

**ALBANY ARMADA AQUATICS
ZONE 2 SHORT COURSE C/B/BB+ MEET
MAY 21-22, 2016**

Enter Online: <http://ome.swimconnection.com/pc/aaa20160521>



SANCTION: Held under USA/Pacific Swimming Sanction No. **16-073**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:
Meet Referee: David Cottam
Meet Marshal: Suzanne McIntosh
Meet Director: Verónica Hernández, vernhernwest@gmail.com
Head Starter: Holly Taifer
Admin Official: Carol Cottam

LOCATION: Albany Aquatic Center, 1311 Portland Avenue, Albany, CA 94706.

DIRECTIONS: From Highway 80, take Buchanan exit and head east. Make a left on San Pablo Ave. Make a right on Portland Ave. There is no parking lot at this site and parking in the surrounding neighborhood is very limited. Please be courteous to our neighbors and do not block drive ways, park in red zones, or over designated parking markers. Parking tickets will be issued to violators.

COURSE: Outdoor 25 yard pool with up to 8 lanes available for competition. An additional indoor 25 yard pool with up to 5 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:45 to 8:55 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a maximum of four (4) individual events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes' age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- Athletes entering the 400 I.M. must provide their own lane timers.

ATTENTION HIGH SCHOOL ATHLETES: If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet

Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, in standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or designated areas is prohibited.
- The only canopies allowed on deck will be for coaches in the designated coaches' area. All athletes and spectators will set up in the basketball area just outside of the pool deck. All items left overnight will not be secure, so we do not recommend leaving canopies and chairs set up outside. Items may be folded up and left on the pool deck over night. Set up will be available starting at 6:30 a.m. on Saturday morning of the meet.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "BB" Division must have met at least the listed "BB" time standard. Athletes in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. For 8&U, athletes in the "A" division must have met at least the listed "A" time standard.
- Entries with **"NO TIME" will be accepted.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Meet entries will not be accepted any earlier than Saturday, April 16, 2016. Entries from members of "year round" Zone 2 teams postmarked or entered online by 11:59 p.m. on Saturday, April 23, 2016 will be given 1st priority acceptance. Entries from members of all Zone 2 teams (year round and seasonal) postmarked or entered online between 12:00 a.m. Saturday, April 16 and 11:59 pm Saturday, April 23, 2016 will be given 2nd priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

**** NOTE:** Athletes who falsify their entry from by listing a team to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch-downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/20160521> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do

not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, May 10, 2016, or until the meet has reached capacity, whichever comes first.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, Monday, May 9, 2016 or hand delivered by 6:30 p.m. Wednesday, May 11, 2016. No late entries will be accepted. No entries received after the meet has reached capacity will be accepted. No refunds will be made, except mandatory scratch-downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Albany Armada Aquatics

Mail entries to: Veronica Hernandez
2540 Yerba Hills Court
San Jose, CA 95121

Hand delivered entries to: Veronica Hernandez

On the pool deck at: 1311 Portland Avenue
Albany, CA 94706 Between 4:00 and 7:15 p.m., Mon-Fri

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athlete not reporting for or competing in an individual timed final event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: First through eighth place in each division (C/B/BB) will be awarded for the 9-10, 11-12, 13-14, and 15-18 age groups. First through eighth place in each division (PC-C, PC-B, and PC-A) will be awarded for the 8 & Under age group. All athletes achieving an A time for the first time will be awarded a standard A medal, regardless of place achieved in the event. No awards will be given for athletes 19 years of age and older. Note: Individual awards must be picked up at the meet. We will not mail or distribute awards after the meet.

ADMISSION: Free. A 2 day program will be available for \$3.00

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Any items left outside the facility overnight will not be secure or guarded. Please do not leave anything overnight. Set up will be available starting at 6:30 a.m. on the first day of the meet, no earlier.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of athletes entered against the number of Officials that worked representing each club per day of the meet. Those clubs who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

Number of athletes entered in meet per club per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Athletes over 100	+1

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13 & Up	8 & UN	9-10	11-12	13 & Up
50 Back	100 Back	100 Back	200 Back	100 Free	100 IM	100 IM	200 IM
25 Fly	50 Fly	50 Fly	100 Fly	25 Back	50 Back	50 Back	100 Back
100 IM	200 IM	200 Free	200 Free	50 Fly	100 Fly	100 Fly	200 Fly
50 Brst	100 Brst	100 Brst	100 Brst	25 Brst	50 Brst	200 Brst	200 Brst
25 Free	50 Free	50 Free	50 Free	50 Free	100 Free	100 Free	100 Free
		400 IM	400 IM				

EVENTS

SAT, MAY 21		
EVENT #	EVENT	EVENT #
1	13 & Up 200 Back	2
3	11-12 100 Back	4
5	9-10 100 Back	6
7	8 & Un 50 Back	8
9	13 & Up 100 Fly	10
11	11-12 50 Fly	12
13	9-10 50 Fly	14
15	8 & Un 25 Fly	16
17	13 & Up 200 Free	18
19	11-12 200 Free	20
21	9-10 200 IM	22
23	8 & Un 100 IM	24
25	13 & Up 100 Brst	26
27	11-12 100 Brst	28
29	9-10 100 Brst	30
31	8 & Un 50 Brst	32
33	13 & Up 50 Free	34
35	11-12 50 Free	36
37	9-10 50 Free	38
39	8 & Un 25 Free	40
41	13 & Up 400 IM	42
43	11-12 400 IM	44

SUN, MAY 22		
EVENT #	EVENT	EVENT #
45	13 & Up 200 IM	46
47	11-12 100 IM	48
49	9-10 100 IM	50
51	8 & Un 100 Free	52
53	13 & Up 100 Back	54
55	11-12 50 Back	56
57	9-10 50 Back	58
59	8 & Un 25 Back	60
61	13 & Up 200 Fly	62
63	11-12 100 Fly	64
65	9-10 100 Fly	66
67	8 & Un 50 Fly	68
69	13 & Up 200 Brst	70
71	11-12 200 Brst	72
73	9-10 50 Brst	74
75	8 & Un 25 Brst	76
77	13 & Up 100 Free	78
79	11-12 100 Free	80
81	9-10 100 Free	82
83	8 & Un 50 Free	84

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Albany Armada Aquatics C/B/BB+ May 21-22, 2016 Consolidated Entry Form															
Name: Last, First Middle															
Club Abbr.				UNATT TEAM ABBR				Club Name							
Age				Date of Birth				Sex M F				LSC – (PC, SN)			
USA-#															
Event #	Distance / Stroke						Entry Time				Circle one				
							: .				SCY / LCM				
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# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____															
Coach															
Athlete's Address															
Home Phone								Cell Phone							
Email															