

**NAPA VALLEY SWIM TEAM  
TURKEY FLOAT  
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET  
NOVEMBER 2-3, 2019**



Enter Online: <http://ome.swimconnection.com/pc/NVST20191102>

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **19-141**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**      *Meet Referee:* **DON BAUTISTA**      *Head Starter:* **SARAH OBBAGY**  
                                 *Meet Marshal:* **TIM MCNAMARA**      *Admin Official:* **ELLEN CISCO**  
                                 *Meet Director:* **ASHER GREEN**— [napavalleyswim@yahoo.com](mailto:napavalleyswim@yahoo.com)

**LOCATION:** **VINTAGE HIGH SCHOOL, 1375 TROWER AVE, NAPA CA 94558**

Pool entrance is off Jefferson Street. **PARKING LOT GATES WILL BE LOCKED UNTIL 8:00AM – ABSOLUTELY NO ENTRANCE TO THE PARKING LOT OR POOL AREA WILL BE PERMITTED BEFORE 8:00AM.** Please do not block the entrance to the pool parking lot which prevents the gate from being unlocked in a timely manner.

**COURSE:** 25 yard outdoor heated pool. Up to ten (10) competition lanes, with separate warm up and warm down areas available throughout meet. Colorado timing system, with touchpads and scoreboard, may be used. The minimum water depth measured in accordance with Article 103.2.3, is 5' at the start end and 5' at the turn end. The competition course has not been certified in accordance with 104.2.2C (4).

**TIME:** Meet shall begin at 10:00 AM each day with warm-ups from 8:30 to 9:45 AM each day.

**RULES:**

- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- All events are timed finals.
- All events shall swim fast to slow.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries shall be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athlete's age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.
- Athletes may enter more than four (4) events each day on Saturday and Sunday but may only compete in a maximum of four (4) events each day. No refunds shall be given except as provided below for mandatory scratch-downs.
- All Open events (400 IM, 500 Free, 200 Free, 200 Breast, 200 Back and 200 Butterfly) may be seeded fastest to slowest, alternate girls and boys heats, or may be swum in combined heats of girls and boys at the discretion of the Meet Referee.
- Athletes in the 500 free are required to provide their own lap counters.
- In order to enter the Open events (400 IM, 500 Freestyle, 200 Freestyle, 200 Breaststroke, 200 Backstroke and 200 Butterfly), the athlete must have met the listed qualifying time or have coach verification. If the athlete's coach shall be verifying the athlete's ability to achieve the minimum entry time, per Pacific Swimming Rule 4A(2), please contact the meet director AND the meet referee.
- No time entries shall be accepted for all events EXCEPT the Open events.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner and must check in with the Meet Referee prior to 0945 a.m. of each competitive day. Deck Pass may be used to prove to registration status.

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The meet director or meet referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Any athlete entered in the meet shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start each race from within the water. When unaccompanied by a USA Swimming member coach, It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement. Unaccompanied athletes shall present a copy of their coach-signed race certificate upon request by a meet official.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- No pets allowed on deck, other than service assistance animals. Medical certification shall be presented upon request.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- No food or drink is allowed in the locker rooms.
- **ONLY COACHES' TENTS SHALL BE ALLOWED ON THE POOL DECK.**

**ELIGIBILITY:**

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card exactly as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration database. The meet host shall check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the "B" minimum time standard. All entry times slower than the "B" time standard shall be in the "C" Division.
- Entries with "**NO TIME**" shall be accepted
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- All athletes 18 and older must have completed the Athlete Protection Training to be allowed to compete.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athlete shall meet standards for the 17-18 age group.
- The athlete's age shall be the age of the athlete on the first day of the meet.

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per athlete. Entries shall be rejected if payment is not sent at time of request. **No refunds shall be made except for mandatory scratch downs.**

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/nvst20191102> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries shall be accepted through **Monday, October 21, 2019.**

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, **Monday, October 21, 2019** or hand delivered by 6:30 p.m., **Wednesday, October 23, 2019**. No late entries shall be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: NVST**

**Mail or hand deliver entries to: Meet Director  
1942 Shurtleff Avenue  
Napa, CA. 94559**

**CHECK-IN:** The meet shall be deck seeded. Athletes shall check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in shall not be seeded and shall not be allowed to compete in that event.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:** • Individual events: Ribbons shall be awarded to the 1st – 8th place finishers in the “A,” “B” and “C” divisions, for each event and age group (8&U, 9-10, and 11-12, 13-14, 15-16, 17-18.) The 11 & Over individual events shall be swum in combined events with awards given for each separate age group (11-12, 13-14, 15-16, 17-18). The 13 & Over individual events shall be swum in combined heats, with awards given for each separate age group (13-14, 15-16, 17-18).  
• Open events shall be swum in combined heats, with no awards being given.  
• “A” medals shall be awarded to athletes achieving new “PC-A” times swum during this meet only.  
AWARDS MUST BE PICKED UP ON SUNDAY, THE LAST DAY OF THE MEET, BY A CLUB’S COACH OR CLUB REPRESENTATIVE. AWARDS SHALL NOT BE MAILED. NON ZONE 3 TEAMS AND UNATTACHED ATHLETES MUST COORDINATE WITH THE AWARDS DESK PICK UP &/OR DELIVERY OF AWARDS AND FOR THOSE AWARDS NOT PICKED UP, PRE-PAID ENVELOPES MUST BE PROVIDED. AWARDS SHALL NOT BE INDIVIDUALLY DISTRIBUTED THROUGHOUT THE MEET.

**ADMISSION:** Free. A two-day program shall be available for \$5.00

**SNACK BAR & HOSPITALITY:** A snack bar shall be available throughout the competition. Coaches and working deck officials shall be provided lunch. Hospitality shall serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities shall not be provided after meet hours

**MINIMUM OFFICIALS:** At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that team during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a trials and finals meet, the club shall be fined \$100 per missing official per session of the meet.

Club athletes entered in session	Trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

\*Zone 3 shall include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 shall accept uncarded Trainees in the count of officials for up to two sessions. Teams may use officials “borrowed” from other teams, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

EVENTS

SATURDAY, NOVEMBER 2, 2019		
EVENT #	EVENT	EVENT #
101	OPEN 500 FREE GIRLS Min Time: 7:09.09 BOYS Min Time: 6:57.29	102
103	11-12 100 FLY	104
105	8 & UNDER 25 FLY	106
107	9-10 50 FLY	108
109	13 & OVER 100 BACK	110
111	11-12 50 BREAST	112
113	8 & UNDER 50 BACK	114
115	9-10 50 BREAST	116
117	OPEN 200 IM GIRLS Min Time : 3:38.49 BOYS Min Time: 3:35.49	118
119	8 & UNDER 100 IM	120
121	11-12 100 FREE	122
123	13 & OVER 100 FREE	124
125	9-10 50 FREE	126
127	8 & UNDER 25 FREE	128
129	13 & OVER 100 FLY	130
131	11-12 50 BACK	132
133	9-10 100 BACK	134
135	OPEN 200 BREAST GIRLS Min Time : 3:23.09 BOYS Min Time : 3:14.89	136

SUNDAY, NOVEMBER 3, 2019		
EVENT #	EVENT	EVENT #
201	OPEN 400 IM Girls Min Time : 6:24.19 Boys Min Time : 6:13.09	202
203	11-12 100 BACK	204
205	8 & UNDER 25 BACK	206
207	9-10 50 BACK	208
209	OPEN 200 BACK GIRLS Min Time : 2:56.59 BOYS Min Time : 2:52.69	210
211	8 & UNDER 50 FREE	212
213	9-10 100 FREE	214
215	11-12 100 IM	216
217	OPEN 200 FREE GIRLS Min Time : 3:19.19 BOYS Min Time: 3:06.69	218
219	8 & UNDER 50 BREAST	220
221	9-10 100 BREAST	222
223	11-12 100 BREAST	224
225	13 & OVER 100 BREAST	226
227	8 & UNDER 50 FLY	228
229	9-10 100 FLY	230
231	11-12 50 FLY	232
233	8 & UNDER 25 BREAST	234
235	9-10 100 IM	236
237	11 & OVER 50 FREE	238
239	OPEN 200 FLY GIRLS Min Time : 3:00.89 BOYS Min Time: 2:56.59	240

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by NVST SHORT COURSE C/B/A+ MEET NOVEMBER 2-3, 2019 Consolidated Entry Form													
Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee        \$ 8.00 Total                                \$ _____													
Coach Name: _____													
Coach Email Address: _____													
Athlete's Address													
Home Phone							Cell Phone						
Email													