

**Z1S INVITATIONAL YEAR END CHAMPIONSHIP
PACIFIC SWIMMING SHORT COURSE JO MINUS MEET
DECEMBER 13-15, 2019
Enter Online: <https://fastswims.com/>**



SANCTION: Held under USA/Pacific Swimming Sanction No. **19-166**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://morganhillmakos.com>**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee:</i> John Abe	<i>Head Starter:</i> Casaba Andrejka
<i>Meet Marshal:</i> TBA	<i>Admin Official:</i> Roman Kuzmenko
<i>Meet Director:</i> Michael Greymont – mgreymont@mhgcg.com 408 891-2948	

LOCATION: Dennis Kennedy Morgan Hill Aquatics Center, 16200 Condit Road, Morgan Hill, CA.

DIRECTIONS: From Southbound Highway 101: take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about ¼ mile. From Northbound Highway 101: take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right.

Parking: Park in the main paved lot of the facility, the EAST side of Conduit Road, and the main large lot on the North side of the facility. Do not park at the House of Thunder Harley Davidson Dealership or Patio World. Those lots are for their patrons only and vehicles will be towed at your expense. Please secure vehicles and contents. Neither the City of Morgan Hill, the Morgan Hill Aquatics Center, Zone One South, nor Pacific Swimming take ANY responsibility to damage or theft to any vehicles or personal belongings.

Entry: Enter facility through the gates at the competition end of the Aquatics Center, the south end. Please do not enter through the main entry on the north end of the facility, as the facility is open to the public during the meet.

COURSE: Outdoor 25 yard pool with up to 16 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the shallow end and 13'0" at the deep end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming. The competition course has been certified in accordance with 104.2.2C(4).

TIME: Meet will begin at 09:00 AM each day with warm-ups from 07:30 to 08:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 08:00 – 08:45 AM both in the instructional pool and 2 reserved lanes in the competition pool. Friday distance events will begin at 5:00PM and warm ups for these events will be from 3:30PM to 4:45PM.

RULES:

- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 1 event Friday and 3 events per day on Saturday/Sunday.
- Friday's session will be capped at 150 Athletes.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- Athletes in the 500 Free and 200/400IM on Friday must have their own timers and/or counters
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- All participants agree to the Zone 1 South Spectator Code of Conduct found here: <https://tinyurl.com/y4tcn6rx>

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar/meet operations. Or any other open flame devices.
- All shelters must be properly secured. Do not put stakes into grass areas due to irrigation system.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entered times shall be less than a "JO" time as per Pacific Swimming Time Standard (no athlete with a JO time in an event will be allowed to swim that event).
- Entries with "NO TIME" will be ACCEPTED. EXCEPTION – Friday distance, where a certified 'B' time must be entered.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Once the meet is closed, no further updates to times shall be permitted without specific direction from the Meet Referee.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

Eligible Teams: Only clubs from Zone 1 South are eligible to enter this meet, or athletes who are unattached and associated with a Zone 1 South Club.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to <http://fastswims.com> to receive an immediate entry confirmation. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Wednesday, December 4th, 2019. LATE ENTRIES WILL NOT BE ACCEPTED. NO REFUNDS.

MAILED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athletes best time. Entries must be postmarked by midnight, Monday December 2nd, 2019. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Zone 1 South
Mail entries to: Michael Greymont – Meet Director
409 Tennant Ave #423
Morgan Hill, CA 95037

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Eight places will be awarded in each age group for 8 & U, 9-10, 11-12, 13-14, 15-18 age groups. No awards given for athletes 19 years of age and older. Note: Individual awards must be picked up during/after the meet, no distribution of awards will occur after the meet, either hand delivery or mail. High Point will be awarded by Gender/By age group.

ADMISSION: Free. A 3 day program will be available for download.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

REQUESTED OFFICIALS:

Number of Club Athletes	Trained and Certified Officials
1-10	0
11-25	1
26-50	2
51-75	3
76-99	4
100 Plus	5

FRIDAY EVENTS

FRIDAY, DECEMBER 13, 2019		
Event Number	Age/Event	Event Number
1	13-Up 500 Free	2
3	11-12 500 Free	4
5	10-Under 500 Free	6
7	13-Up 400 IM	8
9	11-12 400 IM	10
11	10-Under 200 IM	12

- **Athletes MUST have their own lap counters and/or timers. Watches will be provided.*
- *A "B" time or a coach certified "B" time must be there for these Distance Events*
- *Time standards found here: <http://www.pacswim.org/swim-meet-times/standards>*
 - *Athletes may only compete in ONE (1) event for Friday's Distance Events*

SATURDAY AND SUNDAY EVENTS

SATURDAY, DECEMBER 14, 2019		
EVENT #	EVENT	EVENT #
13	15-Up 200 FREE	14
15	13-14 200 FREE	16
17	11-12 200 FREE	18
19	9-10 200 FREE	20
21	8-UNDER 100 FREE	22
23	11-12 50 FLY	24
25	9-10 50 FLY	26
27	8-UNDER 50 FLY	28
29	11-12 100 BREAST	30
31	13-14 100 BREAST	32
33	15-UP 100 BREAST	34
35	8-UNDER 25 BREAST	36
37	11-12 200 BACK	38
39	13-14 200 BACK	40
41	15-UP 200 BACK	42
43	11-12 50 FREE	44
45	13-14 50 FREE	46
47	15-UP 50 FREE	48
49	9-10 50 FREE	50
51	8-UNDER 25 FREE	52
53	11-12 100 IM	54
55	9-10 100 IM	56
57	8-UNDER 100 IM	58
59	11-12 200 FLY	60
61	13-14 200 FLY	62
63	15-UP 200 FLY	64

SUNDAY, DECEMBER 15, 2019		
EVENT #	EVENT	EVENT #
65	15-Up 200 BREAST	66
67	13-14 200 BREAST	68
69	11-12 200 BREAST	70
71	11-12 50 BACK	72
73	9-10 50 BACK	74
75	8-UNDER 50 BACK	76
77	11-12 100 FLY	78
79	13-14 100 FLY	80
81	15-UP 100 FLY	82
83	9-10 100 FLY	84
85	8-UNDER 25 FLY	86
87	11-12 200 IM	88
89	13-14 200 IM	90
91	15-UP 200 IM	92
93	11-12 100 BACK	94
95	13-14 100 BACK	96
97	15-UP 100 BACK	98
99	9-10 100 BACK	100
101	8-UNDER 25 BACK	102
103	11-12 50 BREAST	104
105	13-14 50 BREAST	106
107	15-UP 50 BREAST	108
109	9-10 50 BREAST	110
111	8-UNDER 50 BREAST	112
113	11-12 100 FREE	114
115	13-14 100 FREE	116
117	15-UP 100 FREE	118
119	9-10 100 FREE	120
121	8-UNDER 50 FREE	122

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Zone One South Invitational Championship December 13-15, 2019 Consolidated Entry Form													
Name: Last, First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													