

NEPTUNE SWIMMING  
SINGLE AGE INVITATIONAL WITH SUPER FINAL  
PACIFIC SWIMMING SHORT COURSE T/F MEET  
FEBRUARY 15-17, 2019



Enter Online: <http://ome.swimconnection.com/pc/SRN20190215>

Invited Clubs PASA, QSS, OAPB, YPAC, MONT, MCSD, BAC, TOC, WCAB, MP, CCA, PRNA, LAC, SRN

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **19-014**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, webcasting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:** *Meet Referee:* Sarah Obbagy [sobbagy@gmail.com](mailto:sobbagy@gmail.com) *Head Starter:* Ronald Sto. Domingo  
*Meet Marshal:* Nolan Stimple *Admin Official:* Mike Abegg  
*Meet Director:* Ashley Britton [srnashleybritton@gmail.com](mailto:srnashleybritton@gmail.com)

**LOCATION:** Quinn Swim Center, Santa Rosa Junior College, 1501 Mendocino Avenue, Santa Rosa, CA.

**DIRECTIONS:** *From the north:* Travel south on Hwy 101. Exit at College Avenue turnoff. At stoplight, make a left turn onto College Avenue. Proceed eastbound on College Avenue to Mendocino Ave. Turn left on Mendocino Ave. At Pacific Avenue, turn left into the SRJC parking lot. *From the south:* Travel north on Hwy 101. Exit at College Avenue turnoff. At stoplight, make a right turn onto College Ave. Proceed eastbound on College Avenue to Mendocino Ave. Turn left on Mendocino Ave. At Pacific Avenue, turn left turn into the SRJC parking lot. Pass the football stadium to your right. Swim center and parking is to the right past the football stadium. The gymnasium will be available for athletes and families. **Setting up around the indoor pool deck is prohibited.**  
**SRJC charges \$4 per day for all-day parking pass, including weekends and holidays**

**COURSE:** INDOOR 25 YARD pool with up to 8 lanes available for competition. An additional 6 lanes will be available in the outdoor 25 yd warm-up/down pool at all times during the meet for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 5' at the start end and 3'6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Meet shall begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM on Saturday and Sunday. Friday warm up will be from 4:00-4:45, meet starting at 5:00 PM. Finals will begin no sooner than 2 hours after the conclusion of trials. The exact time will be determined by the Meet Referee and announced as early as practical each day.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- All events on Friday are **timed finals; events on Saturday and Sunday are trials and finals**
- Athletes may compete in **MAXIMUM of three individual (3)** events per day excluding relays.
- All Relay Events shall be swum as timed finals at the start of finals on Saturday and Sunday.
- Only A Relays shall be scored. Non-scoring Relays must be marked exhibition at the time of entering.
- Entries shall be accepted until the number of splashes exceeds the estimated timeline, per the "Four-Hour Rule," based on the athlete's age and gender.
- If local conditions warrant it, the meet referee, with the concurrence of the meet director, may require a mandatory scratch down, subject to the provisions of Pacific Swimming Rules and Regulations.

- All events shall be swum in event order and in a “FAST to SLOW” sequence with the options of reversing the sequence at the discretion of the Meet Referee and Meet Director.
- At the discretion of the Meet Referee, events and heats may be combined.
- **All coaches and deck officials shall display their current USA Swimming membership cards in a visible manner. Deck Pass may be used to prove registration status.**
- Athletes in the 500 Freestyle shall provide their own timers and lap counters and those in the 400 IM shall provide their own timers. These events shall be swum alternating heats of girls and boys or seeded combining girls and boys. Minimum time standard shall be met for the 500 Freestyle and 400 IM. Entry times for the 500 Freestyle and 400 IM which cannot be proven using the Pacific Swimming database may be verified by a complete set of meet results or verified by the athlete’s coach. Please contact the Meet Director AND Meet Referee. (Refer to Pacific Swimming Rule 4A2)
- Prelims shall be swum in combined ages.
- Finals for 11-14 year old events shall have 5 heats. The Super Final heat will include the top 8 athletes regardless of age. Preceding the Super Final will be a top 8 heat of the remaining 10 year olds and under, a top 8 heat of the remaining 11 year olds, a top 8 heat of the remaining 12 year olds, a top 8 heat of the remaining 13 year olds, and a top 8 heat of the remaining 14 year olds. All other events with finals shall have one top 8 heat for each age group -- 10 year olds and under, 11 year olds, 12 year olds, 13 year olds and 14 year olds -- as applicable.
- **10 and unders will NOT be competing in a Super Final.**
- **The following events will have a Super Final- 11, 12, 15, 16, 25, 26, 27, 28, 31, 32, 41, 42, 49, 50.**
- Athletes may enter both 500y free and 400y IM.

**ATTENTION HIGH SCHOOL ATHLETES:** If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete’s responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete’s legal guardian to arrange for supervision by a USA Swimming member-coach. The meet director or meet referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete’s USA Swimming Club Member-Coach.

**RACING STARTS:** Any athlete entered in the meet shall be certified by a USA Swimming member-coach as being proficient in performing a racing start or shall start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the athlete or the athlete’s legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters shall be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- No pets allowed on deck, other than service assistance animals.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY:**

- Athletes shall be current members of USA Swimming and enter their name and registration number on the meet entry card exactly as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration database. The meet host shall check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.
- Entries with **"NO TIME"** shall be **REJECTED. Coach verified times will be accepted.**

- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athlete shall meet standards for the 17-18 age group.
- Age on the first day of the meet shall determine the athlete's age for the entire meet.
- **All athletes must meet a minimum of 2017-2020 USA-S Single Age Group "BB" standard to qualify for each event.** Time standards can be at <https://www.usaswimming.org/Home/times/time-standards>
- Meet is open to all qualified athletes registered with **PASA, QSS, OAPB, YPAC, MONT, MCSD, BAC, TOC, WCAB, MP, CCA, PRNA, LAC, SRN**
- Athletes who are unattached, but participating with **PASA, QSS, OAPB, YPAC, MONT, MCSD, BAC, TOC, WCAB, MP, CCA, PRNA, LAC, SRN**

**ENTRY FEES:** \$5.50 per event plus an \$8.00 participation fee per athlete. Entries shall be rejected if payment is not sent at time of request. No refunds shall be made except mandatory scratch downs.

**RELAY ENTRIES:** \$16.00 per relay. Clubs shall deck enter relays at the computer desk until 5:30 PM on Friday and 10:30 AM on Saturday and Sunday. Clubs must provide a team check for the entry fees payable to "Neptune Swimming." All athletes must be entered in the meet prior to the entry deadline to be eligible to compete in a relay.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/SRN20190215> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries shall be accepted through **Wednesday, February 6, 2018.**

**MAILED OR HAND DELIVERED ENTRIES:** Entries shall be on the attached consolidated entry form. Forms shall be filled out completely and printed clearly with athlete's best time. Entries shall be postmarked by midnight, **Monday, February 4, 2019** or hand delivered by 6:30 p.m. on **Wednesday, February 6, 2019.** No late entries shall be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: Neptune Swimming**

**Mail entries to: Dan Greaves**

**PO Box 317**

**Santa Rosa, CA 95402**

**Hand deliver entries to: Dan Greaves**

**455 Ridgway Ave**

**Santa Rosa, CA 95401**

**CHECK-IN:** The meet will be pre-seeded. Athletes shall check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in shall not be seeded and shall not be allowed to compete in that event.

**SCRATCHES:**

- **Prelims:** there is no penalty for an athlete that is entered in this meet that misses one of his or her events during prelims. Coaches must please turn in their scratch list for Saturday's events by the completion by Friday night's events. Sunday's scratch list must be turned in by the completion of Saturday's finals.
- **Finals:** Any athlete qualifying for finals in an individual event who does not wish to compete must scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the Referee that may not intend to compete in finals. In this case, they must declare their final intention within 30 minutes after the announcement of qualifiers following their individual preliminary event. Any athlete qualifying for a final race in an individual event who fails to show up in said final race prior to calling the alternate shall be barred from the remainder of any final events that day. Should the athlete have no more final events for that day they will be barred from their next preliminary event. If the No-Show occurs on the last day that the athlete is entered in an individual event in the meet, and no other individual event penalty is applicable, the athlete shall then be fined \$100.00. The fine will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.

**AWARDS:** Awards will be given to the top 8 finalists in each event as follows: Medals awarded for 1st through 3rd place and ribbons awarded for 4th through 8th place in both Super Final events and final events. Distinctive individual High Point Awards will be given for each age group and gender. All awards must be picked up by athletes or coaches at the completion of the meet.

**MEET SCORING:** Points will be awarded as follows: Finals 20-17-16-15-14-13-12-1. Super Finals will be scored 40-37-36-35-34-33-32-3. **Relays-18-14-12-10-8-6-4-2.**

**ADMISSION:** Free. Programs will posted on Neptune Swimming’s Website.

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**MINIMUM OFFICIALS:** At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that club during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a prelims and finals meet, the club shall be fined \$100 per missing official per session of the meet.

Club athletes entered in session	Trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

\*Zone 3 shall include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 shall accept uncarded Trainees in the count of officials for up to two sessions. Clubs may use officials “borrowed” from other clubs, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

**EVENT SUMMARY**

FRIDAY, FEBRUARY 15 <sup>TH</sup> , 2019				
10 UN	11	12	13	14
500 FR	500 FR	500 FR	400 IM	400 IM
			500 FR	500 FR

SATURDAY, FEBRUARY 16 <sup>TH</sup> , 2019					SUNDAY, FEBRUARY 17 <sup>TH</sup> , 2019				
10 UN	11	12	13	14	10 UN	11	12	13	14
200 MR	200 MR	200 MR	200 MR	200 MR	200 FR-R	200 FR-R	200 FR-R	200 FR-R	200 FR-R
50 FR	50 FR	50 FR	50 FR	50 FR	100 FR	100 FR	100 FR	100 FR	100 FR
100 BK	100 BK	100 BK	100 BK	100 BK	50 BK	50 BK	50 BK	200 BK	200 BK
50 FL	50 FL	50 FL	200 FL	200 FL	100 FL	100 FL	100 FL	100 FL	100 FL
100 BR	100 BR	100 BR	100 BR	100 BR	50 BR	50 BR	50 BR	200 BR	200 BR
	200 IM	200 IM	200 IM	200 IM		200 FR	200 FR	200 FR	200 FR

**EVENTS**

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Friday, February 15, 2019					
Meet Starts At 5:00pm					
Women's Event #	Min. Standard	Age Group	Event	Min. Standard	Men's Event #
1	5:46.79	13	400 IM (Timed Finals)	5:28.49	2
3	5:39.39	14	400 IM (Timed Finals)	5:17.39	4
5	7:34.49	10 & U	500 Free (Timed Finals)	7:29.79	6
7	6:56.09	11	500 Free (Timed Finals)	6:50.09	8
7	6:37.29	12	500 Free (Timed Finals)	6:37.29	8
7	6:27.99	13	500 Free (Timed Finals)	6:09.99	8
7	6:20.39	14	500 Free (Timed Finals)	5:58.29	8

**Saturday Finals Schedule, February 16, 2019**

<b>Women's Event #</b>	<b>Min. Standard</b>	<b>Age Group</b>	<b>Event</b>	<b>Min. Standard</b>	<b>Men's Event #</b>
301		OPEN	200 Medley Relay		302
9	35.19	10 & U	50 Free	34.49	10
11	32.49	11	50 Free	32.29	12
11	31.49	12	50 Free	30.29	12
11	31.09	13	50 Free	28.99	12
11	30.29	14	50 Free	27.89	12
13	1:30.69	10 & U	100 Back	1:29.29	14
15	1:20.99	11	100 Back	1:21.19	16
15	1:18.49	12	100 Back	1:16.29	16
15	1:14.19	13	100 Back	1:09.99	16
15	1:12.09	14	100 Back	1:06.99	16
17	41.79	10 & U	50 Fly	34.49	18
19	35.39	11	50 Fly	36.59	20
19	34.19	12	50 Fly	34.49	20
21	2:42.69	13	200 Fly	2:33.19	22
21	2:38.29	14	200 Fly	2:27.39	22
23	1:44.99	10 & U	100 Breast	1:40.59	24
25	1:31.79	11	100 Breast	1:31.39	26
25	1:27.69	12	100 Breast	1:24.59	26
25	1:24.19	13	100 Breast	1:18.69	26
25	1:22.89	14	100 Breast	1:15.69	26
27	2:53.29	11	200 IM	2:56.39	28
27	2:47.69	12	200 IM	2:44.19	28
27	2:43.09	13	200 IM	2:34.39	28
27	2:39.39	14	200 IM	2:28.59	28

**Sunday Finals Schedule, February 17, 2018**

<b>Women's Event #</b>	<b>Min. Standard</b>	<b>Age Group</b>	<b>Event</b>	<b>Min. Standard</b>	<b>Men's Event #</b>
303		OPEN	200 Free Relay		304
29	1:19.99	10 & U	100 Free	1:18.79	30
31	1:10.89	11	100 Free	1:10.59	32
31	1:08.29	12	100 Free	1:05.89	32
31	1:07.09	13	100 Free	1:03.29	32
31	1:05.99	14	100 Free	1:00.99	32
33	41.89	10 & U	50 Back	42.39	34
35	36.89	11	50 Back	37.79	36
35	35.69	12	50 Back	35.29	36
37	2:39.69	13	200 Back	2:31.69	38
37	2:35.79	14	200 Back	2:25.89	38
39	1:39.09	10 & U	100 Fly	1:37.09	40
41	1:21.69	11	100 Fly	1:22.09	42
41	1:18.29	12	100 Fly	1:16.49	42
41	1:13.19	13	100 Fly	1:08.99	42
41	1:11.59	14	100 Fly	1:06.39	42
43	47.49	10 & U	50 Breast	46.59	44
45	41.69	11	50 Breast	42.59	46
45	39.99	12	50 Breast	39.59	46
47	3:02.89	13	200 Breast	2:50.29	48
47	2:58.49	14	200 Breast	2:44.89	48
49	2:33.89	11	200 Free	2:33.19	50
49	2:29.39	12	200 Free	2:23.79	50
49	2:25.09	13	200 Free	2:17.39	50
49	2:22.19	14	200 Free	2:12.49	50

Pacific Swimming – Hosted by SRN  
 Neptune Swimming Invitational  
 February 15-18, 2019  
 Consolidated Entry Form

Name: Last,                      First                      Middle

Club Abbr.	UNATT CLUB ABBR	Club Name
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Age	Date of Birth	Sex M    F	LSC – (PC, SN)
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USA-#															
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Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM

# of entries \_\_\_\_\_ x \$5.50 = \$ \_\_\_\_\_  
 Participation Fee        \$ 8.00  
 Total                        \$ \_\_\_\_\_

Coach

Athlete's  
Address

Home Phone	Cell Phone
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Email