

Winter 2021 and Spring 2022 JO "BONUS" Time Standards (SCY - LCM - SCM)

Published 9/1/21

Girls

Event	10 & Under			11			12			13			14		
	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM
50 FR	31.39	35.59	34.69	30.09	34.19	33.19	28.99	32.99	32.19	28.49	32.49	31.69	27.99	31.99	30.89
100 FR	1:10.49	1:20.19	1:17.89	1:05.49	1:14.69	1:12.29	1:03.09	1:12.09	1:09.69	1:01.79	1:10.49	1:08.49	1:00.69	1:09.19	1:07.29
200 FR	2:35.59	2:55.59	2:51.89	2:22.09	2:43.09	2:36.99	2:17.49	2:36.49	2:32.29	2:13.89	2:32.49	2:27.99	2:10.69	2:29.59	2:25.09
50 BK	36.69	42.89	40.59	33.99	39.39	37.59	32.69	37.69	36.39						
100 BK	1:19.29	1:32.69	1:27.69	1:14.09	1:27.19	1:21.89	1:11.39	1:23.19	1:19.39	1:07.89	1:19.49	1:15.69	1:05.89	1:17.29	1:13.59
200 BK				2:38.39	3:04.39	2:55.09	2:31.49	2:55.59	2:47.39	2:27.39	2:50.69	2:42.89	2:23.39	2:45.89	2:38.99
50 BR	41.69	47.49	46.19	38.49	44.09	42.59	36.89	41.99	40.79						
100 BR	1:31.89	1:44.89	1:41.19	1:23.99	1:37.59	1:33.29	1:20.29	1:32.69	1:29.19	1:17.19	1:29.39	1:25.79	1:15.59	1:27.79	1:24.49
200 BR				3:01.39	3:29.79	3:20.49	2:52.69	3:18.99	3:11.99	2:47.09	3:12.99	3:06.49	2:43.89	3:09.49	3:02.09
50 FL	36.19	40.79	39.99	32.59	36.89	36.09	31.29	35.39	34.89						
100 FL	1:24.09	1:35.39	1:32.99	1:14.59	1:24.89	1:22.39	1:10.89	1:20.79	1:18.99	1:07.29	1:16.39	1:14.69	1:05.49	1:14.49	1:13.09
200 FL				2:45.99	3:06.29	3:04.49	2:34.29	2:54.89	2:50.79	2:28.89	2:49.59	2:45.99	2:25.09	2:46.39	2:41.49
100 IM	1:20.09		1:28.49	1:15.59		1:22.49	1:12.09		1:19.89						
200 IM	2:52.39	3:17.09	3:10.49	2:39.99	3:04.39	2:56.79	2:34.49	2:56.89	2:51.09	2:30.09	2:52.19	2:46.39	2:25.69	2:47.89	2:42.59

Boys

Event	10 & Under			11			12			13			14		
	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM	SCY	LCM	SCM
50 FR	30.99	35.49	34.19	29.79	34.19	32.89	27.89	31.99	30.89	26.79	30.69	29.59	25.69	29.59	28.39
100 FR	1:09.69	1:19.49	1:16.99	1:05.19	1:14.59	1:11.99	1:00.89	1:09.69	1:07.29	58.29	1:06.89	1:04.49	56.29	1:04.59	1:02.19
200 FR	2:29.39	2:49.89	2:44.99	2:21.39	2:41.79	2:36.19	2:12.49	2:32.19	2:26.69	2:06.89	2:26.09	2:20.19	2:02.29	2:20.89	2:15.19
50 BK	36.99	42.99	40.99	34.69	39.99	38.29	32.19	36.99	35.79						
100 BK	1:18.89	1:30.89	1:27.09	1:14.29	1:26.89	1:21.99	1:09.19	1:20.49	1:17.09	1:04.29	1:15.09	1:11.39	1:01.59	1:12.09	1:08.29
200 BK				2:38.69	3:03.39	2:55.29	2:27.39	2:51.09	2:43.59	2:19.89	2:42.69	2:34.79	2:14.09	2:36.39	2:28.79
50 BR	40.99	44.89	45.29	38.99	44.69	42.99	36.09	41.29	39.99						
100 BR	1:28.99	1:38.29	1:38.29	1:23.59	1:37.69	1:32.59	1:17.49	1:30.19	1:25.69	1:12.29	1:23.99	1:20.19	1:09.69	1:21.29	1:17.19
200 BR				2:59.39	3:28.19	3:18.29	2:46.39	3:11.99	3:05.19	2:36.69	3:00.79	2:53.69	2:31.39	2:56.59	2:48.19
50 FL	35.39	38.19	39.09	33.39	37.59	36.89	31.19	35.19	34.49						
100 FL	1:22.69	1:28.89	1:31.39	1:14.59	1:25.19	1:22.59	1:09.29	1:18.59	1:16.89	1:03.39	1:12.19	1:10.39	1:01.09	1:09.69	1:07.69
200 FL				2:44.39	3:04.69	3:02.89	2:32.79	2:54.49	2:50.29	2:21.29	2:42.59	2:36.19	2:15.89	2:35.29	2:30.29
100 IM	1:18.89		1:27.19	1:14.69		1:22.59	1:09.09		1:16.39						
200 IM	2:50.99	3:14.29	3:08.89	2:40.89	3:05.49	2:59.09	2:30.69	2:53.19	2:46.69	2:22.49	2:43.19	2:37.49	2:17.09	2:38.39	2:31.59