

Summer 2023 Age Group Championship Time Standards ( LCM - SCY -SCM)

Published 7/26/22

Girls

Event	10 & Under			11			12			13			14		
	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM
50 FR	35.59	31.39	34.69	34.19	30.09	33.19	31.89	27.89	30.89	31.09	27.39	30.39	30.69	26.79	29.59
100 FR	1:20.19	1:10.49	1:17.89	1:14.69	1:05.49	1:12.29	1:09.49	1:00.49	1:06.79	1:07.49	59.29	1:05.59	1:06.79	58.39	1:04.49
200 FR	2:55.59	2:35.59	2:51.89	2:43.09	2:22.09	2:36.99	2:30.29	2:12.09	2:25.99	2:26.59	2:08.39	2:21.79	2:23.89	2:05.79	2:18.99
400/500 FR	6:04.29	6:43.99	5:53.59	5:43.09	6:24.09	5:36.09	5:15.39	5:51.39	5:08.59	5:07.39	5:43.19	5:00.39	5:02.19	5:36.49	4:54.49
800/1000 FR				12:06.49	13:17.69	11:38.09	11:03.39	12:09.49	10:38.49	10:34.59	11:47.59	10:19.29	10:20.99	11:37.19	10:10.19
1500/1650 FR				23:23.59	22:25.99	22:18.19	21:13.19	20:27.19	20:20.09	20:20.49	19:45.39	19:38.49	19:48.09	19:14.59	19:07.89
50 BK	42.89	36.69	40.59	39.39	33.99	37.59	36.89	31.59	35.19						
100 BK	1:32.69	1:19.29	1:27.69	1:27.19	1:14.09	1:21.89	1:19.29	1:08.49	1:16.59	1:16.19	1:05.69	1:12.49	1:14.09	1:03.79	1:11.39
200 BK				3:04.39	2:38.39	2:55.09	2:50.59	2:27.29	2:43.29	2:43.59	2:21.19	2:36.09	2:39.69	2:17.89	2:32.89
50 BR	47.49	41.69	46.19	44.09	38.49	42.59	40.19	35.89	39.69						
100 BR	1:44.89	1:31.89	1:41.49	1:37.59	1:23.99	1:33.29	1:29.69	1:18.19	1:26.39	1:25.69	1:14.49	1:22.29	1:24.29	1:13.29	1:21.59
200 BR				3:29.79	3:01.39	3:20.49	3:12.69	2:49.19	3:06.99	3:04.89	2:41.79	2:58.79	3:03.19	2:37.89	2:56.59
50 FL	40.79	36.19	39.99	36.89	32.59	36.09	34.29	30.59	33.79						
100 FL	1:35.39	1:24.09	1:32.99	1:24.89	1:14.59	1:22.39	1:17.99	1:08.09	1:15.19	1:13.59	1:04.79	1:11.59	1:12.39	1:03.39	1:10.79
200 FL				3:10.69	2:49.39	3:08.09	2:55.09	2:31.39	2:48.89	2:42.49	2:23.99	2:39.09	2:39.59	2:22.09	2:36.99
100 IM		1:20.09	1:28.49		1:14.59	1:22.49		1:09.29	1:16.59						
200 IM	3:17.09	2:52.39	3:10.49	3:04.39	2:39.99	2:56.79	2:51.19	2:28.39	2:45.69	2:45.39	2:24.29	2:39.39	2:42.39	2:21.09	2:35.89
400 IM				6:34.19	5:41.79	6:17.69	6:04.59	5:19.19	5:52.69	5:50.79	5:06.79	5:38.99	5:43.99	5:00.19	5:31.69

Boys

Event	10 & Under			11			12			13			14		
	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM
50 FR	35.49	30.99	34.19	34.19	29.79	32.89	31.19	27.19	29.99	29.49	25.69	28.39	28.39	24.69	27.59
100 FR	1:19.49	1:09.69	1:16.99	1:14.59	1:05.19	1:11.99	1:07.49	59.29	1:04.49	1:04.09	55.99	1:01.79	1:01.99	53.89	59.59
200 FR	2:49.89	2:29.39	2:44.99	2:41.79	2:21.39	2:36.19	2:26.99	2:09.19	2:22.69	2:20.29	2:01.59	2:14.29	2:15.09	1:57.19	2:09.49
400/500 FR	5:59.49	6:37.09	5:47.59	5:40.39	6:14.69	5:31.29	5:08.49	5:47.49	5:04.09	4:56.39	5:27.39	4:46.49	4:45.99	5:16.99	4:37.39
800/1000 FR				11:57.69	13:11.69	11:32.79	10:51.99	11:56.79	10:27.29	10:17.19	11:19.79	9:54.89	9:56.29	10:57.79	9:35.59
1500/1650 FR				23:05.09	22:14.79	22:06.99	20:45.89	20:00.79	19:53.79	19:32.39	18:57.49	18:50.79	18:58.19	18:20.89	18:14.49
50 BK	42.99	36.99	40.99	39.99	34.69	38.29	36.49	31.59	34.89						
100 BK	1:30.89	1:18.89	1:27.09	1:26.89	1:14.29	1:21.99	1:18.49	1:07.49	1:14.59	1:12.19	1:01.89	1:08.39	1:09.39	1:00.49	1:06.79
200 BK				3:03.39	2:38.69	2:55.29	2:46.59	2:23.99	2:39.09	2:36.79	2:15.09	2:29.19	2:32.89	2:11.79	2:25.29
50 BR	46.99	40.99	45.29	44.69	38.99	42.99	40.09	35.19	38.09						
100 BR	1:42.69	1:28.99	1:38.29	1:37.69	1:23.59	1:32.59	1:27.69	1:15.89	1:23.79	1:20.49	1:09.59	1:16.89	1:17.89	1:08.09	1:13.99
200 BR				3:28.19	2:59.39	3:18.29	3:08.89	2:42.99	3:00.09	2:53.89	2:31.29	2:47.09	2:52.59	2:28.39	2:43.99
50 FL	40.19	35.39	39.09	37.59	33.39	36.89	34.09	30.19	33.49						
100 FL	1:34.29	1:22.69	1:31.39	1:25.19	1:14.59	1:22.59	1:16.39	1:07.09	1:14.19	1:09.49	1:01.09	1:07.49	1:07.49	59.59	1:05.89
200 FL				3:10.69	2:49.39	3:08.09	2:48.79	2:29.89	2:44.29	2:38.49	2:17.79	2:31.99	2:31.49	2:12.29	2:27.49
100 IM		1:18.89	1:27.19		1:14.69	1:22.59		1:08.09	1:15.19						
200 IM	3:14.29	2:50.99	3:08.99	3:05.49	2:40.89	2:59.09	2:48.19	2:27.09	2:42.29	2:36.99	2:16.59	2:30.89	2:32.29	2:11.39	2:27.09
400 IM				6:33.39	5:42.09	6:18.09	5:53.39	5:12.19	5:44.99	5:35.59	4:50.59	5:21.09	5:26.19	4:43.39	5:13.09

Updated 11/19/2022