

**GILROY GATORS SWIM TEAM (GGST) RACE TO JO'S
PACIFIC SWIMMING SHORT COURSE CBA+ MEET
MARCH 2-3, 2019**

Enter Online: <http://ome.swimconnection.com/pc/GGST20190302>



SANCTION: Held under USA/Pacific Swimming Sanction No. **19-024**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <HTTP://results.teamunify.com/ggst/index/html>.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

Meet Referee:	Bob McNamara	Head Starter:	Jennifer McKennan
Meet Marshal:	Cynthia Van Laar	Admin Official:	Liz Tanaka / Sachi Ito
Meet Director:	Sarah Burke (burkiesswim@gmail.com ; 650-810-6689)		

LOCATION: Morgan Hill Aquatics Center, 16200 Condit Road, Morgan Hill CA 95037

COURSE: Outdoor pool with up to 16 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7' 0" at the start end and 13' 0" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at 9:00AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:00 to 8:45 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 4 events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- At meet close, no further updates to times are allowed, no changing of events shall be permitted and no late entries will be accepted.

SPECIAL RULES:

- Entries for 400 IM will be limited to 4 heats for each event; 500 Freestyle will be limited to 8 heats for each event.
- Entries for the 1650 Freestyle will be limited to 3 heats for each event.
- Athletes entering the 400 IM, 500 Freestyle and 1650 Freestyle must have achieved the minimum USA-S Motivational "BB" time standard for their gender and must provide their own timers and/or lap counters.

ATTENTION HIGH SCHOOL ATHLETES: If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Due to shallow irrigation lines, no tent stakes or spikes are allowed in the lawn area.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be accepted. (Exception: 500 & 1650 Freestyle and 400 IM, see Rules)
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Priority Registration will be given to Zone 1 South clubs until Friday, February 1, 2019.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/GGST20190302> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Wednesday, February 20th, 2019.

MAILED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, February 18th, 2019. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Gilroy Gators Swim Team
Mail entries to: Sarah Burke, 8720 Kern Ave, Gilroy, CA 95020

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Individual awards will be awarded in the A, B and C Division. Ribbons for the first through eighth place will be given to the following age groups: 8 & under, 9-10, 11-12. No awards given for athletes 13 years of age and older. No awards will be given for Open events. A Medals shall be given to new A times. Awards will not be mailed.

ADMISSION: Free. A two day meet program will be available for a fee at the check in tables.

FOOD TRUCKS & HOSPITALITY: Food trucks will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Please note signs and avoid parking in restricted areas. Access ways, passage ways, doorways must remain clear of chairs, seats, bulky items and bags per compliance with Fire Marshall's orders.

MINIMUM OFFICIALS: Teams participating at the meet are requested to provide officials in ratio to the number of swimmers they bring to the meet per the table below:

Club athlete entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

EVENT SUMMARY & EVENTS

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
200 FREE	200 FREE	200 FREE	200 FREE	200 IM	200 IM	200 IM	200 IM
100 FLY	100 FLY	50 BACK	100 FLY	100 BREAST	100 BREAST	200 BREAST	200 BREAST
100 IM	100 IM	100 FLY	200 BACK	100 FREE	100 FREE	50 FLY	100 FREE
50 BACK	50 BACK	100 IM	100 BREAST	50 FLY	50 FLY	100 FREE	200 FLY
50 BREAST	50 BREAST	200 BACK	50 FREE	100 BACK	100 BACK	50 BREAST	100 BACK
50 FREE	50 FREE	100 BREAST	400 IM	B-500 FREE	B-500 FREE	200 FLY	B-500 FREE
400 IM	400 IM	50 FREE	G-500 FREE			100 BACK	G-1650 FREE
G-500 FREE	G-500 FREE	400 IM	B-1650 FREE			B-500 FREE	
		G-500 FREE					

SATURDAY, MARCH 2, 2018		
EVENT #	EVENT	EVENT #
1	13 & Over 200 FREE	2
3	11-12 200 FREE	4
5	10 & Under 200 FREE	6
7	11-12 50 BACK	8
9	13 & Over 100 FLY	10
11	11-12 100 FLY	12
13	10 & Under 100 FLY	14
15	11-12 100 IM	16
17	10 & Under 100 IM	18
19	13 & Over 200 BACK	20
21	11-12 200 BACK	22
23	10 & Under 50 BACK	24
25	13 & Over 100 BREAST	26
27	11-12 100 BREAST	28
29	10 & Under 50 BREAST	30
31	13 & Over 50 FREE	32
33	11-12 50 FREE	34
35	10 & Under 50 FREE	36
37	Open 400 IM**	38
39	Open 500 FREE*	
	13 & Over 1650 FREE*	40

SUNDAY, MARCH 3, 2018		
EVENT #	EVENT	EVENT #
41	13 & Over 200 IM	42
43	11-12 200 IM	44
45	10 & Under 200 IM	46
47	13 & Over 200 BREAST	48
49	11-12 200 BREAST	50
51	10 & Under 100 BREAST	52
53	11-12 50 FLY	54
55	13 & Over 100 FREE	56
57	11-12 100 FREE	58
59	10 & Under 100 FREE	60
61	11-12 50 BREAST	62
63	13 & Over 200 Fly	64
65	11-12 200 FLY	66
67	10 & Under 50 FLY	68
69	13 & Over 100 BACK	70
71	11-12 100 BACK	72
73	10 & Under 100 BACK	74
75	13 & Over 1650 FREE*	
	Open 500 FREE*	76

Athletes competing in the 400 IM, 500 Freestyle and 1650 Freestyle must have achieved the minimum USA-S Motivational "BB" time standard for their gender.

* Athletes competing in the 500 and 1650 Freestyle must provide their own timers and lap counters

** Athletes competing in the 400 IM must provide their own lane timers

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Gilroy Gators Swim Team (GGST)													
Short Course Race to JO													
March 2-3, 2019													
Consolidated Entry Form													
Name: Last,				First				Middle					
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke						Entry Time			Circle one			
							: .			SCY / LCM			
							: .			SCY / LCM			
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							: .			SCY / LCM			
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													