

SANCTION: Held under USA/Pacific Swimming Sanction No. 17-087

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: Meet Referee: Albert Yu Head Starter: Kian Tavaioli Meet Marshal: Will be assigned Admin Official: Irene Alameda Meet Director: Debbie Rodinsky 707 334 3764

LOCATION: Vintage High School Pool, 1375 Trower Avenue, Napa, CA 94558.

Pool Entrance is off Jefferson Street. There will be plenty of parking in the adjacent lot. **PARKING LOT GATES WILL BE LOCKED UNTIL** 8:00 AM – ABSOLUTELY NO ENTRANCE TO THE PARKING LOT OR POOL AREA WILL BE ALLOWED BEFORE 8:00 AM. Please do not block the entrance to the pool parking lot not allowing the gate to be unlocked in a timely manner.

COURSE: Outdoor pool with up to 10 lanes available for competition, with separate warm up/warm down lanes available throughout the meet. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 5.0 at the start end and 5.0 at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Meet will begin at 10.00 AM each day with warm-ups from 8:30 to 9:30 AM each day a special warm-up time for 8 and under athletes only will be held from 9:30 to 9:45 AM

- **RULES:** Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
 - All events are timed finals.
 - All events shall swim fast to slow.
 - Athletes may compete in **3** events per day, plus one relay.
 - At the discretion of the Meet referee, events and heats may be combined.
 - All athletes ages 12 and under should complete competition within four (4) hours.
 - Entries shall be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athlete's age and gender.

• If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.

• All coaches and deck officials shall display their current USA Swimming membership cards in a visible manner. Deck Pass may also be used to prove registration status.

• Athletes may not enter an event they have achieved a Far Western time in, whether or not they intend to compete at Far Westerns.

RELAYS: ALL ATHLETES IN RELAYS, INCLUDING THOSE SWIMMING RELAYS ONLY, MUST BE PRE-ENTERED IN THE MEET AND HAVE COMPLETED A CONSOLIDATED ENTRY CARD. Each club may enter as many relays as possible but only the two fastest relays swum from each club, will be scored or awarded. Relay entries must be pre-entered. Clubs will be required to pay for all relays entered. 13 and 14 athletes may enter the 13-14 relay or the 13 and up relay each day but not both. Athletes may only swim one relay per day.

RELAY ENTRIES will be entered on line through SwimConnection at <u>http://ome.swimconnection.com/pc/Zone320170729</u>. Entry dead line will be Wednesday, July 19, 2017.

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered in the meet shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator

- seating on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters shall be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- No pets allowed on deck, other than service assistance animals.

• Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

• Clubs and families are to set up on the basketball court only.

• Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the meet referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital camera, cell phones, tablets, and Google Glass, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in the ejection from the swimming pool facility by the meet referee or his/her designee.

ELIGIBILITY: • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card exactly as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

• Athletes in the "A" Division shall have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division shall have met at least the "B" minimum time standard. All entry times slower than the "B" time standard shall be in the "C" Division.

• Entries with "NO TIME" will be Accepted.

• Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.

• Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.

• Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athlete shall meet standards for the 17-18 age group.

- Awards for age group 15 and Over will be awarded as a combined age group.
- Age on the first day of the meet shall determine the athlete's age for the entire meet

• This meet is open ONLY to athletes registered in Zone 3 of Pacific Swimming. Clubs not registered with USA Swimming and Pacific Swimming for the year 2017 may NOT be represented in this meet. Their athletes may

compete as unattached if the individual swimmer has a current 2017 USA-S/PC membership.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds shall be made except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <u>http://ome.swimconnection.com/pc/Zone320160730</u> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, July 19.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday July 17, 2017 or hand delivered by 6:30 p.m., July 19, 2017. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Zone 3 Mail/Hand deliver entries to: Debbie Rodinsky 301 Angelina Way Vallejo, Ca, 94589

CHECK-IN: The meet shall be deck seeded. Athletes shall check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in shall not be seeded and shall not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: Awards will be given to the coach or team representative at the end of the meet.

Finals - Ribbons 1st through 8th.
Relays - Ribbons 1st through 3rd.
Up to \$250.00 dollars will be given to the 1st place club to be used for a club function/party. (The money will be paid once receipts are provided)
Team trophies to 2nd and 3rd place teams
Female and Male swimmer(s) in each age group with the highest accumulated points will be award.

ADMISSION: Free. A program will be available for \$4.00

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours

MINIMUM OFFICIALS: At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that club during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a preliminaries and finals meet, the club will be fined \$100 per missing official per session of the meet.

Club athletes entered in session	Trained and carded officials required						
1-10	0						
11-25	1						
26-50	2						
51-75	3						
76-100	4						
100 or more	5						

*Zone 3 will include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 will accept uncarded Trainees in the count of officials for up to two sessions. Teams may use officials "borrowed" from other teams, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

EVENT SUMMARY

	SATU	IRDAY		SUNDAY					
8 & UN	9-10	11-12	13-UP	8 & UN	9-10	11-12	13-UP		
100 Med Relay	200 Med Relay	50 Back	200 IM	100 Free Relay	200 Free Relay	100 Fly	200 Free		
25 Back	50 Back	100 Breast	50 Back	50 Fly	100 Fly	100 Back	100 Fly		
50 Breast	100 Breast	200 Med Relay	100 Breast	50 Back	100 Back	200 Free Relay	100 Back		
25 Free	100 Free	100 Free	200 Med Relay	25 Breast	50 Breast	50 Breast	200 Free Relay		
25 Fly	50 Fly	50 Fly	100 Free	50 Free	50 Free	50 Free	50 Breast		
100 IM	200 IM	200 IM	50 Fly		200 Free	200 Free	50 Free		

Saturday, July 29th, 2017

Girls #	Event	Boys #
1	8 and Under 100 Med Relay	2
3	9-10 200 Med Relay	4
5	13-14 200 IM	6
7	15 and Over 200 IM	8
9	11-12 50 Back	10
11	9-10 50 Back	12
13	8 and Under 25 Back	14
15	13-14 50 Back	16
17	15 and Over 50 Back	18
19	11-12 100 Breaststroke	20
21	9-10 100 Breaststroke	22
23	8 and Under 50 Breaststroke	24
25	13-14 100 Breaststroke	26
27	15 and Over 100 Breaststroke	28
29	11-12 200 Med Relay	30
31	13-14 200 Med Relay	32
33	15 and Over 200 Med Relay	34
35	11-12 100 Free	36
37	9-10 100 Free	38
39	8 and Under 50 Free	40
41	13-14 100 Free	42
43	15 and Over 100 Free	44
45	11-12 50 Butterfly	46
47	9-10 50 Butterfly	48
49	8 and Under 25 Butterfly	50
51	13-14 50 Butterfly	52
53	15 and Over 50 Butterfly	54
55	11-12 200 IM	56
57	9-10 200 IM	58
59	8 and under 100 IM	60

Sunday, July 30th, 2017

Girls #	Event	Boys #
61	8 and Under 100 Free Relay	62
63	9-10 200 Free Relay	64
65	13-14 200 Free	66
67	15 and Over 200 Free	68
69	11-12 100 Butterfly	70
71	9-10 100 Butterfly	72
73	8 and Under 50 Butterfly	74
75	13-14 100 Butterfly	76
77	15 and Over 100 Butterfly	78
79	11-12 100 Back	80
81	9-10 100 Back	82
83	8 and Under 50 Back	84
85	13-14 100 Back	86
87	15 and Over 100 Back	88
89	11-12 200 Free Relay	90
91	13-14 200 Free Relay	92
93	15 and Over 200 Free Relay	94
95	11-12 50 Breaststroke	96
97	9-10 50 Breaststroke	98
99	8 and Under 25 Breaststroke	100
101	13-14 50 Breaststroke	102
103	15 and Over 50 Breaststroke	104
105	11-12 50 Free	106
107	9-10 50 Free	108
109	8 and Under 25 Free	110
111	13-14 50 Free	112
113	15 and Over 50 Free	114
115	11-12 200 Free	116
117	9-10 200 Free	118

Use the following URL to find the time standards: <u>http://www.pacswim.org/swim-meet-times/standards</u>

Pacific Swimming – Hosted by Zone 3 Zone 3 Championships															
July 29-30, 2017 Consolidated Entry Form															
Name: Last, First							Middle								
Club Abbr.		UNA	ATT T	EAM /	ABBR		Club	Name							
Age		Date of Birth			Sex M F			LSC – (PC, SN)							
USA-#															
Event #	Distance	e / Str	oke		L	L	En	l try Tin	ne	l	Circle one				
								:	•			S	CY / LCN	1	
								:	•			S	CY / LCN	1	
								:	•			S	CY / LCN	1	
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# of entries Par Tot	ticipation		00 =	\$ \$ 8.0 \$											
Coach															
Athlete's Address															
Home Phone						Cell Phone									
Email															