

**SUMMER SUPERLEAGUE LONG COURSE CHAMPIONSHIP  
PACIFIC SWIMMING TRIALS & FINALS MEET  
HOSTED BY THE SANTA CLARA SWIM CLUB  
JULY 12-14, 2018**



**INVITED CLUBS: CLOV, DART, PASA, PLS, NBA, SMST, SRN, SCSC, SJSU**

**SANCTION:** Held under USA-S / Pacific Swimming Sanction # **19-110**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete, or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet at <http://www.fastlanetek.com>.

**USE OF AUDIO AND VIDEO:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**

<b>Meet Referee:</b> Mike Tramack	<b>Head Starter:</b> Sang-Won Kim
<b>Meet Marshal:</b> John Golos	<b>Admin Official:</b> Brett Shaug
<b>Meet Director:</b> Stella Ezre <a href="mailto:sezrre@santaclaraswimclub.org">sezrre@santaclaraswimclub.org</a>	

**LOCATION:** George Haines International Swim Center, 2625 Patricia Drive, Santa Clara, CA 95051. From Highway 101, exit south on Lawrence Expressway or Bowers Avenue. Turn left at Homestead Road. Turn left at Las Palmas Drive. Proceed to Patricia Drive and turn left. - Or - Exit Highway 101 on San Tomas Expressway. Turn right on Homestead Road. Turn right on Las Palmas. Proceed to Patricia Drive and turn left. There is limited free parking in the parking lot and adjoining streets. Do not park in the Library parking lot you will be ticketed.

**PARKING:** Limited parking is available in the parking lot adjacent to the pool. **DO NOT PARK IN THE LIBRARY PARKING LOT.** When parking in the neighborhood, please be respectful to our neighbors and not block their driveways. **NO OVERNIGHT PARKING OR RV PARKING IS PERMITTED.**

**COURSE:** 50 meter x 25 yard outdoor, heated pool. Up to 9 (50 meter – long course) competition lanes will be used. The minimum water depth at the start and turn ends of this pool is in accordance with article 103.2.3. The depth is from 5 ft. to 7 ft. A separate warm-up area will be available during the meet. In accordance with Article 104.2.2C (4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** **Friday Timed Finals** – Warm-up at 2:30PM-3:45PM, competition begins at 4:00PM

**Saturday & Sunday**

**PRELIMS** - Warm-up at 7:30AM. – 8:45AM, competition begins at 9:00AM.

**FINALS** – Warm-up at 3:00 pm – 3:45 pm, competition begins at 4:00 pm or at a time agreed upon by majority of coaches in conjunction with the Meet Referee and the Meet Director

**RULES:**

- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the venue.
- Athletes may compete in three (3) individual events per day on Saturday/Sunday, and two (2) on Friday.
- Any athlete who has met one or more qualifying standard in an individual event may enter up to four bonus events. Athletes must have swum at least 1 CA-NV Sectional time standard within the past two years (July 12, 2017) in order to compete.
- The 800m Free, 1500m Free, and 400 IM will be swum as timed finals and will be alternating women’s and men’s heats and/or may be swum combined men/women. Athletes must provide their own timers and lap counters.
- All coaches and deck officials must wear their USA-S membership cards in a visible manner.

- The meet will be swum fastest to slowest. *The first 3 heats of each event will be circle seeded with exception of any events identified as timed finals.*

**FINALS:** A, B, and C final, run in that order (27 spots). The top 27 finalists will be seeded in finals unless scratched during the appropriate time. Alternates will not be penalized. Athletes will have 30 minutes after the results of their completed events are announced in which to scratch or declare their intent to scratch. Athletes will be seeded in finals unless they scratch.

**UNACCOMPANIED ATHLETES:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by athletes during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No pets or animals allowed in venue except for guide dog.
- Glass bottles / containers are prohibited in all areas of the meet venue (except for snack bar use).
- No electric or propane heaters / containers or similar devices including gasoline powered generators, other than provided for meet operations, are allowed in any areas of the meet venue.
- Except for coaches' seating next to the pool no chairs, canopies, tents, or "camping" in the competition pool area. All athlete and spectator chairs, canopies, tents, or other set-ups must be outside the competition pool gates and on the lawn only.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY:**

- Meet is open to all qualified athletes registered or unattached and training with one of the invited clubs.
- Athletes must be current members of USA-S and must enter their name and registration number on the meet entry card, or online, as shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registration against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Disabled athletes from invited clubs are welcome to attend this meet and should contact the Meet Director regarding special accommodations on entry times and seeding per Pacific Swimming policy.
- Entries with "**NO TIME**" will **NOT** be **ACCEPTED**
- The athlete's age will be the age of the athlete on the first day of the meet
- Athletes must have swum at least 1 CA-NV Sectional time standard within the past two years (July 12, 2017) in order to compete.

**BONUS EVENTS:** Any athlete who has met one or more qualifying standard in an individual event may enter up to four bonus events (i.e. an athlete with three hard cuts may swim four additional bonus events for a total of seven events). In order to swim a bonus event 400m or longer, an athlete must meet the CA-NV Sectional Bonus time standard. An athlete with a CA-NV Sectional cut in the mile may swim the 800 and vice versa.

**ENTRIES:** Online entry shall be available via USA Swimming's OME system (<http://usaswimming.org/ome>). Entries shall be accepted until **Wednesday, July 3, 2019 at 11:59PM PST.**

**ENTRY FEES:** \$60.00 per athlete + a \$5.00 OME surcharge fee per athlete.

**CHECK-IN:** The prelim sessions will be pre-seeded. There will be no check in.

**SCRATCHES:** There is NO penalty for an athlete entered in this meet that misses one of his/her events in Prelims or Finals.

**AWARDS:** None.

**ADMISSION / PROGRAMS:** Free admission. No programs will be available. Heat sheets will be available electronically and should be printed prior to arrival at the meet.

**TIMERS:** Each club is required to provide timers. Meet director will email timer/lane assignments to each club prior to the meet.

**HOSPITALITY:** Light snacks, beverages and lunch will be served to deck officials and coaches. Light snacks and beverages will be served marshals and timers (during their shifts only).

**SNACK BAR:** The Coffee Guy will be running snack shack.

## EVENTS

WOMEN			EVENT ORDER & QUALIFYING TIMES	MEN		
SCY	LCM	EVENT #		EVENT #	SCY	LCM
			<b>DAY 1</b>			
4:39.09	5:20.09	1	<b>400 IM</b>	2	4:55.09	4:14.69
10:39.89	9:36.09	3	<b>800 Free</b>	4	9:59.49	9:04.69
<b>DAY 2</b>						
			<b>DAY 2</b>			
2:08.59	2:29.19	5	<b>200 Back</b>	6	1:57.20	2:17.39
53.99	1:01.89	7	<b>100 Free</b>	8	48.19	56.09
2:28.19	2:49.69	9	<b>200 Breast</b>	10	2:13.29	2:35.79
59.19	1:07.19	11	<b>100 Fly</b>	12	52.89	1:00.89
2:10.49	2:31.09	13	<b>200 IM</b>	14	1:58.19	2:18.39
5:10.69	4:39.69	15	<b>400 Free</b>	16	4:47.79	4:21.09
<b>DAY 3</b>						
			<b>DAY 3</b>			
1:56.29	2:12.99	17	<b>200 Free</b>	18	1:45.79	2:03.09
1:07.59	1:18.79	19	<b>100 Breast</b>	20	1:00.89	1:11.29
2:10.09	2:27.99	21	<b>200 Fly</b>	22	1:58.89	2:15.89
59.49	1:09.49	23	<b>100 Back</b>	24	53.89	1:03.29
24.89	28.69	25	<b>50 Free</b>	26	22.19	25.89
17:46.59	18:22.99	27	<b>1500 Free</b>	28	16:43.89	17:12.49

\*\* The 800 Free and 400 IM will be swum as timed finals on Friday and will be alternating women's and men's heats. Athletes must provide their own timers and lap counters for the 800 Free, 400 IM, and 1500 Free.