

Bishop Stingrays Swim Team  
BISHOP INVITATIONAL  
PACIFIC SWIMMING SHORT COURSE AGE GROUP OPEN  
Friday, June 17 – Sunday, June 19, 2016  
ENTER ONLINE: <https://ome.swimconnection.com/pc/bst20160617>



**SANCTION:** Held under USA/Pacific Swimming Sanction No.: **16-069**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet, which may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VIDEO:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones, tablets, and Google Glass, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:** *Meet Referee:* Jim Morefield      *Administrative Officials:* Veronica Harmon & Marie Kissinger  
*Head Starter:* Kendra Follett      *Chief Judge:* Ron Harmon      *Meet Marshal:* Kevin Switzer  
*Meet Director:* Niki Lowden (phone: 760.937.4806 or email: [niki.lowden@hotmail.com](mailto:niki.lowden@hotmail.com))

**LOCATION:** Bishop City Park Pool, 688 North Main St., Bishop, CA. Altitude 4200ft.

**DIRECTIONS:**

**From South of Bishop:** US Highway 395 north to Bishop, at third traffic light turn right into Bishop City Park.

**From North of Bishop:** US Highway 395 south to Bishop, at fourth traffic light turn left into Bishop City Park.

**COURSE:** Outdoor heated 25 yard pool, eight Keifer competition lanes with electronic timing system. Up to seven lanes will be used for competition, and the eighth lane will be used for warm-up and warm-down only, with Marshal on duty. The minimum water depth in the competition course, as measured in accordance with Article 103.2.3, is 11'-0" at the start end and 3'-6" at the turn end. All events with out-of-water starts will start at a depth of 11'-0". The competition course has not been certified in accordance with Article 104.2.2C(4).

**TIME: Friday Session:** Meet begins Friday at 5:00 pm with warm-up from 3:30 to 4:45 pm.

**Saturday & Sunday Sessions:** Meet begins each day on Saturday and Sunday at 8:30 am for 10 and under swimmers with warm-up from 7:00 – 8:15 am. The afternoon 11 and over sessions will **not start before** 12:00 pm with warm-up **not before** 11:00 am.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk of Course.
  - All events are timed finals and all heats will be seeded from fastest to slowest.
  - Athletes may compete in no more than 2 events on Friday, no more than 5 events each day on Saturday and Sunday, and 10 events maximum for the meet.
  - All athletes ages 12 and under should complete competition within four (4) hours per session.
  - Entries will be accepted until the session estimated time line exceeds the "Four Hour Rule" for ages 12 & under.
  - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
  - **DISTANCE:** The 500 yard freestyle and the 1000 yard freestyle will be swum **alternating women's and men's heats**. All athletes in the 500 yard freestyle must check in by 4:45 pm Friday, and must provide their own lap counters. All athletes in the 1000 yard freestyle must check in by 5:00 pm Friday, and must provide their own timers and lap counters.
  - **All coaches and deck officials must wear their USA membership cards in a visible manner at all times while on deck.** All coaches are required to sign in and present their valid 2016 membership card before coaching athletes at the meet. Except for coaches accompanying athletes participating under the provisions of 202.8 or USA Swimming's "open

border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

#### **RELAYS:**

- Relays will be deck entered at the Clerk of Course, where entry cards will be available.
- Relay entries are due by 9:00 am for the morning session, and by 30 minutes after the start of the afternoon session.
- Entry Fees of \$9 per relay are due with the entries or by Sunday at 8:30 am.
- Clubs may enter as many relays as they wish. Relay athletes must be entered in the meet (no relay-only athletes), and must not be Unattached.
- Order of athletes must be clearly marked on the relay card and shall not be changed after the lead athlete is called to the blocks.

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Each athlete must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** the following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by athletes during the meet and during warm-up periods

- No smoking or use of tobacco products.
- No sale or use of alcoholic beverages.
- No glass containers.
- No use of cell phones in the locker rooms or behind the starting blocks.
- No animals except working service animals are permitted.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- There will be closed areas of the deck – cooperation of athletes, families and coaches will be appreciated.

#### **ELIGIBILITY:**

- Athletes must be current athlete members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Disabled athletes, attached or unattached, are welcome to attend this meet and should contact the Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.
- Entries with "**NO TIME**" will be **ACCEPTED for all events**.
- Any deck entries, and any athletes 19 years of age and older, shall swim for time only, and shall not receive awards or score points.

**ENTRIES:** All entries must be submitted using the athlete's best short-course yards time for each event. Entries will be accepted by mail or online until the applicable deadline as shown below, or when a session is determined to be full and closed, whichever occurs first. Check the SwimConnection meet entries web site (below) for session open or closed status. **Any late entries received** will be held for possible conversion to deck entries at the meet. **Deck entries may be accepted at the meet (for time only, and subject to proof of USA Swimming registration), on a first-come first-served basis until the event is closed or the session is full.** Proof of registration shall only be via Deck Pass, USA Swimming Team Portal roster, presentation of paper registration card, or prior entry in

the meet by the regular entry deadline. **Any Deck entries must be submitted at the meet, or by Wednesday, June 15, 2016 to [niki.lowden@hotmail.com](mailto:niki.lowden@hotmail.com).**

**ENTRY FEES:** \$4.00 per individual event, \$9.00 per relay entry, plus a \$9.00 Participation Fee per athlete to help cover meet expenses. NO REFUNDS except for mandatory scratch-downs.

**SWIMCONNECTION ENTRIES:** To enter online go to <https://ome.swimconnection.com/pc/bst20160617> to receive an immediate entry confirmation. Online entry requires payment by credit card using their secure site. The "billing information" email should be brought to the meet as proof of entry. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through **WEDNESDAY, JUNE 8, 2016 at 11:59 PM.**

**TEAMUNIFY ENTRIES:** ALL entries submitted via TeamUnify must first be both committed and approved by the submitting club by 11:59 pm Wednesday, June 8, 2016, or when a session's estimated timeline exceeds 4 hours and is closed, whichever occurs first. Entries that are not committed and approved in TeamUnify are incomplete and will not be accepted after a session closes.

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly. Entries must be postmarked by midnight, **MONDAY, JUNE 6, 2016** or hand delivered by **WEDNESDAY, JUNE 8, 2016.** Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to:** BST

**Mail entries to:** Bishop Swim Team  
P.O. Box 1  
Bishop, CA 93515

**Hand deliver entries to:** Bishop City Park Pool (5:00 PM – 6:30 PM)  
Attention: Niki Lowden  
688 North Main Street  
Bishop, CA 93514

**CHECK IN:** The meet will be deck seeded. Athletes must check in at the Clerk-of-Course. Except for Friday distance events, the first four events of each session will close **30 minutes BEFORE** the start of the session. The remaining events shall be closed for seeding **30 minutes prior** to the estimated start of the first heat of the event. **Please see distance rules for special rules regarding the distance events.** Athletes who do not check in will not be allowed to compete in the event.

**SCRATCHES:** Athletes who must withdraw from an event after they have been seeded are requested to inform the referee immediately. Any athletes not reporting for or competing in an individual timed final event **shall not** be penalized.

**AWARDS:** High Point Awards: Individual high point, runner up high point, and third place high point will be awarded to boys and girls for 8&Under, 9, 10, 11, 12, 13, 14, 15, 16, 17, and 18 ages. Individual Events: Ribbons for 1<sup>st</sup> – 8<sup>th</sup> place will be awarded to 6&Under, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, and 18 ages. Athletes 19 years of age and older will not receive awards. **Note: High Point awards will be presented Sunday after each session. Individual awards and High Point awards not claimed must be picked up at the end of the meet. Each club is asked to designate a team representative to claim awards. NO AWARDS WILL BE MAILED.**

**ADMISSION:** Free. A three-day meet program will be available for a fee.

**SNACK BAR:** A snack bar will be available throughout the competition on Saturday and Sunday serving hot breakfast, hot lunches, snow cones, and other nutritious items and beverages.

**HOSPITALITY:** Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to coaches, working deck officials, timers and volunteers.

**TIMERS:** Clubs will be assigned lanes based on the number of club athletes entered (host club will not be expected to time). All athletes in the 1000 yard freestyle must provide their own timers.

**MINIMUM OFFICIALS:** All available USA Swimming certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are **requested** to provide at least the following number of certified and carded officials for each session:

Club swimmers entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

**EVENT SUMMARY**

	<b>8 &amp; Under</b>	<b>9-10</b>	<b>11-12</b>	<b>13 &amp; Over</b>	<b>8 &amp; Over</b>
<b>Friday</b>	-----	-----	-----	-----	400 IM 500 Free 1000 Free
<b>Saturday</b>	100 IM 50 Free 50 Back 25 Fly 25 Breast 100 Free Relay	100 IM 100 Free 100 Back 50 Fly 50 Breast 200 Free Relay	100 IM 100 Free 100 Back 50 Fly 50 Breast 200 Medley Relay	200 IM 100 Free 200 Back 200 Fly 100 Breast 200 Medley Relay	
<b>Sunday</b>	50 Fly 25 Back 25 Free 50 Breast 100 Free	100 Fly 50 Back 200 Free 100 Breast 50 Free	100 Fly 50 Back 200 Free 100 Breast 50 Free	100 Fly 100 Back 200 Free 200 Breast 50 Free	

Friday, June 17, 2016 – PM Session			
Girls Event #	Age Group	Event	Boys Event #
1	8 & Over	400 IM	2
3	8 & Over	500 Freestyle	4
5	8 & Over	1000 Freestyle	6

Saturday, June 18, 2016 – AM Session			
Girls Event #	Age Group	Event	Boys Event #
7	9 – 10	100 IM	8
9	8 & Under	100 IM	10
11	9 - 10	100 Freestyle	12
13	8 & Under	50 Freestyle	14
15	9 – 10	50 Butterfly	16
17	8 & Under	25 Butterfly	18
19	9 - 10	100 Backstroke	20
21	8 & Under	50 Backstroke	22
23	9 – 10	50 Breaststroke	24
25	8 & Under	25 Breaststroke	26
27	9 - 10	200 Free Relay	28
29	8 & Under	100 Free Relay	30

Sunday, June 19, 2016 – AM Session			
Girls Event #	Age Group	Event	Boys Event #
55	9 – 10	100 Butterfly	56
57	8 & Under	50 Butterfly	58
59	9 – 10	50 Backstroke	60
61	8 & Under	25 Backstroke	62
63	9 – 10	200 Freestyle	64
65	8 & Under	25 Freestyle	66
67	9 – 10	100 Breaststroke	68
69	8 & Under	50 Breaststroke	70
71	9 – 10	50 Freestyle	72
73	8 & Under	100 Freestyle	74

Saturday, June 18, 2016 – PM Session			
31	13 & Over	200 IM	32
33	11 - 12	100 IM	34
35	13 & Over	100 Freestyle	36
37	11 - 12	100 Freestyle	38
39	13 & Over	200 Backstroke	40
41	11 - 12	100 Backstroke	42
43	13 & Over	200 Butterfly	44
45	11 - 12	50 Butterfly	46
47	13 & Over	100 Breaststroke	48
49	11 - 12	50 Breaststroke	50
51	13 & Over	200 Medley Relay	52
53	11 - 12	200 Medley Relay	54

Sunday, June 19, 2016 – PM Session			
75	13 & Over	100 Butterfly	76
77	11 -12	100 Butterfly	78
79	13 & Over	100 Backstroke	80
81	11 -12	50 Backstroke	82
83	13 & Over	200 Freestyle	84
85	11 -12	200 Freestyle	86
87	13 & Over	200 Breaststroke	88
89	11 -12	100 Breaststroke	90
91	13 & Over	50 Freestyle	92
93	11 -12	50 Freestyle	94

BISHOP INVITATIONAL			
Bishop Swim Team			
June 17th–19th, 2016			
Consolidated Entry Card			
NAME:		LAST	FIRST INITIAL
CLUB ABBR.	IF UNATTACHED TEAM NAME	LSC (mandatory) (PC, SN, etc.)	
CLUB NAME:			
AGE	DATE OF BIRTH	AGE GROUP	
USA-S REG #			
GENDER (circle one):		MALE	FEMALE
EVENT #	DISTANCE/STROKE	ENTRY TIME (yds)	
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# OF ENTRIES		X \$4.00 =	\$ _____
PARTICIPATION FEE: +			\$ 9.00
TOTAL AMOUNT PAID:			\$ _____
(payable to BISHOP SWIM TEAM)			
COACH:			
ATHLETE'S ADDRESS:			
EMAIL:			
PHONE #:			
TEAM EMAIL:			

BISHOP INVITATIONAL			
Bishop Swim Team			
June 17th–19th, 2016			
Consolidated Entry Card			
NAME:		LAST	FIRST INITIAL
CLUB ABBR.	IF UNATTACHED TEAM NAME	LSC (mandatory) (PC, SN, etc.)	
CLUB NAME:			
AGE	DATE OF BIRTH	AGE GROUP	
USA-S REG #			
GENDER (circle one):		MALE	FEMALE
EVENT #	DISTANCE/STROKE	ENTRY TIME (yds)	
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# OF ENTRIES		X \$4.00 =	\$ _____
PARTICIPATION FEE: +			\$ 9.00
TOTAL AMOUNT PAID:			\$ _____
(payable to BISHOP SWIM TEAM)			
COACH:			
ATHLETE'S ADDRESS:			
EMAIL:			
PHONE #:			
TEAM EMAIL:			