

2023 Spring Far Western **BONUS** Time Standards (SCY - LCM - SCM)

Updated 10/7/22

**Girls**

Event	10 & Under		
	SCY	LCM	SCM
50 FR	31.39	35.59	34.69
100 FR	1:10.49	1:20.19	1:17.89
200 FR	2:35.59	2:55.59	2:51.89
400/500 FR			
800/1000 FR			
1500/1650 FR			
50 BK	36.69	42.89	40.59
100 BK	1:19.29	1:32.69	1:27.69
200 BK			
50 BR	41.69	47.49	46.19
100 BR	1:31.89	1:44.89	1:41.49
200 BR			
50 FL	36.19	40.79	39.99
100 FL	1:24.09	1:35.39	1:32.99
200 FL			
100 IM	1:20.09		1:28.49
200 IM	2:52.39	3:17.09	3:10.49
400 IM			

Event	11 - 12		
	SCY	LCM	SCM
50 FR	27.89	31.89	30.89
100 FR	1:00.49	1:09.49	1:06.79
200 FR	2:12.09	2:30.29	2:25.99
400/500 FR			
800/1000 FR			
1500/1650 FR			
50 BK	31.59	36.89	35.19
100 BK	1:08.49	1:19.29	1:16.59
200 BK	2:27.29	2:50.59	2:43.29
50 BR	35.89	40.19	39.69
100 BR	1:18.19	1:29.69	1:26.39
200 BR	2:49.19	3:12.69	3:06.99
50 FL	30.59	34.29	33.79
100 FL	1:08.09	1:17.99	1:15.19
200 FL	2:31.39	2:55.09	2:48.89
100 IM	1:09.29		1:16.59
200 IM	2:28.39	2:51.19	2:45.69
400 IM			

Event	13 - 14		
	SCY	LCM	SCM
50 FR	26.79	30.69	29.59
100 FR	58.39	1:06.79	1:04.49
200 FR	2:05.79	2:23.89	2:18.99
400/500 FR			
800/1000 FR			
1500/1650 FR			
50 BK			
100 BK	1:03.79	1:14.09	1:11.39
200 BK	2:17.89	2:39.69	2:32.89
50 BR			
100 BR	1:13.29	1:24.29	1:21.59
200 BR	2:37.89	3:03.19	2:56.59
50 FL			
100 FL	1:03.39	1:12.39	1:10.79
200 FL	2:22.09	2:39.59	2:36.99
100 IM			
200 IM	2:21.09	2:42.39	2:35.89
400 IM			

**Boys**

Event	10 & Under		
	SCY	LCM	SCM
50 FR	30.99	35.49	34.19
100 FR	1:09.69	1:19.49	1:16.99
200 FR	2:29.39	2:49.89	2:44.99
400/500 FR			
800/1000 FR			
1500/1650 FR			
50 BK	36.99	42.99	40.99
100 BK	1:18.89	1:30.89	1:27.09
200 BK			
50 BR	40.99	46.99	45.29
100 BR	1:28.99	1:42.69	1:38.29
200 BR			
50 FL	35.39	40.19	39.09
100 FL	1:22.69	1:34.29	1:31.39
200 FL			
100 IM	1:18.89		1:27.19
200 IM	2:50.99	3:14.29	3:08.99
400 IM			

Event	11 - 12		
	SCY	LCM	SCM
50 FR	27.19	31.19	29.99
100 FR	59.29	1:07.49	1:04.49
200 FR	2:09.19	2:26.99	2:22.69
400/500 FR			
800/1000 FR			
1500/1650 FR			
50 BK	31.59	36.49	34.89
100 BK	1:07.49	1:18.49	1:14.59
200 BK	2:23.99	2:46.59	2:39.09
50 BR	35.19	40.09	38.09
100 BR	1:15.89	1:27.69	1:23.79
200 BR	2:42.99	3:08.89	3:00.09
50 FL	30.19	34.09	33.49
100 FL	1:07.09	1:16.39	1:14.19
200 FL	2:29.89	2:48.79	2:44.29
100 IM	1:08.09		1:15.19
200 IM	2:27.09	2:48.19	2:42.29
400 IM			

Event	13 - 14		
	SCY	LCM	SCM
50 FR	24.69	28.39	27.59
100 FR	53.89	1:01.99	59.59
200 FR	1:57.19	2:15.09	2:09.49
400/500 FR			
800/1000 FR			
1500/1650 FR			
50 BK			
100 BK	1:00.49	1:09.39	1:06.79
200 BK	2:11.79	2:32.89	2:25.29
50 BR			
100 BR	1:08.09	1:17.89	1:13.99
200 BR	2:28.39	2:52.59	2:43.99
50 FL			
100 FL	59.59	1:07.49	1:05.89
200 FL	2:12.29	2:31.49	2:27.49
100 IM			
200 IM	2:11.39	2:32.29	2:27.09
400 IM			