BRENTWOOD SEAWOLVES

PACIFIC SWIMMING ZONE 2 LONG COURSE C/B/A+ MEET

JUNE 13-14, 2015

Enter Online: http://ome.swimconnection.com/pc/bsw20150613



SANCTION: Held under USA/Pacific Swimming Sanction No. **15-087**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: *Meet Referee:* Charlie Gonzales *Head Starter:* Marie Lin

Meet Marshal: Anthony Busuttil Admin Official: Cindy Rowland / Jennifer Winters

Meet Director: Jay Rowland meet.director@brentwoodseawolves.com 925-679-5294

LOCATION: HERITAGE HIGH SCHOOL POOL, 101 American Ave, Brentwood CA 94513.

DIRECTIONS: From Highway 4 Eastbound: Take CA-4 East past Pittsburg and Antioch into Brentwood, turn right on Balfour Rd then left onto American Avenue. From Stockton: Take CA-4 West from Stockton (I-5) through Discovery Bay (signs at traffic lights are marked "SR 4") into Brentwood, turn left on Balfour Rd and then left onto American Avenue. From Tracy / I-205: Take Byron Highway (J4) north from Tracy through Byron, turn left on CA-4 (signs at traffic lights are marked "SR 4"), then turn left on Balfour Rd in Brentwood and then left onto American Avenue. From Livermore or Pleasanton: Take Vasco Rd northbound from I-580 towards Brentwood, merge with CA-4 at Marsh Creek Rd then turn left on Balfour Rd in Brentwood and then left onto American Avenue.

Once on Balfour Rd in Brentwood: follow Balfour Rd ~3½ miles (from CA-4 intersection) westbound to American Avenue and turn left. Note that American Avenue is only on your left – the right side of that intersection is W. Country Club Dr. The student parking lot and access to the swimming pool are the first right once you are on American Ave.

COURSE: Outdoor 50 meter pool with up to 7 lanes available for competition. An additional 1 lane will be available for warm-up/cool down throughout the competition. The minimum water depth for the course, measured in accordance with Article 103.2.3, is **13' 0"** at the start end and **4' 0"** at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4).

TIME: The meet will begin at **9:00** AM each day with warm-ups from **7:30** to **8:45** AM each day. A special warm-up time for 8 and under swimmers only will be held from **8:45** to **8:55** AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Swimmers may compete in a maximum of four (4) events per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- Swimmers entering the Open 800m Freestyle must have achieved a minimum 11-12 USA-S "B" Time Standard for their gender in either the 800m Freestyle (Girls 13:27.89/Boys 13:16.49) or the 400m Freestyle (Girls 6:23.89/Boys 6:15.49).
- Swimmers in the Open 800m Freestyle must provide their own timers and lap counters.

All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited in all areas of the meet venue.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar / meet operations.
- Deck setup is limited to officials and coaches. Space for coach setup with good visibility may be limited and teams are encouraged to share table / tent space where possible.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "A" Division must have met at least the listed USAS-Motivational "A" time standard. Swimmers in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be ACCEPTED (Exception Open 800m Freestyle, See Rules).
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the open and 13-18 events for time only, no awards. Such swimmers must meet any applicable time standards.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY PRIORITY: Meet entries will not be accepted any earlier than May 13, 2015. Entries from members of "year round" Zone 2 teams postmarked or entered online by 11:59 p.m. on May 15 will be given 1st priority acceptance. Entries from members of all Zone 2 teams (year round and seasonal) postmarked or entered online between 12:00 a.m. May 16, 2015, and 11:59 p.m. May 22, 2015, will be given 2nd priority acceptance. All entries received after 12:00 a.m. May 23, 2015, from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

** NOTE: Swimmers who falsify their entry form by listing a team to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and the swimmer may be referred to the Pacific Swimming Review Committee for disciplinary action.

ENTRY FEES: \$4.00 per event plus a \$10.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to http://ome.swimconnection.com/pc/bsw20150613 to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming. Online entries will be accepted through Wednesday, June 3, 2015.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Tuesday, June 2, 2015, or hand delivered by 6:30 p.m. Wednesday, June 3, 2015. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope. Hand deliveries must be made to a BSW team representative present on deck immediately before or within the first 15 minutes of a regularly scheduled practice.

Make check payable to: Brentwood SeaWolves

Mail entries to: BSW Meet Entries Hand deliver entries to: BSW Representative on HHS Pool Deck

PO Box 1212 101 American Av Brentwood, CA 94513 Brentwood, CA 94513

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any swimmers not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: The first eight (8) places will be awarded for 8 & Under, 9-10, 11-12, 13-14, 15-16 and 17-18 age groups. Ribbons will be awarded for C, B and A divisions. All B swimmers achieving a new A time will be awarded a standard "A" medal, regardless of place achieved in the event.

ADMISSION: Free. A meet program will be available for a reasonable price.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of swimmers entered against the number of Officials that worked representing each team per day of the meet. Those teams who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

Number of swimmers entered in meet per team per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Swimmers over 100	+1

EVENT SUMMARY

	10 & Under	11-12	13-18
SATURDAY, June 13, 2015	100 FR	200 FR	200 FR
	50 BK	50 BK	100 BK
	100 BR	200 BR	100 BR
	50 BR	100 FL	200 FL
	Girls Open 800 FR		
SUNDAY, June 14, 2015	200 I.M.	400 I.M.	400 I.M.
	50 FL	100 FR	100 FR
	50 FR	50 FL	100 FL
		50 FR	50 FR
		200 I.M.	200 I.M.
	Boys Open 800 FR		

EVENTS

Saturday, June 13, 2015				
EVENT#	EVENT	EVENT#		
1	13-18 200 Free	2		
3	11-12 200 Free	4		
5	10 & Under 100 Free	6		
7	13-18 100 Back	8		
9	11-12 50 Back	10		
11	10 & Under 50 Back	12		
13	13-18 100 Breast	14		
15	11-12 200 Breast	16		
17	10 & Under 100 Breast	18		
19	13-18 200 Fly	20		
21	11-12 100 Fly	22		
23	10 & Under 50 Breast	24		
25	Open 800 Free (Girls)*			

Sunday, June 14, 2015				
EVENT#	EVENT	EVENT#		
27	13-18 400 I.M.	28		
29	11-12 400 I.M.	30		
31	10 & Under 200 I.M.	32		
33	13-18 100 Free	34		
35	11-12 100 Free	36		
37	13-18 100 Fly	38		
39	11-12 50 Fly	40		
41	10 & Under 50 Fly	42		
43	13-18 50 Free	44		
45	11-12 50 Free	46		
47	10 & Under 50 Free	48		
49	13-18 200 I.M.	50		
51	11-12 200 I.M.	52		
	Open 800 Free (Boys)*	54		

^{*} Swimmers entering the 800 Free must provide their own timers and lane counters

AND HAVE

Official 400 FR times of 6:23.89 (Girls) / 6:15.49 (Boys) or official 800 FR times of 13:27.89 (Girls) / 13:16.49 (Boys)

Time standards are located on the PC website: http://www.pacswim.org/userfiles/cms/documents/551/times14.pdf

Pacific Swimming – Hosted by Brentwood SeaWolves Long Course C/B/A+ 13-14 June, 2015 Consolidated Entry Form Middle Name: Last, First Club Abbr. UNATT TEAM ABBR Club Name Date of Birth Sex LSC - (PC, SN) Age M F USA-# Event # Distance / Stroke **Entry Time** Circle one SCY / LCM : SCY / LCM : SCY / LCM : SCY / LCM : SCY / LCM SCY / LCM SCY / LCM • SCY / LCM SCY / LCM SCY / LCM # of entries _____ x \$4.00 = \$_ Participation Fee \$ 10.00 Total Coach Swimmer's Address Home Phone Cell Phone Email