

QUICKSILVER SWIMMING
END OF SUMMER TEAM CHALLENGE MEET
JULY 16–17, 2016
ENTER ONLINE: <http://ome.swimconnection.com/pc/qss20160716>



SANCTION: Held under USA/Pacific Swimming Sanction No. **16-108**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on Meet Mobile.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee:</i> Mike Piccardo	<i>Head Starter:</i> Carole Keighley
<i>Meet Marshal:</i> Dolores Akin	<i>Admin Official:</i> Siva Swaminathan
<i>Meet Director:</i> Nancy Keslin nkeslin@yahoo.com	408-838-5604

LOCATION: Gunderson High School Pool, 622 Gaundabert Ln, San Jose CA 95136

DIRECTIONS: From 85-S, take Santa Teresa exit, turn right on Thornwood Drive, right on Winfield Drive, right on Chynoweth Drive. The pool is located in the back of the campus past the football field off Chynoweth Drive. Parking is available near the front entrance of the pool, in front of the school and overflow parking in the neighborhood.

COURSE: OUTDOOR 50 meter pool with up to 9 lanes available for competition. An additional 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7' at the start end and 4'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:15 to 8:45 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 3 individual events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- All relays athletes must be entered in the meet by the entry deadline.

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Only coaches EZ-Ups will be allowed on the pool deck. Set-up is allowed outside the yellow bars of the pool deck, on the bleachers, and designated areas outside of the pool gates.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with "**NO TIME**" will be not be accepted. Coach verification times will be allowed.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The athlete's age will be the age of the swimmer on the first day of the meet.

ENTRY FEES: \$4.00 per event plus a \$10.00 participation fee per athlete. \$9.00 per relay. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ENTRY PRIORITY: Athletes from Zone 1 South Clubs will have priority entry for all online entries postmarked or entered online by June 25, 2016. All entries from Zone 1 South clubs received after that date, and all other Pacific Swimming Zones and LSCs, will be considered in the order they were received.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/qss20160716> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, **July 6, 2016.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, July 4, 2016 or hand delivered by 6:30 p.m. Wednesday, **July 6, 2016.** No late entries will be accepted. No refunds will be made, except for mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Quicksilver Swimming

**Mail entries to: Nancy Keslin
7483 Phinney Way
San Jose, CA 95139**

**Hand deliver entries to: QuickSilver
Pool Office (4:00-7:00 PM)
622 Gaundabert Lane
San Jose, CA 95136**

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

SCORING: Scoring will be 1st through 9th place 10-8-7-6-5-4-3-2-1 for individual events. Relays will be scored 1st through 9th place 20-16-14-12-10-8-6-4-2. Only A and B relays can score from each club.

AWARDS: High point awards for each age group (10 & under, 11-12, 13-14, 15 & up). Team awards given to Top 3. Ribbons given for individual events 1-9th and relays 1-3 for all 12 & Under events. No awards for 13 & up age groups.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

EVENT SUMMARY

SATURDAY				SUNDAY			
10-Under	11-12	13-14	15 Up	10 Under	11-12	13-14	15 Up
100 FR	100 FR	200 IM	200 IM	200 IM	200 IM	200 FR	200 FR
50 BR	50 BR	100 BR	100 BR	50 FR	50 FR	50 FR	50 FR
50 BK	50 BK	100 BK	100 BK	100 BR	100 BR	200 BR	200 BR
100 FL	100 FL	200 FL	200 FL	50 FL	50 FL	100 FL	100 FL
200 M.R.	200 M.R.	200 M.R.	200 M.R.	100 BK	100 BK	200 BK	200 BK
				200 FR.R.	200 FR.R.	200 FR.R.	200 FR.R.

EVENTS

Saturday, July 16 2016		
EVENT #	EVENT	EVENT #
1	13-14 200 IM	2
3	15 & Up 200 IM	4
5	10 & Under 100 Free	6
7	11-12 100 Free	8
9	13-14 100 Free	10
11	15 & Up 100 Free	12
13	10 & Under 50 Breast	14
15	11-12 50 Breast	16
17	13-14 100 Breast	18
19	15 & Up 100 Breast	20
21	10 & Under 50 Back	22
23	11-12 50 Back	24
25	13-14 100 Back	26
27	15 & Up 100 Back	28
29	10 & Under 100 Fly	30
31	11-12 100 Fly	32
33	13-14 200 Fly	34
35	15 & Up 200 Fly	36
37	10 & Under 200 Medley Relay	38
39	11-12 200 Medley Relay	40
41	13-14 200 Medley Relay	42
43	15 & Up 200 Medley Relay	44

Sunday, July 17 2016		
EVENT #	EVENT	EVENT #
45	15 & Up 200 Free	46
47	13-14 200 Free	48
49	11-12 200 IM	50
51	10 & Under 200 IM	52
53	15 & Up 50 Free	54
55	13-14 50 Free	56
57	11-12 50 Free	58
59	10 & Under 50 Free	60
61	15 & Up 200 Breast	62
63	13-14 200 Breast	64
65	11-12 100 Breast	66
67	10 & Under 100 Breast	68
69	15 & Up 100 Fly	70
71	13-14 100 Fly	72
73	11-12 50 Fly	74
75	10 & Under 50 Fly	76
77	15 & Up 200 Back	78
79	13-14 200 Back	80
81	11-12 100 Back	82
83	10 & Under 100 Back	84
85	15 & Up 200 Free Relay	86
87	13-14 200 Free Relay	88
89	11-12 200 Free Relay	90
91	10 & Under 200 Free Relay	92

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Quicksilver Swimming END OF SUMMER LCM TEAM CHALLENGE July 16-17, 2016 Consolidated Entry Form													
Name: Last,		First				Middle							
Club Abbr.		UNATT TEAM ABBR				Club Name							
Age		Date of Birth				Sex M F		LSC – (PC, SN)					
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						:	.		SCY / LCM				
						:	.		SCY / LCM				
						:	.		SCY / LCM				
						:	.		SCY / LCM				
						:	.		SCY / LCM				
						:	.		SCY / LCM				
						:	.		SCY / LCM				
						:	.		SCY / LCM				
						:	.		SCY / LCM				
						:	.		SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 10.00 Total \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
Email													