

2014 Nevada State Short Course Championships
HOSTED BY THE CARSON TIGERSHARKS
co-sponsored by Pacific Swimming
November 8, 9, 10 & 11, 2014



SANCTION: Held under USA/Pacific Swimming Sanction No. **14-156**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: **Meet Referee:** Jim Morefield **Head Starter:** Greg Gephart
 Meet Marshal: Gary Kolb **Admin Referee:** Judy Maynor
 Chief Judge: Valerie Rudd
 Meet Director: Becki Boehnke; becki@tigersharks.org; 775-721-6142

LOCATION: Carson Aquatic Facility, 841 N. Roop St. Carson City, NV

DIRECTIONS: From Business Hwy. 395 go two traffic lights East on Hwy. 50 (E. Williams St.). Turn right on Roop St. and go on block south. Turn left behind the Carson City Community Center. From Reno on Hwy. 580 take exit 39. Turn right and travel West .9 mile. Turn left into Mills Park and the Carson City Community Center. Additional parking is available at the Bank of America at the northwest corner of Roop St and Hwy 50 (Williams St).

COURSE: 25 yard by 50 meter indoor pool with up to 8 lanes available in the main competition course. An additional 8 lanes will be available for warm-up/cool down, up to 6 of which may be used as a second competition course if conditions warrant. Colorado Timing system with touch pads and dual scoreboards. The minimum water depth in the main competition course, as measured in accordance with Article 103.2.3, is 5 feet at the start end and 5 feet at the turn end. The minimum water depth in the second competition course, as measured in accordance with Article 103.2.3, is 4 feet at the start end and 4 feet at the turn end. The competition courses have been certified in accordance with 104.2.2C(4). The copy of the certification is on file with USA Swimming.

TIME:

- Sat Timed Finals (11 & Over): Meet will begin at **2:00 PM** with warm-up from **12:30 PM to 1:45 PM**.
- Sun, Mon, Tues Prelim Sessions (11 & over): **8:30 AM** each day with warm-ups from **7:00 to 8:15 AM** each day.
- Sun & Mon Timed-Finals Sessions (10 & under): **no earlier than** 11:30 am warm-ups and 12:30 pm competition.
- Tues Timed-Finals Session (10 & under): **no earlier than** 10:30 am warm-ups and 11:30 am competition.
- Sun, Mon, Tues Finals (11 & over): time to be determined and announced each day after the coaches meeting.

RULES:

- Current USA and Pacific Swimming rules, including Pacific Age Group scratch rules will govern the meet.
- Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course.
- All preliminary and timed-final events will swim fastest to slowest.
- Preliminary events for the 11-12 and 13-14 age groups will have B and A finals, in that order.
- Preliminary events for the 15-18 age group will have C, B, and A finals, in that order.
- Swimmers may enter as many events as they wish, but shall check in for and compete in no more than the following limits:
 - 10 and under event limits: 4 per day, 7 total for the meet, plus 1 relay per day.
 - 11 and over event limits: 3 per day, 7 total for the meet, plus 1 relay per day.
- All swimmers ages 10 and under are scheduled to complete competition within four (4) hours or less.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory

scratch down. Immediate cash refunds will be made for any mandatory scratches.

- **All coaches and deck officials must wear their valid USA-S membership cards in a visible manner at all times while on deck.** All coaches are required to sign in at the meet before the beginning or warm-ups and present their 2014 or 2015 registration card. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

DISTANCE:

- All Saturday events are timed finals. The Tuesday 500 freestyle events will swim as Preliminaries and Finals.
- Age groups in the 400 IM and 1650 freestyle will be seeded together, but will be scored and awarded separately.
- The 1650 yard freestyle will be swum alternating womens and mens heats. All swimmers in the 1650 must provide their own timers and lap counters.
- Swimmers entered in the 500 yard freestyle on Saturday or Tuesday must provide their own lap counters, and will swim women then men, no alternating.

RELAYS:

- Relays are timed finals and will be deck entered by the announced deadlines on Sunday and Monday.
- Teams may submit as many relay entries as they wish.
- Relay entry cards will be available from the Admin table throughout the meet. Each entry must clearly designate the order of swim and any alternate swimmers, and shall not be changed after the lead swimmer is called to the blocks.
- 11 & over relays will be contested at the end of the finals sessions only.
- Each relay swimmer must be entered in an individual event in the meet, OR the name, registration number, birth date, and participation fee for each "relay only" swimmer(s) must be submitted with the team entries.
- Each swimmer may participate in no more than one (1) relay event per day. Swimmers age 19 & over shall not participate.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: the following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by swimmers during the meet and during warm-up periods, including the Community Center located in the adjacent parking lot of the Carson Aquatic Center.

- No smoking or use of tobacco products.
- No sale or use of alcoholic beverages.
- No glass containers.
- No propane heaters.
- No animals.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.
- **IMPORTANT:** All floor and wall vents must be kept clear at all times to ensure proper air circulation in the facility.
- Only swimmers, coaches, officials, and volunteers will be allowed on the pool deck. Closed areas on the pool deck may exist. Cooperation of swimmers, families and coaches is appreciated.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee and his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Open to all 2014 and 2015 USA Swimming registered athletes residing in the State of Nevada, or representing a team registered with USA Swimming in the State of Nevada, who have achieved one or more qualifying time standards for the

meet (attached) or are properly entered as relay-only swimmers.

- The swimmer's age will be the age of the swimmer on the first day of the meet.
- Swimmers 19 & over may participate in the oldest age group of individual preliminary and timed final events, but shall not participate in finals or relays, and shall not score points or receive awards.
- Swimmers must enter their name and registration number exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- Entries with "NO TIME" or not meeting the qualifying or bonus standards will be **rejected** except for relays.

SEEDING: Event seeding will be in the following order: conforming short course yards, non-conforming long course meters – USA Swimming rules 207.12.7B. **See Rules for distance events seeding.**

CHECK-IN: ALL PRELIMINARY AND TIMED-FINAL EVENTS WILL BE DECK SEEDED. Swimmers must check-in at the Clerk-of-Course. Close of check-in for the first four (4) events of each session shall be 30 minutes before the start of the session. Close of check-in for all subsequent events of that session shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will be automatically scratched and may not compete in that event.

SCRATCHES AND NO-SHOWS:

- **Preliminary and Timed Finals events:** Any swimmers not reporting for or competing in a preliminary or timed final event that they have checked in for shall not be penalized. Swimmers who must withdraw from an event in which they have been seeded are requested to notify the Referee immediately.
- **Finals of events with Preliminaries:** Any swimmer qualifying for any level of finals in an individual event who does not wish to compete must scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the referee that they may not intend to compete in consolation finals or finals. In this case they must declare their final intention within 30 minutes after the announcement of qualifiers following their last individual preliminary event of that day. Otherwise, all qualifiers not properly scratched will be seeded in finals.
- **Penalty for No-show in Finals:** Any swimmer originally qualifying for any level of finals in an individual event who fails to show up in said final race prior to calling the first alternate, without having properly scratched first, shall be barred from the remainder of any final and relay events for that day. Should the swimmer have no additional finals events for that day, they will be barred from the next preliminary event in which they are entered in the meet. If the No-Show occurs on the last day that the swimmer is entered in an individual event in the meet, and no other individual event penalty is applicable, the swimmer shall then be fined \$25.00. The fine will be increased to \$100 if after 30 days of receiving the letter of notification the party has not made the payment.
- **Exceptions:** No penalty shall apply for failure to withdraw or compete in a finals event if the referee is notified in the event of illness or injury and accepts the proof thereof, or it is determined by the referee that the failure is caused by circumstances beyond the control of the swimmer, or the swimmer qualified for any level of finals due to scratches of one or more original finalists, or the swimmer is an alternate for any level of finals.

ELECTRONIC TEAM ENTRIES: a team may submit their entries electronically as a **single** file in HyTek format, using the event file available from the Meet Director. (Visit <http://www.hy-tek.com/downloads.html> to obtain a free version of HyTek Lite Team Manager.) Entry file must be electronically received no later than 6:30 pm Wednesday, October 29, 2014, by Becki Boehnke at becki@tigersharks.org, and must include a PDF or hard-copy printout of the team's complete entries. Payment in full of all fees (including participation fees for relay-only swimmers) must also be received by the same deadline at the mailing address below. Prior to the entry deadline, team HyTek entries may be changed **ONLY** by re-submitting the ENTIRE corrected entries as a **single replacement file**, provided the appropriate entry fees are received by the deadline. **No partial submissions, no late entries or entry changes, no deck entries (except relays), and no late payments will be accepted.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form accompanied by the required fees. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, **October 27, 2014** or hand delivered by 6:30 p.m. Wednesday, October 29, 2014 **No late entries or entry changes, and no deck entries (except relays) will be accepted.** No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

ENTRY TIMES: Swimmers must enter their best achieved qualifying time (or eligible bonus time) in the conforming (short course yards) or non-conforming (long course meters) course designated by a “Y” or “L” respectively for each event entered. Converted times, No Times (“NT”), and unofficial times will **not** be accepted. All entry times must meet the minimum qualifying times and will be run through the SWIMS database for verification.

BONUS EVENTS: Swimmers with 1 qualifying time standard may enter up to 2 additional BONUS EVENTS where the bonus standard is achieved. Swimmers with 2 qualifying times may enter 1 additional Bonus Event where the bonus standard is achieved. SWIMMERS WITH 3 or MORE QUALIFYING TIMES – NO BONUS EVENTS. Bonus time standards for events distance 25 add .25 sec, 50 add .50 sec, 100 add 1.00 sec, and 200 add 2.00 sec to the qualifying time standards for those events. There are no bonus events for distances longer than 200.

ENTRY FEES: \$5.50 per individual event plus a \$9.00 per swimmer participation fee. Entries will be rejected if payment is not sent at time of request. Relays will be \$16.00 due with the relay entries or no later than 9:00 AM Tuesday November 11th, 2014.

Make check payable to: Carson Tigersharks

**Mail entries to: Becki Boehnke
PO Box 1876
Carson City, NV 89702**

**Hand deliver entries to: Becki Boehnke
841 N. Roop St.
Carson City, NV 89701**

AWARDS: Individual Events: Medals 1st – 8th place; Ribbons 9th – 16th
Awards for Individual High Point and Runner up for 8 & under, 9-10, 11-12, 13-14 and 15-18 age groups
Relays: 1st – 3rd
No team awards will be given.
All awards must be picked up at the meet. No awards will be mailed. Each team is asked to designate a representative to collect the awards.

SCORING:

Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
19 & over swimmers will not score or receive awards

ADMISSION: Free. A **four-day** program will be available for a fee.

HOSPITALITY: Hospitality available for coaches, officials, timers, and volunteers. Lunches will be provided for coaches and working deck officials. There **WILL** be a snack bar.

TIMERS: Clubs will be assigned lanes based on the number of swimmers from each club (host club will not be expected to time). Swimmers will need to provide their own timers for the 1650 freestyle events.

MINIMUM OFFICIALS: All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. Officials must be certified by their LSC in the position(s) worked; no trainees will be accepted at this meet. **Participating clubs are requested to provide at least the following number of certified and carded officials for each session:**

Club swimmers entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

TIMERS: Clubs will be assigned lanes based on the number of swimmers from each club (host club will not be expected to time). Swimmers will need to provide their own timers for the 1650 freestyle events.

ACCOMMODATIONS: We will have a preferred list of hotels on our website at www.tigersharks.org

**SCHEDULE OF EVENTS:
Saturday, November 8, 2014 – 11 & Over TIMED FINALS**

Warm Ups 12:30 PM Start Time 2:00 PM

Girls Time Standards (SCY/LCM)	Girls Event #	Event Description Timed Finals	Boys Event #	Boys Time Standards (SCY/LCM)
6:00.89/6:44.97	1	13-14 400 IM	2	6:10.27/6:55.29
5:25.05/6:05.55	1	15& Over 400 IM	2	5:39.95/6:21.94
6:43.35/6:06.94	3	11-12 500 Freestyle	4	7:24.59/6:43.23
24:00.71/24:30.71	5	13-14 1650 Freestyle	6	23:37.97/24:07.97
21:12.49/21:42.49	5	15& Over 1650 Freestyle	6	21:48.50/22:18.50

Sunday, November 9, 2014 – 11 & Over PRELIMS

Warm Ups 7:00 AM Start Time 8:30 AM

Girls Time Standards (SCY/LCM)	Girls Event #	Event Description AM and Finals Sessions	Boys Event #	Boys Time Standards (SCY/LCM)
2:32.03/2:51.23	7	11-12 200 Freestyle	8	2:47.07/3:07.77
2:21.88/2:40.06	9	13-14 200 Freestyle	10	2:24.78/2:43.25
2:09.15/2:26.06	11	15 & Over 200 Freestyle	12	2:11.71/2:28.88
42.32/47.55	13	11-12 50 Breaststroke	14	46.68/52.34
1:27.65/1:38.41	15	13-14 100 Breaststroke	16	1:30.88/1:41.96
1:20.13/1:30.14	17	15 & Over 100 Breaststroke	18	1:21.23/1:31.35
1:20.37/1:30.40	19	11-12 100 Backstroke	20	1:32.10/1:43.31
2:42.53/3:02.78	21	13-14 200 Backstroke	22	2:56.35/3:17.98
2:29.87/2:48.85	23	15 & Over 200 Backstroke	24	2:43.84/3:03.82
37.13/41.84	25	11-12 50 Butterfly	26	38.98/43.87
1:18.40/1:28.24	27	13-14 100 Butterfly	28	1:18.28/1:28.10
1:09.34/1:18.27	29	15 & Over 100 Butterfly	30	1:10.88/1:19.96
-	31*	11-12 200 Medley Relay	32*	-
-	33*	13-14 400 Medley Relay	34*	-
-	35*	11-18 400 Medley Relay	36*	-

*11-over relays will be swum only during the finals session.

Sunday November 9, 2014 – 10 & Under TIMED FINALS

Warm Ups Not Before 11:30 AM

Start Time Not Before 12:30 PM

Girls Time Standards (SCY/LCM)	Girls Event #	Event Description PM Timed Finals Session	Boys Event #	Boys Time Standards (SCY/LCM)
3:04.40/3:26.84	37	9-10 200 Freestyle	38	3:07.14/3:29.85
1:51.58/ 2:04.73	39	8 & Under 100 Freestyle	40	1:47.33/2:00.06
49.77/55.74	41	9-10 50 Breaststroke	42	51.83/58.01
29.93	43	8 & Under 25 Breaststroke	44	29.12
1:36.53/1:48.18	45	9-10 100 Backstroke	46	1:44.04/1:56.44
59.89/1:06.87	47	8 & Under 50 Backstroke	48	59.15/1:06.06
1:33.87	49	9-10 100 IM	50	1:39.92
-	51	8 & Under 100 Medley Relay	52	
-	53	9-10 200 Medley Relay	54	

Monday November 10, 2014: 11 & Over PRELIMS

Warm Ups 7:00 AM Start Time 8:30 AM

Girls Time Standards (SCY/LCM)	Girls Event #	Event Description AM and Finals Sessions	Boys Event #	Boys Time Standards (SCY/LCM)
2:27.83/2:46.61	55	15 & Over 200 IM	56	2:30.24/2:49.26
2:38.46/2:58.30	57	13-14 200 IM	58	2:50.13/3:11.14
1:19.39	59	11-12 100 IM	60	1:28.23
3:00.99/3:23.08	61	15 & Over 200 Breaststroke	62	3:02.80/3:25.08
3:10.60/3:33.65	63	13-14 200 Breaststroke	64	3:17.76/3:41.53
1:34.98/1:46.47	65	11-12 100 Breaststroke	66	1:42.30/1:54.53
59.15/1:07.06	67	15 & Over 100 Freestyle	68	58.29/1:06.11
1:03.88/1:12.66	69	13-14 100 Freestyle	70	1:05.99/1:14.58
1:09.58/1:17.53	71	11-12 100 Freestyle	72	1:14.34/1:23.77
2:55.43/3:16.97	73	15 & Over 200 Butterfly	74	2:43.47/3:03.92
3:02.28/3:24.50	75	13-14 200 Butterfly	76	2:56.86/3:18.54
1:27.94/1:38.73	77	11-12 100 Butterfly	78	1:30.14/1:41.15
-	79*	11-12 200 Freestyle Relay	80*	-
-	81*	13-14 400 Freestyle Relay	82*	-
-	83*	11-18 400 Freestyle Relay	84*	-

***11-over relays will be swum only during the finals session.**

Monday November 10, 2014 – 10 & Under TIMED FINALS

Warm Ups Not Before 11:30 AM

Start Time Not Before 12:30 PM

Girls Time Standards (SCY/LCM)	Girls Event #	Event Description PM Timed Finals Session	Boys Event #	Boys Time Standards (SCY/LCM)
44.29/49.71	85	9-10 50 Butterfly	86	43.39/48.72
26.63	87	8 & Under 25 Butterfly	88	26.63
43.55/48.90	89	9-10 50 Backstroke	90	46.70/52.37
26.59	91	8 & Under 25 Backstroke	92	26.95
1:51.25/2:04.37	93	9-10 100 Breaststroke	94	1:55.27/2:08.72
1:06.44/1:14.08	95	8 & Under 50 Breaststroke	96	1:04.79/1:12.26
1:22.43/1:32.67	97	9-10 100 Freestyle	98	1:25.70/1:36.27
49.09/54.99	99	8 & Under 50 Freestyle	100	49.25/55.17
-	101	9-10 200 Freestyle Relay	102	-
-	103	8 & Under 100 Freestyle Relay	104	-

Tuesday November 11, 2014: 11 & Over PRELIMS

Warm Ups 7:00 AM Start Time 8:30 AM

Girls Time Standards (SCY/LCM)	Girls Event #	Event Description AM and Finals Sessions	Boys Event #	Boys Time Standards (SCY/LCM)
37.10/41.81	105	11-12 50 Backstroke	106	41.94/47.13
1:14.15/1:23.56	107	13-14 100 Backstroke	108	1:22.01/1:32.21
1:10.17/1:19.18	109	15 & Over 100 Backstroke	110	1:13.81/1:23.19
2:52.04/3:13.24	111	11-12 200 IM	112	3:13.52/3:36.87
6:18.12/5:44.74	113	13-14 500 Freestyle	114	6:31.55/5:56.56
5:41.41/5:12.44	115	15 & Over 500 Freestyle	116	5:52.00/5:21.75
31.02/35.12	117	11-12 50 Freestyle	118	34.11/38.52
29.59/33.54	119	13-14 50 Freestyle	120	30.80/34.88
27.55/31.30	121	15 & Over 50 Freestyle	122	26.84/30.52

Tuesday November 11, 2014 – 10 & Under TIMED FINALS

Warm Ups Not Before 10:30 AM

Start Time Not Before 11:30 AM

Girls Time Standards (SCY/LCM)	Girls Event #	Event Description PM Timed Finals Session	Boys Event #	Boys Time Standards (SCY/LCM)
3:32.66/3:57.92	123	9-10 200 IM	124	3:37.02/4:02.72
2:08.54	125	8 & Under 100 IM	126	2:04.84
1:46.40/1:59.04	127	9-10 100 Butterfly	128	1:44.85/1:57.33
57.81/1:04.59	129	8 & Under 50 Butterfly	130	58.63/1:05.49
36.35/40.98	131	9-10 50 Freestyle	132	38.47/43.31
21.73	133	8 & Under 25 Freestyle	134	22.01

EVENT SUMMARY:

	8 & Under	9-10	11-12	13-14	15 & Over
Saturday	None	None	500 Free	400 IM 1650 Free	400 IM 1650 Free
Sunday	100 Free 25 Breast 50 Back 100 Med R	200 Free 50 Breast 100 Back 100 IM 200 Med R	200 Free 50 Breast 100 Back 50 Fly 200 Med R <u>or</u> 400 Med R <i>11-18</i>	200 Free 100 Breast 200 Back 100 Fly 400 Med R <u>or</u> 400 Med R <i>11-18</i>	200 Free 100 Breast 200 Back 100 Fly 400 Med R <i>11-18</i>
Monday	25 Fly 25 Back 50 Breast 50 Free 100 Free R	50 Fly 50 Back 100 Breast 100 Free 200 Free R	100 IM 100 Breast 100 Free 100 fly 200 Free R <u>or</u> 400 Free R <i>11-18</i>	200 IM 200 Breast 100 Free 200 Fly 400 Free R <u>or</u> 400 Free R <i>11-18</i>	200 IM 200 Breast 100 Free 200 Fly 400 Free R <i>11-18</i>
Tuesday	100 IM 50 Fly 25 Free	200 IM 100 Fly 50 Free	50 Back 200 IM 50 Free	100 Back 500 Free 50 Free	100 Back 500 Free 50 Free

Pacific Swimming – Hosted by Carson Tigersharks
 2014 Nevada State Short Course Championships
 November 8, 9, 10 & 11, 2014
 Consolidated Entry Form

Name: Last, First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
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						: .			SCY / LCM				
# of entries _____ x \$5.50 = \$ _____ RELAY ONLY? (Y / N) Participation Fee \$ 9.00 Total \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
Email													