

NEPTUNE SWIMMING  
SINGLE AGE INVITATIONAL WITH SUPERFINAL  
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET  
FEBRUARY 14-16, 2020



Invited Clubs: **PASA, QSS, OAPB, MONT, MCSD, BAC, TOC, WCAB, MP, LAC, DART, SRN**  
Enter Online: <http://www.fastswims.com>

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **20-011**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**

<b>Meet Referee:</b> Bill Sargis	<b>Head Starter:</b> Sarah Obbagy
<b>Meet Marshal:</b> Nolan Stimple	<b>Admin Official:</b> Mike Abegg
<b>Meet Director:</b> Ashley Britton-Denize	<a href="mailto:srnashleybritton@gmail.com">srnashleybritton@gmail.com</a>

**LOCATION:** Quinn Swim Center, Santa Rosa Junior College, 1501 Mendocino Avenue, Santa Rosa, CA.

**DIRECTIONS:** **From the north:** Travel south on Hwy 101. Exit at College Avenue turnoff. At stoplight, make a left turn onto College Avenue. Proceed eastbound on College Avenue to Mendocino Ave. Turn left on Mendocino Ave. At Pacific Avenue, turn left into the SRJC parking lot. **From the south:** Travel north on Hwy 101. Exit at College Avenue turnoff. At stoplight, make a right turn onto College Ave. Proceed eastbound on College Avenue to Mendocino Ave. Turn left on Mendocino Ave. At Pacific Avenue, turn left turn into the SRJC parking lot. Pass the football stadium to your right. Swim center and parking is to the right past the football stadium. The gymnasium will be available for athletes and families. **Setting up around the indoor pool deck is prohibited.**  
**SRJC charges \$4 per day for all-day parking pass, including weekends and holidays**

**COURSE:** INDOOR 25 yard pool with up to 8 lanes available for competition. An additional 6 lanes will be available in the outdoor for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 5' at the start end and 3'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. Finals time TBD. Friday warm up will be from 4:00-4:45 PM, meet starting at 5:00 PM.

**RULES:**

- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in **MAXIMUM 3** individual events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- All Relay events shall be swum as timed finals at the start of finals on Saturday and Sunday.
- Only A relays shall be scored. Non scoring Relays must be marked exhibition at the time of entering.
- Coaches are permitted to enter athletes in as many relays as they would like.

- Athletes in the 500 Freestyle shall provide their own timers and lap counters and those in the 400 IM shall provide their own timers. These events shall be swum alternating heats of girls and boys or seeded combining girls and boys. Minimum time standard shall be met for the 500 Freestyle and 400 IM. Entry times for the 500 Freestyle and 400 IM which cannot be proven using the Pacific Swimming database may be verified by a complete set of meet results or verified by the athlete's coach. Please contact the Meet Director AND Meet Referee. (Refer to Pacific Swimming Rule 4A2)
- Prelims shall be swum in combined ages.
- Finals for Super Final events shall have 5 heats. The Super Final heat will include the top 8 athletes regardless of age.
- The following events will have a Super Final – 9, 10, 13, 14, 17, 18, 27, 28, 31, 32, 41, 42, 49, 50.
- Preceding the Super Final for events 9, 10, 13, 14, 17, 18, 27, 28, 31, 32, 41, 42, 49, 50 will be a top 8 heat of the remaining 10 year olds and under, a top 8 heat of the remaining 11 year olds, a top 8 heat of the remaining 12 year olds, a top 8 heat of the remaining 13 year olds, and a top 8 heat of the remaining 14 year olds.
- **10 and unders will NOT be competing in a Super Final.**
- Athletes may enter both 500y free and 400y IM.

**ATTENTION HIGH SCHOOL ATHLETES (February through May):** If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY:**

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with **"NO TIME" will be REJECTED. Coach verified times will be accepted.**
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The athlete's age will be the age of the athlete on the first day of the meet.

- All athletes must meet a minimum of 2017-2020 USA Swimming Single Age Group “BB” standard to qualify for each event EXCEPT for 13 and 14 year old 500 Free (See listed time standard). Time standards can be at <https://www.usaswimming.org/Home/times/time-standards>
- Meet is open to all qualified athletes registered with PASA, QSS, OAPB, MONT, MCSD, BAC, TOC, WCAB, MP, LAC, DART, SRN. Athletes who are unattached, but participating with PASA, QSS, OAPB, MONT, MCSD, BAC, TOC, WCAB, MP, LAC, DART, SRN

**ENTRY FEES:** \$5.50 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**RELAY ENTRIES:** \$16.00 per relay. Clubs shall check in relays at the computer desk until 5:30 PM on Friday and 10:30 AM on Saturday and Sunday. Clubs must provide a team check for the entry fees payable to “Neptune Swimming.” All athletes must be entered in the meet prior to the entry deadline to be eligible to compete in a relay.

**ONLINE ENTRIES:** To enter online go to [www.fastswims.com](http://www.fastswims.com) to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Wednesday, **February 5, 2020**.

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete’s best time. Entries must be postmarked by midnight, Monday, **February 3, 2020** or hand delivered by 6:30 p.m. Wednesday, **February 5, 2020**. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: Neptune Swimming**

**Mail entries to: Dan Greaves**  
**PO Box 317**  
**Santa Rosa, CA 95402**

**Hand deliver entries to: Dan Greaves**  
**455 Ridgway Ave**  
**Santa Rosa, CA 95401**

**CHECK-IN:** The meet will be pre-seeded. Coaches are encouraged to send known scratches to the Meet Director at [srnashleybritton@gmail.com](mailto:srnashleybritton@gmail.com) in advance of the meet.

**SCRATCHES: Prelims:** there is no penalty for an athlete that is entered in this meet that misses one of his or hers events during prelims. Coaches must please turn in their scratch list for Saturday’s events by the completion by Friday night’s events. Sunday’s scratch list must be turned in by the completion of Saturday's finals.

**Finals:** Any athlete qualifying for finals in an individual event who does not wish to compete must scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the Referee that may not intend to compete in finals. In this case, they must declare their final intention within 30 minutes after the announcement of qualifiers following their individual preliminary event. Any athlete not reporting for or competing in a final event for which they have qualified shall not be penalized.

**AWARDS:** Awards will be given to the top 8 finalists in each event as follows: Medals awarded for 1st through 3rd place and ribbons awarded for 4th through 8th place in both Super Final events and final events. Distinctive individual High Point Awards will be given for each age group and gender. All awards must be picked up by athletes or coaches at the completion of the meet.

**MEET SCORING:** Points will be awarded as follows: Finals 20-17-16-15-14-13-12-1. Super Finals will be scored 40-37-36-35-34-33-32-3. **Relays-18-14-12-10-8-6-4-2.**

**ADMISSION:** Free. Programs will be posted on Neptune Swimming’s website – [www.santarosaneptunes.com](http://www.santarosaneptunes.com)

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours. **SRJC charges \$4.00 per day for parking.**

**MINIMUM OFFICIALS:** At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club

is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that club during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a prelims and finals meet, the club shall be fined \$100 per missing official per session of the meet.

<b>Club athlete entered in session</b>	<b>Trained and carded officials requested</b>
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

**EVENT SUMMARY**

FRIDAY, FEBRUARY 14 <sup>TH</sup> , 2020				
10 UN	11	12	13	14
500 FR	500 FR	500 FR	400 IM	400 IM
			500 FR	500 FR

SATURDAY, FEBRUARY 15 <sup>TH</sup> , 2020					SUNDAY, FEBRUARY 16 <sup>TH</sup> , 2020				
10 UN	11	12	13	14	10 UN	11	12	13	14
200 MR	200 MR	200 MR	200 MR	200 MR	200 FR-R	200 FR-R	200 FR-R	200 FR-R	200 FR-R
50 FR	50 FR	50 FR	50 FR	50 FR	100 FR	100 FR	100 FR	100 FR	100 FR
100 BK	100 BK	100 BK	100 BK	100 BK	50 BK	50 BK	50 BK	200 BK	200 BK
50 FL	50 FL	50 FL	200 FL	200 FL	100 FL	100 FL	100 FL	100 FL	100 FL
100 BR	100 BR	100 BR	100 BR	100 BR	50 BR	50 BR	50 BR	200 BR	200 BR
	200 IM	200 IM	200 IM	200 IM		200 FR	200 FR	200 FR	200 FR

Friday, February 14, 2020					
Meet Starts At 5:00pm					
Women's Event #	Min. Standard	Age Group	Event	Min. Standard	Men's Event #
1	5:46.79	13	400 IM (Timed Finals)	5:26.49	2
3	5:39.90	14	400 IM (Timed Finals)	5:17.39	4
5	7:34.49	10 & UN	500 Free (Timed Finals)	7:29.79	6
7	6:56.09	11	500 Free (Timed Finals)	6:50.09	8
7	6:37.29	12	500 Free (Timed Finals)	6:37.29	8
7	6:00.00	13	500 Free (Timed Finals)	5:50.00	8
7	5:50.00	14	500 Free (Timed Finals)	5:40.00	8

**Saturday Finals Schedule, February 15, 2020**

<b>Women's Event #</b>	<b>Min. Standard</b>	<b>Age Group</b>	<b>Event</b>	<b>Min. Standard</b>	<b>Men's Event #</b>
301		OPEN	200 Medley Relay		302
9	2:53.29	11	200 IM	2:56.39	10
9	2:47.69	12	200 IM	2:44.19	10
9	2:43.09	13	200 IM	2:34.39	10
9	2:39.39	14	200 IM	2:28.59	10
11	35.19	10 & U	50 Free	34.49	12
13	32.49	11	50 Free	32.29	14
13	31.49	12	50 Free	30.29	14
13	31.09	13	50 Free	28.99	14
13	30.29	14	50 Free	27.89	14
15	1:30.69	10 & U	100 Back	1:29.29	16
17	1:20.99	11	100 Back	1:21.19	18
17	1:18.49	12	100 Back	1:16.29	18
17	1:14.19	13	100 Back	1:09.99	18
17	1:12.09	14	100 Back	1:06.99	18
19	41.79	10 & U	50 Fly	34.49	20
21	35.39	11	50 Fly	36.59	22
21	34.19	12	50 Fly	34.49	22
23	2:42.69	13	200 Fly	2:33.19	24
23	2:38.29	14	200 Fly	2:27.39	24
25	1:44.99	10 & U	100 Breast	1:40.59	26
27	1:31.79	11	100 Breast	1:31.39	28
27	1:27.69	12	100 Breast	1:24.59	28
27	1:24.19	13	100 Breast	1:18.69	28
27	1:22.89	14	100 Breast	1:15.69	28

**Sunday Finals Schedule, February 16, 2020**

<b>Women's Event #</b>	<b>Min. Standard</b>	<b>Age Group</b>	<b>Event</b>	<b>Min. Standard</b>	<b>Men's Event #</b>
303		OPEN	200 Free Relay		304
29	1:19.99	10 & U	100 Free	1:18.79	30
31	1:10.89	11	100 Free	1:10.59	32
31	1:08.29	12	100 Free	1:05.89	32
31	1:07.09	13	100 Free	1:03.29	32
31	1:05.99	14	100 Free	1:00.99	32
33	41.89	10 & U	50 Back	42.39	34
35	36.89	11	50 Back	37.79	36
35	35.69	12	50 Back	35.29	36
37	2:39.69	13	200 Back	2:31.69	38
37	2:35.79	14	200 Back	2:25.89	38
39	1:39.09	10 & U	100 Fly	1:37.09	40
41	1:21.69	11	100 Fly	1:22.09	42
41	1:18.29	12	100 Fly	1:16.49	42
41	1:13.19	13	100 Fly	1:08.99	42
41	1:11.59	14	100 Fly	1:06.39	42
43	47.49	10 & U	50 Breast	46.59	44
45	41.69	11	50 Breast	42.59	46
45	39.99	12	50 Breast	39.59	46
47	3:02.89	13	200 Breast	2:50.29	48
47	2:58.49	14	200 Breast	2:44.89	48
49	2:33.89	11	200 Free	2:33.19	50
49	2:29.39	12	200 Free	2:23.79	50
49	2:25.09	13	200 Free	2:17.39	50
49	2:22.19	14	200 Free	2:12.49	50

Pacific Swimming – Hosted by SRN Neptune Swimming Invitational February 14-16, 2020 Consolidated Entry Form													
Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$5.50 = \$ _____ Participation Fee       \$ 8.00 Total                       \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													