

WINE COUNTRY AUGUST INVITATIONAL
PACIFIC SWIMMING SHORT COURSE INVITATIONAL MEET
August 2, 2015



Enter Online: <http://ome.swimconnection.com/pc/SHSC20150802>

INVITED TEAMS: NVST, WCAN, RAYS, FBA, WA, HVS, and SHSC

****PARKING LOT GATES WILL BE LOCKED UNTIL 8:00 AM. ABSOLUTELY NO ENTRANCE TO THE PARKING LOT WILL BE ALLOWED BEFORE 8:00 AM. Please do not block the entrance to the pool parking lot not allowing the gate to be unlocked in a timely manner.**

SANCTION: Held under USA/Pacific Swimming Sanction No. **15-117**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:
Meet Referee: **Peggy Ramirez** Head Starter: **Bill Sargis**
Meet Marshal: **Amy Spain** Admin Official: **Barbarie Gonzalez**
Meet Director: **Kevin Twohey 707 363-6221**

LOCATION: Vintage High School Pool, 1375 Trower Avenue, Napa, CA 94558.

DIRECTIONS: Pool Entrance is off Jefferson Street. There will be plenty of parking in the adjacent lot. **PARKING LOT GATES WILL BE LOCKED UNTIL 8:00 AM – ABSOLUTELY NO ENTRANCE TO THE PARKING LOT OR POOL AREA WILL BE ALLOWED BEFORE 8:00 AM. Please do not block the entrance to the pool parking lot not allowing the gate to be unlocked in a timely manner.**

COURSE: **Outdoor 25 yard heated** pool with up to **ten (10)** lanes available for competition. Additional lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is **5'0"** at the start end and **5'0"** at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Meet will begin at 10:00 AM with warm-ups from 8:30 to 9:45 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Swimmers may compete in 5 events per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- **Swimmers may not enter events in which they have met the 2015 Speedo Summer Far Westerns time standard.**
- Events may be swum together based on number of entries.
- Swimmers in the 500 Freestyle must provide their own lap counters.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue and on school grounds.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

• Entries with "**NO TIME**" will be **ACCEPTED**

Swimmers may not enter events in which they have met the 2015 Speedo Summer Far Westerns time standard.

- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The swimmer's age will be the age of the swimmer on the first day of the meet
- This meet is open **ONLY** to the following teams: NVST, WCAN, RAYS, WA, FBA, HVS and SHSC . Unattached Swimmers training with NVST, WCAN, RAYS, WA, FBA, HVS, and SHSC are eligible to compete in this meet.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/SHSC20150802> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Saturday, **July, 25, 2015 at 11:59pm.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Wednesday **July 22, 2015** or hand delivered by 6:00 p.m. Saturday, **July 25, 2015**. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: SHSC
Mail entries to: St. Helena Swim Club
P.O Box 373
St. Helena, CA 94574

Hand deliver entries to: Kevin Twohey
1930 Main St.
St. Helena, CA 94574

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any swimmers not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: No awards

ADMISSION: Free.

PROGRAMS: No programs will be available. Coaches will receive a meet sheet

SNACK BAR & HOSPITALITY: No snack bar available. Hospitality for officials and coaches will be provided

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours

MINIMUM OFFICIALS

At least seven days prior to the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each team participating in the meet, and provide a preliminary inventory of the officials that team is required to provide for each session. Each team shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that team during each session of the meet. At the meet, meet management shall conduct an inventory of officials, and shall compare the number of swimmers entered in each session by each team with the number of officials present representing each team. If meet management certifies that a team has not provided sufficient officials for any session of the meet in accordance with the table below, the team will be fined \$100 per missing official per session of the meet.

| Club swimmers entered in session | Trained and carded officials required |
|---|--|
| 1-10 | 0 |
| 11-25 | 1 |
| 26-50 | 2 |
| 51-75 | 3 |
| 76-100 | 4 |
| 100 or more | 5 |

*Zone 3 will include Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 will accept un-carded Trainees in the count of officials for up to two sessions. Teams may use officials "borrowed" from other teams, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

EVENTS

Events may be swum together based on number of entries.
Swimmers need to provide their own counters for the 500's.

| SUNDAY AUGUST 2nd | | |
|-------------------|--------------------|---------|
| EVENT # | EVENT | EVENT # |
| 1 | 13-Over 200 Back | 2 |
| 3 | 9-12 100 Back | 4 |
| 5 | 8-UN 25 Back | 6 |
| 7 | 13-Over 100 Breast | 8 |
| 9 | 9-12 100 Breast | 10 |
| 11 | 8-UN 50 Breast | 12 |
| 13 | 13-Over 100 Free | 14 |
| 15 | 9-12 100 Free | 16 |
| 17 | 8-UN 50 Free | 18 |
| 19 | 13-Over 100 Fly | 20 |
| 21 | 9-12 100 Fly | 22 |
| 23 | 8-Un 50 Fly | 24 |
| 25 | 13-Over 200 IM | 26 |
| 27 | 9-12 100 IM | 28 |
| 29 | 8-Un 100 IM | 30 |
| 31 | 11-Over 500 Free | 32 |
| 33 | 10-Un 500 Free | 34 |
| 35 | 13-Over 400 IM | 36 |
| 37 | 9-12 200 IM | 38 |
| 39 | 13-Over 100 Back | 40 |
| 41 | 9-12 50 Back | 42 |
| 43 | 8-Un 50 Back | 44 |
| 45 | 13-Over 200 Fly | 46 |
| 47 | 9-12 50 Fly | 48 |
| 49 | 8-Un 25 Fly | 50 |
| 51 | 13-Over 200 Free | 52 |
| 53 | 9-12 50 Free | 54 |
| 55 | 13-Over 200 Breast | 56 |
| 57 | 9-12 50 Breast | 58 |
| 59 | 8-UN 25 Breast | 60 |
| 61 | Open 25 Free | 62 |

| Pacific Swimming – Hosted by SHSC Wine Country August Invitational August 2, 2015 Consolidated Entry Form | | | | | | | | | | | | | |
|---|-------------------|--|-----------------|--|--|------------|---------------|--|----------------|--|--|--|--|
| Name: Last, First Middle | | | | | | | | | | | | | |
| Club Abbr. | | | UNATT TEAM ABBR | | | | Club Name | | | | | | |
| Age | | | Date of Birth | | | | Sex M F | | LSC – (PC, SN) | | | | |
| USA-# | | | | | | | | | | | | | |
| Event # | Distance / Stroke | | | | | Entry Time | | | Circle one | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| # of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____ | | | | | | | | | | | | | |
| Coach | | | | | | | | | | | | | |
| Swimmer's Address | | | | | | | | | | | | | |
| Home Phone | | | | | | | Cell Phone | | | | | | |
| Email | | | | | | | | | | | | | |