

**SAN RAMON VALLEY AQUATICS
PACIFIC SWIMMING SHORT COURSE C/B/BB+ MEET
DECEMBER 10-11, 2016**

Enter Online: <http://ome.swimconnection.com/pc/SRVA20161210>

Zone 2 Assigned Teams: SRVA, PLS, CROW, LAC, LBD, EA, TIGR, TRIV, RAM, OAPB, FF, DA, EBA, AIA, ALGA, PST, MONT



SANCTION: Held under USA/Pacific Swimming Sanction No. **16-169**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

<i>Meet Referee:</i> Peter McNamara	<i>Head Starter:</i> Holly Taifer
<i>Meet Marshal:</i> Jayne Riley	<i>Admin Official:</i> Jennifer Winters
<i>Meet Director:</i> Jyothi M Musunuri, 925-997-0818, jmusun1@yahoo.com	

LOCATION: San Ramon Olympic Pool and Aquatic Center, 9900 Broadmoor Dr, San Ramon, CA 94583 (At California High School)

DIRECTIONS: Located next to California High School. From 680, take Bollinger Canyon exit, turn west on Bollinger Canyon. Turn left (south) on San Ramon Valley Blvd. and go approximately 2 miles. Turn left (east) on Montevideo Dr., go approximately ½ mile, turn right at the stop sign onto Broadmoor Dr., go approximately ¼ mile to pool located on left side.

PARKING: Parking is available BEHIND the school in the south parking lot, and on some neighborhood streets. Permit parking only on Broadmoor Drive from 9871-9897 and on Weymouth Court 7 days a week. Other surrounding streets have additional parking restrictions. *Parking spaces between front of pool entrance and tennis courts are for Coaches and Officials ONLY. Parking will be limited due to other events at the high school. Meet attendees are highly encouraged to car pool. Do not park where no parking signs or permit parking only signs are posted. You will be ticketed or towed.*

COURSE: Outdoor, heated 50 meter by 25 yard pool with up to 16 lanes available for competition. A separate area will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4 feet at the start end and 4 feet at the turn end. The competition course has been certified in accordance with Article 104.2.2C(4) . The copy of such certification is on file with USA Swimming.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:45 to 8:55 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in four (4) events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes' age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED ATHLETES : Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member

of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, in standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- FRAMES ONLY for canopies will be allowed overnight on lawn areas. NO OTHER personal belongings can be left on lawn areas.
- Changing into or out of swimsuits other than in locker rooms or designated areas is prohibited.
- Entry and set up (pop-ups) is not allowed before 7 AM on Saturday and Sunday.
- All pathways should be clear and no pop-ups are allowed on pathways and in front of entry and exit gates. Pathways and entry and exit gates must be clear for emergency personal and vehicles to pass through.
- No pop-ups are allowed outside of the pool fence.
- No umbrellas are allowed beyond the cordoned off areas at the starting blocks and race start areas on the deck for safety reasons.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "BB" Division must have met at least the listed USA-S Motivational "BB" time standard for their age group and gender. Athletes in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. For 8 & Under athletes the applicable Pacific (PC) "A" and "B" standards will be used.
- Entries with **"NO TIME" will be REJECTED.**
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Meet entries will not be accepted any earlier than **November 4, 2016** Entries from members of **"assigned"** "year round" Zone 2 clubs postmarked or entered online by 11:59 PM. on **November 11, 2016** will be given 1st priority acceptance. Entries from members of all Zone 2 clubs (year round and seasonal) postmarked or entered online between 12:00 AM **on November 12th, 2016** and 11:59 PM **on November 18th, 2016** will be given 2nd priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

**** NOTE: Athletes who falsify their entry form by listing a club to which they are not legitimately associated will be rejected from**

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
25 BK	100 BK	200 BK	200 BK	25 FR	200 FR	200 FR	200 FR
50 FR	100 FR	100 FR	100 FR	50 BR	50 FR	50 FR	50 FR
50 FL	50 FL	100 FL	100 FL	25 FL	100 BR	100 BR	100 BR
25 BR	50 BR	50 BR	200 BR	100 IM	100 FL	200 Fly	200 FL
	100 IM	200 IM	500 FR		50 BK	50 BK	100 BK
			400 IM				1000 FR

EVENTS

Saturday, December 10th			Sunday, December 11th		
EVENT #	EVENT	EVENT #	EVENT #	EVENT	EVENT #
1	13-18 200 Back	2	41	13-18 200 Free	42
3	11-12 200 Back	4	43	11-12 200 Free	44
5	9-10 100 Back	6	45	9-10 200 Free	46
7	8 & under 25 Back	8	47	8 & under 25 Free	48
9	13-18 100 Free	10	49	13-18 50 Free	50
11	11-12 100 Free	12	51	11-12 50 Free	52
13	9-10 100 Free	14	53	9-10 50 Free	54
15	8 & under 50 Free	16	55	8 & under 50 Breast	56
17	13-18 100 Fly	18	57	13-18 100 Breast	58
19	11-12 100 Fly	20	59	11-12 100 Breast	60
21	9-10 50 Fly	22	61	9-10 100 Breast	62
23	8 & under 50 Fly	24	63	8-UN 25 Fly	64
25	13-18 200 Breast	26	65	13-18 200 fly	66
27	11-12 50 Breast	28	67	11-12 200 Fly	68
29	9-10 50 Breast	30	69	9-10 100 fly	70
31	8 & under 25 Breast	32	71	8 & under 100 IM	72
33	13-18 500 Free	34	73	13-18 100 Back	74
35	11-12 200 IM	36	75	11-12 50 Back	76
37	9-10 100 IM	38	77	9-10 50 Back	78
39	13-18 400 IM	40	79	13-18 1000 Free	80

Athletes in the 400 IM will provide their own timers.

Athletes in the Open 1000 Free will provide their own timers and lap counters.

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by San Ramon Valley Aquatics Short Course C/B/BB+ Meet December 10-11, 2016 Consolidated Entry Form													
Name: Last,			First				Middle						
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
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						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													