

**Z1 SOUTH CHAMPIONSHIP
PACIFIC SWIMMING LONG COURSE JO MINUS MEET
JULY 14-15, 2018**

Enter Online: <http://ome.swimconnection.com/pc/mako20180714>



SANCTION: Held under USA/Pacific Swimming Sanction No. **18-100**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee:</i> Brett Shaug	<i>Head Starter:</i> John Abe
<i>Meet Marshal:</i> Jim Critzer	<i>Admin Official:</i> Francimar Schmitt
<i>Meet Director:</i> Michael Greymont – mgreymont@mhgcg.com 408 891-2948	

LOCATION: Frank Fiscalini International Swim Center at Independence High School, 627 North Jackson Avenue, San Jose, CA 95133

DIRECTIONS: From Interstate-680, exit McKee Road and head west, away from foothills. Turn right at the first light, which is Jackson Avenue, turn left into the parking lot at the second traffic light, which is just after the football stadium. From Highway-101, exit McKee Road and head east toward the foothills. Go down McKee to the 7th traffic light which will be Jackson Avenue. Turn left on Jackson Avenue and the second light turn left into the parking lot. There is plenty of parking for all participants in front of the pool venue.

COURSE: Outdoor 50 meter by 25- yard outdoor, heated pool with up to 8 lanes available for competition. A separate 25 -yard, 7 lanes diving well will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4'5" at the start and 7' end and 13'0" at the turn end. In accordance with Article 104.2.2C (4) the competition course has been certified. A copy of the certification is on file with USA Swimming

TIME: Meet will begin at 09:00 AM each day with warm-ups from 07:30 to 08:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 08:00 – 08:45 AM both in the instructional pool and 2 reserved start lanes

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a maximum of three (3) events per day.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar/meet operations. Or any other open flame devices.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Entries with "**NO TIME**" will be **ACCEPTED**.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. .
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.
- This is a JO MINUS swim event. **Athletes may not enter events in which they have achieved a Pacific Swimming "JO" time standard for their age group and gender.**

ENTRY FEES: \$4.00 per event plus an \$10.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. Relay entries are \$9.00 per event entry.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/mako20180714> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through **Wednesday July 4th, 2018.**

MAILED: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, **July 2nd 2018.** **No late entries will be accepted.** No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Zone 1 South
Mail entries to: Michael Greymont - SCSC
409 Tennant Ave #423
Morgan Hill, CA 95037

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: The athletes' awards will be available to the to a club representative at the end of the competition. "A" medals shall be awarded to athlete's achieving new "A" times. Individual awards will be awarded in the A, B and C Division. Ribbons for the first through eighth place will be given to the following age groups: 10 & under, 11-12 and 13-14, 15-18 age groups. No awards given for athletes 19 years of age and older. Awards will not be mailed.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A snack bar/food trucks will be available throughout the competition. Working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

EVENT SUMMARY

SATURDAY				SUNDAY			
10 - U	11-12	13-14	15-OVER	10 - U	11-12	13-14	15-OVER
100 BK	50 BR	400 IM	400 IM	50 FLY	50 FLY	400 FR	400 FR
100 FLY	100 BK	200 FR	200 FR	100 FR	100 FR	200 IM	200 IM
50 BR	50 FR	100 BK	100 BK	50 BK	100 BR	100 FR	100 FR
50 FR	100 FLY	100 FLY	100 FLY	100 BR	50 BK	200 BR	200 BR
	200 BR	50 FR	50 FR		200 BK	200 FLY	200 FLY

Time standards found here: <http://www.pacswim.org/swim-meet-times/standards>

All Events are JO Minus Events

EVENTS

SATURDAY JULY 14 TH 2018		
EVENT #	EVENT	EVENT #
1	13-OVER 400 IM	2
3	11-12 200 BR	4
5	10 UNDER 50 BR	6
7	15 OVER 100 FLY	8
9	13-14 100 FLY	10
11	11-12 100 FLY	12
13	10 UNDER 100 FLY	14
15	15 OVER 200 FREE	16
17	13-14 200 FREE	18
19	11-12 50 FREE	20
21	10 UNDER 50 FREE	22
23	15 OVER 100 BK	24
25	13-14 100 BK	26
27	11-12 100 BK	28
29	10 UNDER 100 BK	30
31	15 OVER 50 FREE	32
33	13-14 50 FREE	34

SUNDAY JULY 15 TH 2018		
EVENT #	EVENT	EVENT #
35	13 – OVER 400 FR	36
37	11-12 200 BK	38
39	15 OVER 200 BR	40
41	13-14 200 BR	42
43	11-12 100 BR	44
45	10 UNDER 100 BR	46
47	15 OVER 100 FR	48
49	13-14 100 FR	50
51	11-12 100 FR	52
53	10 UNDER 100 FR	54
55	15 OVER 200 IM	56
57	13-14 200 IM	58
59	11-12 50 FLY	60
61	10 UNDER 50 FLY	62
63	11-12 50 BK	64
65	10 UNDER 50 BK	66

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Zone 1 South Z1 South Championships July 14-15, 2018 Consolidated Entry Form													
Name: Last, First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
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						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 10.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													