

SANCTION: Held under USA/Pacific Swimming Sanction No. **17-049**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://cruzswimming.org>**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

| | | | |
|-----------------------|--|------------------------|--------------------------|
| <i>Meet Referee:</i> | Carole Keighley | <i>Head Starter:</i> | Jennifer McKennan |
| <i>Meet Marshal:</i> | Virginia Leal | <i>Admin Official:</i> | George Feltovich |
| <i>Meet Director:</i> | Bill Norris; cruz.meetdirector@gmail.com, 650-303-2921 | | |

LOCATION: University of California Santa Cruz OPERS Complex (Main Pool), 420 Hagar Drive, Santa Cruz, CA

DIRECTIONS: Map for parking and pool location can be found at <http://cruzswimming.org>. From the Bay Area take US 280 or CA 101 to US 880 to CA Hwy 17 south. Take Hwy 17 south to Santa Cruz, take the Highway 1 North exit (which turns into Mission St.) to Bay Street. Turn right on Bay which will take you to the base of campus (Bay & High streets). Enter the university at the Main entrance at Bay and High streets (1156 High Street). Turn left at Hagar Road. Park at the East Remote Parking Lot near the pool complex. The pool is about a 5 minute walk up the hill.

COURSE: Outdoor pool with up to 10 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 8 feet at the start end and 8 feet at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at 9 AM each day with warm-ups from 7:30 to 8:45 AM each day. Warmup lanes for 8 and under athletes will be offered and allocated by deck officials.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in **a maximum 4** events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- All 25 yard events will start at the north end of the pool without starting blocks while timers remain in place at the south side of the pool.
- Athletes must provide their own lap counters for the 500 Freestyle events and both timers and lap counters for the 1000 Freestyle events.

ATTENTION HIGH SCHOOL ATHLETES: If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- PLEASE DO NOT BRING YOUR DOGS TO THIS MEET. No animals are allowed in any area of the meet venue (which includes the parking lots) except service animals wearing a service animal vest and actually working to assist a disabled person. Even service animals who are not behaving properly (barking, jumping and the like) will be asked to leave the meet venue. UCSC does not allow dogs on campus and will issue citations if a dog (or other animal) is left in a car in a UCSC parking lot.
- For safety and accessibility reasons the pool deck and OPERS lobby must be cleared of non-coach tents, chairs blankets, etc.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "A" Division must have met at least the listed "PC-A" time standard. Athletes in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division.
- **Entries with "NO TIME" will be ACCEPTED.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Zone 1 South (Z1S) entries postmarked by **Monday, April 3, 2017** or entered online by 11:59 p.m. **Monday, April 3, 2017** will be given priority acceptance. All entries from Zone 1 South, all other Pacific LSC zones, and other LSC's either postmarked by **Monday, April 10, 2017**, entered online by 11:59 p.m. **Wednesday, April 12, 2017** or hand delivered by 5:00 p.m. **Wednesday, April 12, 2017** will be considered in the order that they were received or until meet cap is reached.

Santa Cruz Swimming
PACIFIC SWIMMING SHORT COURSE AGO
April 22-23, 2017

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/CRUZ20170422> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, **Wednesday, April 12, 2017.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athletes best time. Entries must be postmarked by midnight, **Monday, April 10, 2017** or hand delivered by 5:00 p.m. **Wednesday, April 12, 2017.** No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Santa Cruz Swimming

Mail entries to: Bill Norris
Swim Meet Entries
P.O. Box 1616
Soquel, CA 95073

Hand deliver entries to:

Bill Norris
Leave at Front Desk of Business
345 Encinal Street
Santa Cruz, CA 95073

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Awards will be given to top 8 finishers in the following age groups in each division (C, B, A): 8&u, 9-10, 11-12, 13-14, 15-16 and 17-18 age groups. "A" medals will be awarded to athletes achieving a new USA-S "A" time regardless of place achieved in event. No awards will be given to swimmers age 19 years or older. All Individual awards must be picked up at the meet. No awards will be mailed or distributed after the meet.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.



EVENT SUMMARY

| Saturday April 22, 2017 | | | | Sunday April 23, 2017 | | | |
|-------------------------|-----------|-----------|-------------|-----------------------|------------|------------|-------------|
| 8 & UN | 9-10 | 11-12 | 13 and Over | 8 & UN | 9-10 | 11-12 | 13 and Over |
| 200 Free | 200 Free | 200 Free | 500 Free | 500 Free | 500 Free | 500 Free | 200 Free |
| 25 Free | 100 IM | 100 IM | 50 Breast | 50 Free | 100 Breast | 100 Breast | 100 Breast |
| 100 IM | 50 Breast | 50 Breast | 100 fly | 100 Breast | 50 Back | 50 Back | 100 Back |
| 50 Breast | 100 Fly | 100 Fly | 50 Back | 25 Breast | 50 Fly | 50 fly | 50 Fly |
| 100 Fly | 100 Back | 100 Back | 100 Free | 50 Back | 100 Free | 100 Free | 200 IM |
| 25 Fly | 50 Free | 50 Free | 100 IM | 25 Back | 200 IM | 200 IM | 50 Free |
| 100 Back | | 1000 Free | | 50 Fly | | | 1000 Free |
| 25 Back | | | | 100 Free | | | |
| 50 Free | | | | | | | |

EVENTS

| Saturday April 22, 2017 | | | | |
|-------------------------|------------------|----------------------|-----------------|--|
| Warm-up 7:30-8:45 | | | | |
| | Girls EVENT # | EVENT | Boys EVENT # | |
| | 1 | 13 & Up 500 Free | 2 | |
| | 3 | 12 & Under 200 Free | 4 | |
| | 5 | 8 & Under 25 Free | 6 | |
| | 7 | 12 & Under 100 I.M. | 8 | |
| | 9 | 13 & Up 50 Breast | 10 | |
| | 11 | 12 & Under 50 Breast | 12 | |
| | 13 | 13 & Up 100 Fly | 14 | |
| | 15 | 12 & Under 100 Fly | 16 | |
| | 17 | 8 & Under 25 Fly | 18 | |
| | 19 | 13 & Up 50 Back | 20 | |
| | 21 | 12 & Under 100 Back | 22 | |
| | 23 | 8 & Under 25 Back | 24 | |
| | 25 | 13 & Up 100 Free | 26 | |
| | 27 | 12 & Under 50 Free | 28 | |
| | 29 | 13 & Up 100 IM | 30 | |
| | 31 | 11&12 1000 Free | 32 | |

| Sunday April 23, 2017 | | | | |
|-----------------------|------------------|-----------------------|-----------------|--|
| Warm-up 7:30-8:45 | | | | |
| | Girls EVENT # | EVENT | Boys EVENT # | |
| | 33 | 12 & Under 500 Free | 34 | |
| | 35 | 13 & Up 200 Free | 36 | |
| | 37 | 8 & Under 50 Free | 38 | |
| | 39 | 13 & Up 100 Breast | 40 | |
| | 41 | 12 & Under 100 Breast | 42 | |
| | 43 | 8 & Under 25 Breast | 44 | |
| | 45 | 13 & Up 100 Back | 46 | |
| | 47 | 12 & Under 50 Back | 48 | |
| | 49 | 8 & Under 25 Back | 50 | |
| | 51 | 13 & Up 50 Fly | 52 | |
| | 53 | 12 & Under 50 Fly | 54 | |
| | 55 | 13 & Up 200 IM | 56 | |
| | 57 | 12 & Under 100 Free | 58 | |
| | 59 | 13 & Up 50 Free | 60 | |
| | 61 | 12 & Under 200 IM | 62 | |
| | 63 | 13 & up 1000 Free | 64 | |

Athletes must provide their own lap counters for the 500 Freestyle events and both timers and lap counters for the 1000 Freestyle events.

All 25 yard events will start at the north end of the pool without starting blocks while timers remain in place at the south side of the pool.

Santa Cruz Swimming
 PACIFIC SWIMMING SHORT COURSE AGO
 April 22-23, 2017

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|--|-------------------|--|-----------------|--|--|------------|---------------|--|----------------|--|--|--|--|
| Pacific Swimming – Hosted by Santa Cruz Swimming Short Course AGO April 22-23, 2017 Consolidated Entry Form | | | | | | | | | | | | | |
| Name: Last, First Middle | | | | | | | | | | | | | |
| Club Abbr. | | | UNATT CLUB ABBR | | | | Club Name | | | | | | |
| Age | | | Date of Birth | | | | Sex M F | | LSC – (PC, SN) | | | | |
| USA-# | | | | | | | | | | | | | |
| Event # | Distance / Stroke | | | | | Entry Time | | | Circle one | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
| | | | | | | : . | | | SCY / LCM | | | | |
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| | | | | | | : . | | | SCY / LCM | | | | |
| # of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____ | | | | | | | | | | | | | |
| Coach | | | | | | | | | | | | | |
| Athlete's Address | | | | | | | | | | | | | |
| Home Phone | | | | | | | Cell Phone | | | | | | |
| Email | | | | | | | | | | | | | |