

NORTHERN NEVADA AQUATICS  
Silver State Championships  
Pacific Swimming Long Course T & F Meet  
July 20-22, 2018  
Enter online at: <http://ome.swimconnection.com/PC/NNA20180720>



**SANCTION:** Held under USA Pacific Swimming Sanction No. **18-094**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet, which may include, but is not limited to, photographs, video, web casting, television, psych sheets, and live meet results.

**USE OF AUDIO AND VIDEO:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones, tablets, and Google Glass, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**

<b>Meet Referee:</b> Carson Schott	<b>Head Starter:</b> Kevin Tokunaga
<b>Meet Marshal:</b> Jo Ann Porter/Andrea Sullivan	<b>Admin Official:</b> Lisa Nilsson & Veronica Harmon
<b>Meet Director:</b> Lindsay Robertson 775-240-7127	<a href="mailto:lindsayrobertson89@gmail.com">lindsayrobertson89@gmail.com</a> (email preferred)

**LOCATION:** Idlewild Pool, 1805 Idlewild Drive, Reno, NV 89509

**DIRECTIONS:** From CA: I-80 to Reno, take Keystone Ave. exit from freeway. Go south on Keystone – stay in far right lane until you reach Riverside Drive. *Do not go on overpass.* Turn right on Riverside Drive, continue about one block and turn left onto Booth Street Bridge, then turn right onto Idlewild Drive. The pool is two blocks ahead on the right. *Parking: Please be aware there is an event scheduled in the adjacent Idlewild Park Friday evening. Parking may be limited and do not park in the restricted areas, as your vehicle may be towed.*

**COURSE:** Outdoor heated 50 Meter pool with up to 7 lanes available for competition with Kiefer lane lines and fully automatic timing system. An additional 1 lane will be available for warm-up/cool down throughout the competition, with Marshals on duty. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 10'0" at the start end and 3'6" at the turn end. All events will start at a depth of 10'0". The competition course has not been certified in accordance with 104.2.2C(4).

**TIMES:** Warmups will be from **7:15-8:15 AM**; session begins at **8:30 AM** each day. Designated warm-up lane for 8 and under athletes will be available upon request. Close of warm-ups will be 15 minutes before the start of each session.

**Finals start times and finals warm up times will be determined by the Meet Referee and announced each day as early as possible.**

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at Clerk of Course.
- All preliminary events will be seeded fastest to slowest with the first three (3) heats circle seeded.
- There will be two heats of finals (7 athletes per final) for the 10 & under and 15 & over Age Groups and one heat of finals for 11, 12, 13 & 14 Age Group.
- The 400 freestyle and 400 IM will swim in regular event order during the preliminary sessions with no alternating of heats. They are timed finals and will be scored by high point designated age groups.
- Athletes may enter as many events as they wish, but **shall check in for and compete in no more than three (3) individual events and one (1) relay per day.** No refunds will be given.
- If local conditions warrant if the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner at all times while on deck.** All coaches are required to sign in and present their valid 2018 membership before coaching athletes at the meet. Except for coaches accompanying athletes participating under the provisions of 202.8 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

**RELAYS:**

- Relays will be entered on deck by 10:00 am each day at the Clerk of Course, where entry cards will be available.
- Relays are **OPEN** – any combination of ages and genders will be accepted.

- Clubs may enter as many relays as they wish. Relay athletes must be entered in the meet (no relay-only athletes), and must not be Unattached.
- Order of athletes must be clearly marked on the relay entry and shall not be changed after the lead athlete is called to the blocks.
- Relays are timed finals, and will be swum after a 10-minute break following the preliminary events on their given day.
- Entry fees are \$16.00 per relay.

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Each athlete entered into this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** the following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by athletes during the meet and during warm-up periods

- No smoking or use of tobacco products.
- No sale or use of alcoholic beverages.
- No glass containers are allowed in the meet venue.
- No propane heaters except for snack bar/meet operations.
- ONLY hosting club, vendor and coach's tents are allowed on the pool deck. All tents may be left up overnight inside the meet venue; however neither Northern Nevada Aquatics nor the City of Reno takes responsibility for personal belongings.
- Deck space will be limited; there is additional outside space in the adjacent park. Please plan accordingly based on weather.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- No animals except working service animals are permitted.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Coaches, parents and siblings are **not** allowed in any of the swimming pools.
- During general warm-ups athletes must enter the pool feet-first with one hand in contact with the deck or gutter (3-point entry).
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY:**

- Athletes must be current athlete members of USA Swimming and enter their name and registration number exactly as shown in their USA Swimming registration. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host must check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet in the 15 and over age group and **will** be eligible for high-point and individual awards.
- The athlete's age will be the age of the athlete on the first day of the meet.

**ENTRY TIMES:** Entries must be submitted using the athlete's best conforming long-course time or non-conforming short course meters/yards time for each event. Entries with **"NO TIME" will not be accepted – coaches may enter an estimated time.**

**ENTRY FEES:** \$5.50 per event plus a \$11.00 per athlete participation fee, and \$16.00 per relay team. **NO REFUNDS** will be given except for mandatory scratch-downs. Entries will be rejected if not accompanied by the required fees.

**ENTRY DEADLINES:** entries will be accepted by mail or online until the applicable deadline listed below. **NO LATE ENTRIES WILL BE ACCEPTED. NO DECK ENTRIES OR ENTRY CHANGES WILL BE ALLOWED.** Check <http://ome.swimconnection.com/PC/NNA20180720> for session open or closed status.

**ONLINE ENTRIES:** Go to <http://ome.swimconnection.com/PC/NNA20180720> to receive an immediate entry confirmation. The “billing information” email should be brought to the meet as proof of entry. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be not be accepted after **Wednesday, July 11, 2018, at 11:59 pm.**

**MAILED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best yards time. Entries must be **postmarked by midnight, Monday, July 9<sup>th</sup>, 2018** or **hand delivered by 5:00pm, Wednesday, July 11<sup>th</sup>, 2018, and may be rejected if a session is already full.** Entries submitted after these times will be held for possible conversion to deck entries at the meet if space is available, subject to receipt of the required entry fees and proof of registration. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**MAILED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best conforming long-course time or non-conforming short course meters/yards time. Entries must be **postmarked by midnight, Monday, July 9<sup>th</sup>, 2018** or **hand delivered by 5:00pm, Wednesday, July 11<sup>th</sup>, 2018.** Requests for confirmation of receipt of entries should include a self-addressed envelope.

<b>Make checks payable to:</b>	<b>Northern Nevada Aquatics</b>	<b>Hand Deliver: by 5:00 pm, Wed., July 11, 2018</b>
<b>Mail payment with entries to:</b>	Northern Nevada Aquatics	4570 Rio Encantado Lane
	Silver State Championships	Reno, NV 89502
	1135 Terminal Way #106	
	Reno, NV 89502	

**SEEDING:** Event seeding will be in the following order: conforming long course meters (LCM), non-conforming short course meters (SCM) and non-conforming short course yards (SCY) per USA Swimming rules 207.11.7B. Preliminary heats will swim fastest to slowest, with the first three (3) heats being circle seeded.

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be allowed to compete in the event.

**SCRATCHES:** Pacific Swimming scratch rules will be enforced. A copy will be posted at the meet.

- **Preliminary and Timed-Final Events:** Athletes who must withdraw from an event in which they have been seeded are requested to notify the Referee immediately. Any athletes not reporting for or competing in a preliminary or timed-final event that they have been checked in for **shall not be penalized.**
- **Finals Events:** Any athlete qualifying for any level of finals in an individual event who does not wish to compete must scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the referee that they may not intend to compete in consolation finals or championship finals. In this case they must declare their final intention within 30 minutes after the announcement of qualifiers following their last individual preliminary event of that day. Otherwise, all qualifiers not properly scratched **will be seeded in finals.**
- **Penalty for No-show in Finals:** Any athlete originally qualifying for any finals race in an individual event who fails to show up and compete in said consolation final or final race prior to calling the first alternate, without having properly scratched first, shall be barred from the **remainder of any finals events for that day.** Should the athlete have no additional finals events for that day, they will be barred from their next preliminary event. If the No-Show occurs on the last day that the athlete is entered in an individual event in the meet, and no other individual event penalty is applicable, the athlete shall then be fined \$100.00. The fine will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.
- **Exceptions:** No penalty shall apply for failure to withdraw or compete in a finals event if the referee is notified in the event of illness or injury and accepts the proof thereof, or it is determined by the referee that the failure is caused by circumstances beyond the control of the athlete, or the athlete qualified for finals due to scratches of one or more original finalists, or the athlete is an alternate for finals.

**AWARDS:**

- Distinctive awards will be given to 1st through 14th place for age groups: 10 & under and 15 & over for each event Points will be awarded as follows (A Final- 18,15,14,13,12,11,10 – B Final - 8,6,5,4,3,2,1) for 1st through 14th places for the age groups 10 & under and 15 & over.
- Distinctive awards will be given to 1st through 7th place for age groups: 11, 12, 13 & 14. Points will be awarded as follows (8,6,5,4,3,2,1) for 1st through 7th place for age groups 11, 12, 13 & 14.

- Individual High-Point awards will be awarded for 10 & under, 11, 12, 13, 14 and 15 & over in both boy and girl age groups. Awards must be picked up at the meet, NO awards will be mailed.

**ADMISSION:** Free. Programs will be available for a fee.

**HOSPITALITY:** A snack bar will be available serving breakfast, lunch and beverages. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**MINIMUM OFFICIALS:** All available USA Swimming Member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are **requested** to provide at least the following number of certified and carded officials for each session:

Club athletes entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

## SCHEDULE OF EVENTS

Preliminary / Morning Session								
Friday, July 20, 2018			Saturday, July 21, 2018			Sunday, July 22, 2018		
Girls Event #	Event Description	Boys Event #	Girls Event #	Event Description	Boys Event #	Girls Event #	Event Description	Boys Event #
1	Open 200 Free	2	15	Open 200 IM	16	29	Open 100 Back	30
3	11 and Over 200 Back	4	17	11 and Over 200 Fly	18	31	11 and over 200 Breast	32
5	10 and Under 50 Back	6	19	10 and Under 50 Fly	20	33	10 and Under 50 Breast	34
7	11-12 50 Breast	8	21	Open 100 Breast	22	35	11-12 50 Fly	36
9	Open 100 Fly	10	23	Open 100 Free	24	37	Open 50 Free	38
			25	11-12 50 Back	26			
11 & 12	Open 400 Free Relay *		27 & 28	Open 400 Medley Relay *				
13	11 and Over 400 IM **	14				39	11 and Over 400 Free **	40

\* Relays will be swum in an open age and gender format and are not scored.  
 \*\*The 400 IM and 400 Free are timed-final events and scored by high point designated age groups.

## SCHEDULE OF EVENTS

### Finals / Evening Sessions

Friday, July 20, 2018				Saturday, July 21, 2018				Sunday, July 22, 2018			
Age	Girls Event #	Event Description	Boys Event #	Age	Girls Event #	Event Description	Boys Event #	Age	Girls Event #	Event Description	Boys Event #
15 & Over	1	200 Free A	2	15 & Over	15	200 IM A	16	15 & Over	29	100 Back A	30
		200 Free B				200 IM B				100 Back B	
14		200 Free A		14		200 IM A		14		100 Back A	
13		200 Free A		13		200 IM A		13		100 Back A	
12		200 Free A		12		200 IM A		12		100 Back A	
11		200 Free A		11		200 IM A		11		100 Back A	
10 & Under		200 Free A		10 & Under		200 IM A		10 & Under		100 Back A	
		200 Free B				200 IM B				100 Back B	
15 & Over	3	200 Back A	4	15 & Over	17	200 Fly A	18	15 & Over	31	200 Breast A	32
		200 Back B				200 Fly B				200 Breast B	
14		200 Back A		14		200 Fly A		14		200 Breast A	
13		200 Back A		13		200 Fly A		13		200 Breast A	
12		200 Back A		12		200 Fly A		12		200 Breast A	
11		200 Back A		11		200 Fly A		11		200 Breast A	
10 & Under	5	50 Back A	6	10 & Under	19	50 Fly A	20	10 & Under	33	50 Breast A	34
		50 Back B				50 Fly B				50 Breast B	
12	7	50 Breast	8	15 & Over	21	100 Breast A	22	12	35	50 Fly	36
11		50 Breast				11			50 Fly		
15 & Over	9	100 Fly A	10	14		100 Breast A		15 & Over	37	50 Free A	38
		100 Fly B		13		100 Breast A	50 Free B				
14		100 Fly A		12		100 Breast A		14		50 Free A	
13		100 Fly A		11		100 Breast A		13		50 Free A	
12		100 Fly A		10 & Under		100 Breast A		12		50 Free A	
11		100 Fly A				11			50 Free A		
10 & Under		100 Fly A		15 & Over	23	100 Free A	24	10 & Under		50 Free A	
		100 Fly B				100 Free B				50 Free B	
				14		100 Free A					
				13		100 Free A					
				12		100 Free A					
				11		100 Free A					
				10 & Under		100 Free A					
						100 Free B					
				12	25	50 Back	26				
				11		50 Back					

Pacific Swimming – Hosted by Northern Nevada Aquatics Silver State  
Championships T&F Meet  
July 20-22, 2018  
Consolidated Entry Form

Name: Last                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN, etc.)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one:				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
# of entries _____ x \$5.50 = \$ _____ EVENT Participation Fee    \$11.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						