STOCKTON SWIM CLUB FALL FRENZY
PACIFIC SWIMMING SHORT COURSE C/B/BB+ MEET
NOVEMBER 12-13, 2016
Enter Online: http://ome.swimconnection.com/pc/RAM20161112

SANCTION: Held under USA/Pacific Swimming Sanction No. **16-139**
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: *Meet Referee:* **Mike McCombs**   *Head Starter:* **Randy May**
          Meet Marshal: **Kristen Rasmussen**   *Admin Official:* **Jennifer Winters**
          Meet Director: **Sarah EB Drouin**   sscmeetrep@yahoo.com

LOCATION: Cortopassi Aquatics Center, St. Mary's High School, 5648 N. El Dorado Street, Stockton, CA 95207

DIRECTIONS: From I-5, Exit March Lane, Go east on March Lane 2.3 Miles, Turn left on El Dorado Street, Go approx. ½ mile, St. Mary's High School will be on your right hand side. Enter parking lot and proceed to the rear of the school. Pool is located by the football field.

COURSE: Outdoor heated 25 yard pool with up to 8 lanes available for competition. An additional 4 lanes will be available for warm- up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 6'6" at the start end and 6'6" at the turn end. In accordance with Article 104.2.2C (4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Saturday and Sunday – Meet begins at 9:00 a.m. (check-in begins at 7:30 a.m., general warm-up from 7:30- 8:45 a.m.). Special extended warm-up 8:45-8:55 a.m. on Saturday and Sunday for 8 & under athletes only

RULES: • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
   • All events are timed finals.
   • All events will swim fast to slow.
   • Athletes may compete in 4 events per day.
   • All athletes ages 12 and under should complete competition within four (4) hours.
   • Athletes competing in the 500 yard freestyle must provide their own timers and lap counters.
   • Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athlete age and gender.
   • If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
   • **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
   • Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
   • No glass containers are allowed in the meet venue.
   • No propane heater is permitted except for snack bar/meet operations.
   • All shelters must be properly secured.
   • Changing into or out of swimsuits other than in locker rooms or designated areas is prohibited.
   • Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:
   • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a $10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
   • Athletes in the "BB" Division must have met at least the listed "BB" time standard. Athletes in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. For 8&U, athletes in the "A" division must have met at least the listed "A" time standard.
   • Entries with **"NO TIME" will be ACCEPTED.**
   • Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
   • Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
   • Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
   • The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Meet entries will not be accepted any earlier then October 8th, 2016. Entries from members of assigned "year round" Zone 2 clubs postmarked or entered online by 11:59 p.m. on October 14th, 2016 will be given 1st priority acceptance. Entries from members of all Zone 2 clubs (year round and seasonal) postmarked or entered online between 12:00 am October 15th, 2016, and 11:59 pm October 21st, 2016 will be given 2nd priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

** NOTE: Athletes who falsify their entry from by listing a club to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.

ENTRY FEES: $4.00 per event plus an $8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to **http://ome.swimconnection.com/pc/RAM20161112** to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to $1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, October 26th, 2016.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with the athlete's best time. Entries must be postmarked by midnight, Monday, October 24th, 2016,

or hand delivered by 6:30 p.m. Wednesday, October 26th, 2016. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: STOCKTON SWIM CLUB

Mail entries to: Sarah Drouin	**Hand deliver entries to: Sarah Drouin**
3651 N. Merrimac Circle	3651 N. Merrimac Circle
Stockton, CA 95219	Stockton, CA, 95219

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: The first 8 places will be awarded for 9-10, 11-12, 13-14, 15-18 age groups in each division (C/B/BB+). 8 & U will be awarded in each division (PC-A, PC-B, and PC-C). All athletes achieving an A time for the first time will be awarded a standard A medal, regardless of place achieved in the event. No awards will be given for athletes 19 years of age and older. Note: Individual awards must be picked up at the meet. We will not mail or distribute awards after the meet.

ADMISSION: Free. A two-day program will be available for a reasonable fee.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of athletes entered against the number of Officials that worked representing each club per day of the meet. Those clubs who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined $100 per missing Official per day.

Number of athletes entered in meet per club per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Athletes over 100	+1

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	**9-10**	**11-12**	**13-18**	**8 & UN**	**9-10**	**11-12**	**13-18**
100IM	200 IM	100 Fly	100 Fly	50 Free	100 Free	200 Free	200 Free
25 Fly	50 Fly	100 Breast	200 Breast	25 Back	50 Back	100 Back	100 Back
25 Breast	100 Breast	50 Free	50 Free	50 Breast	50 Breast	50 Breast	100 Breast
25 Free	50 Free	100 IM	200 IM	50 Fly	100 Fly	50 Fly	200 Fly
	*500 Free		*500Free(Girls)			*500 Free	*500Free(Boys)

*Athletes competing in the 500 Free must provide their own timers and lap counters

EVENTS

Saturday, November, 12th, 2016			Sunday, November 13th, 2016		
EVENT #	EVENT	EVENT #	EVENT #	EVENT	EVENT #
1	9-10 200 IM	2	37	13 & up 200 Free	38
3	8 & under 100 IM	4	39	11-12 200 Free	40
5	13 & up 100 Fly	6	41	9-10 100 Free	42
7	11-12 100 Fly	8	43	8 & under 50 Free	44
9	9-10 50 Fly	10	45	13 & up 100 Back	46
11	8 & under 25 Fly	12	47	11-12 100 Back	48
13	13 & up 200 Breast	14	48	9-10 50 Back	50
15	11-12 100 Breast	16	51	8 & under 25 Back	52
17	9-10 100 Breast	18	53	13 & up 100 Breast	54
19	8 & under 25 Breast	20	55	11-12 50 Breast	56
21	13 & up 50 Free	22	57	9-10 50 Breast	58
23	11-12 50 Free	24	59	8 & under 50 Breast	60
25	9-10 50 Free	26	61	13 & up 200 Fly	62
27	8 & under 25 Free	28	63	11-12 50 Fly	64
29	13 & up 200 IM	30	65	9-10 100 Fly	66
31	11-12 100 IM	32	67	8 & under 50 Fly	68
33	*9-10 500 Free	34	69	*11-12 500 Free	70
35	*Girls 13 & up 500 Free			*Boys 13 & up 500 Free	72

Use the following URL to find the time standards: http://www.pacswim.org/swim-meet-times/standards

*Athletes participating in the 500 Free must provide their own timers and lap counters

Pacific Swimming – Hosted by Stockton Swim Club Fall FrenzyShort Course C/B/BB+ November 12-13, 2016 Consolidated Entry Form		
Name: Last, First Middle		

Club Abbr.	UNATT TEAM ABBR	Club Name

Age	Date of Birth	Sex M F	LSC – (PC, SN)

USA-# | | | | | | | | | | | | | | | |

Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM

# of entries _____ x $4.00 = $_____
        Participation Fee $ 8.00
           Total $_____

Coach

Athlete's
Address

Home Phone	Cell Phone

Email