

PACIFIC SWIMMING SHORT COURSE SENIOR CIRCUIT MEET
HOSTED BY ALBANY ARMADA AQUATICS
NOVEMBER 10-12, 2017

Enter Online: <http://ome.swimconnection.com/pc/AAA20171110>



SANCTION: Held under USA/Pacific Swimming Sanction No. **17-154**

TIME TRIALS SANCTION: Held under USA/Pacific Swimming Sanction No. **17-155**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Leo Lin	Head Starter: Paul Reidl
Meet Marshal: Dan McGarry	Admin Official: Marie Lin
Meet Director: Verónica Hernández vernhernwest@gmail.com	

CERTIFICATION MEET: Officials wishing to be evaluated must apply to the Meet Referee by email ([llin@pacswim.org](mailto:lilin@pacswim.org)) before the meet, or when they first arrive at the meet. These officials must attend pre-session briefings. Briefings will occur one hour before the start of both Trials and Finals. Officials dress for finals is white polo shirts/blouse, blue long pants or skirts, and closed toed white athletic shoes. For an N3 evaluation to be valid it must be done over 4 sessions in the position. N2 evaluation must be done over 3 sessions in the position. Recertification evaluations must each be done over two sessions; however, the official must work at least 4 sessions at the meet for advancement or recertification evaluation(s) to be valid. The application form can be found on the Pacific Swimming Website.

LOCATION: Miramonte High School, 750 Moraga Way, Orinda, CA 94563. Parking lot entrance located on Ivy Drive.

DIRECTIONS: From Highway 24, take exit 9 toward Orinda. Head South on Camino Pablo, which will turn into Moraga Way. Follow Moraga Way up the hill and Miramonte High will be on the right-hand side. Turn right on Ivy Drive and turn into the student parking lot on the right-hand side. Pool is located at the back of the school next to the baseball field.

<https://www.google.com/maps/@37.8405201,-122.1465114,332m/data=!3m1!1e3>

COURSE: Outdoor 25 yard pool with up to 10 lanes available for competition. A minimum of 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start and turn end of the pool. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Meet will begin at 5:00 p.m. on Friday and 9:00 a.m. both Saturday and Sunday. Warm-up will be from 4:00 to 4:50 p.m. on Friday, and 7:30 to 8:45 a.m. on Saturday and Sunday. Finals for Saturday and Sunday will begin no less than 1 hour after the conclusion of the Preliminaries Session.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events will swim fast to slow, with the fastest three heats circle seeded
- All events will be Trials/Finals, except for the 400 IM, 1000/800 and 1650/1500 Freestyles.
- Athletes may compete in a maximum of three (3) events per day.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- Finals will be comprised of a Championship Final, Consolation Final and Bonus Final swum in that order, with 10 athletes qualifying for each finals heat.

SPECIAL RULES: • On Friday the 1000 Free and 400 I.M. will be swum fastest to slowest, alternating heats of women and men.

- All heats of the 1650 Free, on their respective days, will be swum fastest to slowest at the conclusion of preliminaries.
- Athletes must provide timers for the 400 I.M. and timers and counters for the 1000 & 1650 Free.
- The 1000 and 1650 will be limited to the first 40 entrants per gender in each event.
- **NOTE: 1000 & 1650 Free may not be swum as a bonus event.**

TIME TRIALS: Time Trial sessions **may be** offered, and entries will only be taken on-site at the Clerk of Course.

Time Trials will be conducted each day provided there is sufficient time between the end of the preliminary session and the start of warm-ups for the final session.

- An athlete is limited to a maximum of two Time Trial events during the meet.
- Short course Time Trials shall be swum in the listed order of events:
 - First Day: that day's events, followed by the remaining events in the meet.
 - Remaining Days: that day's events, followed by the remaining events in the meet.
- Time Trial events may be swum combined by gender, stroke and distance.
- Availability of Time Trials and closing time for entries will be announced.
- The 1000 and 1650 Freestyle are **NOT** offered for Time Trials.
- Relay only athletes are eligible for Time Trials.
- Entry fee is \$10.00 per Time Trial event.

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Only athletes, coaches, officials, and volunteers will be allowed in the starting area.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY: • Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Athletes must meet the Senior Circuit time standards as outlined by Pacific Swimming time verification procedures.
- Athletes may enter bonus events as follows: 1 qualified event – 3 bonus swims, 2 qualified events – 2 bonus swims, 3 qualified events – 1 bonus swim. **Athletes must meet Senior 2 time standard in all bonus events.**
- Athletes 13 years of age and older are eligible to compete. Athletes under the age of 13 years are not eligible to compete.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- No time conversions will be accepted.

- Entries with "NO TIME" will be rejected.
- The athlete's age will be the age of the athlete on the first day of the meet.

SEEDING: Event seeding will be in the following order: SCY conforming short course yards, non-conforming long course meters, and non-conforming short course meters – USA Swimming rules 207.11.7B. **See Special Rules for distance events seeding.**

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be allowed to compete in the event. Athletes that have checked in for prelim events, must swim in those events, unless they notify the clerk of the course, before seeding for an event has begun, that they wish to scratch. **Failure to swim a prelim event will result in the athlete being barred from their next event.** If the athlete qualified for a final before missing a prelim event they may swim that final.

FINALS – POSITIVE CHECK-IN: Athletes may check-in or declare their intent to swim finals for that day at the beginning of competition for that day. The Positive Check-in Desk will be open after the start of the first competition heat. Athletes must check-in for, or declare their intent to compete in any Final within 30 minutes of the posting of results. In the case where an athlete declares their intent to swim, they must declare their final intention within 30 minutes after the posting of results for their last individual preliminary event. Athletes not returning to declare their intention will be seeded into the event. In a positive check-in trials & finals meet, any athlete checking in for a Final race in an individual event who fails to show in said Final race, prior to calling the alternate, shall be **barred from further competition for the remainder of the meet.** If the No-Show occurs on the last day that the athlete is entered in an individual event in the meet, and no other individual event penalty is applicable, **the swimmer shall then be fined \$100.00.** The final will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.

ENTRY FEES: \$7.50 per individual event plus an \$8.00 per athlete participation fee; \$20.00 per relay entry. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/AAA20171110> to receive an immediate entry confirmation this method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, November 1, 2017.

RELAYS: Clubs may enter unlimited number of relays. All relays will be swum fastest to slowest. Relay entries may be mailed in or entered through Swim Connection. Relay only athletes must provide proof of USA Swimming registration. All relays will be swum in the Finals sessions. Relays only athletes must be entered on Swim Connection or using the relay only entry form. Relay entries will be accepted at the meet. Entry forms are due by 11:00 a.m. on the day the event occurs.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with the athlete's best time. Entries must be entered using the current Pacific Swimming procedure: and postmarked by midnight, Monday, October 30, 2017 or hand delivered by 7:00 p.m. Wednesday, November 1, 2017. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Albany Armada Aquatics

Mail entries to: Verónica Hernández
2540 Yerba Hills Court
San José, CA 95121

Hand deliver entries to: Verónica Hernández (on the pool deck between 3:00 – 7:00 PM)
1311 Portland Ave
Albany, CA 94706

AWARDS: None.

ADMISSION: Free. A full program will be available for sale on deck.

HOSPITALITY: Hospitality available for coaches, officials, timers, and volunteers. Lunches will be provided for coaches and working deck officials. There will be a snack bar each day.

ORDER OF EVENTS

FRIDAY, NOV 10		
EVENT #	EVENT	EVENT #
1	1000 FREE*	2
3	400 I.M.*	4

*Event 1/2 & 3/4 will alternate women and men by heat, fastest to slowest.

SATURDAY, NOV 11		
EVENT #	EVENT	EVENT #
5	200 FREE RELAY **	6
7	200 BACK	8
9	50 FREE	10
11	200 I.M.	12
13	100 FLY	14
15	200 FREE	16
17	200 BREAST	18
19	400 MEDLEY RELAY**	20
101	1650 FREE***	

SUNDAY, NOV 12		
EVENT #	EVENT	EVENT #
21	200 MEDLEY RELAY**	22
23	200 FLY	24
25	100 FREE	26
27	100 BREAST	28
29	500 FREE	30
31	100 BACK	32
33	400 FREE RELAY**	34
	1650 FREE***	102

** Relay will be swim in order above during finals session.

*** 1650 will be swum at the end of prelims, fastest to slowest

Athletes must meet the 2016-2017 PC Senior II time standards for bonus events.

Time standards may be found at: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Albany Armada Aquatics Senior Circuit Meet November 10-12, 2017 Consolidated Entry Form												
Name: Last,			First				Middle					
Club Abbr.			UNATT TEAM ABBR				Club Name					
Age			Date of Birth				Sex M F		LSC – (PC, SN)			
USA-#												
Event #	Distance / Stroke					Entry Time			Circle One			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
# of entries _____ x \$7.50 = \$ _____ Participation Fee \$8.00 Total \$ _____												
Coach												
Athlete's Address												
Home Phone						Cell Phone						
Email												

Pacific Swimming – Hosted by Albany Armada Aquatics

Senior Circuit Meet
November 10-12, 2017

Entries may be mailed or entered on swimconnection.com
Club Relay Entry Form *\$20.00 per relay entry fee

<i>Club Name</i>		<i>LSC</i>	<i>Club Code</i>
<i>Coach</i>	<i>Contact Phone and Email</i>		<i>Amount Enclosed</i>
	_____		\$

<i>Event #</i>	<i>Event</i>	<i>Team Entry Time</i>		
		<i>A</i>	<i>B</i>	<i>C</i>
5	Women's 200 Free			
6	Men's 200 Free			
19	Women's 400 Medley			
20	Men's 400 Medley			
21	Women's 200 Medley			
22	Men's 200 Medley			
33	Women's 400 Free			
34	Men's 400 Free			

RELAY ONLY ATHLETES

<i>Age</i>	<i>Name (Last, First, MI)</i>	<i>Gender</i>	<i>USA-S Swimming Registration Number* (required on this form)</i>
		M F	
		M F	
		M F	
		M F	
		M F	
		M F	
		M F	
		M F	
		M F	
		M F	
		M F	
		M F	
		M F	
		M F	
		M F	