

SANTA CLARA SWIM CLUB  
NEW YEAR NEW TIMES INSTRASQUAD  
PACIFIC SWIMMING SHORT COURSE MEET  
SATURDAY JANUARY 11<sup>th</sup>, 2020  
Enter Online: <http://www.fastswims.com>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **20-014**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**

<i>Meet Referee: Millie Nygren</i>	<i>Head Starter: Phil Beisel</i>
<i>Meet Marshal: Jerome Ilagan</i>	<i>Admin Official: Ross Wilper</i>
<i>Meet Director: Kyler VanSwol (<a href="mailto:kvanswol@santaclaraswimclub.org">kvanswol@santaclaraswimclub.org</a>)</i>	

**LOCATION:** Milpitas High School Pool, 1231 Arizona Ave, Milpitas CA.

**DIRECTIONS:** Coming South from Morgan Hill - Take 101 north. Exit onto I680 north towards Sacramento. Take exit 9 onto Jacklin road and turn left. Make a right into Arizona Ave. Your destination will be on the left.

Coming from the ISC - Take 101 south. Merge onto I-880 north. Take exit 8b onto Calaveras Blvd. Turn right onto Calaveras Blvd. Turn left onto north Abel St. Then turn left onto Arizona Ave. Your destination will be on the left.

**COURSE:** OUTDOOR 25 YARD pool with up to 10 lanes available for competition. An additional 5 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4'6" at the start end and 4'6" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** Meet will begin at 8:30 AM with warm-ups from 7:30 AM to 8:15 AM.

**RULES:**

- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a MAXIMUM 3 individual events per day. Relay does not count toward event total.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- Entries for 200 yard races will be limited to 2 heats for each event.
- Athletes entering 200 yard races must have achieved the minimum time standard (see event summary)

**UNACCOMPANIED ATHLETES:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the

athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

**ELIGIBILITY:**

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes must be members of Santa Clara Swim Club (SCSC). Unattached athletes participating with SCSC are eligible to compete.
- Entries with "**NO TIME**" will be accepted (exception: 200yd races, see rules)
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

**ENTRY FEES:** \$30 per athlete. No refunds will be made.

**ONLINE ENTRIES:** To enter online go to [www.fastswims.com](http://www.fastswims.com) to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Friday, January 3<sup>rd</sup>. Late entries will be accepted through Sunday, January 5<sup>th</sup> with a \$25 late entry fee. No entries will be accepted after January 5<sup>th</sup>.

**MAILED OR HAND DELIVERED ENTRIES:** will not be accepted

**CHECK-IN:** The meet will be pre-seeded; there will be no check-in.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

**AWARDS:** Heat winner prizes will be handed out.

**ADMISSION:** Free.

**SNACK BAR & HOSPITALITY:** No snack bar will be available. Limited hospitality for working officials only.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**Events**

Qualifying Time	Girls	Saturday, January 11th	Boys	Qualifying Time
	Event #	Event	Event #	
2:43.99	1	11-Over 200 Back	2	2:40.29
NT	3	10-Over 100 IM	4	NT
NT	5	10-Under 25 Back	6	NT
NT	7	Open 50 Back	8	NT
NT	9	10-Over 100 Back	10	NT
3:08.59	11	10-Over 200 Breast	12	3:00.99
NT	13	10-Under 25 Free	14	NT
NT	15	Open 50 Free	16	NT
NT	17	10-Over 100 Free	18	NT
2:47.79	19	11-Over 200 IM	20	2:44.19
NT	21	10-Under 25 Breast	22	NT
NT	23	Open 50 Breast	24	NT
NT	25	10-Over 100 Breast	26	NT
NT	27	10-Under 25 Fly	28	NT
NT	29	Open 50 Fly	30	NT
NT	31	10-Over 100 Fly	32	NT
2:29.69	33	11-Over 200 Free	34	2:24.59

