Z1S INVITATIONAL YEAR END CHAMPIONSHIP (JO MINUS) PACIFIC SWIMMING SHORT COURSE MEET

DECEMBER 10-12, 2021

Enter Online: https://fastswims.com



SANCTION: Held under USA/Pacific Swimming Sanction No. 21-216

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH. MASK MANDATES MAY BE IN PLACE WITHIN SANTA CLARA COUNTY, AND SHALL BE ENFORCED.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet on Meet Mobile.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: Meet Referee: Brett Shaug Head Starter: Mike Piccardo
Meet Marshal: Team Cruz Admin Official: Debbie Fuji

Meet Director: Michael Greymont – mgreymont@mhgcg.com 408 891-2948

Weet Director. Wichael Greymont - ingreymont@mingcg.com 408 831-2346

LOCATION: Dennis Kennedy Morgan Hill Aquatics Center, 16200 Condit Road, Morgan Hill, CA.

DIRECTIONS: From Southbound Highway 101: take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about ¼ mile. From Northbound Highway 101: take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right.

Parking: Park in the main paved lot of the facility, the EAST side of Conduit Road, and the main large lot on the North side of the facility. Do not park at the House of Thunder Harley Davidson Dealership or Patio World. Those lots are for their patrons only and vehicles will be towed at your expense. Please secure vehicles and contents. Neither the City of Morgan Hill, the Morgan Hill Aquatics Center, Zone One South, nor Pacific Swimming take ANY responsibility to damage or theft to any vehicles or personal belongings. Entry: Enter facility through the gates at the competition end of the Aquatics Center, the south end. Please do not enter through the main entry on the north end of the facility, as the facility is open to the public during the meet.

COURSE: Outdoor 25 yard pool with up to 16 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the shallow end and 13'0" at the deep end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at 09:00 AM each day with warm-ups from 07:30 to 08:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 08:00 – 08:45 AM both in the instructional pool and 2 reserved lanes in the competition pool. Friday distance events will begin at 5:00PM and warm ups for these events will be from 3:30PM to 4:45PM.

RULES: • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in one (1) event on Friday and three (3) events per day on Saturday/Sunday. The Friday session will be capped at 150 Athletes.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- Athletes in the 500 Free and 200/400IM on Friday must have their own timers and/or counters
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- Names will not be called at the start of a heat. Athletes shall be ready to swim for their event.
- All participants agree to the Zone 1 South Spector Code of Conduct.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar/meet operations. Or any other open flame devices.
- All shelters must be properly secured. Do not put stakes into grass areas due to irrigation system.
- Deck changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- Areas directly behind the timing area shall be closed and enforced by marshals at the meet. No congregation of parents or athletes shall be allowed. Viewing areas shall be on the sides of the pool deck.

ELIGIBILITY: • Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

• The Meet is open only to qualified Athletes registered with a Zone 1 South Club. Athletes who are unattached and participating with a Zone 1 South Club are eligible to compete.

- Entered times shall be less than a "JO" time as per Pacific Swimming Time Standard (no athlete with a JO time in an event will be allowed to swim that event).
- Entries with "NO TIME" will be ACCEPTED. (EXCEPTION Friday distance, where a certified 'B' time must be entered)
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Once the meet is closed, no further updates to times shall be permitted without specific direction from the Meet Referee.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY FEES: \$4.50 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No late entries will be accepted. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to http://fastswims.com to receive an immediate entry confirmation. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through **Friday, December 3rd, 2021**. LATE ENTRIES WILL NOT BE ACCEPTED. NO REFUNDS.

MAIL-IN ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday November 29th, 2021. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Zone 1 South

Mail entries to: Michael Greymont - Meet Director 409 Tennant Ave #423 Morgan Hill, CA 95037

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any Athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Eight places will be awarded in each age group for 8 & U, 9-10, 11-12, 13-14, 15-18 age groups. No awards given for swimmers 19 years of age and older. Note: Individual awards must be picked up during/after the meet, no distribution of awards will occur after the meet, either hand delivery or mail. High Point will be awarded by Gender/By age group.

ADMISSION: Free. A 3 day program will be available for download.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

REQUESTED OFFICIALS:

Number of Club Athletes	Trained and Certified Officials
1-10	0
11-25	1
26-50	2
51-75	3
76-99	4
100 Plus	5

ORDER OF EVENTS

FRIDAY, DECEMBER 10 th , 2021			
Event Number	Age/Event	Event Number	
1	13-UP 500 Free	2	
3	11-12 500 Free	4	
5	10-UNDER 500 Free	6	
7	13-UP 400 IM	8	
9	11-12 400 IM	10	
11	10-UNDER 200 IM	12	

Athletes MUST have their own lap counters and/or timers. Watches will be provided.

A "B" time or a coach certified "B" time is required for Friday Distance Events

Athletes may only compete in ONE (1) event for Friday's Distance Events

S	SATURDAY, DECEMBER 11 th , 2021		
EVENT #	EVENT	EVENT#	
13	15-UP 200 FREE	14	
15	13-14 200 FREE	16	
17	11-12 200 FREE	18	
19	9-10 200 FREE	20	
21	8-UNDER 100 FREE	22	
23	11-12 50 FLY	24	
25	9-10 50 FLY	26	
27	8-UNDER 50 FLY	28	
29	11-12 100 BREAST	30	
31	13-14 100 BREAST	32	
33	15-UP 100 BREAST	34	
35	8-UNDER 25 BREAST	36	
37	11-12 200 BACK	38	
39	13-14 200 BACK	40	
41	15-UP 200 BACK	42	
43	11-12 50 FREE	44	
45	13-14 50 FREE	46	
47	15-UP 50 FREE	48	
49	9-10 50 FREE	50	
51	8-UNDER 25 FREE	52	
53	11-12 100 IM	54	
55	9-10 100 IM	56	
57	8-UNDER 100 IM	58	
59	11-12 200 FLY	60	
61	13-14 200 FLY	62	
63	15-UP 200 FLY	64	

9	SUNDAY, DECEMBER 12 th , 2021			
EVENT #	EVENT	EVENT#		
65	15-UP 200 BREAST	66		
67	13-14 200 BREAST	68		
69	11-12 200 BREAST	70		
71	11-12 50 BACK	72		
73	9-10 50 BACK	74		
75	8-UNDER 50 BACK	76		
77	11-12 100 FLY	78		
79	13-14 100 FLY	80		
81	15-UP 100 FLY	82		
83	9-10 100 FLY	84		
85	8-UNDER 25 FLY	86		
87	11-12 200 IM	88		
89	13-14 200 IM	90		
91	15-UP 200 IM	92		
93	11-12 100 BACK	94		
95	13-14 100 BACK	96		
97	15-UP 100 BACK	98		
99	9-10 100 BACK	100		
101	8-UNDER 25 BACK	102		
103	11-12 50 BREAST	104		
105	13-14 50 BREAST	106		
107	15-UP 50 BREAST	108		
109	9-10 50 BREAST	110		
111	8-UNDER 50 BREAST	112		
113	11-12 100 FREE	114		
115	13-14 100 FREE	116		
117	15-UP 100 FREE	118		
119	9-10 100 FREE	120		
121	8-UNDER 50 FREE	122		

Use the following URL to find the time standards: http://www.pacswim.org/swim-meet-times/standards

Pacific Swimming – Hosted by Zone One South Invitational Championship December 10-12th 2021 Consolidated Entry Form Name: Last, First Middle Club Abbr. UNATT TEAM ABBR Club Name Date of Birth LSC – (PC, SN) Age Sex M F USA-# Event # Distance / Stroke Entry Time Circle one SCY / LCM : SCY / LCM x \$4.50 = \$_ # of entries _ Participation Fee \$8.00 Total \$_ Coach Swimmer's Address Home Phone Cell Phone Email