

LONG COURSE AGE GROUP OPEN
PACIFIC SWIMMING LONG COURSE C/B/A+ MEET
MAY 20TH through 22ND, 2016
Enter Online: <http://ome.swimconnection.com/pc/MAKO20160520>



SANCTION: Held under USA/Pacific Swimming Sanction No. **16-066**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://www.morganhillmakos.com>.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

Meet Referee:	Mike Piccardo	Head Starter:	Phil Beisel
Meet Marshal:	Jim Critzer	Admin Official:	Bob McNamara
Meet Director:	Michael Greymont – (408) 891-2948 / mgreymont@mhgcg.com		

LOCATION: Morgan Hill Dennis Kennedy Aquatics Center, 16200 Condit Road, Morgan Hill, CA.

DIRECTIONS: From Southbound Highway 101: take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about ¼ mile.

From Northbound Highway 101: take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right.

Parking: Park in the main paved lot of the facility, the EAST side of Conduit Road, and the main large lot on the North side of the facility. Do not park at the House of Thunder Harley Davidson Dealership or Patio World. Those lots are for their patrons only and vehicles will be towed at your expense. Please secure vehicles and contents, the City of Morgan Hill, The Morgan Hill Aquatics Center, the Morgan Hill Swim Club (MAKOS), nor Pacific Swimming take ANY responsibility to damage or theft to any vehicles or personal belongings.

Entry: Enter facility through the gates at the competition end of the Aquatics Center, the south end. Please do not enter through the main entry on the north end of the facility, as the facility is open to the public during the meet

COURSE: Outdoor 50 meter pool with up to 8 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the shallow end and 13'0" at the deep end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at 5 PM Friday, May 20th, with warmups from 3:30 to 4:45. Meet will begin Saturday and Sunday (20th-21st) at 9 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:00 to 8:45 AM in Instructional Pool.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in three (3) events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," base on the athlete's age and gender.

- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- Athletes competing in the Open 400 Free, 800 Free, and/or 1500 Free must have achieved a minimum USA-S 11-12 Motivational "B" time for their gender in order to enter. Athletes competing in these events must provide their own timers. Athletes in the 800 and/or 1500 Free must provide their own lap counters.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

ATTENTION HIGH SCHOOL ATHLETES: If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Tobacco products are prohibited in all areas of the Morgan Hill Dennis Kennedy Aquatics Center.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Swimmers in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with **"NO TIME" will be ACCEPTED (Exception – Open Events, see rules).**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Zone 1 South athletes shall have priority entry through Thursday, April 21st at 11:59 PM. No swimmers other than those from Zone 1 South Clubs may enter the meet until the priority period has concluded.

ENTRY FEES: \$4.00 per event plus a \$10.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/MAKO20160520> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, **May 11th, 2016.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with the athlete’s best time. Entries must be postmarked by midnight, Monday, **May 9th, 2016** or hand delivered by 6:30 p.m. Wednesday, **May 11th, 2016.** No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Santa Clara Swim Club

**Mail entries to: Michael Greymont – Meet Director
409 Tennant Ave STE 423
Morgan Hill, CA 95037**

**Hand deliver entries to: Michael Greymont – Meet Director
409 Tennant Ave STE 423
Morgan Hill, CA 95037**

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athlete not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Ribbons will be awarded to 1st through 8th place finishers in the A+, B, and C divisions for each event and age group. 13 & OV events will be awarded as 13-14, 15-16, and 17-18 age groups. Athletes aged 19 and over will not be awarded. “A” medlas will be awarded to athletes achieving new “A” times swum during this meet only. Open events will not be awarded.

ADMISSION: Free. A program will be provided to coaches and officials. An online program will be made available for your convenience.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck official’s will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

EVENT SUMMARY

Friday		Saturday				Sunday			
12-Un	Open	10-Un	11-12	13-OV	Open	10-Un	11-12	13-OV	Open
400 IM*	1500 Free*	50 Breast	200 Breast	200 Breast	800 Free	50 Fly	200 Back	200 Back	400 Free*
		100 Back	50 Breast	200 Free		100 Free	200 IM	200 IM	
		50 Free	100 Back	100 Back		100 Breast	100 Free	100 Free	
		100 Fly	50 Fly	50 Free		50 Back	100 Breast	100 Breast	
			100 Fly	100 Fly			50 Back	200 Fly	
				400 IM					

EVENTS

Friday, May 20, 2016				
	WOMEN'S EVENT #	DESCRIPTION		MEN'S EVENT #
		AGE GROUP	EVENT	
	1	9-10	400 IM	2
	3	11-12	400 IM	4
	5*	OPEN	1500 Free	6*
Saturday, May 21, 2016				
	7	13 - Over	400 IM	8
	9	11 – Over	200 Breast	10
	11	13 – Over	200 Free	12
	13	10 & Under	50 Breast	14
	15	11-12	50 Breast	16
	17	9-10	100 Back	18
	19	11-12	100 Back	20
	21	13 – Over	100 Back	22
	23	10-Under	50 Free	24
	25	11-12	50 Free	26
	27	13 - Over	50 Free	28
	29	9-10	100 Fly	30
	31	11-12	100 Fly	32
	33	13 – Over	100 Fly	34
	35*	OPEN	800 Free	36*
Sunday, May 22, 2016				
	37	11 - Over	200 Back	38
	39	10 – Under	50 Fly	40
	41	11-12	50 Fly	42
	43	13 – Over	200 IM	44
	45	10 Under	100 Free	46
	47	11-12	100 Free	48
	49	13 – Over	100 Free	50
	51	9-10	100 Breast	52
	53	11-12	100 Breast	54
	55	13 – Over	100 Breast	56
	57	10 – Under	50 Back	58
	59	11-12	50 Back	60
	61	13 – Over	200 Fly	62
	63*	OPEN	400 Free	64*

***Open events must have their own timers and/or counters, (For events 5, 6, 35, 36, 63, 64)**

The 400, 800, and 1500 Freestyle events will be swum fastest to slowest, alternating girls, boys.

Athletes competing in the Open 400 Free, 800 Free, and/or 1500 Free must have achieved a minimum USA-S Motivational 11-12 "B" time for their gender in order to enter.

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Santa Clara Swim Club - Makos Long Course Meet May 20 – 22nd, 2016 Consolidated Entry Form													
Name: Last, First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 10.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													