Back	24
25	Open 100 Fly	26
27	11-12 50 FLY	28
29	10-Under 50 Fly	30
31	8-Under 25 FLY	32
33	Open 200 IM	34
35	12-Under 100 IM	36

Pacific Swimming – Hosted by Piranha Swimming SHORT COURSE QUAD MEET December 10, 2016 Consolidated Entry Form													
Name: Last,			First				Middle						
Club Abbr.			UNATT Club Abbr.				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
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						: .			SCY / LCM				
						: .			SCY / LCM				
Participation Fee      \$ 10.00 Total                      \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													