

PIRANHA SWIMMING
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET
March 30-31, 2019
Enter Online: <http://ome.swimconnection.com/pc/PRNA20190330>



SANCTION: Held under USA/Pacific Swimming Sanction No. **19-036**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee:</i> Irene Alameida	<i>Head Starter:</i> Mike Abegg
<i>Meet Marshal:</i> Jeff Edmonds	<i>Admin Official:</i> Kian Tavakoli
<i>Meet Director:</i> Nichole Whetstone (nicholewhetstone@sbcglobal.net / 707-337-6219)	

LOCATION: Honey Bee Pool, 1170 Golf Course Drive, Rohnert Park CA 94928

DIRECTIONS: Take Hwy 101 NB to the Wilfred Ave exit. Turn left off highway onto Commerce Blvd. Turn right at next light onto Golf Course Dr. Turn left into pool. There is a small parking lot available as well as street parking. For additional parking: While on Golf Course (before the Pacific Market Shopping Center), turn left at stop light for Country Club. Turn right at Hudis St stop sign. On right will be parking lot for Marguerite Hahn Elementary School. If you walk past the baseball field, follow the sidewalk into the park and you will see the pool.

COURSE: Outdoor 25-yard pool with up to 6 lanes available for competition, and a small warm-up/cool down area shall be available throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 5' 6" at the start end and 3' 6" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Meet shall begin at 9:00 AM each day with warm-ups from 7:30 AM to 8:45 AM each day.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- All events are timed finals.
- Athletes may compete in maximum of (4) events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries shall be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athlete's age and gender.
- If local conditions warrant it, the meet referee, with the concurrence of the meet director, may require a mandatory scratch down, subject to the provisions of Pacific Swimming Rules and Regulations.
- All events will be swum in event order and in a "FAST to SLOW" sequence with the options of reversing the sequence at the discretion of the Meet Referee and Meet Director.
- At the discretion of the Meet Referee and Meet Director, events and heats may be combined.
- **All coaches and deck officials shall display their current USA Swimming membership cards in a visible manner. Deck Pass may be used to prove registration status.**

ATTENTION HIGH SCHOOL ATHLETES: If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The meet director or meet referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered in the meet shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- No pets allowed on deck, other than service assistance animals.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY:

- Athletes shall be current members of USA Swimming and enter their name and registration number on the meet entry card exactly as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration database. The meet host shall check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.
- Athletes in the "A" Division shall have met at least the listed USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division shall have met at least the listed "B" minimum time standard. All entry times slower than the "B" time standard shall be in the "C" Division.
- Entries with "**NO TIME**" shall be **ACCEPTED**.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athlete shall meet standards for the 17-18 age group.
- Age on the first day of the meet shall determine the athlete's age for the entire meet.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per athlete. Entries shall be rejected if payment is not sent at time of request. No refunds shall be made except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/PRNA20190330> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries shall be accepted through Wednesday, March 20, 2019.

MAILED OR HAND DELIVERED ENTRIES: Entries shall be on the attached consolidated entry form. Forms shall be filled out completely and printed clearly with athlete's best time. Entries shall be postmarked by midnight, Monday, March 18, 2019 or hand

delivered by 6:30 PM Wednesday, March 20, 2019. No late entries shall be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Piranha Swimming

Mail entries to: Nichole Whetstone
959 Golf Course Drive, Suite 142
Rohnert Park CA 94928

Hand deliver entries to: Ericka Richards
1170 Golf Course Drive
Rohnert Park CA 94928

CHECK-IN: The meet shall be deck seeded. Athletes shall check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in shall not be seeded and shall not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS:

- Awards shall be given for 1st - 8th place in the "A," "B" and "C" Divisions, for each event and age group (8&U, 9-10, 11-12 and 13-18.) The 10 & Under individual events shall be swum as combined events with awards given for each separate age group (8&U, 9-10.)
- "A" medal shall be awarded only to athletes achieving new "USAS-A" times in Divisions "B" and "C" regardless of the place swim in the event.
- **Awards shall be picked up on Sunday, the last day of the meet, by a club coach or club representative. Awards shall not be individually distributed throughout the meet.** Clubs and athletes shall coordinate with the awards' desk for pick up and/or delivery of awards and if awards will not be picked up on the last day of the meet, a pre-paid envelop shall be provided.

ADMISSION: Free. A 2-day program will be available for \$5.00.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

MINIMUM OFFICIALS: At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that club during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a prelims and finals meet, the club shall be fined \$100 per missing official per session of the meet.

Club athletes entered in session	Trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

*Zone 3 shall include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 shall accept uncarded Trainees in the count of officials for up to two sessions. Clubs may use officials "borrowed" from other clubs, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

EVENTS

March 30, 2019		
WOMEN'S EVENT #	EVENT	MEN'S EVENT #
1	13-18 400 I.M.	2
3	11-12 400 I.M.	4
5	10 & UN 200 I.M.	6
7	8 & UN 100 Free	8
9	13-18 100 Fly	10
11	11-12 100 Fly	12
13	9-10 100 Breast	14
15	8-UN 25 Back	16
17	13-18 200 Back	18
19	11-12 200 Breast	20
21	9-10 50 Back	22
23	8-UN 25 Breast	24
25	13-18 100 Breast	26
27	11-12 50 Back	28
29	8-UN 25 Free	30
31	9-10 100 Free	32
33	13-18 100 Free	34
35	11-12 100 Free	36
37	Open 500 Free	38

March 31, 2019		
WOMEN'S EVENT #	EVENT	MEN'S EVENT #
37	13-18 200 Free	38
39	8-UN 50 Breast	40
41	11-12 200 Free	42
43	10 & UN 200 Free	44
45	8-UN 50 Back	46
47	13-18 100 Back	48
49	11-12 200 Back	50
51	9-10 100 Back	52
53	13-18 200 Fly	54
55	11-12 200 Fly	56
57	9-10 50 Fly	58
59	8-UN 50 Fly	60
61	13-18 200 Breast	62
63	11-12 100 Breast	64
65	9-10 50 Breast	66
67	13-18 50 Free	68
69	11-12 50 Free	70
71	9-10 50 Free	72
73	8-UN 50 Free	74

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Piranha Swimming															
Short Course C/B/A+															
March 30-31, 2019															
Consolidated Entry Form															
Name: Last,				First				Middle							
Club Abbr.			UNATT CLUB ABBR				Club Name								
Age			Date of Birth				Sex M F		LSC - (PC, SN)						
USA-#															
Event #	Distance / Stroke					Entry Time			Circle one						
						: .			SCY / LCM						
						: .			SCY / LCM						
						: .			SCY / LCM						
						: .			SCY / LCM						
						: .			SCY / LCM						
						: .			SCY / LCM						
						: .			SCY / LCM						
						: .			SCY / LCM						
						: .			SCY / LCM						
						: .			SCY / LCM						
						: .			SCY / LCM						
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____															
Coach															
Athlete's Address															
Home Phone								Cell Phone							
Email															