

CMC Championship Meet - 4/29/2017**Results****Event 1 Girls 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time
1 Fort Bragg	A	2:05.37	2:02.05
1) Francis Toscano FR	2) Natalie Baumgartner JR	3) Haley Hutchinson SO	4) Alessia Ghiani JR
2 St. Helena High School	A	2:07.07	2:08.88
1) Anna Gabriel JR	2) Brooke Hollister JR	3) Dyani Lopez FR	4) Maddie Gardner JR
3 Willits High School	A	2:24.50	2:28.14
1) Rachel Hageman FR	2) Sierra Corts FR	3) Caitlyn Forrester SR	4) Madison Forrester FR
--- Clearlake High School	A	2:34.68	X2:31.34
	2) Mikayla Parrott JR	3) Shannon Fronsman SR	4) Tasia Jardstrom SR
--- Fort Bragg	B	2:41.99	x2:40.01
1) Daniela Guerra JR	2) Josepha Sugrue JR	3) Abigail Calderon JR	4) Perla Colli-Naal JR
--- St. Vincent High School	A	2:00.00	X2:44.65
1) Ellie Kaiser FR	2) Lucy Perry SO		
--- Clearlake High School	B	2:44.22	X2:46.24
1) Catherine Braider SO	2) Danielle Erickson JR	3) Tanya Vasquez FR	
--- Willits High School	B	2:45.00	DQ
1) Mychaela Nowlin JR	2) Jaden Doak FR	3) Delayna Corts SR	4) Sara Strickland JR
--- Technology High School	A	2:10.70	DQ
1) Molly Davis SR	2) Rebecca Yoon FR	3) Anna Banks SO	4) Pinkeo Phongsa FR

CMC Championship Meet - 4/29/2017**Results****Event 2 Men 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time
1 Technology High School	A	1:47.60	1:47.59
1) Kenneth Shinn SR	2) Dustin Dang JR	3) Kai Hagmann SR	4) Hogan Dinsmore FR
2 St. Vincent High School	A	2:00.00	1:55.02
1) Tino Saragusa SR	2) Kyle Chang SR	3) Ford Stolp JR	4) Jacob Dunbar JR
3 Willits High School	A	2:15.20	2:12.10
1) Lucas Branscomb FR	2) Matt Colvig SO	3) Beau Roberts FR	4) Byron Torres SO
4 Mendocino	A	2:22.13	2:18.63
1) Carston Butters JR	2) Hudson Davis FR	3) Benjamin Kroninger SO	4) Bruce Evan JR
--- Technology High School	B	2:24.00	x2:14.08
1) Andrew Gavgavian JR	2) Sam Kulpa FR	3) Damien Scholzen JR	4) Domenic Lewis JR
--- St. Helena High School	B	2:00.49	x2:15.55
1) Gavin Drumm JR	2) Holden Smith FR	3) Alex Smith SR	4) Francis Aqualina SO
--- St. Helena High School	A	1:53.35	DQ
1) Tomas Herrero SR	2) Fergus Nancarrow SR	3) Dante Miroglio JR	4) Connor Ivanoff JR

CMC Championship Meet - 4/29/2017**Results****Event 3 Women 200 Yard Freestyle**

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Prelim Time</u>	<u>Finals Time</u>
A - Final					
1	Brooke Hollister	JR	St. Helena High School	2:12.04	2:09.17
2	Nicole Hanson	JR	Clearlake High School	2:18.86	2:15.06
3	Amelia Heitz	SO	St. Helena High School	2:27.33	2:22.63
4	Alessia Ghiani	JR	Fort Bragg	2:24.45	2:23.73
5	Rosie Ireson	JR	Technology High School	2:24.13	2:25.62
6	Sara Strickland	JR	Willits High School	2:36.01	2:40.93
B - Final					
7	Clare Brawdy	JR	St. Helena High School	2:36.36	2:32.83
8	Catherine Braider	SO	Clearlake High School	2:38.11	2:35.14
9	Erin Reim	SO	Technology High School	2:39.41	2:43.55
10	Danielle Erickson	JR	Clearlake High School	2:47.88	2:53.63
11	Delayna Corts	SR	Willits High School	2:56.19	2:57.33
12	Daniela Guerra	JR	Fort Bragg	2:59.45	2:59.87
Preliminaries					
13	Esmeralda Plascencia	SR	Fort Bragg	3:02.49	

CMC Championship Meet - 4/29/2017**Results****Event 3 Women 200 Yard Freestyle**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Brooke Hollister	JR	St. Helena High School	2:10.39	2:12.04	q
2	Nicole Hanson	JR	Clearlake High School	2:12.61	2:18.86	q
3	Rosie Ireson	JR	Technology High School	2:30.06	2:24.13	q
4	Alessia Ghiani	JR	Fort Bragg	2:26.38	2:24.45	q
5	Amelia Heitz	SO	St. Helena High School	2:32.87	2:27.33	q
6	Sara Strickland	JR	Willits High School	2:37.65	2:36.01	q
7	Clare Brawdy	JR	St. Helena High School	2:34.34	2:36.36	q
8	Catherine Braider	SO	Clearlake High School	2:36.63	2:38.11	q
9	Erin Reim	SO	Technology High School	2:28.13	2:39.41	q
10	Danielle Erickson	JR	Clearlake High School	2:48.15	2:47.88	q
11	Delayna Corts	SR	Willits High School	2:52.03	2:56.19	q
12	Daniela Guerra	JR	Fort Bragg	3:02.55	2:59.45	q
13	Esmeralda Plascencia	SR	Fort Bragg	3:04.44	3:02.49	

CMC Championship Meet - 4/29/2017**Results****Event 4 Men 200 Yard Freestyle**

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Charlie Adams	SO	Clearlake High School	1:48.40	1:49.57
2	Gianluca DiStefano	JR	Technology High School	2:05.92	2:04.47
3	Rowan Knight	FR	St. Helena High School	2:06.83	2:04.57
4	Diego Tejada	SR	Clearlake High School	2:08.17	2:04.93
5	Hudson Davis	FR	Mendocino	2:19.19	2:17.25
6	Mikey Lewis	SO	Technology High School	2:18.62	2:18.77
B - Final					
7	Holden Smith	FR	St. Helena High School	2:27.56	2:25.47
8	Jairo Carillo	SO	Willits High School	2:38.72	2:38.27
9	Jesse Yeomans	JR	Fort Bragg	2:38.93	2:54.24

CMC Championship Meet - 4/29/2017**Results****Event 4 Men 200 Yard Freestyle**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Charlie Adams	SO	Clearlake High School	1:55.03	1:48.40	q
2	Gianluca DiStefano	JR	Technology High School	2:10.21	2:05.92	q
3	Rowan Knight	FR	St. Helena High School	2:05.13	2:06.83	q
4	Diego Tejada	SR	Clearlake High School	2:07.05	2:08.17	q
5	Mikey Lewis	SO	Technology High School	2:28.93	2:18.62	q
6	Hudson Davis	FR	Mendocino	2:19.86	2:19.19	q
7	Holden Smith	FR	St. Helena High School	2:32.14	2:27.56	q
8	Jairo Carillo	SO	Willits High School	2:44.92	2:38.72	q
9	Jesse Yeomans	JR	Fort Bragg	3:02.38	2:38.93	q
---	Kieran McNulty	FR	Arcata High School	1:48.93		X

CMC Championship Meet - 4/29/2017**Results****Event 5 Women 200 Yard IM**

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Haley Hutchinson	SO	Fort Bragg	2:12.45	2:11.07
2	Francis Toscano	FR	Fort Bragg	2:40.00	2:37.89
3	Emma Larsen	SO	Kelseyville High School	2:45.22	2:42.94
4	Dyani Lopez	FR	St. Helena High School	2:51.41	2:45.16
5	Rebecca Yoon	FR	Technology High School	2:45.30	2:47.09
6	Marta Hess	SO	St. Helena High School	2:54.75	2:52.81
B - Final					
7	Rachel Hageman	FR	Willits High School	3:06.05	3:07.88
8	Ellie Coon	JR	St. Helena High School	3:09.78	3:11.34
9	Perla Colli-Naal	JR	Fort Bragg	3:16.82	3:15.97
10	Josepha Sugrue	JR	Fort Bragg	3:20.73	3:17.85
11	Lili Torres	JR	Calistoga High School	4:03.58	4:02.07
---	Lucy Perry	SO	St. Vincent High School	3:35.05	DQ
Preliminaries					
---	Aisha Shoemaker	SR	Willits High School	DQ	
---	Ellie Kaiser	FR	St. Vincent High School	DQ	

CMC Championship Meet - 4/29/2017**Results****Event 5 Women 200 Yard IM**

	Name	Yr School	Seed Time	Prelim Time	
Preliminaries					
1	Haley Hutchinson	SO Fort Bragg	2:15.94	2:12.45	q
2	Francis Toscano	FR Fort Bragg	2:39.38	2:40.00	q
3	Emma Larsen	SO Kelseyville High School	2:46.70	2:45.22	q
4	Rebecca Yoon	FR Technology High School	2:29.09	2:45.30	q
5	Dyani Lopez	FR St. Helena High School	2:25.36	2:51.41	q
6	Marta Hess	SO St. Helena High School	2:41.87	2:54.75	q
7	Rachel Hageman	FR Willits High School	3:03.13	3:06.05	q
8	Ellie Coon	JR St. Helena High School	3:30.27	3:09.78	q
9	Perla Colli-Naal	JR Fort Bragg	3:15.00	3:16.82	q
10	Josepha Sugrue	JR Fort Bragg	3:25.93	3:20.73	q
11	Lucy Perry	SO St. Vincent High School	3:31.00	3:35.05	q
12	Lili Torres	JR Calistoga High School	4:05.06	4:03.58	q
---	Aisha Shoemaker	SR Willits High School	3:41.90		DQ
---	Ellie Kaiser	FR St. Vincent High School	3:48.00		DQ

CMC Championship Meet - 4/29/2017**Results****Event 6 Men 200 Yard IM**

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Kenneth Shinn	SR	Technology High School	2:01.53	2:08.25
2	Tomas Herrero	SR	St. Helena High School	2:16.54	2:13.66
3	Mitchel Walker	SO	Fort Bragg	2:18.31	2:15.40
4	Dante Miroglio	JR	St. Helena High School	2:36.94	2:35.23
5	Domenic Lewis	JR	Technology High School	2:43.53	2:45.74
Preliminaries					
---	Jacob Mitchell	SR	Technology High School	DQ	

CMC Championship Meet - 4/29/2017**Results****Event 6 Men 200 Yard IM**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Kenneth Shinn	SR	Technology High School	2:02.58	2:01.53	q
2	Tomas Herrero	SR	St. Helena High School	2:13.88	2:16.54	q
3	Mitchel Walker	SO	Fort Bragg	2:16.00	2:18.31	q
4	Dante Miroglio	JR	St. Helena High School	2:38.66	2:36.94	q
5	Domenic Lewis	JR	Technology High School	2:45.55	2:43.53	q
---	Jacob Mitchell	SR	Technology High School	2:43.30	DQ	

CMC Championship Meet - 4/29/2017**Results****Event 7 Women 50 Yard Freestyle**

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Lauren Rudnick	SR	Kelseyville High School	26.18	26.68
2	Pinkeo Phongsa	FR	Technology High School	27.89	27.86
3	Ceara Sullivan	JR	Technology High School	29.25	28.63
4	Caitlyn Forrester	SR	Willits High School	29.16	29.11
5	Kaylie Williams	SR	Kelseyville High School	29.57	29.51
6	Sophie Lee	JR	St. Helena High School	29.90	29.93
B - Final					
7	Maddie Gardner	JR	St. Helena High School	30.03	30.53
8	Hallie Holmes	SR	Clearlake High School	30.06	30.56
9	Madison Forrester	FR	Willits High School	31.01	30.61
10	Mikayla Parrott	JR	Clearlake High School	30.69	30.68
11	Tanya Vasquez	FR	Clearlake High School	30.74	32.37
12	Tasia Jardstrom	SR	Clearlake High School	32.09	33.20
Preliminaries					
13	Felicity Chan	JR	Technology High School	32.63	
14	Naomi Strickland	JR	Willits High School	33.47	
15	Lily Krell	SR	St. Helena High School	34.14	
16	Sophie Barrett	SO	Mendocino	34.48	
17	Alyssa Hansen	FR	Kelseyville High School	36.16	
18	Kori Lacy	SO	Technology High School	36.94	
19	Makayla Michelsen	SR	Kelseyville High School	37.40	
20	Hannah Gabany	SO	Technology High School	37.45	
21	Zoe Grimm	FR	Willits High School	39.76	
22	Fiona Kirkpatrick	FR	Clearlake High School	41.67	
23	Amelia Aum	SO	Mendocino	42.24	
24	Kayleece Alcala	JR	Fort Bragg	42.28	
25	Jessica Brown	FR	Willits High School	43.68	
26	Taylor Pardue	FR	Willits High School	43.82	
27	Jasmin Gonzalez	SO	Mendocino	47.98	
28	Antonia Lewis	SR	Fort Bragg	59.07	

CMC Championship Meet - 4/29/2017

Results

Event 7 Women 50 Yard Freestyle

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Lauren Rudnick	SR	Kelseyville High School	27.56	26.18	q
2	Pinkeo Phongsa	FR	Technology High School	28.15	27.89	q
3	Caitlyn Forrester	SR	Willits High School	28.44	29.16	q
4	Ceara Sullivan	JR	Technology High School	29.52	29.25	q
5	Kaylie Williams	SR	Kelseyville High School	29.33	29.57	q
6	Sophie Lee	JR	St. Helena High School	30.81	29.90	q
7	Maddie Gardner	JR	St. Helena High School	30.35	30.03	q
8	Hallie Holmes	SR	Clearlake High School	29.74	30.06	q
9	Mikayla Parrott	JR	Clearlake High School	30.79	30.69	q
10	Tanya Vasquez	FR	Clearlake High School	31.36	30.74	q
11	Madison Forrester	FR	Willits High School	31.82	31.01	q
12	Tasia Jardstrom	SR	Clearlake High School	33.32	32.09	q
13	Felicity Chan	JR	Technology High School	33.34	32.63	
14	Naomi Strickland	JR	Willits High School	34.64	33.47	
15	Lily Krell	SR	St. Helena High School	33.33	34.14	
16	Sophie Barrett	SO	Mendocino	33.47	34.48	
17	Alyssa Hansen	FR	Kelseyville High School	37.59	36.16	
18	Kori Lacy	SO	Technology High School	37.85	36.94	
19	Makayla Michelsen	SR	Kelseyville High School	36.95	37.40	
20	Hannah Gabany	SO	Technology High School	37.29	37.45	
21	Zoe Grimm	FR	Willits High School	43.20	39.76	
22	Fiona Kirkpatrick	FR	Clearlake High School	40.78	41.67	
23	Amelia Aum	SO	Mendocino	44.84	42.24	
24	Kayleece Alcalá	JR	Fort Bragg	41.68	42.28	
25	Jessica Brown	FR	Willits High School	44.48	43.68	
26	Taylor Pardue	FR	Willits High School	50.00	43.82	
27	Jasmin Gonzalez	SO	Mendocino	46.22	47.98	
28	Antonia Lewis	SR	Fort Bragg	55.75	59.07	

CMC Championship Meet - 4/29/2017

Results

Event 8 Men 50 Yard Freestyle

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Tino Saragusa	SR	St. Vincent High School	23.95	23.64
2	Charlie Adams	SO	Clearlake High School	23.35	23.71
3	Max Madrzyk	JR	Kelseyville High School	23.71	23.89
4	Kai Hagmann	SR	Technology High School	23.93	24.53
5	Connor Ivanoff	JR	St. Helena High School	25.28	25.23
6	Matt Colvig	SO	Willits High School	25.30	25.48
B - Final					
7	Jacob Dunbar	JR	St. Vincent High School	26.02	26.20
8	Gavin Drumm	JR	St. Helena High School	26.25	26.45
9	Tristan Spain	SR	St. Helena High School	26.59	27.05
10	Andrew Gavgavian	JR	Technology High School	26.79	27.19
11	Jason Boyd	SO	St. Vincent High School	28.00	28.09
12	Byron Torres	SO	Willits High School	29.88	30.25
Preliminaries					
13	Sean Rodriquez	SO	Willits High School	30.32	
14	Thomas Lairson	FR	Clearlake High School	30.84	
15	Wilfred Kramer	SR	Technology High School	31.37	
16	Vince Salinas	SO	Technology High School	32.07	
17	Bruce Evan	JR	Mendocino	33.44	
18	Nicholas Hebel	JR	Willits High School	34.36	
19	Casper Howland	FR	Technology High School	34.90	
20	Tilman Phleger	SO	St. Vincent High School	36.00	
21	Carston Butters	JR	Mendocino	38.25	
22	Ryan Rodriquez	SO	Willits High School	38.27	
23	Nathan Fontanilla	JR	Fort Bragg	49.78	
---	Andre Bouvier	SR	Technology High School	NS	

CMC Championship Meet - 4/29/2017**Results****Event 8 Men 50 Yard Freestyle**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Charlie Adams	SO	Clearlake High School	23.44	23.35	q
2	Max Madrzyk	JR	Kelseyville High School	23.98	23.71	q
3	Kai Hagmann	SR	Technology High School	24.36	23.93	q
4	Tino Saragusa	SR	St. Vincent High School	25.00	23.95	q
5	Connor Ivanoff	JR	St. Helena High School	24.00	25.28	q
6	Matt Colvig	SO	Willits High School	25.86	25.30	q
7	Jacob Dunbar	JR	St. Vincent High School	26.00	26.02	q
8	Gavin Drumm	JR	St. Helena High School	25.83	26.25	q
9	Tristan Spain	SR	St. Helena High School	26.78	26.59	q
10	Andrew Gavgavian	JR	Technology High School	28.55	26.79	q
11	Jason Boyd	SO	St. Vincent High School	29.00	28.00	q
12	Byron Torres	SO	Willits High School	30.05	29.88	q
13	Sean Rodriguez	SO	Willits High School	32.00	30.32	
14	Thomas Lairson	FR	Clearlake High School	30.72	30.84	
15	Wilfred Kramer	SR	Technology High School	31.52	31.37	
16	Vince Salinas	SO	Technology High School	33.20	32.07	
17	Bruce Evan	JR	Mendocino	34.23	33.44	
18	Nicholas Hebel	JR	Willits High School	39.00	34.36	
19	Casper Howland	FR	Technology High School	32.85	34.90	
20	Tilman Phleger	SO	St. Vincent High School	36.44	36.00	
21	Carston Butters	JR	Mendocino	38.80	38.25	
22	Ryan Rodriguez	SO	Willits High School	38.12	38.27	
23	Nathan Fontanilla	JR	Fort Bragg	41.00	49.78	
---	Andre Bouvier	SR	Technology High School	26.90	NS	

CMC Championship Meet - 4/29/2017**Results****Event 9 Women 100 Yard Butterfly**

	Name	Yr	School	Seed Time	Finals Time
1	Lauren Rudnick	SR	Kelseyville High School	1:03.96	1:01.76
2	Anna Gabriel	JR	St. Helena High School	1:10.23	1:09.17
3	Anna Banks	SO	Technology High School	1:14.40	1:16.01
4	Dyani Lopez	FR	St. Helena High School	1:15.75	1:17.20
5	Caitlyn Forrester	SR	Willits High School	1:21.29	1:21.42
6	Sierra Corts	FR	Willits High School	1:26.46	1:23.09
7	Erin Reim	SO	Technology High School	1:27.31	1:28.23
8	Abigail Calderon	JR	Fort Bragg	1:39.90	1:35.14
9	Lili Torres	JR	Calistoga High School	1:51.90	1:51.16
---	Maddie Wagner	SR	St. Helena High School	1:23.55	NS

CMC Championship Meet - 4/29/2017**Results****Event 10 Men 100 Yard Butterfly**

	Name	Yr	School	Seed Time	Finals Time
1	Nick Dobusch	SO	Kelseyville High School	53.81	52.57
2	Kai Hagmann	SR	Technology High School	55.50	53.90
3	Ford Stolp	JR	St. Vincent High School	1:10.00	59.28
4	Mitchel Walker	SO	Fort Bragg	59.51	1:02.40
5	Tomas Herrero	SR	St. Helena High School	1:01.13	1:02.65
6	Hogan Dinsmore	FR	Technology High School	1:07.99	1:02.79
7	Tristan Spain	SR	St. Helena High School	1:06.09	1:04.78
8	Beau Roberts	FR	Willits High School	1:20.67	1:08.83
9	Damien Scholzen	JR	Technology High School	1:09.39	1:09.75

CMC Championship Meet - 4/29/2017

Results

Event 11 Women 100 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Natalie Baumgartner	JR	Fort Bragg	58.82	58.64
2 Emma Larsen	SO	Kelseyville High School	1:01.88	1:02.46
3 Pinkeo Phongsa	FR	Technology High School	1:03.02	1:03.50
4 Alessia Ghiani	JR	Fort Bragg	1:04.62	1:04.60
5 Kaylie Williams	SR	Kelseyville High School	1:06.11	1:06.95
6 Hallie Holmes	SR	Clearlake High School	1:06.83	1:07.02
B - Final				
7 Ceara Sullivan	JR	Technology High School	1:06.96	1:06.52
8 Shannon Fronsman	SR	Clearlake High School	1:08.31	1:08.26
9 Sophie Lee	JR	St. Helena High School	1:08.93	1:09.05
10 Sierra Spain	JR	St. Helena High School	1:11.87	1:12.00
11 Catherine Braider	SO	Clearlake High School	1:12.70	1:12.13
12 Tanya Vasquez	FR	Clearlake High School	1:12.05	1:15.44
Preliminaries				
13 Ellie Coon	JR	St. Helena High School	1:12.92	
14 Jaden Doak	FR	Willits High School	1:13.87	
15 Danielle Erickson	JR	Clearlake High School	1:17.15	
16 Naomi Strickland	JR	Willits High School	1:17.30	
17 Lucy Perry	SO	St. Vincent High School	1:23.09	
18 Makayla Michelsen	SR	Kelseyville High School	1:25.83	
19 Alyssa Hansen	FR	Kelseyville High School	1:25.98	
20 Mychaela Nowlin	JR	Willits High School	1:26.44	
21 Hannah Gabany	SO	Technology High School	1:27.64	
22 Kori Lacy	SO	Technology High School	1:27.86	
23 Zoe Grimm	FR	Willits High School	1:30.87	
24 Sabrina Urzua	SR	Calistoga High School	1:33.09	
25 Fiona Kirkpatrick	FR	Clearlake High School	1:39.32	
26 Taylor Pardue	FR	Willits High School	1:40.34	
27 Kayleece Alcala	JR	Fort Bragg	1:41.44	
28 Jessica Brown	FR	Willits High School	1:42.11	
29 Jasmin Gonzalez	SO	Mendocino	1:49.34	

CMC Championship Meet - 4/29/2017

Results

Event 11 Women 100 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Natalie Baumgartner	JR Fort Bragg	1:01.00	58.82	q
2	Emma Larsen	SO Kelseyville High School	1:03.72	1:01.88	q
3	Pinkeo Phongsa	FR Technology High School	1:05.33	1:03.02	q
4	Alessia Ghiani	JR Fort Bragg	1:05.00	1:04.62	q
5	Kaylie Williams	SR Kelseyville High School	1:06.81	1:06.11	q
6	Hallie Holmes	SR Clearlake High School	1:06.56	1:06.83	q
7	Ceara Sullivan	JR Technology High School	1:10.97	1:06.96	q
8	Shannon Fronsman	SR Clearlake High School	1:07.90	1:08.31	q
9	Sophie Lee	JR St. Helena High School	1:10.32	1:08.93	q
10	Sierra Spain	JR St. Helena High School	1:15.79	1:11.87	q
11	Tanya Vasquez	FR Clearlake High School	1:14.48	1:12.05	q
12	Catherine Braider	SO Clearlake High School	1:10.18	1:12.70	q
13	Ellie Coon	JR St. Helena High School	1:18.38	1:12.92	
14	Jaden Doak	FR Willits High School	1:30.52	1:13.87	
15	Danielle Erickson	JR Clearlake High School	1:17.90	1:17.15	
16	Naomi Strickland	JR Willits High School	1:22.00	1:17.30	
17	Lucy Perry	SO St. Vincent High School	1:30.00	1:23.09	
18	Makayla Michelsen	SR Kelseyville High School	1:26.13	1:25.83	
19	Alyssa Hansen	FR Kelseyville High School	1:26.70	1:25.98	
20	Mychaela Nowlin	JR Willits High School	1:29.33	1:26.44	
21	Hannah Gabany	SO Technology High School	1:38.93	1:27.64	
22	Kori Lacy	SO Technology High School	1:26.68	1:27.86	
23	Zoe Grimm	FR Willits High School	1:34.60	1:30.87	
24	Sabrina Urzua	SR Calistoga High School	1:33.00	1:33.09	
25	Fiona Kirkpatrick	FR Clearlake High School	1:36.11	1:39.32	
26	Taylor Pardue	FR Willits High School	2:03.52	1:40.34	
27	Kayleece Alcala	JR Fort Bragg	1:41.17	1:41.44	
28	Jessica Brown	FR Willits High School	1:46.34	1:42.11	
29	Jasmin Gonzalez	SO Mendocino	1:41.68	1:49.34	

CMC Championship Meet - 4/29/2017**Results****Event 12 Men 100 Yard Freestyle**

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Max Madrzyk	JR	Kelseyville High School	52.35	52.00
2	Dustin Dang	JR	Technology High School	54.57	53.77
3	Connor Ivanoff	JR	St. Helena High School	54.46	54.69
4	Kyle Chang	SR	St. Vincent High School	1:00.28	59.87
5	Benjamin Kroninger	SO	Mendocino	58.68	1:00.04
6	Gavin Drumm	JR	St. Helena High School	1:00.23	1:00.61
B - Final					
7	Beau Roberts	FR	Willits High School	1:04.49	1:00.11
8	Dante Miroglio	JR	St. Helena High School	1:02.03	1:00.31
9	Francis Aqualina	SO	St. Helena High School	1:00.96	1:01.85
10	Andrew Gavgavian	JR	Technology High School	1:02.07	1:02.70
11	Sam Kulpa	FR	Technology High School	1:11.80	1:10.76
12	Lucas Branscomb	FR	Willits High School	1:12.37	1:12.78
Preliminaries					
13	Byron Torres	SO	Willits High School	1:12.89	
14	Wilfred Kramer	SR	Technology High School	1:14.37	
15	Thomas Lairson	FR	Clearlake High School	1:14.52	
16	Vince Salinas	SO	Technology High School	1:14.64	
17	Bruce Evan	JR	Mendocino	1:17.64	
18	Nicholas Hebel	JR	Willits High School	1:22.51	
19	Nathan Fontanilla	JR	Fort Bragg	2:36.77	

CMC Championship Meet - 4/29/2017**Results****Event 12 Men 100 Yard Freestyle**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Max Madrzyk	JR	Kelseyville High School	53.77	52.35	q
2	Connor Ivanoff	JR	St. Helena High School	54.96	54.46	q
3	Dustin Dang	JR	Technology High School	54.92	54.57	q
4	Benjamin Kroninger	SO	Mendocino	59.39	58.68	q
5	Gavin Drumm	JR	St. Helena High School	1:02.33	1:00.23	q
6	Kyle Chang	SR	St. Vincent High School	1:02.00	1:00.28	q
7	Francis Aqualina	SO	St. Helena High School	1:00.31	1:00.96	q
8	Dante Miroglio	JR	St. Helena High School	1:00.39	1:02.03	q
9	Andrew Gavgavian	JR	Technology High School	1:08.70	1:02.07	q
10	Beau Roberts	FR	Willits High School	1:09.28	1:04.49	q
11	Sam Kulpa	FR	Technology High School	1:16.27	1:11.80	q
12	Lucas Branscomb	FR	Willits High School	1:13.45	1:12.37	q
13	Byron Torres	SO	Willits High School	1:15.43	1:12.89	
14	Wilfred Kramer	SR	Technology High School	1:20.73	1:14.37	
15	Thomas Lairson	FR	Clearlake High School	1:14.43	1:14.52	
16	Vince Salinas	SO	Technology High School	1:16.29	1:14.64	
17	Bruce Evan	JR	Mendocino	1:20.55	1:17.64	
18	Nicholas Hebel	JR	Willits High School	1:30.32	1:22.51	
19	Nathan Fontanilla	JR	Fort Bragg	1:30.00	2:36.77	

CMC Championship Meet - 4/29/2017**Results****Event 13 Women 500 Yard Freestyle**

	Name	Yr	School	Seed Time	Finals Time
1	Molly Davis	SR	Technology High School	5:46.62	5:44.67
2	Nicole Hanson	JR	Clearlake High School	6:12.63	6:06.96
3	Amelia Heitz	SO	St. Helena High School	6:18.02	6:23.32
4	Rosie Ireson	JR	Technology High School	6:36.63	6:28.96
5	Clare Brawdy	JR	St. Helena High School	7:03.98	6:59.95
6	Sierra Corts	FR	Willits High School	7:14.24	7:13.99
7	Sara Strickland	JR	Willits High School	7:21.39	7:22.80
8	Perla Colli-Naal	JR	Fort Bragg	7:35.78	7:36.98
9	Abigail Calderon	JR	Fort Bragg	7:38.00	7:51.51
10	Esmeralda Plascencia	SR	Fort Bragg	8:20.38	7:53.25
11	Lily Krell	SR	St. Helena High School	8:01.44	8:04.62

CMC Championship Meet - 4/29/2017**Results****Event 14 Men 500 Yard Freestyle**

	Name	Yr	School	Seed Time	Finals Time
1	Fergus Nancarrow	SR	St. Helena High School	5:12.33	5:21.77
2	Hogan Dinsmore	FR	Technology High School	5:42.80	5:49.57
3	Jacob Dunbar	JR	St. Vincent High School	6:03.00	5:52.69
4	Gianluca DiStefano	JR	Technology High School	6:15.32	6:06.18
5	Mikey Lewis	SO	Technology High School	6:59.60	6:25.04
6	Alex Smith	SR	St. Helena High School	6:42.31	7:00.94
7	Jesse Yeomans	JR	Fort Bragg	7:52.20	7:35.59

CMC Championship Meet - 4/29/2017**Results****Event 15 Women 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 Willits High School	A	2:06.32	2:04.82
1) Sierra Corts FR	2) Naomi Strickland JR	3) Madison Forrester FR	4) Caitlyn Forrester SR
2 Technology High School	A	2:03.99	2:05.17
1) Rebecca Yoon FR	2) Rosie Ireson JR	3) Erin Reim SO	4) Ceara Sullivan JR
3 St. Helena High School	A	2:08.08	2:05.23
1) Sophie Lee JR	2) Marta Hess SO	3) Amelia Heitz SO	4) Maddie Gardner JR
4 Fort Bragg	A	2:26.25	2:19.44
1) Abigail Calderon JR	2) Daniela Guerra JR	3) Perla Colli-Naal JR	4) Josepha Sugrue JR
--- Clearlake High School	A	1:57.24	X1:55.13
		3) Nicole Hanson JR	
--- Clearlake High School	B	2:04.40	x2:09.87
1) Catherine Braider SO	2) Mikayla Parrott JR	3) Shannon Fronsman SR	4) Hallie Holmes SR
--- St. Helena High School	B	2:12.45	x2:14.88
1) Sierra Spain JR	2) Clare Brawdy JR	3) Lily Krell SR	4) Ellie Coon JR
--- St. Vincent High School	A	2:25.00	X2:18.86
1) Lucy Perry SO	2) Ellie Kaiser FR		
--- Willits High School	B	2:23.12	x2:19.35
1) Rachel Hageman FR	2) Sara Strickland JR	3) Jaden Doak FR	4) Delayna Corts SR
--- Clearlake High School	C	2:33.90	X2:33.54
	2) Fiona Kirkpatrick FR		4) Tasia Jardstrom SR
--- Willits High School	C	2:54.60	x2:56.37
1) Aisha Shoemaker SR	2) Zoe Grimm FR	3) Jessica Brown FR	4) Taylor Pardue FR

CMC Championship Meet - 4/29/2017**Results****Event 16 Men 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 Technology High School	A	1:38.70	1:36.62
1) Kai Hagmann SR	2) Gianluca DiStefano JR	3) Dustin Dang JR	4) Kenneth Shinn SR
2 St. Vincent High School	A	1:46.00	1:41.84
1) Kyle Chang SR	2) Jacob Dunbar JR	3) Tino Saragusa SR	4) Ford Stolp JR
3 St. Helena High School	A	1:47.68	1:48.61
1) Dante Miroglio JR	2) Tristan Spain SR	3) Rowan Knight FR	4) Ben Gardner FR
4 Willits High School	A	1:56.90	1:53.54
1) Beau Roberts FR	2) Byron Torres SO	3) Sean Rodriguez SO	4) Matt Colvig SO
5 Mendocino	A	2:05.11	2:05.90
1) Hudson Davis FR	2) Carston Butters JR	3) Bruce Evan JR	4) Benjamin Kroninger SO
--- Clearlake High School	A	1:37.34	X1:34.01
	2) Diego Tejada SR	3) Charlie Adams SO	
--- Technology High School	B	2:02.00	x2:02.71
1) Mikey Lewis SO	2) Wilfred Kramer SR	3) Vince Salinas SO	4) Sam Kulpa FR
--- Willits High School	B	2:23.72	x2:18.08
1) Jairo Carillo SO	2) Ryan Rodriguez SO	3) Nicholas Hebel JR	4) Lucas Branscomb FR

CMC Championship Meet - 4/29/2017

Results

Event 17 Women 100 Yard Backstroke

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Molly Davis	SR	Technology High School	1:06.88	1:05.43
2	Anna Gabriel	JR	St. Helena High School	1:10.58	1:08.89
3	Francis Toscano	FR	Fort Bragg	1:10.90	1:11.39
4	Anna Banks	SO	Technology High School	1:10.80	1:12.48
5	Marta Hess	SO	St. Helena High School	1:23.01	1:22.33
---	Maddie Gardner	JR	St. Helena High School	1:16.52	DQ
B - Final					
7	Madison Forrester	FR	Willits High School	1:23.67	1:21.25
8	Tasia Jardstrom	SR	Clearlake High School	1:24.10	1:25.58
9	Rachel Hageman	FR	Willits High School	1:27.16	1:28.53
10	Daniela Guerra	JR	Fort Bragg	1:32.12	1:34.38
11	Ellie Kaiser	FR	St. Vincent High School	1:42.56	1:48.20
---	Antonia Lewis	SR	Fort Bragg	2:00.08	NS
Preliminaries					
9	Sophie Barrett	SO	Mendocino	1:24.61	
---	Delayna Corts	SR	Willits High School	DQ	
---	Mychaela Nowlin	JR	Willits High School	DQ	

CMC Championship Meet - 4/29/2017

Results

Event 17 Women 100 Yard Backstroke

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Molly Davis	SR	Technology High School	1:05.60	1:06.88	q
2	Anna Gabriel	JR	St. Helena High School	1:10.68	1:10.58	q
3	Anna Banks	SO	Technology High School	1:09.70	1:10.80	q
4	Francis Toscano	FR	Fort Bragg	1:12.00	1:10.90	q
5	Maddie Gardner	JR	St. Helena High School	1:16.77	1:16.52	q
6	Marta Hess	SO	St. Helena High School	1:21.48	1:23.01	q
7	Madison Forrester	FR	Willits High School	1:29.91	1:23.67	q
8	Tasia Jardstrom	SR	Clearlake High School	1:30.69	1:24.10	q
9	Sophie Barrett	SO	Mendocino	1:37.59	1:24.61	q
10	Rachel Hageman	FR	Willits High School	1:27.41	1:27.16	q
11	Daniela Guerra	JR	Fort Bragg	1:35.85	1:32.12	q
12	Ellie Kaiser	FR	St. Vincent High School	1:50.00	1:42.56	q
13	Antonia Lewis	SR	Fort Bragg	1:50.00	2:00.08	
---	Delayna Corts	SR	Willits High School	1:29.71	DQ	
---	Mychaela Nowlin	JR	Willits High School	1:40.66	DQ	

CMC Championship Meet - 4/29/2017**Results****Event 18 Men 100 Yard Backstroke**

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Nick Dobusch	SO	Kelseyville High School	57.82	56.73
2	Ford Stolp	JR	St. Vincent High School	1:02.29	1:00.72
3	Benjamin Kroninger	SO	Mendocino	1:09.93	1:14.47
4	Alex Smith	SR	St. Helena High School	1:18.57	1:16.27
5	Damien Scholzen	JR	Technology High School	1:16.43	1:16.78
6	Jacob Mitchell	SR	Technology High School	1:17.29	1:18.07
B - Final					
7	Lucas Branscomb	FR	Willits High School	1:22.92	1:25.35
8	Jairo Carillo	SO	Willits High School	1:29.88	1:32.46
---	Carston Butters	JR	Mendocino	1:47.72	DQ
---	Casper Howland	FR	Technology High School	1:56.99	DQ

CMC Championship Meet - 4/29/2017**Results****Event 18 Men 100 Yard Backstroke**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Nick Dobusch	SO	Kelseyville High School	1:00.08	57.82	q
2	Ford Stolp	JR	St. Vincent High School	1:12.00	1:02.29	q
3	Benjamin Kroninger	SO	Mendocino	1:10.27	1:09.93	q
4	Damien Scholzen	JR	Technology High School	1:24.76	1:16.43	q
5	Jacob Mitchell	SR	Technology High School	1:20.53	1:17.29	q
6	Alex Smith	SR	St. Helena High School	1:16.70	1:18.57	q
7	Lucas Branscomb	FR	Willits High School	1:24.19	1:22.92	q
8	Jairo Carillo	SO	Willits High School	1:38.61	1:29.88	q
9	Carston Butters	JR	Mendocino	1:40.50	1:47.72	q
10	Casper Howland	FR	Technology High School	1:56.28	1:56.99	q

CMC Championship Meet - 4/29/2017**Results****Event 19 Women 100 Yard Breaststroke**

<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Prelim Time</u>	<u>Finals Time</u>
A - Final				
1 Haley Hutchinson	SO	Fort Bragg	1:05.39	1:05.77
2 Brooke Hollister	JR	St. Helena High School	1:16.01	1:13.10
3 Natalie Baumgartner	JR	Fort Bragg	1:11.74	1:13.19
4 Rebecca Yoon	FR	Technology High School	1:21.96	1:23.01
5 Shannon Fronsman	SR	Clearlake High School	1:27.70	1:31.52
6 Sierra Spain	JR	St. Helena High School	1:34.65	1:34.55
B - Final				
7 Josepha Sugrue	JR	Fort Bragg	1:36.06	1:36.27
8 Felicity Chan	JR	Technology High School	1:38.68	1:38.82
9 Jaden Doak	FR	Willits High School	1:38.98	1:40.78
10 Sabrina Urzua	SR	Calistoga High School	1:41.45	1:41.69
11 Aisha Shoemaker	SR	Willits High School	1:44.49	1:45.71
--- Mikayla Parrott	JR	Clearlake High School	1:39.34	DQ
Preliminaries				
--- Amelia Aum	SO	Mendocino	DQ	

CMC Championship Meet - 4/29/2017**Results****Event 19 Women 100 Yard Breaststroke**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Haley Hutchinson	SO	Fort Bragg	1:08.00	1:05.39	q
2	Natalie Baumgartner	JR	Fort Bragg	1:13.30	1:11.74	q
3	Brooke Hollister	JR	St. Helena High School	1:13.79	1:16.01	q
4	Rebecca Yoon	FR	Technology High School	1:21.83	1:21.96	q
5	Shannon Fronsman	SR	Clearlake High School	1:29.09	1:27.70	q
6	Sierra Spain	JR	St. Helena High School	1:33.52	1:34.65	q
7	Josepha Sugrue	JR	Fort Bragg	1:38.40	1:36.06	q
8	Felicity Chan	JR	Technology High School	1:44.69	1:38.68	q
9	Jaden Doak	FR	Willits High School	1:44.30	1:38.98	q
10	Mikayla Parrott	JR	Clearlake High School	1:39.94	1:39.34	q
11	Sabrina Urzua	SR	Calistoga High School	1:51.06	1:41.45	q
12	Aisha Shoemaker	SR	Willits High School	1:43.30	1:44.49	q
---	Amelia Aum	SO	Mendocino	1:57.63		DQ

CMC Championship Meet - 4/29/2017

Results

Event 20 Men 100 Yard Breaststroke

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Kenneth Shinn	SR	Technology High School	1:00.19	1:02.10
2	Dustin Dang	JR	Technology High School	1:07.65	1:07.00
3	Fergus Nancarrow	SR	St. Helena High School	1:07.75	1:07.14
4	Tino Saragusa	SR	St. Vincent High School	1:09.62	1:09.56
5	Diego Tejada	SR	Clearlake High School	1:09.49	1:11.89
6	Rowan Knight	FR	St. Helena High School	1:12.54	1:12.39
B - Final					
7	Hudson Davis	FR	Mendocino	1:15.98	1:15.88
8	Holden Smith	FR	St. Helena High School	1:17.73	1:16.57
9	Kyle Chang	SR	St. Vincent High School	1:16.94	1:17.03
10	Matt Colvig	SO	Willits High School	1:17.36	1:19.00
11	Domenic Lewis	JR	Technology High School	1:19.99	1:20.11
12	Francis Aqualina	SO	St. Helena High School	1:19.37	1:20.28
Preliminaries					
13	Jason Boyd	SO	St. Vincent High School	1:26.74	
14	Sam Kulpa	FR	Technology High School	1:31.50	
15	Tilman Phleger	SO	St. Vincent High School	1:34.81	
16	Ryan Rodriquez	SO	Willits High School	1:38.24	
---	Sean Rodriquez	SO	Willits High School		DQ

CMC Championship Meet - 4/29/2017**Results****Event 20 Men 100 Yard Breaststroke**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Kenneth Shinn	SR	Technology High School	1:01.07	1:00.19	q
2	Dustin Dang	JR	Technology High School	1:08.76	1:07.65	q
3	Fergus Nancarrow	SR	St. Helena High School	1:06.32	1:07.75	q
4	Diego Tejada	SR	Clearlake High School	1:13.98	1:09.49	q
5	Tino Saragusa	SR	St. Vincent High School	1:16.00	1:09.62	q
6	Rowan Knight	FR	St. Helena High School	1:11.40	1:12.54	q
7	Hudson Davis	FR	Mendocino	1:15.43	1:15.98	q
8	Kyle Chang	SR	St. Vincent High School	1:18.00	1:16.94	q
9	Matt Colvig	SO	Willits High School	1:21.33	1:17.36	q
10	Holden Smith	FR	St. Helena High School	1:20.16	1:17.73	q
11	Francis Aqualina	SO	St. Helena High School	1:18.72	1:19.37	q
12	Domenic Lewis	JR	Technology High School	1:26.75	1:19.99	q
13	Jason Boyd	SO	St. Vincent High School	1:35.00	1:26.74	
14	Sam Kulpa	FR	Technology High School	1:45.05	1:31.50	
15	Tilman Phleger	SO	St. Vincent High School	1:43.00	1:34.81	
16	Ryan Rodriquez	SO	Willits High School	1:39.34	1:38.24	
---	Sean Rodriquez	SO	Willits High School	1:28.28		DQ

CMC Championship Meet - 4/29/2017**Results****Event 21 Women 400 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 Fort Bragg	A	4:10.82	4:05.64
1) Francis Toscano FR	2) Alessia Ghiani JR	3) Haley Hutchinson SO	4) Natalie Baumgartner JR
2 St. Helena High School	A	4:21.51	4:08.65
1) Anna Gabriel JR	2) Dyani Lopez FR	3) Amelia Heitz SO	4) Brooke Hollister JR
3 Technology High School	A	4:19.80	4:13.73
1) Molly Davis SR	2) Ceara Sullivan JR	3) Anna Banks SO	4) Pinkeo Phongsa FR
4 Willits High School	A	5:29.03	6:33.82
1) Naomi Strickland JR	2) Mychaela Nowlin JR	3) Jessica Brown FR	4) Aisha Shoemaker SR
--- Clearlake High School	A	4:20.35	X4:11.86
1) Hallie Holmes SR	3) Nicole Hanson JR		
--- St. Helena High School	B	4:56.21	x4:55.31
1) Sophie Lee JR	2) Sierra Spain JR	3) Marta Hess SO	4) Clare Brawdy JR
--- Technology High School	B	5:32.99	x5:21.87
1) Rosie Ireson JR	2) Hannah Gabany SO	3) Kori Lacy SO	4) Erin Reim SO
--- Clearlake High School	B	5:42.96	X5:37.74
1) Fiona Kirkpatrick FR	3) Danielle Erickson JR	4) Tanya Vasquez FR	

CMC Championship Meet - 4/29/2017**Results****Event 22 Men 400 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 St. Helena High School 1) Tomas Herrero SR	A 2) Rowan Knight FR	3:52.91 3) Fergus Nancarrow SR	3:44.45 4) Connor Ivanoff JR
2 Technology High School 1) Gianluca DiStefano JR	A 2) Andrew Gavgavian JR	4:02.70 3) Jacob Mitchell SR	4:00.02 4) Hogan Dinsmore FR
3 Willits High School 1) Sean Rodriguez SO	A 2) Ryan Rodriguez SO	5:42.14 3) Nicholas Hebel JR	5:15.29 4) Jairo Carillo SO
--- Clearlake High School 1) Charlie Adams SO	A 2) Diego Tejada SR	3:43.39	X3:31.82
--- Technology High School 1) Damien Scholzen JR	B 2) Vince Salinas SO	4:59.00 3) Mikey Lewis SO	x4:40.54 4) Casper Howland FR
--- Fort Bragg 1) Mitchel Walker SO	A 2) Jesse Yeomans JR	4:35.85 3) Myles Wellington FR	X5:14.75 4) Caleb Stickland JR
--- St. Helena High School 1) Francis Aqualina SO	B 2) Tristan Spain SR	3:59.99 3) Alex Smith SR	NS 4) Ben Gardner FR

CMC Championship Meet - 4/29/2017**Results****Combined Team Scores**Combined Team Scores - Through Event 22

1. Technology High School	487	2. St. Helena High School	480
3. Willits High School	276	4. Fort Bragg	262
5. St. Vincent High School	142	6. Kelseyville High School	137
7. Clearlake High School	127	8. Mendocino	81
9. Calistoga High School	9		

Scores - WomenWomen - Team Rankings - Through Event 22

1. St. Helena High School	252	2. Fort Bragg	228
3. Technology High School	207	4. Willits High School	163
5. Kelseyville High School	77	5. Clearlake High School	77
7. Calistoga High School	9	8. St. Vincent High School	2

Scores - MenMen - Team Rankings - Through Event 22

1. Technology High School	280	2. St. Helena High School	228
3. St. Vincent High School	140	4. Willits High School	113
5. Mendocino	81	6. Kelseyville High School	60
7. Clearlake High School	50	8. Fort Bragg	34