2026 USA Swimming Annual Summit

Denver Colorado

Women Coaches in Governance Track

How a Board Meeting Should Run:

USA Swimming uses Roberts Rules to help keep board meetings efficient, organized, and civil.

Agenda and Minutes are the members responsibility to read to prepare for the meeting.

A board is ideally comprised of different “shapes” (per the shapes exercise) of people.

Board Positions:

Wrote Board Reports as if holding different board positions to learn more about those positions.

Roberts Rules:

Went over Roberts Rules, and did several exercises to make sure we all know the major points of Roberts Rules.

USA Swimming Legislative Review:

Asked questions about the legislation up for vote in the House of Delegates.

USA Swimming House of Delegates:

Attended the House of Delegates and voted on key legislation.

Western Zone Delegates:

Attended Western Zone Meeting as a delegate. Voted on legislation.