

South Bay Swim League Championships  
PACIFIC SWIMMING Short COURSE (Closed League)

July 24-26, 2015

Enter Online: <http://ome.swimconnection.com/pc/vs20150724>



PACIFIC  
SWIMMING



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **15-115**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at [www.ValleySplash.com](http://www.ValleySplash.com)**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**  
**Meet Referee:** George Cleveland **Head Starter:** Guiselle Morrone  
**Meet Marshal:** Kevin Parizi **Admin Official:** Curtiss Kikuta  
**Meet Director:** Cathy Manthey – [cmanthey@vcs.net](mailto:cmanthey@vcs.net) - 408-513-2450

**LOCATION:** Valley Christian High School Skyway Campus, 100 Skyway Drive, San Jose, CA 95111

**DIRECTIONS:** **From 101 South:** Take 101 South to the Capitol Expressway/Yerba Buena Road exit. Merge onto Capitol Expressway heading west. Take the Monterey Road ramp. Turn left onto Monterey Road. Turn left onto Skyway Drive. Valley Christian High School is located at 100 Skyway Drive. **From 280 South:** Take 280 South to 87 South. Take 87 South to the Capitol Expressway Auto Mall exit. Turn left onto West Capitol Expressway. Take the Monterey Road ramp. Turn left onto Monterey Road. Turn left onto Skyway Drive. Valley Christian High School is located at 100 Skyway Drive. **From 85 South:** Take 85 South to the Blossom Hill Road exit. Turn left onto Blossom Hill Road. Turn left onto Snell Avenue. Turn right onto Skyway Drive. Valley Christian High School is located at 100 Skyway Drive

**COURSE:** **Outdoor, 25 Yard** pool with up to **10** lanes available for competition. An additional 5 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is **9'0"** at the start end and **7'6"** at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** Meet will begin on Friday at 4:00 PM with warm-ups from 2:30-3:45 PM. Meet will begin at **9:00 AM** on Saturday & Sunday with warm-ups from **7:30 to 8:45 AM**. A special warm-up time for 8 and under swimmers only will be held from **8:30 to 8:45 AM**.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim slowest to fastest.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the

swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Only coaches EZ-up's are allowed on the competition deck.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Meet is open to qualified members of the South Bay Swim League (EBA, QSS, VS, WEST)
- Entries with "**NO TIME**" will be Accepted.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY FEES:** \$4.00 per event plus a \$8.00 participation fee per swimmer; \$9.00 per relay entry. Team entry fees must be submitted by the first day of competition. Entries will be rejected if payment is not sent at time of request.

**TEAM ENTRIES:** Entries will be submitted via Hy-Tek Team Manager. A team entry file will be emailed to Curtiss Kikuta at [ckikuta@att.net](mailto:ckikuta@att.net). Entries are due by 10:00 PM, Friday, July 17<sup>th</sup>.

**Make check payable to: Valley Splash**  
**Mail entries to: Cathy Manthey/Aquatics**  
100 Skyway Dr  
San Jose, CA 95111

**CHECK-IN:** This meet will be pre-seeded. All heat and lane assignments will be listed in the meet program. There will be no check-in. Swimmers shall report promptly to the starting blocks when their event/heat is called. Please be sure to be ready for your race. No calls will be made for the swimmers.

**SCRATCHES:** Any swimmers not reporting for or competing in an individual timed final event in which they are seeded shall not be penalized.

**SCORING:** Individual events: 9, 7, 6, 5, 4, 3, 2, 1.  
Relay events: 18, 14, 12, 10, 8, 6, 4, 2.

**AWARDS:** Distinctive medals, 1st-3rd, ribbons 4th-8th. "A" medals for swimmers achieving new "A" times. Team trophies for all teams. Individual high point awards, boys and girls, in the following age groups: 6 & un, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18.

**ADMISSION:** Free. A three-day program will be on sale at the meet for \$3.00

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours. Parking on campus is extremely limited, please caution all signs and ask security personnel if you have any questions. Parking in the wrong lot may result in a fine.

#### EVENT SUMMARY

	<b>8&amp;Under</b>	<b>9-10</b>	<b>11-12</b>	<b>13-14</b>	<b>15&amp;Over</b>
<b>Friday</b>	50 Free	100 Free	100 Free	200 Free	200 Free
	200 Free Relay	200 Free Relay	400 Free Relay	400 Free Relay	400 Free Relay

	<b>8&amp; Under</b>	<b>9-10</b>	<b>11-12</b>	<b>13-14</b>	<b>15&amp;Over</b>
<b>Saturday</b>	25 Fly	50 Fly	50 Fly	100 Fly	100 Fly
	25 Back	50 Back	50 Back	100 Back	100 Back
	100 IM	100 IM	100 IM	200 IM	200 IM
	100 Medley Relay	200 Medley Relay	200 Medley Relay	200 Medley Relay	200 Medley Relay

	<b>8&amp; Under</b>	<b>9-10</b>	<b>11-12</b>	<b>13-14</b>	<b>15&amp;Over</b>
<b>Sunday</b>				50 Free	50 Free
	25 Breast	50 Breast	50 Breast	100 Breast	100 Breast
	25 Free	50 Free	50 Free	100 Free	100 Free
	100 Free Relay	200 Free Relay	200 Free Relay	200 Free Relay	200 Free Relay

**Events  
Friday July 24, 2015**

<b>Girl's Event #</b>	<b>Age Group</b>	<b>Event</b>	<b>Award Group</b>	<b>Boy's Event #</b>
1	13-14	200 Freestyle	13-14	2
3	15&Over	200 Freestyle	15-16 17-18 19&Over	4
5	8&Under	50 Freestyle	6&Under 7-8	6
7	9-10	100 Freestyle	9-10	8
9	11-12	100 Freestyle	11-12	10
11	13-14	400 Freestyle Relay	13-14	12
13	15&Over	400 Freestyle Relay	15&Over	14
15	8&Under	200 Freestyle Relay	8&Under	16
17	9-10	200 Freestyle Relay	9-10	18
19	11-12	400 Freestyle Relay	11-12	20

**Saturday July 25, 2015**

<b>Girl's Event #</b>	<b>Age Group</b>	<b>Event</b>	<b>Award Group</b>	<b>Boy's Event #</b>
21	13-14	100 Butterfly	13-14	22
23	15&Over	100 Butterfly	15-16 17-18 19&Over	24
25	8&Under	25 Butterfly	6&Under 7-8	26
27	9-10	50 Butterfly	9-10	28
29	11-12	50 Butterfly	11-12	30
31	13-14	100 Backstroke	13-14	32
33	15&Over	100 Backstroke	15-16 17-18 19&Over	34
35	8&Under	25 Backstroke	6&Under 7-8	36
37	9-10	50 Backstroke	9-10	38
39	11-12	50 Backstroke	11-12	40
41	13-14	200 Individual Medley	13-14	42
43	15&Over	200 Individual Medley	15-16 17-18 19&Over	44
45	8&Under	100 Individual Medley	6&Under 7-8	46
47	9-10	100 Individual Medley	9-10	48
49	11-12	100 Individual Medley	11-12	50
51	13-14	200 Medley Relay	13-14	52
53	15&Over	200 Medley Relay	15&Over	54
55	8&Under	100 Medley Relay	8&Under	56
57	9-10	200 Medley Relay	9-10	58
59	11-12	200 Medley Relay	11-12	60

**Sunday July 26, 2015**

<b>Girls Event #</b>	<b>Age Group</b>	<b>Event</b>	<b>Award Group</b>	<b>Boy's Event #</b>
61	13-14	50 Freestyle	13-14	62
63	15&Over	50 Freestyle	15-16 17-18 19&Over	64
65	8&Under	25 Breaststroke	6&Under 7-8	66
67	9-10	50 Breaststroke	9-10	68
69	11-12	50 Breaststroke	11-12	70
71	13-14	100 Breaststroke	13-14	72
73	15&Over	100 Breaststroke	15-16 17-18 19&Over	74
75	8&Under	25 Freestyle	6&Under 7-8	76
77	9-10	50 Freestyle	9-10	78
79	11-12	50 Freestyle	11-12	80
81	13-14	100 Freestyle	13-14	82
83	15&Over	100 Freestyle	15-16 17-18 19&Over	84
85	8&Under	100 Freestyle Relay	8&Under	86
87	9-10	200 Freestyle Relay	9-10	88
89	11-12	200 Freestyle Relay	11-12	90
91	13-14	200 Freestyle Relay	13-14	92
93	15&Over	200 Freestyle Relay	15&Over	94

Use the following URL to find the time standards: <http://www.pacswim.org/index.shtml>