

2019 Pacific Swimming 13-14 Leadership Development Camp Saturday, October 26th

This camp is for athletes interested in becoming the voice of their sport. The focus will be on developing leadership skills, preparing athletes to engage in club and zone level governance and educating athletes about LSC governance. The voice of the athlete, both as a leader and stakeholder, will be the primary emphasis, encouraging engagement, community action and involvement in various levels of governance.

This camp will include:

Guest Speakers Team Building Activities USA Swimming giveaways 2-3 Swim Sessions Leadership Development Commemorative gift

And more...

The camp will be hosted by Ruby Hill Aquatics and will be held at The Club at Ruby Hill, 3400 Ruby Hill Drive, Pleasanton, CA 94566.

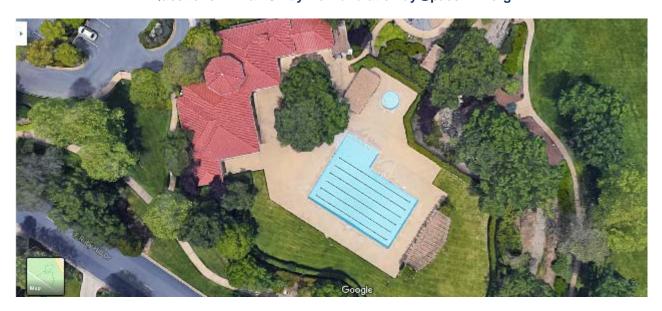
Camp participants must be 13-14 years of age at the time of the camp and be in 8th or higher grade. Campers will need to arrive promptly at 8:00 am and will be ready to depart at 5:00 pm.

Swimmers will need to bring: Suit, goggles, team cap if they would like to trade, a couple of towels, and shoes and clothes for classroom activities.

Applications are due Wednesday, October 2, 2019. We will be selecting a maximum of 30 athletes to participate in the camp.

Cost of Camp: \$40.00 per athlete (Checks Payable to Pacific Swimming)

Questions? Email Cindy Rowland at cindy@pacswim.org





PACIFIC SWIMMING 13-14 LEADERSHIP DEVELOPMENT CAMP Saturday, October 26, 2019 8:00 am - 5:00 pm The Club at Ruby Hill - Pleasanton, CA

ATHLETE'S APPLICATION FOR CONSIDERATION

Applications must be received on or before Wednesday, October 2, 2019

Mail to: PacSwim Leadership Camp, Attn Cindy Rowland

1320 Willow Pass Rd, #665, Concord, CA 94520

Athlete's Name	T-Shirt Size (adult sizes only): S M L XL
Date of Birth (MM/DD/YY)	USA Reg #
Guardian's Name	Male () Female () Gender Non-conforming()
Address	Club Name
City/State/Zip	Coach's Name
Phone ()	Coach's Email
Email	Will this be your first PacSwim camp: Y N
Signatures below testify to the eligibility of the a	athlete:
Parent/Guardian Signature:	Date:
Coach of Record Signature:	Date:
	ul of during camp (allergy to gluten, peanuts, bee stings, asthma,
	es to become leaders in their sport, to provide knowledge ging the power of their voice to effect change within their
 Athlete will be physically ready for trai Athlete will be between the ages of 13 I understand that additional camp detail I understand that my coach may deny I am returning this application on or prince 	and 14 and at least in 8th grade, on the day of the event. ails will be provided upon athlete's acceptance. my ability to attend this camp.



ATHLETE QUESTIONNAIRE

Instructions: We're asking the questions below to get to know you better. We're not checking your spelling or how you write. We do want you to complete the questions without help from an adult. We really want to hear only from the applicant. There aren't any "right or "wrong" answers, the answers don't have to be swim related; just be yourself and let us know who you are.

1. What does it mean to you to be a leader? -
2. What part of being part of a swim team do you like? What part do you find challenging?
3. Tell us about something, swimming related or not, that you've done, that you are proud of.



4. Tell us about a time you've used the power of your voice						
5. Is there	e anything else y	ou would like	to share with	ı us?-		