

# PACIFIC SWIM COACHES CLINIC, NAPA CA. JANUARY 2ND - 5TH, 2020



## Clinic Registration

Register Online: [www.swimmingcoach.org/portfolio/](http://www.swimmingcoach.org/portfolio/)

- **\$60** Pacific Swim Clinic Coaching the Novice Swimmer Beautifully (Thursday)
- **\$60** Level 2 ASCA Certification Course- The Construction of Swimming Strokes (Friday)
- **\$120** Saturday & Sunday Clinic
- **\$150** Saturday & Sunday Clinic PLUS Level 2 Course OR Coaching the Novice Swimmer
- **\$20** USA Swimming Club Leadership & Business Management School (Saturday)
- **\$110** Red Cross Challenge Courses (Friday 8-9AM)
- **\$100** Red Cross CPR Course (Friday 9-11AM)
- **\$100** Red Cross Coaches Safety Course (Friday 12-2PM)
- **\$110** Red Cross First Aid (Friday 2-4PM)
- **\$88** ASCA Annual Membership

## Schedule

### Thursday, Jan. 2nd

- John Leonard: Coaching the Novice Swimmer Beautifully

### Friday, Jan. 3rd

- John Leonard: Level 2 Stroke School  
- **Red Cross Classes**

### Saturday, Jan. 4th

- Coach Keenan Robinson: "Discovery Dryland: Guidelines for 11-13 Age Group"  
- Fitter and Faster Age Group Coach of the Year Megan Oesting: The Art of Curriculum: Structure and Delivery

- Coach Mark Schubert From Age Group to Senior Swimming

- Coach Megan Oesting: The Toolbox of Language: How we Produce Results in Culture and Performance

- Coach John Leonard on Coaching Age Group Athletes effectively. Lessons from History.

- Coach Keenan Robinson: "Senior Level Advancement: Changes This Quad"

### Sunday, Jan. 5th

- Coach Bob Bowman: "The Golden Rules"

- Coach David Marsh: Topic TBA

- Coach Bob Bowman: "Between Trials and Games – a Guide to a Second Shave."

- Coach David Marsh: Topic TBA

- Coach Abi Liu: Topic TBA

- Coach Dana Kirk: Topic TBA

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Country \_\_\_\_\_

Amount Total: \$ \_\_\_\_\_ Payment:  cash  check (US Funds Only) or  credit card (American Express, Discover, Master Card or Visa)

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ Signature \_\_\_\_\_

## AMERICAN SWIMMING COACHES ASSOCIATION

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