

STAR Aquatics San Francisco Invitational
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET
October 15 -16, 2016
Enter Online: <http://ome.swimconnection.com/pc/STAR20161015>



SANCTION: Held under USA/Pacific Swimming Sanction No. **16-130**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

Meet Referee:	Don Bautista	Head Starter:	Jon Sasano
Meet Marshal:	Joseph Hancock	Admin Official:	Lillian Bautista
Meet Director:	Linda Lam – thirddraft@juno.com		

LOCATION: College of San Mateo Aquatic Center, 1700 West Hillsdale Boulevard, Building #5, San Mateo, CA.

DIRECTIONS: **From Hwy 280:** take Hwy 92 east towards San Mateo, West Hillsdale Blvd. exit. Turn left at signal and proceed uphill through 2nd and 3rd sets of traffic lights. Turn right onto campus at College Heights Drive. **From Hwy 101:** take Hwy 92 west towards Half Moon Bay, West Hillsdale Blvd exit. Turn right and proceed uphill through 2nd and 3rd sets of traffic lights. Turn right onto campus at College Heights Drive. On weekends, please do not at SMAC members' spaces. All other spaces without restrictions are available and free. **LOOK FOR AND OBEY POSTED PARKING RESTRICTIONS.**

COURSE: OUTDOOR 25 YARD pool with up to ten [10] lanes available for competition. An additional 10 or more lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. 8 and Under will have exclusive warm-up from 08:35 to 08:45 AM. (All other age group athletes must exit the competition pool) The pool deck will open at 7:00 AM each day.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim "fast to slow" sequence with the option of reversing the sequence at the discretion of the Meet Referee and Meet Director.
- Athletes may sign-up up to four (4) individual events but may only compete in three (3) individual events per day.
- All athletes ages twelve (12) and under should complete competition within four (4) hours. When the number of splashes either meets or exceeds the estimated timeline, all entries will be closed and notification posted on the Swim Connection website. Entry forms and payments received after the close of meet will be returned with an explanation.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches. Optional scratches will be not refunded.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. Coaches must check-in with the invigilating corner officials.**

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the

athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Swim meet patrons should observe all signs posted and comply with facility staff requests.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Use Athlete locker rooms located in Building 8 (scoreboard side of pool)
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- During general warm-up, athletes must use 3-point entry into the pool.
- No pets, except for "service assistance animals" are allowed anywhere in the meet venue.
- No food or drinks is allowed in the locker rooms.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "**NO TIME**" will be accepted.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: The meet is open to all zones.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. Relays \$9.00 per relay team, teams must enter on/before 11:00 AM each day. Athletes may participate in Exhibition Relays per race requirement identified by the Meet Referee. "Relay Only" athletes will not be charged participation fees. No refunds will be made for relay optional scratches, except for mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/STAR20161015> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary,**

and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Wednesday, **October 5, 2016 at 11:59 PM.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, October 3, 2016 or hand delivered by 6:30 PM Wednesday, **October 5, 2016.** No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Starfish Aquatics

Mail and Hand Deliver entries to: Jonathan Riley, 380 Fulton Street, San Francisco, CA 94102

SHOULD THE MEET REACH AND NEED TO BE CLOSED PRIOR TO THE "CLOSE DATE" LISTED ON THE MEET ANNOUNCEMENT, ABSOLUTELY NO ADDITIONAL ENTRIES WILL BE ACCEPTED AFTER THAT DATE (WHICH WILL BE LISTED ON OME SWIM CONNECTION). THIS INCLUDES MAIL-IN ENTRIES. MAIL-IN ENTRIES MUST BE POSTMARKED BY THE CLOSE DATE LISTED ON SWIM CONNECTION IN ORDER TO BE ACCEPTED. IF THEY ARE POSTMARKED AFTER SAID DATE, THEY WILL NOT BE ACCEPTED AND THE ATHLETE WILL NOT BE ENTERED.

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the Referee immediately.

AWARDS: Ribbons will be awarded to 1st through 8th place finishers in the A+, B and C divisions for each event and age groups. 13 & OVER will be awarded as 13-14, 15-18 Age Groups. Athletes aged 19 and over will not be awarded. "A" medals will be awarded to athletes achieving new "A" times swum during this meet only. Relays will be awarded 1st through 3rd places. AWARDS MUST BE PICKED UP ON SUNDAY, THE LAST DAY OF THE MEET, BY A CLUB'S COACH OR CLUB REPRESENTATIVE. AWARDS WILL NOT BE MAILED. NON ZONE 1N CLUBS AND UNATTACHED ATHLETES: MUST COORDINATE WITH THE AWARDS DESK. IF AWARDS WILL NOT BE PICKED UP ON THE LAST DAY OF THE MEET, A PRE-PAID ENVELOPE MUST BE PROVIDED.

ADMISSION: Free. A 2 day program will be available for a reasonable fee.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Coaches, club, and spectator tents/canopies placement will be allowed at designated areas as determined by the Meet Director. Facilities will not be provided after meet hours. Please secure your belongings and clean up after yourselves.

MINIMUM OFFICIALS: Clubs must follow Zone 1 North rules for providing officials. Each club must provide officials for each session according to the number of athletes entered in that session, following the table below. Clubs that do not provide sufficient officials must provide coaches to act in the place of officials.

Club athletes entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5 and up (1 for every 25 athletes)

EVENT SUMMARY

SATURDAY, October 15, 2016				SUNDAY, October 16, 2016			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
25 Back	100 Back	100 Back	100 Back	50 Back	50 Back	50 Back	200 Breast
50 Free	100 Free	100 Free	200 Free	25 Free	50 Free	50 Free	100 Free
25 Fly	50 Fly	50 Fly	100 Fly	100 I.M.	100 I.M.	100 I.M.	50 Free
50 Breast	100 Breast	100 Breast	100 Breast	25 Breast	50 Breast	50 Breast	200 I.M.
100 Fr.R.	200 Fr.R.	200 Fr.R.	200 Fr.R.	100 M.R.	200 M.R.	200 M.R.	200 M.R.
49er			Free Relay		49er	Medley	Relay

EVENTS

Saturday, October 15, 2016		
EVENT #	EVENT	EVENT #
1	13 & Over 100 Back	2
3	11-12 100 Back	4
5	9-10 100 Back	6
7	8 & Under 25 Back	8
9	13 & Over 200 Free	10
11	11-12 100 Free	12
13	9-10 100 Free	14
15	8 & Under 50 Free	16
17	13 & Over 100 Fly	18
19	11-12 50 Fly	20
21	9-10 50 Fly	22
23	8 & Under 25 Fly	24
25	13 & Over 100 Breast	26
27	11-12 100 Breast	28
29	9-10 100 Breast	30
31	8 & Under 50 Breast	32
33	13 -18 200 Free Relay	34
35	11-12 200 Free Relay	36
37	9-10 200 Free Relay	38
39	8 & Under 100 Free Relay	40
41	49er Free Relay	42

Sunday, October 16, 2016		
EVENT #	EVENT	EVENT #
43	13 & Over 200 Breast	44
45	11-12 50 Back	46
47	9-10 50 Back	48
49	8 & Under 50 Back	50
51	13 & Over 100 Free	52
53	11-12 50 Free	54
55	9-10 50 Free	56
57	8 & Under 25 Free	58
59	13 & Over 50 Free	60
61	11-12 100 I.M.	62
63	9-10 100 I.M.	64
65	8 & Under 100 I.M.	66
67	13 & Over 200 I.M.	68
69	11-12 50 Breast	70
71	9-10 50 Breast	72
73	8 & Under 25 Breast	74
75	13-18 200 Medley Relay	76
77	11-12 200 Medley Relay	78
79	9-10 200 Medley Relay	80
81	8 & Under 100 Medley Relay	82
83	49er Medley Relay	84

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by STAR SCY CBA+ October 15-16, 2016 Consolidated Entry Form													
Name: Last,				First				Middle					
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach's name:													
Coach's E-mail:													
Coach's Cell # :													
Athlete's Address													
Home Phone							Cell Phone						
Email													