

## Pacific Swimming Athlete Committee

Meeting Minutes  
March 26th, 2023  
6:00 p.m.

### Zoom Link: Join Zoom Meeting

<https://zoom.us/j/92193801623?pwd=ZTg5bm94dmZrY0pqK1hBTGx6ckh6dz09>

Meeting ID: 921 9380 1623

Password: 797227

*Mission Statement: Our mission is to share knowledge, develop leaders, and promote inclusivity to unify the athlete community.*

1. Call to Order: 6:03
  - a. Notes taken during this meeting are written in **RED**
2. Attendance (no need to write your own name):
  - a.
  - b. Please put your first and last name as your username on Zoom.
  - c. Communication: Please be sure to email [yhernandez@pacswim.org](mailto:yhernandez@pacswim.org) directly if you are not able to attend Athlete Committee meetings.
3. Resources for the month:
  - a. [Communication Strategies](#)
4. Icebreaker and March Team Culture Action Item:
  - a. Host a team event focused on bringing together the younger/older groups
    - i. Buddies system to teach young swimmers on how to attend a meet, older/younger make goodie bags for each other for a meet, Merge practice groups or dryland for a day, mini lessons from senior group swimmers
  - b. Icebreaker: (in breakout rooms of 4) tell the story behind your phone lock screen - please turn your cameras on!
5. Reports:
  - a. Senior Rep ([srathleterep@pacswim.org](mailto:srathleterep@pacswim.org)): Governance Committee, Amerie Scholarship, Zone Workshops, Leadership Summit Planning
  - b. Junior Rep ([jrathleterep@pacswim.org](mailto:jrathleterep@pacswim.org)):
  - c. Zone Reps:
    - i. Zone 1N (SA - [z1nAthleteRep@pacswim.org](mailto:z1nAthleteRep@pacswim.org)):
      1. Changed wording on bylaws to be more gender neutral, approved getting radios for the officials, Z1N athletes email Steph if you are not on the groupme
    - ii. Zone 1S (SB - [z1sAthleteRep@pacswim.org](mailto:z1sAthleteRep@pacswim.org)):
      1. No report
    - iii. Zone 2 (SH, NR - [z2AthleteRep@pacswim.org](mailto:z2AthleteRep@pacswim.org)): discussed meet bidding
    - iv. Zone 3 (JH, AZ - [z3AthleteRep@pacswim.org](mailto:z3AthleteRep@pacswim.org)):

- v. Zone 4 (BP - [z4AthleteRep@pacswim.org](mailto:z4AthleteRep@pacswim.org)): discussed lack of travel support for Z4 athletes - requesting 2 nights in hotel for October Leadership Summit, All Star Meets
  - d. Committee Reps:
    - i. Next age group meeting in April
  - e. Team Reps:
    - i. PLS - planning an escape room event
    - ii. San Benito Aquatics sent 3 swimmers to Age Group Championships
  - f. WZ/ National DEI (VH):
    - i. Planning national DDEI camp, hopefully in Indiana where Olympic Trials will be, working with USA Swimming to get discounted tickets
  - g. Vice Chair (VH)(ES):
    - i. Looking for GC, treasurer, and secretary for BOD
      - 1. secretary could be filled by an athlete
        - a. Zach Silverman
        - b. Gracie Goss
  - h. General Chair (DC):
    - i. Each Zone has one chair on the BOD
  - i. Mental Health (CL & SW):
    - i. n/a
  - j. Social Media (JL & SB - [repsocial@pacswim.org](mailto:repsocial@pacswim.org)):
    - i. Looking for new active members
  - k. Rep Recruitment (SA):
    - i. Getting a meeting together soon
    - ii. Adding new reps to sheet so check emails
    - iii. SENIORS need to have new rep by June/July at the latest
  - l. Team Interaction (JH):
    - i. n/a
  - m. Suit Exchange (LY):
    - i. Distributing collected suits at Far Westerns
    - ii. Accepting more suits at the meet
  - n. Meet Promotion and Sponsorship (SS):
    - i. No report
  - o. Awards Banquet (CG/MR)
    - i. Talked about different awards to implement
    - ii. Haven't established solid idea yet
  - p. Summit Planning
    - i. Friday, April 7, 7:30PM
6. Unfinished Business
- a. Pacific Swimming Website
    - i. Summit Recap - Sophie S., Bella,
      - 1. yes
    - ii. Mental Health Page - Marlee
      - 1. Almost done, should be done by this week
    - iii. Tech Suit Exchange Page - Lily Yung
      - 1. Need photos this weekend, summary and quotes coming
    - iv. OPTC Camp -
  - b. Jr Rep Elections - open form in April

- i. Must be in good standing, a current sophomore or above, plan to swim for next year
- ii. Talk about what you want to do as a junior athlete rep
- iii. 2 year commitment

7. New Business

- a. Pacific Swimming Secretary
  - i. See vice chair report

8. April Team Culture Action Item:

- a. If you are competing for your high school this year, have a discussion with the other club swimmers on your team about how you can implement healthy culture strategies from your club team to your high school team.
- b. Report back next month!

9. Next Meeting: Sunday, April 23, 6PM

10. Adjourn: 6:44