



Step onto the block Dive in & Become an Athlete Representative!

Pacific Swimming is looking for athletes that are enthusiastic about swimming and would be willing to help better the sport by working with other athletes, officials, coaches, volunteers and others involved with the sport. This would be an opportunity to work on the “dry side” of swimming.

Each Athlete Representative will earn community service hours as they serve their club, Zone and the Pacific Swimming LSC by serving on committees including Age Group, Camps, Club Development, Disability, Diversity, Equity & Inclusion, Governance, Investment, Officials, Open Water, Safe Sport, and Senior.

What an Athlete Representative Has:

1. A great love for the sport of swimming
2. A desire to get involved so that they can directly help better the sport
3. The confidence and ability to speak in front of others
4. The desire to make a positive contribution to swimming
5. Problem solving and communication skills

What an Athlete Representative Does:

1. Represents the best in swimming as a responsible, mature, and honest person
2. Attends meetings to the best of their ability
3. Completes tasks assigned to them and seeks out help if needed
4. Interacts with athletes at their club and at swim events to discover what they would like improved/changed, and what their issues and thoughts are on current issues in the sport

Who an Athlete Representative Is:

1. An athlete in good-standing who is at least 13 years old
2. A voice for the athletes on their club and in our LSC
3. A liaison between the athletes who are members of Pacific Swimming and the Board of Directors and House of Delegates

We are looking for an Athlete Representative from each club. Please speak with your coach to see if your club still needs an Athlete Rep. We are asking for our representatives to get involved in sharing information with their teammates, creating projects for their team, working on projects with the Athlete Committee or joining the committees on the Zone or Pacific Board.

Once you have some experience with the program, there are also opportunities for you to become a Zone Rep, Junior LSC Athlete Rep and/or Senior LSC Athlete Rep, all of whom are part of the Pacific Swimming LSC Board of Directors.

If interested, please fill out the attached application form and email it to AthleteRep@pacswim.org

Come be a part of Pacific Swimming!

PACIFIC SWIMMING

ATHLETE REPRESENTATIVE APPLICATION: Club

Check your Zone/Region: Z1N Z1S Z2 Z3 Z4



REQUIREMENTS

- Respond to email, phone calls, texts, Facebook and other media as needed
- Attend/call in to meetings (Zone & Pacific’s House of Delegates meetings)
- Pass down information from meetings to each club representative within your Zone
- Attend/call into PC Committee meetings of which you are a member to

NAME: _____ **CLUB:** _____

BIRTHDATE: _____ **HS GRAD YEAR:** _____

CELL PHONE: _____ **OTHER PHONE:** _____

ATHLETE’S EMAIL: _____ **PARENT’S EMAIL:** _____

COACH’S SIGNATURE: _____ **PARENT’S SIGNATURE:** _____

Current Pacific Swimming Committees as appointed by the General Chair

Age Group	Diversity, Equity & Inclusion	Investment	Safe Sport
Camps	Disability	Open Water	Senior
Club Development	Governance	Meet Scheduling	Officials

Committee Preference (Rank Preference – 1, 2, 3, 4)

1.	2.
3.	4.

Previous Pacific Swimming Committee Experience

Volunteer & Job Skills/Experience

Organization/Job	Dates w/ Organization		Describe your duties within the organization
	Start	End	

References

Name	Phone	Email

RETURN APPLICATION FORM TO:

AthleteRep@pacswim.org

THANK YOU FOR YOUR INTEREST IN PACIFIC SWIMMING