## CARSON TIGERSHARKS INTERMOUNTAIN CLASSIC ~ 20<sup>TH</sup> ANNIVERSARY PACIFIC SWIMMING LONG COURSE MEET

MAY 22 - 24, 2015

ENTER ONLINE: <a href="http://ome.swimconnection.com/pc/CARS20150522">http://ome.swimconnection.com/pc/CARS20150522</a>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **15-057** 

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet.** 

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: Meet Referee: Greg Gephart Head Starter: Judy Maynor

Meet Marshal: Gary Kolb Admin Official: Karen DeBusk
Meet Director: Becki Boehnke (becki@tigersharks.org); 775-721-6142

LOCATION: Carson Aquatic Facility, 841 N. Roop St. Carson City, NV.

**DIRECTIONS:** From Business Hwy. 395 go two traffic lights East on Hwy. 50 (E. Williams St.). Turn right on Roop St. and go one block south. Turn left behind the Carson City Community Center. From Reno on Hwy. 395 take exit 39. Turn right and travel west for 0.9 mile. Turn left into Mills Park and the Carson City Community Center. Additional parking is available at the Bank of America at the northwest corner of Roop St. and Hwy. 50 (E. Williams St.).

**COURSE:** 50 meter heated indoor pool with up to 8 lanes for competition and a 25 yard outdoor pool for warm-up and warm down. Colorado Timing system. The minimum water depth in the competition course as measured in accordance with Article 103.2.3 is at least 5 feet at the start end and 4 feet at the turn end. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. All events except events of 50 meters will start at the start end of the pool and the 50-meter events will start at the turn end.

TIME: FRIDAY SESSION: begins at 4:00 pm with warm-ups from 2:30 to 3:45 pm.

SATURDAY & SUNDAY AM SESSION (13 & O): begins at 8:30 am with warm-ups from 7:00 to 8:15 am.

SATURDAY & SUNDAY PM SESSION (12 & U): begins with warm-ups at the conclusion of the morning session not before 12:30 PM

**RULES:** • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

- All events are timed finals.
- All events will swim fast to slow.
- Swimmers may compete in 2 individual events on Friday and 5 individual events per day on Saturday and Sunday but cannot exceed 10 events for the meet.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries for the Friday Afternoon session will close before the entry deadline if and when the estimated session timeline reaches 4 hours.
- Entries for the Saturday and Sunday morning and afternoon sessions will close before the entry deadline if and when the estimated session timeline reaches 4 hours or the estimated combined timeline of the morning and afternoon sessions reached 8.5 hours.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.

- Swimmers may enter as many events as they wish, but shall check-in for and compete in no more than 5 individual events per day and 10 individual events total.
- The 800 meter freestyle and 1500 meter freestyle will be swum alternating women and men, fastest to slowest. All swimmers in the 800 and 1500 must provide their own timers and lap counters. To be eligible in order to enter an individual freestyle event of 800M or longer, a swimmer must have previously established an official USA Swimming time in any event 400M/500Y or longer.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. All coaches are required to sign in at the meet before the beginning of warm-ups and present their 2015 registration card. Except for coaches accompanying athletes participating under provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- No animals, except for working service animals, are permitted in the facility.
- IMPORTANT: All floor and wall vents must be kept clear at all times to ensure proper air circulation in the facility.
- Closed areas on the pool deck may exist. Cooperation of swimmers, families and coaches is appreciated.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:** • Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Entries with "NO TIME" will be ACCEPTED (Exception See rules regarding 800 and 1500 M Freestyle)
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY FEES:** \$4.00 per event plus an \$11.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

**ONLINE ENTRIES:** To enter online go to <a href="http://ome.swimconnection.com/pc/CARS20150522">http://ome.swimconnection.com/pc/CARS20150522</a> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary,** 

and is in no way required or expected of a swimmer by Pacific Swimming. Online entries will be accepted through Wednesday, May 13, 2015 at 11:59 PM or until a session is full.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, May 11, 2015 or hand delivered by 6:30 p.m. Wednesday, May 13, 2015, and may be rejected if a session is already full. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Carson Tigersharks
Mail entries to: Becki Boehnke
PO Box 1876
Carson City, NV 89702

Hand deliver entries to: Becki Boehnke 841 N Roop St. Carson City, NV 89701

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any swimmers not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:** Individual Events: Ribbons  $1^{st} - 8^{th}$  place for 8 & U, 9-10, 11-12, 13-14, and 15-18 age groups. Swimmers 19 years of age and older will not be eligible to score points or receive awards. High Point and High Point runner up will be awarded to each age group. ALL AWARDS MUST BE PICKED UP AT THE MEET. Each team is asked to designate a team representative to claim awards. NO AWARDS WILL BE MAILED.

SCORING: Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

**ADMISSION:** Free. A 3-day meet program will be available for a fee.

**SNACK BAR & HOSPITALITY:** A snack bar will be available during the meet. Lunch and limited hospitality will be available to all working officials and coaches.

TIMERS: Clubs will be assigned lanes based on the number of swimmers from each club (host club will not be expected to time).

**MINIMUM OFFICIALS:** Participating clubs are requested to provide at least the following number of certified and carded officials for each session:

| Club swimmers entered in session | Trained and carded officials requested |
|----------------------------------|--|
| 1-10                             | 0                                      |
| 11-25                            | 1                                      |
| 26-50                            | 2                                      |
| 51-75                            | 3                                      |
| 76-100                           | 4                                      |
| 100 or more                      | 5                                      |

## **EVENT SUMMARY**

| FRIDAY  |         |         | SATURDAY |        | SUNDAY  |        |        |  |  |
|---------|---------|---------|----------|--------|---------|--------|--------|--|--|
| 11-12   | 13 & O  | 10 & UN | 11-12    | 13 & O | 10 & UN | 11-12  | 13 & O |  |  |
| 200 IM  | 200 BR  | 50 BK   | 50 BK    | 200 IM | 50 FL   | 50 FL  | 200 FR |  |  |
| 400 FR  | 400 IM  | 100 FR  | 100 FR   | 100 FR | 200 FR  | 200 FR | 100 BK |  |  |
| 1500 FR | 1500 FR | 200 IM  | 200 BK   | 200 BK | 100 BK  | 100 BK | 100 BR |  |  |
|         |         | 100 FL  | 200 BR   | 100 FL | 100 BR  | 100 BR | 50 FR  |  |  |
|         |         | 50 BR   | 100 FL   | 400 FR | 50 FR   | 200 FL | 200 FL |  |  |
|         |         |         | 50 BR    |        |         | 50 FR  | 800 FR |  |  |

## **EVENTS**

| Friday, May 22, 2015 – PM Session   |                                     |                  |              |  |  |  |  |  |
|-------------------------------------|-------------------------------------|------------------|--------------|--|--|--|--|--|
| Event # Girls                       | Age Group                           | Event            | Event # Boys |  |  |  |  |  |
| 1                                   | 13 & Over                           | 200 Breaststroke | 2            |  |  |  |  |  |
| 3                                   | 11-12                               | 200 IM           | 4            |  |  |  |  |  |
| 5                                   | 13 & Over                           | 400 IM           | 6            |  |  |  |  |  |
| 7                                   | 11-12                               | 400 Freestyle    | 8            |  |  |  |  |  |
| 9*                                  | 11 & Over                           | 1500 Freestyle   | 10*          |  |  |  |  |  |
| Saturday, May 23, 2015 – AM Session |                                     |                  |              |  |  |  |  |  |
| 11                                  | 13 & Over                           | 200 IM           | 12           |  |  |  |  |  |
| 13                                  | 13 & Over                           | 100 Freestyle    | 14           |  |  |  |  |  |
| 15                                  | 13 & Over                           | 200 Backstroke   | 16           |  |  |  |  |  |
| 17                                  | 13 & Over                           | 100 Butterfly    | 18           |  |  |  |  |  |
| 19                                  | 13 & Over                           | 400 Freestyle    | 20           |  |  |  |  |  |
|                                     | Saturday, May 23, 2015 – PM Session |                  |              |  |  |  |  |  |
| 21                                  | 12 & Under                          | 50 Backstroke    | 22           |  |  |  |  |  |
| 23                                  | 12 & Under                          | 100 Freestyle    | 24           |  |  |  |  |  |
| 25                                  | 11-12                               | 200 Backstroke   | 26           |  |  |  |  |  |
| 27                                  | 10 & Under                          | 200 IM           | 28           |  |  |  |  |  |
| 29                                  | 11-12                               | 200 Breast       | 30           |  |  |  |  |  |
| 31                                  | 12 & Under                          | 100 Butterfly    | 32           |  |  |  |  |  |
| 33                                  | 12 & Under                          | 50 Breaststroke  | 34           |  |  |  |  |  |
|                                     | Sunday, May 24,                     | 2015- AM Session |              |  |  |  |  |  |
| 35                                  | 13 & Over                           | 200 Free         | 36           |  |  |  |  |  |
| 37                                  | 13 & Over                           | 100 Backstroke   | 38           |  |  |  |  |  |
| 39                                  | 13 & Over                           | 100 Breaststroke | 40           |  |  |  |  |  |
| 41                                  | 13 & Over                           | 50 Free          | 42           |  |  |  |  |  |
| 43                                  | 13 & Over                           | 200 Butterfly    | 44*          |  |  |  |  |  |
| 45*                                 | 13 & Over                           | 800 Freestyle    | 46           |  |  |  |  |  |
| Sunday, May 24, 2015-PM Session     |                                     |                  |              |  |  |  |  |  |
| 47                                  | 12 & Under                          | 50 Butterfly     | 48           |  |  |  |  |  |
| 49                                  | 12 & Under                          | 200 Freestyle    | 50           |  |  |  |  |  |
| 51                                  | 12 & Under                          | 100 Backstroke   | 52           |  |  |  |  |  |
| 53                                  | 12 & Under                          | 100 Breaststroke | 54           |  |  |  |  |  |
| 55                                  | 11-12                               | 200 Butterfly    | 56           |  |  |  |  |  |
| 57                                  | 12 & Under                          | 50 Freestyle     | 58           |  |  |  |  |  |

Use the following URL to find the time standards: <a href="http://www.pacswim.org/swim-meet-times/standards">http://www.pacswim.org/swim-meet-times/standards</a>

<sup>\*</sup>All swimmers in the 800 and 1500 must provide their own timers and lap counters. To be eligible in order to enter an individual freestyle event of 800M or longer, a swimmer must have previously established an official USA Swimming time in any event 400M/500Y or longer.

## Pacific Swimming – Hosted by Carson Tigersharks Intermountain Classic Long Course Meet – 20th Anniversary May 22 – 24, 2015

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|----------------------|---------------------------|--------|---------|--------------|------------|------------|---------|----|----------------|-------------|------------|-----------|----------|---|--|
| Name: Last           | ,                         |        | First   |              | 2011501    | idated     | Middl   |    |                |             |            |           |          |   |  |
| Club Abbr.           | . UNATT TEAM ABBR         |        |         |              |            | Club Name  |         |    |                |             |            |           |          |   |  |
| Age                  | Date of Birth             |        |         |              |            | Sex<br>M F |         |    | LSC – (PC, SN) |             |            |           |          |   |  |
| USA-#                |                           |        |         |              |            |            |         |    |                |             |            |           |          |   |  |
| Event #              | Event # Distance / Stroke |        |         |              |            | En         | try Tin | ne |                |             | Circle one |           |          |   |  |
|                      |                           |        |         |              |            | : .        |         |    |                |             | SCY / LCM  |           |          |   |  |
|                      |                           |        |         |              |            |            |         | :  | •              |             | SCY / LCM  |           |          |   |  |
|                      |                           |        |         |              |            |            | : .     |    |                |             |            | SCY / LCM |          |   |  |
|                      |                           |        |         |              |            |            | : .     |    |                |             |            | SCY / LCM |          |   |  |
|                      |                           |        |         |              |            |            |         | :  |                |             |            | S         | CY / LCN | 1 |  |
|                      |                           |        |         |              |            |            |         | :  |                |             |            | S         | CY / LCN | 1 |  |
|                      |                           |        |         |              |            |            |         | :  |                |             |            | S         | CY / LCN | 1 |  |
|                      |                           |        |         |              |            |            |         | :  |                |             |            | S         | CY / LCN | 1 |  |
|                      |                           |        |         |              |            | : .        |         |    |                |             | SCY / LCM  |           |          |   |  |
|                      |                           |        |         |              |            |            |         | :  |                |             |            | S         | CY / LCN | 1 |  |
| # of entries         |                           |        |         |              |            |            |         |    |                |             |            |           |          |   |  |
| Par<br>Tot           | ticipation<br>al          | Fee    |         | \$ 11.<br>\$ | 00         |            |         |    |                |             |            |           |          |   |  |
| Coach                |                           |        |         |              |            |            |         |    |                |             |            |           |          |   |  |
| Swimmer's<br>Address |                           |        |         |              |            |            |         |    |                |             |            |           |          |   |  |
| Home Phone           |                           |        |         |              | Cell Phone |            |         |    |                |             |            |           |          |   |  |
| Email                |                           |        |         |              |            |            |         |    |                |             |            |           |          |   |  |