

Pacific Swimming is pleased to announce our GoSwim Video of the Day

Coaches can sign-up for free, and receive a GoSwim Technique video everyday.

Subjects will range throughout the week, and will be chosen from the library of nearly 3,000 videos. GoSwim videos feature some of the greatest swimmers, teaching series from Steve Haufler, hundreds of Drill and focal point videos.

Videos within the GoSwim library are easily searchable by Stroke, Level of Expertise and Fine Point... the details within the stroke.

Coaches are also encouraged to get a full Coach Account to GoSwim, which allows you to share a video everyday to up to 100 swimmers. In addition, GoSwim has in place a fully COPPA Compliant system that allows you to film and share your own videos, privately with your own athletes.

<u>Create your account by following this link!</u> If you already have a GoSwim account, please sign in first.

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BILLY JONES (SPEEDY)		
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GoSwim complies with COPPA regulations.