

NORTHERN NEVADA AQUATICS
Silver State Gamble Long Course Championships
Pacific Swimming T & F Meet
July 22-24, 2016

Enter online at: <http://ome.swimconnection.com/PC/NNA20160722>



SANCTION: Held under USA Pacific Swimming Sanction No. **16-084**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet, which may include, but is not limited to, photographs, video, web casting, television, psych sheets, and live meet results.

USE OF AUDIO AND VIDEO: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones, tablets, and Google Glass, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

Meet Referee: Jim Morefield	Head Starter: Kevin Tokunaga
Meet Marshal: Jo Ann Porter/Andrea Sullivan	Admin Officials: Veronica Harmon & Marie Kissinger
Chief Judge: Valerie Rudd	
Meet Director: Jodi Wright – 775-342-9990 – <i>calls preferred after 4:30 pm</i> or jamjod@charter.net	

LOCATION: Idlewild Pool, 1805 Idlewild Drive, Reno, NV 89509

DIRECTIONS: From CA: I-80 to Reno, take Keystone Ave. exit from freeway. Go south on Keystone – stay in far right lane until you reach Riverside Drive. *Do not go on overpass.* Turn right on Riverside Drive, continue about one block and turn left onto Booth Street Bridge, then turn right onto Idlewild Drive. The pool is two blocks ahead on the right. *Parking: Please be aware there is an event scheduled in the adjacent Idlewild Park Friday evening. Parking may be limited and do not park in the restricted areas, as your car will be towed.*

COURSE: Outdoor heated 50 Meter pool with up to 7 lanes available for competition with Kiefer lane lines and fully automatic timing system. An additional 1 lane will be available for warm-up/cool down throughout the competition, with Marshals on duty. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 10'0" at the start end and 3'6" at the turn end. All events will start at a depth of 10'0". The competition course has not been certified in accordance with 104.2.2C(4).

TIMES: Warmups will be from **7:30-8:50 AM**; session begins at **9:00 AM** each day. Designated warm-up lane for 8 and under athletes will be available on request. Close of warm-ups will be 10 minutes before the start of each session.

Finals start times and finals warm up times will be determined by the Meet Referee and announced each day as early as possible.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at meet.
- All preliminary events will be seeded fastest to slowest with the first three (3) heats circle seeded.
- There will be two heats of finals for each individual event and age group: a Consolation Finals of 7 athletes, followed by a Championship Finals of 7 athletes.
- Athletes may enter as many events as they wish, but **shall check in for and compete in no more than three (3) individual events and one (1) relay per day.** No refunds will be given.
- The 400 freestyle and 400 IM will swim in regular event order with no alternating of heats, with all ages seeded together for the preliminary heats and in separate age groups for the finals heats.
- If local conditions warrant, the Meet Referee in concurrence with the Meet Director may require a mandatory scratch down and an immediate cash refund will be given.
- **All coaches and deck officials must wear their USA membership cards in a visible manner at all times while on deck.** All coaches are required to sign in and present their valid 2016 membership card before coaching athletes at the meet. Except for coaches accompanying athletes participating under the provisions of 202.8 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

RELAYS:

- Relays will be entered online, or on deck by 10:00 am each day at the Clerk of Course, where entry cards will be available.
- Relays are **OPEN** – any combination of ages will be accepted.
- Teams may enter as many relays as they wish. Relay athletes must be entered in the meet (no relay-only athletes), and must not be Unattached.
- Order of athletes must be clearly marked on the relay entry and shall not be changed after the lead athlete is called to the blocks.
- Relays are timed finals, and will be swum after a 10-minute break following the preliminary events on their given day.
- Entry fees are \$16.00 per relay.

UNACCOMPANIED ATHLETES: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered into this meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: the following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by athletes during the meet and during warm-up periods

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured. No athlete or team canopies may be placed on the pool deck.
- Deck changes are prohibited.
- No use of cell phones and other recording devices in the locker rooms or behind the starting blocks.
- No animals except working service animals are permitted.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Coaches, parents and siblings are not allowed in any of the swimming pools.
- During general warm-ups athletes must enter the pool feet-first with one hand in contact with the deck or gutter (3-point entry).

ELIGIBILITY:

- Athletes must be current athlete members of USA Swimming and enter their name and registration number exactly as shown in their USA Swimming registration. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host must check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with "**NO TIME**" will not be accepted for any events. Relay entry times may be coach-estimated.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet in the 15 and over age group. Such athletes **will** be eligible for high-point and individual awards.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRIES: Entries will be accepted by mail or online until the applicable deadline below. **No deck entries will be accepted.** All entries must be submitted using the athlete's best conforming long-course time or non-conforming short course meters/yards time for each event. Entries with "**NO TIME**" will not be accepted.

ENTRY FEES: \$11.00 per athlete participation fee, plus \$5.50 per individual event, and \$16.00 per relay team. NO REFUNDS except for mandatory scratch-downs. Entries will be rejected if not accompanied by the required fees.

ONLINE ENTRIES: Go to <http://ome.swimconnection.com/PC/NNA20160722> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, July 13th, 2016, at 11:59 pm.

MAILED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time in long-course meters, short-course meters, or yards (see seeding rules below). Entries must be postmarked by midnight, **Monday July 11th, 2016.** Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make checks payable to: Northern Nevada Aquatics **Or Hand Deliver: by 9:00 pm Wednesday July 13th**
Mail payment with entries to: Northern Nevada Aquatics 4570 Rio Encantado Lane
Silver State Gamble Entries Reno, NV 89502
1135 Terminal Way #106
Reno, NV 89502

SEEDING: Event seeding will be in the following order: conforming long course meters (LCM), non-conforming short course meters (SCM) and non-conforming short course yards (SCY) per USA Swimming rules 207.11.7B. Preliminary heats will swim fastest to slowest, with the first three (3) heats being circle seeded.

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be allowed to compete in the event.

SCRATCHES: Pacific Swimming scratch rules will be enforced. A copy will be posted at the meet.

- **Preliminary Events:** Athletes who must withdraw from an event in which they have been seeded are requested to notify the Referee immediately. Any athletes not reporting for or competing in a preliminary event that they have been checked in for **shall not be penalized.**
- **Finals Events:** Any athlete qualifying for any level of finals in an individual event who does not wish to compete must scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the referee that they may not intend to compete in consolation finals or championship finals. In this case they must declare their final intention within 30 minutes after the announcement of qualifiers following their last individual preliminary event of that day. Otherwise, all qualifiers not properly scratched **will be seeded in finals.**
- **Penalty for No-show in Finals:** Any athlete originally qualifying for any finals race in an individual event who fails to show up and compete in said consolation final or final race prior to calling the first alternate, without having properly scratched first, shall be barred from the **remainder of any finals events for that day.** Should the athlete have no additional finals events for that day, they will be barred from the next preliminary event in which they are entered. If the No-Show occurs on the last day that the athlete is entered in an individual event in the meet, and no other individual event penalty is applicable, the athlete shall then be fined \$100.00. The fine will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.
- **Exceptions:** No penalty shall apply for failure to withdraw or compete in a finals event if the referee is notified in the event of illness or injury and accepts the proof thereof, or it is determined by the referee that the failure is caused by circumstances beyond the control of the athlete, or the athlete qualified for finals due to scratches of one or more original finalists, or the athlete is an alternate for finals.

AWARDS: Distinctive awards will be given to 1st through 14th place for each age group, 10&un, 11-12, 13-14, 15&over for each event. Points will be awarded as follows (18,15,14,13,12,11,10,8,6,5,4,3,2,1) for 1st through 14th. High Point awards for the highest overall point total for each age group in male and female categories. Awards must be picked up at the meet, no awards will be mailed.

ADMISSION: Free. Programs will be available for a fee.

HOSPITALITY: A snack bar will be available serving hot breakfast, hot lunches, salads and other nutritious items and beverages. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

MINIMUM OFFICIALS: All available USA Swimming Member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are **requested** to provide at least the following number of certified and carded officials for each session:

Club athletes entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

EVENT SUMMARY

DAY	10 UN	11-12	13 -14	15 & OVER
Friday	200 Free	200 Free	200 Free	200 Free
	100 Fly	100 Fly	100 Fly	100 Fly
	50 Breast	50 Breast	200 Breast	200 Breast
	100 Back	100 Back	100 Back	100 Back
Saturday	50 Back	50 Back	200 Back	200 Back
	100 Free	100 Free	100 Free	100 Free
	50 Fly	50 Fly	200 Fly	200 Fly
		400 IM	400 IM	400 IM
	4x100 F.R.	4x100 F.R.	4x100 F. R.	4x100 F.R.
Sunday	200 IM	200 IM	200 IM	200 IM
	50 Free	50 Free	50 Free	50 Free
	100 Breast	100 Breast	100 Breast	100 Breast
		400 Free	400 Free	400 Free
	4x100 M.R.	4x100 M.R.	4x100 M.R.	4x100 M.R.

SCHEDULE OF EVENTS

Friday, July 22, 2016			Saturday, July 23, 2016			Sunday, July 24, 2016		
Girls	Event Age Group and Description	Boys	Girls	Event Age Group and Description	Boys	Girls	Event Age Group and Description	Boys
1	10-un 200 Free	2	33	15-over 200 Back	34	61	10-un 200 IM	62
3	11-12 200 Free	4	35	13-14 200 Back	36	63	11-12 200 IM	64
5	13-14 200 Free	6	37	11-12 50 Back	38	65	13-14 200 IM	66
7	15-over 200 Free	8	39	10-un 50 Back	40	67	15-over 200 IM	68
9	10-un 100 Fly	10	41	15-over 100 Free	42	69	10-un 50 Free	70
11	11-12 100 Fly	12	43	13-14 100 Free	44	71	11-12 50 Free	72
13	13-14 100 Fly	14	45	11-12 100 Free	46	73	13-14 50 Free	74
15	15-over 100 Fly	16	47	10-un 100 Free	48	75	15-over 50 Free	76
17	10-un 50 Breast	18	49	15-over 200 Fly	50	77	10-un 100 Breast	78
19	11-12 50 Breast	20	51	13-14 200 Fly	52	79	11-12 100 Breast	80
21	13-14 200 Breast	22	53	11-12 50 Fly	54	81	13-14 100 Breast	82
23	15-over 200 Breast	24	55	10-un 50 Fly	56	83	15-over 100 Breast	84
25	10-un 100 Back	26	57*	11-12 400 IM	58*	85*	11-12 400 Free	86*
27	11-12 100 Back	28		13-14 400 IM			13-14 400 Free	
29	13-14 100 Back	30		15-over 400 IM			15-over 400 Free	
31	15-over 100 Back	32	59**	OPEN - 4x100 F.R.	60**	87**	Open - 4x100 M.R.	88**

* The 400 freestyle and 400 IM will swim in regular event order with no alternating of heats, with all ages seeded together for the preliminary heats and in separate age groups for the finals heats.

** Relays will be swum after a 10-minute break following the preliminary events on their given day.

Pacific Swimming – Hosted by Northern Nevada Aquatics
 Silver State Gamble Championship T&F Meet
 July 22-24, 2016
 Consolidated Entry Form

Name: Last First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN, etc.)				
USA-#													
Event #	Distance / Stroke					Entry Time (or NT)			Circle one:				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
						: .			LCM / SCM / SCY				
# of entries _____ x \$5.50 = \$ _____ EVENT Participation Fee \$11.00 Total \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						