

Summer 2022 JO Time Standards (LCM - SCY -SCM)

Girls

Event	10 & Under		
	LCM	SCY	SCM
50 FR	35.19	30.49	33.59
100 FR	1:16.99	1:07.29	1:15.39
200 FR	2:50.09	2:28.29	2:43.89
400/500 FR	5:50.19	6:31.39	5:39.59
800/1000 FR			
1500/1650 FR			
50 BK	40.99	36.19	39.99
100 BK	1:30.29	1:17.89	1:26.09
200 BK			
50 BR	45.29	39.89	44.09
100 BR	1:41.29	1:27.49	1:36.69
200 BR			
50 FL	39.39	34.39	37.99
100 FL	1:30.29	1:19.19	1:27.49
200 FL			
100 IM			
200 IM	3:08.29	2:45.09	3:02.39
400 IM			

11		
LCM	SCY	SCM
32.79	28.89	31.89
1:11.59	1:02.69	1:09.29
2:36.29	2:16.19	2:30.49
5:28.79	6:08.09	5:22.09
11:36.19	12:44.39	11:08.99
22:25.09	21:29.89	21:22.39
37.79	32.59	35.99
1:23.09	1:10.59	1:17.99
2:57.69	2:32.89	2:48.79
42.59	36.89	40.79
1:33.39	1:20.79	1:29.29
3:21.09	2:53.89	3:12.09
35.39	31.29	34.59
1:20.89	1:10.99	1:18.49
3:05.29	2:43.09	2:59.09
2:56.69	2:33.29	2:49.39
6:17.69	5:27.59	6:01.89

12		
LCM	SCY	SCM
31.89	27.89	30.89
1:09.49	1:00.49	1:06.79
2:30.29	2:12.09	2:25.99
5:15.39	5:51.39	5:08.59
11:03.39	12:09.49	10:38.49
21:13.19	20:27.19	20:20.09
36.89	31.59	35.19
1:19.29	1:08.49	1:16.59
2:50.59	2:27.29	2:43.29
40.19	35.89	39.69
1:29.69	1:18.19	1:26.39
3:12.69	2:49.19	3:06.99
34.29	30.59	33.79
1:17.99	1:08.09	1:15.19
2:55.09	2:31.39	2:48.89
2:51.19	2:28.39	2:45.69
6:04.59	5:19.19	5:52.69

13		
LCM	SCY	SCM
31.09	27.39	30.39
1:07.49	59.29	1:05.59
2:26.59	2:08.39	2:21.79
5:07.39	5:43.19	5:00.39
10:34.59	11:47.59	10:19.29
20:20.49	19:45.39	19:38.49
1:16.19	1:05.69	1:12.49
2:43.59	2:21.19	2:36.09
1:25.69	1:14.49	1:22.29
3:04.89	2:41.79	2:58.79
1:13.59	1:04.79	1:11.59
2:42.49	2:23.99	2:39.09
2:45.39	2:24.29	2:39.39
5:50.79	5:06.79	5:38.99

14		
LCM	SCY	SCM
30.69	26.79	29.59
1:06.79	58.39	1:04.49
2:23.89	2:05.79	2:18.99
5:02.19	5:36.49	4:54.49
10:20.99	11:37.19	10:10.19
19:48.09	19:14.59	19:07.89
1:14.09	1:03.79	1:11.39
2:39.69	2:17.89	2:32.89
1:24.29	1:13.29	1:21.59
3:03.19	2:37.89	2:56.59
1:12.39	1:03.39	1:10.79
2:39.59	2:22.09	2:36.99
2:42.39	2:21.09	2:35.89
5:43.99	5:00.19	5:31.69

Boys

Event	10 & Under		
	LCM	SCY	SCM
50 FR	34.99	30.39	33.49
100 FR	1:16.49	1:06.69	1:13.69
200 FR	2:47.69	2:27.09	2:42.19
400/500 FR	5:40.49	6:31.39	5:39.19
800/1000 FR			
1500/1650 FR			
50 BK	40.99	36.19	39.99
100 BK	1:30.29	1:17.89	1:26.09
200 BK			
50 BR	46.19	40.19	43.49
100 BR	1:41.09	1:27.79	1:36.79
200 BR			
50 FL	38.19	34.39	38.09
100 FL	1:29.49	1:19.89	1:28.29
200 FL			
100 IM			
200 IM	3:06.89	2:46.19	3:03.59
400 IM			

11		
LCM	SCY	SCM
32.79	28.59	31.59
1:11.59	1:02.49	1:08.99
2:35.89	2:15.49	2:29.69
5:32.69	6:07.19	5:21.89
11:33.39	12:38.69	11:03.99
22:18.49	21:19.19	21:11.79
38.29	33.09	36.59
1:23.89	1:11.79	1:19.19
3:00.59	2:36.39	2:52.29
42.69	37.19	41.09
1:34.39	1:20.99	1:29.39
3:22.19	2:54.69	3:12.69
36.39	31.79	35.09
1:21.59	1:11.39	1:18.79
3:02.89	2:41.49	2:57.89
2:57.79	2:34.89	2:51.09
6:19.59	5:27.89	6:02.29

12		
LCM	SCY	SCM
31.19	27.19	29.99
1:07.49	59.29	1:04.49
2:26.99	2:09.19	2:22.69
5:08.49	5:47.49	5:04.09
10:51.99	11:56.79	10:27.29
20:45.89	20:00.79	19:53.79
36.49	31.59	34.89
1:18.49	1:07.49	1:14.59
2:46.59	2:23.99	2:39.09
40.09	35.19	38.09
1:27.69	1:15.89	1:23.79
3:08.89	2:42.99	3:00.09
34.09	30.19	33.49
1:16.39	1:07.09	1:14.19
2:48.79	2:29.89	2:44.29
2:48.19	2:27.09	2:42.29
5:53.39	5:12.19	5:44.99

13		
LCM	SCY	SCM
29.49	25.69	28.39
1:04.09	55.99	1:01.79
2:20.29	2:01.59	2:14.29
4:56.39	5:27.39	4:46.49
10:17.19	11:19.79	9:54.89
19:32.39	18:57.49	18:50.79
1:12.19	1:01.89	1:08.39
2:36.79	2:15.09	2:29.19
1:20.49	1:09.59	1:16.89
2:53.89	2:31.29	2:47.09
1:09.49	1:01.09	1:07.49
2:38.49	2:17.79	2:31.99
2:36.99	2:16.59	2:30.89
5:35.59	4:50.59	5:21.09

14		
LCM	SCY	SCM
28.39	24.69	27.59
1:01.99	53.89	59.59
2:15.09	1:57.19	2:09.49
4:45.99	5:16.99	4:37.39
9:56.29	10:57.79	9:35.59
18:58.19	18:20.89	18:14.49
1:09.39	1:00.49	1:06.79
2:32.89	2:11.79	2:25.29
1:17.89	1:08.09	1:13.99
2:52.59	2:28.39	2:43.99
1:07.49	59.59	1:05.89
2:31.49	2:12.29	2:27.49
2:32.29	2:11.39	2:27.09
5:26.19	4:43.39	5:13.09