

HILLS HURRICANE SWIMMING
PACIFIC SWIMMING ZONE 2 SHORT COURSE C/B/A+ MEET
Saturday, February 21 - Sunday, February 22, 2015
Enter Online: <http://ome.swimconnection.com/PC/HILL20150221>



HEAT/LANE ASSIGNMENTS and LIVE RESULTS: <http://results.teamunify.com/pchhs/index.html>

SANCTION: Held under USA/Pacific Swimming Sanction No. **15-005**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:
Meet Referee: David Benjamin **Head Starter:** David Cottam
Meet Marshal: David Kaplan **Admin Official:** Mary Ruddell
Meet Director: Jennifer Rose jennytrose@gmail.com (510) 325-9426 Email preferred.

LOCATION: SODA AQUATIC CENTER at CAMPOLINDO HIGH SCHOOL: 300 Moraga Road, Moraga, California.

DIRECTIONS: Highway 24 West-take Central Lafayette Exit, turn right on Deer Hill Rd, Right on First St, Right on Mount Diablo Blvd, Left on Moraga Rd, and right on Campolindo Dr. Highway 24 East-take Orinda Exit, turn right on Moraga Way, left on Glorietta Blvd, right on Rheem Blvd, left on Moraga Rd, left on Campolindo Dr. Pool is located behind high school. Parking lot located on left. **Do not park where no parking signs or permit parking only signs are posted. You will be ticketed or towed. No overnight/RV parking allowed.**

COURSE: 25 yard x 50 meter outdoor, heated pool. Up to 18 competition lanes available, to be allocated based on number of entries received. Electronic timing equipment will be used. The minimum water depth, measured in accordance with Article 103.2.3, is 10' at the primary start end and 7' at the secondary start end of the competition pool. The competition pool has been certified in accordance with 104.2.2C(4). A copy of such certification is on file with USA Swimming. A warm-up area will be available during the meet. Locker rooms with showers are available.

TIME: Meet begins at 9:00 a.m. on Saturday and Sunday, with warm ups from 7:30 a.m. to 8:45 a.m. **Special extended warm-up on Saturday and Sunday for 8 & under swimmers only 8:45 to 8:55 am.** Check-in begins at 7:00am on Saturday and Sunday.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will be swum fastest to slowest.
- **Swimmers may compete in a maximum of four (4) individual events per day.**
- **All swimmers ages 12 and under should complete competition within four (4) hours.**
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- The 500 Free event will be held as an "open" event with all swimmers swimming fastest to slowest. The open event will not be awarded. **Swimmers entering in the 500 Free must meet the 10-and-under B time standard (Girls: 8:30.49, Boys: 8:22.79).** Any swimmer who can meet or exceed the entry time may enter the event regardless of age. Entry times for OPEN events with a minimum time standard that cannot be proven using the Pacific Swimming database may be verified by a complete set of meet results or verified by the swimmer's coach, either of which may be presented upon check-in. (Refer to PacSwim Rule 4A2). **Swimmers entering the 500 Free must provide their own timers and counters.**

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured during the meet and overnight.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database, and if a swimmer is found not to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Swimmers in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with **"NO TIME" will be REJECTED.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY PRIORITY: Meet entries will not be accepted any earlier than January 16th 2015. Entries from members of Zone 2 teams postmarked or entered online by 11:59 p.m. on January 30th 2015 will be given priority acceptance. All other entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received

**** NOTE:** Swimmers who falsify their entry by listing a team to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/PC/HILL20150221> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through **Wednesday, February 11th, 2015, unless meet capacity is met earlier than February 11th, in which case online entries will be closed once meet capacity is met.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, February 9th 2015, or hand delivered by 6:30 p.m. Wednesday, February 11th 2015. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Hills Hurricane Swimming

Mail entries to: Hills Hurricane Swimming
2400 Manzanita Dr
Oakland, CA 94611

Hand deliver entries to: Hills Hurricane Swimming
2400 Manzanita Dr
Oakland, CA 94611

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any swimmers not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Awards will be given to top 8 finishers in the following age groups: 8&UN, 9-10, 11-12, 13-14, 15-16 and 17-18. Ribbons will be awarded for C/B/A divisions. All B swimmers achieving a PC-A time will be awarded a standard A medal, regardless of place achieved in the event. No awards given for swimmers 19 years of age and older. The Open 500 Freestyle will not be awarded. **Note: Individual awards must be picked up at the meet. We will not mail or distribute them after the meet.**

ADMISSION: Free. A 2-day program will be available for a reasonable price.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of swimmers entered against the number of Officials that worked representing each team per day of the meet. Those teams who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

Number of swimmers entered in meet per team per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Swimmers over 100	+1

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
100 IM	100 IM	100 IM	200 IM	100Free	50 Fly	200 Fly	200 Fly
50 Free	50 Free	50 Free	50 Free	50 Breast	50 Breast	50 Breast	200 Breast
25 Fly	100 Fly	100 Fly	100 Fly	25 Back	50 Back	100 Back	100 Back
25 Breast	100 Breast	100 Breast	100 Breast	25 Free	100 Free	100 Free	100 Free
	500 Free*	500 Free*	500 Free*		500 Free*	500 Free*	500 Free*

* Swimmers entering in the 500 free must meet the 10-and-under "B" time standard (Girls: 8:30.49, Boys: 8:22.79).

EVENTS

Saturday, February 21			Sunday, February 22		
Event #	Event	Event #	Event #	Event	Event #
1	13+ 200 I.M.	2	35	13+ 200 Fly	36
3	11-12 100 I.M.	4	37	11-12 200 Fly	38
5	9-10 100 I.M.	6	39	9-10 50 Fly	40
7	8-UN 100 I.M.	8	41	8-UN 100 Free	42
9	13+ 50 Free	10	43	13+ 200 Breast	44
11	11-12 50 Free	12	45	11-12 50 Breast	46
13	9-10 50 Free	14	47	9-10 50 Breast	48
15	8-UN 50 Free	16	49	8-UN 50 Breast	50
17	13+ 100 Fly	18	51	13+ 100 Back	52
19	11-12 100 Fly	20	53	11-12 100 Back	54
21	9-10 100 Fly	22	55	9-10 50 Back	56
23	8-UN 25 Fly	24	57	8-UN 25 Back	58
25	13+ 100 Breast	26	59	13+ 100 Free	60
27	11-12 100 Breast	28	61	11-12 100 Free	62
29	9-10 100 Breast	30	63	9-10 100 Free	64
31	8-UN 25 Breast	32	65	8-UN 25 Free	66
33	*OPEN 500 Free			*OPEN 500 Free	68

* Swimmers entering in the 500 free must meet the 10-and-under "B" time standard (Girls: 8:30.49, Boys: 8:22.79).

Girls 500 Freestyle will be swum on Saturday. Boys 500 Freestyle will be swum on Sunday
All 500 Freestyle swimmers must provide their own timers and lap counters.

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Hills Hurricane Swimming (HILL) Short Course C/B/A+ Meet Saturday, February 21 - 22, 2015 Consolidated Entry Form															
Name: Last, First Middle															
Club Abbr.		UNATT TEAM ABBR				Club Name									
Age		Date of Birth				Sex M F			LSC – (PC, SN)						
USA-#															
Event #	Distance / Stroke					Entry Time					Circle one				
						: .					SCY / LCM				
						: .					SCY / LCM				
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						: .					SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____															
Coach															
Swimmer's Address															
Home Phone								Cell Phone							
Email															