

Pacific Swimming Athlete Committee

Meeting Minutes
January 31, 2021
7:00-8:00 p.m.

Zoom Link: Join Zoom Meeting

<https://zoom.us/j/92193801623?pwd=ZTg5bm94dmZrY0pgK1hBTGx6ckh6dz09>

Meeting ID: 921 9380 1623

Password: 797227

1. Call to Order: 7:01 PM
2. Attendance (no need to write your own name): Taylor Rohovit, Veronica Hernandez, Cindy Rowland, Diana Fetterman, Jivana Nagpal, Millie Nygren, David Cottam, Addison Crain, Aden Li, Aidan Pflieger, Ainsley Jane Tambling, Alana Silva, Alexa Kwan, Alisa Zhou, Alyson McKeon, Andrew Morris, Andrew Trieu, Anika Nagpal, Anna Ryan, Asha Kannan, Ashley Robinson, Calista Lynch, Calvin Ciciarelli, Camille Guillerm, Cherise Wong, Dane Wolfrom, Delainey Brandt, Dominick Wonosaputra, Eden Chuang, Elsa Hartley, Emily Hayashi, Emma Little, Ernest Leong, Ethan Wang, Grecia Davila, Jamie Jovel Flores, Joyce Lee, Justin Cho, Justin LoPresto, Kailer Tom, Katherine Lai, Kristina Mooney, Kyle Tseng, Gabrielle Lai, Lauren Healy, Lilli Chau, Lily Struempf, Lucy Norris, Lulu Schloss, Maddie Blackwell, Madelynn Gomez, Madison Corrigan, Maeline Guillerm, Maeve Rosko, Margaret Wong, Marlee Repp, Mason Wendler, Natalie Fearn, Nathan Rogers, Nikolas Powers, Oakley Briskman, Olivia Khan, Rachel Arndt, Rhys Edwards, Robert Mitchell, Sadie Breen, Sarah Darzacq, Saveta Holunga, Saya Ryan, Sebastian Wong, Sofia DeLange, Sophie Boeun, Stephanie Anderson, Sydney Thompson, Ty Anders Fong, Valentina Suarez, Gabriel Cueva, Audrey Teo, Sebastian Wong
3. Resources for the month:
 - a. <http://info.usaswimming.org/rs/236-KCZ-495/>
 - b. <https://www.usaswimming.org/docs/default-source/safe-sportdocument>
4. Icebreaker
 - a. Aha slides code: 5775A
5. Reports:
 - a. Senior Reps:
 - i. Mentorship workshops
 - b. Junior Rep:
 - i. Officials Clinic
 - ii. Finished Athlete Leadership Summit Grant Application -> should find out soon
 - c. Zone Reps:
 - i. Zone 1N - discussed virtual meets -> doing unsanctioned meet option
 - ii. Zone 1S - scheduling subcommittee (5-6 people)
 - iii. Zone 2 - discussed sectionals (WA) -> decided not to support it
 - iv. Zone 3 - no report
 - v. Zone 4 -
 - d. Committee Reps:
 - i. Budget (NP) -
 1. passed motions and recommendations for upcoming Feb meeting (raise some membership dues due to COVID-19 and increasing USA Swimming dues)

2. funding form was a success! (500 people)
3. voted to expand outreach program
- ii. Age Group (LS, AJT) - End of Season Meet, Awards Banquet
 1. Discussed plans for rest of meets -> cancel 10&U, JO's, and FW's combined into one "big" meet at the end of the summer season
 2. New task force: end of Summer series -> competitive, but spread out throughout a couple weekends
 3. Banquet -> do more fun awards since most athletes did not want banquet
- iii. DEI (EL) - buy now auction reminder
 1. Results of auction -> raised around \$10,000 (very successful), possibly a second round going out (application)
 2. Still some items left over -> buy now website -> women's tech suits <https://www.32auctions.com/DEI-BuyNow>
 - 3.
- e. Team Reps:
 - i. WCAB -> 4 meets scheduled for next few months (unsanctioned and sanctioned), PRNA-> meets set up to prep for HS season in preparation for summer meets, OAPB/RUBY/QSS -> talked about HS swimming -> have to choose one or the other, TERA -> trial/final meet
- f. WZ/ National DEI (SR):
 - i. WZ diversity camp and summit - applications out next week on website
 - ii. Select an athlete rep to attend
 - iii. National DEI revisited mission statement -> smaller committee now
- g. AEC/ National Leadership (RM):
 - i. AEC had a plan to do mentorship about every month -> topics by different people around the country (both in and out of AEC)
 - ii. Leadership subcommittee - quarter annual calls to get to know national athlete reps
- h. Vice Chair: Activating PC Committees, WZ DEI Camp May 28-30, PacCoast -> need a couple athlete reps to attend meeting
6. Subcommittee Reports
 - a. Succession Planning (TR): P&P
 - i. Look through P&P and give any feedback -> email Taylor
 - b. Mental Health (SR)
 - i. https://www.canva.com/design/DAEUFkMOsLE/jDVDxDg9GJMAs0KTRQknKQ/view?utm_content=DAEUFkMOsLE&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink#6
 - ii. **Share video and presentation with teams!!!!**
 - c. Pen Pal (LS)
 - i. Put together a slideshow
 - ii. <https://docs.google.com/presentation/d/10C5c593pqcML6tOdLLAbzmRfhEdvVm7Sm883TigCXIc/edit?usp=sharing>
 - iii. Share on social media, PacSwim website, team reps share with teams, bring it up to zone meetings for coaches
 - iv. Email lily.struempff@gmail.com for any questions, suggestions, etc.
7. Unfinished Business:
 - a. November Team Culture Action Item: Talk to head coach about safe sport certification/ talk to teammates about safe sport
8. New Business:
 - a. 100 days mask challenge (MB)

- i. On Social Media - PacSwim instagram!!!
 - ii. Keep doing what we're doing to stay safe, wear your mask, follow guidelines!
 - iii. Agreed to post on website
 - b. Social Media (MG/SD)
 - i. People who aren't already on a subcommittee -> Sebastian Wong, Sophie Boeun, Elsa hartley, Olivia Khan, Kristina Mooney, Joyce Lee, Saveta Holunga
 - ii. [Athlete Takeover Sign-Up](#)
 - 1. [Athlete Takeover Template](#)
 - iii. [Team Highlight Sign Up](#)
 - iv. [Committee IGTV Sign-Up](#)
 - c. New Summit Planning Committee
 - i. People who aren't already on a subcommittee
 - ii. 5 people + Jivana, Taylor, Aidan
 - 1. Alisa Zhou, Cherise Wong, Ernest Leong, Justin Cho, Jamie Jovel Flores, Ainsley Jane Tambling, Andrew Morris
 - d. Awards Banquet: Anika Nagpal, Lauren Healy, Lily Struempf, Eden Chuang
9. Team culture action item: lighter this month because we are so busy with subcommittees! Share resources from this meeting with your team and keep up the great work!
10. Next Meeting: February 28, 2021
11. Adjourn: 8:13 PM