

Pacific Swimming Diversity & Outreach Grant Report
Transition Into Swim & Retention Program 2016

The Board of Vallejo Aquatics would like to thank Pacific Swimming for the generous Diversity and Outreach Grant we received this past summer. We continue to be aware of the needs of our community and the need to provide the underserved youth an opportunity for personal growth and development through the sport of swimming.

The following is the final report on Vallejo Aquatic Club Transition Into Swim & Retention Program to reach underprivileged and underrepresented youth living in Vallejo and the current swimmers who are active members of our swim team.

1. **How many athletes benefited from your program?**

We brought on 3 new members to our team and were able to retain 10 current swimmers.

2. **What is the diversity of your team?**

Of the 3 swimmers from the Transition into Swim Program, 1 is African American and 1 is Hispanic. Of the 10 current swimmers that participated in the Retention program, 3 were Hispanic, 2 were Asian, 2 were Hispanic and Caucasian, and 3 were African American. 7 out of the 10 participants were from low income families.

3. **Show how the funding helped your program.**

The funding provided by Pacific Swimming helped with printing costs for flyers to promote the Transition Into Swim Program. Funding also went towards coaching fees. 2 college students who were also former VJO swimmers were brought on to coach those new swimmers in the Transition group. We were able to financially assist 10 active swimmers with their membership dues throughout the year.

4. **Indicate the type of improvement resulting from your program.**

The Transition into Swim Program gave those swimmers coming from swim lessons an opportunity to experience what being part of a swim team is all about. With the Diversity grant, we were able to offer an affordable program during the summer months which would also encourage continued membership for the year. Offering financial assistance to current VJO swimmers coming from low income families has had a positive impact on our team's membership. The Diversity Grant has allowed current swimmers to continue throughout the year where they may have had to stop due to financial restraints.

5. **Show how you can increase the size or effectiveness of your program.**

We can increase the size and effectiveness of our programs by increasing the promotion and communication of the Retention Program to our current VJO members who need financial assistance. We can also seek out further funding opportunities to be able to provide scholarships for those who took part in the Retention Program. For the Transition into Swim Program, we can utilize the Vallejo Unified School District's e-flyers to promote and reach out to a larger amount of children in the community. Working alongside and encouraging the swim instructors of the learn to swim program at our local pool to refer interested swimmers to our club can also increase awareness of our program.

The Vallejo Aquatic Club is truly grateful for the support Pacific Swimming has given.

Sincerely,

Ethel Rosario

VJO Board President 2016-2017

