https://us06web.zoom.us/j/81661900747?pwd=e2v1dbWQ9Bv2vBFtDeFXZiPbOBna1O.1

<u>Minutes</u>

Tuesday January 21st, 2024, 7:30-8:00pm

⊠Kevin Twohey (Chair/Equip)	☑Pat Spellmeyer (HSC)	⊠Mary Colvig (WILL)	
☐Kian Tavakoli (Vice Chair)	☐ Derek Hutchinson (MCSD)	□Axel Redemann (SVSS)	
⊠Alexa Jayne (Secretary)	⊠Asher Green (NVST)	□Joe Selzer (UKAC)	
⊠Blanca Prado (Treasurer)	☐ Ashley Britton (SRN)	☐Sophie Waterson (VJO)	
⊠Sarah Obbagy (Officials Co)	□Victoriya Kotlinski (PRNA)	⊠Judy Wong (SFRP)	
☐Andy Downs (Sanctions)	□Erwin Wong (SFSL)	⊠Hannah Martin (SON)	
□Don Mata (AG Co)	□Cassandra Esparza (SFSL)	⊠Mike Nichols (LCAF)	
☑Jon Hiett (Senior Co/AC)	☐ Lehla Irwin (SSS)	⊠Alex Ambrose (Ath Rep – SSS)	
☐Joesph Harris (Z3 Athlete Rep)	⊠Mehrad Zarrehparvar (SRBY)	⊠Sidney Ross (Ath Rep – SSS)	
□Lillian Bautista (DDEI)	⊠Victor Wales (TCA)	⊠Hailey Sotelo (Ath Rep – PRNA)	
☑ Debbi Tucker (Safe Sport)	☐Barbara Jordan (UD)		

Call to order: 7:30PM
 Conflict of Interest: None

3. Approval of Minutes: Approved – Alexa Jayne 1st, Debbi Tucker 2nd

4. Correspondence/Announcements: None

5. Guest Speakers: None6. Report of Officers

a. Chair - Kevin Twohey

i. No report

b. Vice Chair - Kian Tavakoli

i. No report

c. Secretary - Alexa Jayne

i. No report

d. Treasurer - Blanco Prado

i. Debbi Tucker – Zone needs to include a timeline on how to handle aging checks in our Policies and Procedures

7. Standing Committee Reports

- a. Officials Sarah Obbagy
 - i. Able to purchase official gifts with money from Pac Swim board
- b. Sanctions Andy Downs
 - i. No report
- c. Age Group Don Mata
 - i. No report
- d. **Seniors** Jon Hiett
 - i. No report
- e. **Equipment** Kevin Twohey
 - i. Equipment will be used for Zone 3 Championships and PRNA meet March 22-23

f. Athlete Representative – Joseph Harris

- i. No report
- g. DDEI Lillian Bautista
 - i. No report
- h. Safe Sport Debbi Tucker
 - i. Safe Sport is now only meeting quartly
 - ii. Only 23% of USA Swimming clubs are safe sport certified Pacific Swimming had 22.7% of clubs certified
 - iii. Each club will be contacted by Debbi to ensure the updated MAAPP is read and signed by every club member and will also collect the name and contact details of each clubs Safe Sport Coordinator

8. Pacific Swimming Motions

- a. Debbi Tucker
 - i. JO's is now officially Age Group Championships
 - ii. Prelim and Finals and Far Westerns can now start at 8:30AM
 - iii. Clubs are temporarily able to charge a facility charge up to \$20 per athlete (MEFAP athletes exempt)

9. Zone 3 Motions

a. None

10. Old Business

- a. Zone 3 Champs
 - i. Jobs have been assigned to each team

11. New Business

- a. Zone 3 rep for Pacific Swimming Governance Committee
 - i. Can not be someone who already sits on the Pacific Swimming Board
 - ii. Meet the day after Pacific Swimming meetings
 - iii. No one from Zone 3 stepped forward will revisit next month
- b. Motion to change name of Zone 3 Standing Rules to Zone 3 Policies and Procedures
 - i. Sarah Obbagy 1st Alexa Jayne 2nd

12. Meet Reports

- a. MCSD SCY C/B/A+ Meet
 - i. No report
- b. SRN Swim Like the Dickens C/B/A+ Meet
 - i. Cold and rainy meet but ran well
- c. SSS Festive Frost C/B/A+ Meet
 - i. Good meet, able to get in some distance swims that are harder to get in

13. Adjournment

- a. Next meeting February 18th
- b. Meeting adjourned 8:02PM
 - i. Lehla Irwin 1st Debbi Tucker 2nd

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Minutes

Tuesday February 18th, 2025, 7:30-8:00pm

⊠Kevin Twohey (Chair/Equip)	□Pat Spellmeyer (HSC)	☐Mary Colvig (WILL)	
⊠Kian Tavakoli (Vice Chair)	☐ Derek Hutchinson (MCSD)	□Axel Redemann (SVSS)	
⊠Alexa Jayne (Secretary)	⊠Asher Green (NVST)	□Joe Selzer (UKAC)	
⊠Blanca Prado (Treasurer)	⊠Ashley Britton (SRN)	□Sophie Waterson (VJO)	
☐ Sarah Obbagy (Officials Co)	□Victoriya Kotlinski (PRNA)	□Judy Wong (SFRP)	
⊠Andy Downs (Sanctions)	□Erwin Wong (SFSL)	☐ Hannah Martin (SON)	
□Don Mata (AG Co)	□Cassandra Esparza (SFSL)	☐ Mike Nichols (LCAF)	
⊠Jon Hiett (Senior Co/AC)	☐ Lehla Irwin (SSS)	☐ Alex Ambrose (Ath Rep – SSS)	
⊠Joesph Harris (Z3 Athlete Rep)	☐ Mehrad Zarrehparvar (SRBY)	☐ Sidney Ross (Ath Rep – SSS)	
□Lillian Bautista (DDEI)	⊠Victor Wales (TCA)	☐ Hailey Sotelo (Ath Rep – PRNA)	
⊠ Debbi Tucker (Safe Sport)	☐Barbara Jordan (UD)		

1. Call to order: 7:32PM

2. Conflict of Interest: None

3. Approval of Minutes: Approved – Alexa Jayne 1st, Kian Tavakoli 2nd

4. Correspondence/Announcements: None

5. Guest Speakers: None6. Report of Officers

- a. Chair Kevin Twohey
 - i. No report
 - b. Vice Chair Kian Tavakoli
 - i. No report
 - c. Secretary Alexa Jayne
 - i. No report
 - d. Treasurer Blanco Prado
 - i. Financial report presented
 - ii. Zone 3 Championships financials presented
 - 1. Revenue \$12,552.50
 - 2. Expenses
 - a. Pacific Swimming \$2,686.40
 - b. Pool Rental \$1,495.80
 - c. Table/Chair Rental \$318.00
 - d. Tent Rental (Pac Swim) \$195.00
 - e. Hospitality
 - i. Panera \$1,470.46
 - ii. Foodshed \$1,247.75
 - iii. Misc CostCo \$379.37
 - f. Supplies
 - i. Staples \$54.99
 - ii. Ace Hardware \$44.13

- g. Awards \$450.90
- h. Lifeguard Fee \$650.00
- i. Hotel Barbarie Gonzalez \$107.48
- i. Meet Director \$500.00
- 3. Total \$9,600.28
- 4. Net \$2,952.22

7. Standing Committee Reports

- a. Officials Sarah Obbagy
 - i. No report
- b. Sanctions Andy Downs
 - i. No April or May (except VJO) have been sanctions
 - ii. Teams encouraged to submit meet sheet as soon as possible
 - iii. Make sure to include the zone priority portion into meet sheets
- c. Age Group Don Mata
 - i. No report
- d. **Seniors** Jon Hiett
 - i. No report
- e. **Equipment** Kevin Twohey
 - i. PRNA will be using equipment for upcoming March meet
 - ii. Equipment used for Zone 3 Championship meet
 - iii. Speaker wire on the 10 lane will be replacement as one connection was loose
- f. Athlete Representative Joseph Harris
 - i. Two new athlete reps have joined from Zone 3
 - ii. Still working on securing new Zone 3 athlete rep
- g. **DDEI** Lillian Bautista
 - i. No report
- h. Safe Sport Debbi Tucker
 - i. No meeting update
 - ii. Debbi will be checking in with each club for the name of their Safe Sport Representative

8. Pacific Swimming Motions

- a. Debbi Tucker
 - i. Motion on the table to increase the registration fee by \$1

9. Zone 3 Motions

a. None

10. Old Business

- a. Zone 3 Representative for Governance Commitee
 - i. Andy Downs will step in as Zone 3 Representative for Governance Committee

11. New Business

a. None

12. Meet Reports

- a. The Olympic Club
 - i. Andy Downs Small meet with no stroke and turns. Under 100 athletes
- b. Zone 3 Winter Championships
 - i. Meet ran well through ran and cold
 - ii. Suggested to have teams keep the same jobs year to year to help reduce confusions
- c. Neptune 14/U Invitational

i. Smooth meet with about 320 athletes

13. Adjournment

- a. Next meeting March 18th
- b. Meeting adjourned 8:36PM
 - i. Lehla Irwin 1st Andy Downs 2nd

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Minutes Tuesday April 15, 2025, 7:30-8:00pm

⊠Kevin Twohey (Chair/Equip)	□Pat Spellmeyer (HSC)	□Axel Redemann (SVSS)	
⊠Kian Tavakoli (Vice Chair)	⊠Sonya Schaffer (MCSD)	□Joe Selzer (UKAC)	
⊠Alexa Jayne (Secretary)	⊠Asher Green (NVST)	☐Sophie Waterson (VJO)	
⊠Blanca Prado (Treasurer)	⊠Ashley Britton (SRN)	□Judy Wong (SFRP)	
☐Sarah Obbagy (Officials Co)	⊠Victoriya Kotlinski (PRNA)	☐Hannah Martin (SON)	
⊠Andy Downs (Sanctions)	□Erwin Wong (SFSL)	☐ Mike Nichols (LCAF)	
□Don Mata (AG Co)	□Cassandra Esparza (SFSL)	□Alex Ambrose (Ath Rep – SSS)	
⊠Jon Hiett (Senior Co/AC)	⊠ Lehla Irwin (SSS)	☐Sidney Ross (Ath Rep – SSS)	
⊠Joesph Harris (Z3 Athlete Rep)	⊠Mary Colvig (WILL)	☐ Hailey Sotelo (Ath Rep – PRNA)	
⊠Mehrad Zarrehparvar	⊠Victor Wales (TCA)		
(DDEI/SRBY)			
⊠Debbi Tucker (Safe Sport)	□Barbara Jordan (UD)		

Call to order: 7:34PM
 Conflict of Interest: None

3. Approval of Minutes: No March minutes due to meet

4. Correspondence/Announcements:

- a. **Debbi Tucker** Finance committee putting up a motion on fiduciary misconduct and being able to hold office. Ask Debbi if you have any questions.
- 5. Guest Speakers: None
- 6. Report of Officers
 - a. Chair Kevin Twohey
 - i. No report
 - b. Vice Chair Kian Tavakoli
 - i. No report
 - c. Secretary Alexa Jayne
 - i. No report
 - d. Treasurer Blanco Prado
 - i. Asking for anyone that is available to attend finance committee meetings as Blanca has been unable to attend on a regular basis
 - ii. When filling out the form for lack of officials, please include an email for the appropriate team to ease in the sending of the invoice

7. Standing Committee Reports

- a. Officials Sarah Obbagy
 - i. Debbi Tucker All official trainings are now available online. Do not have to attend an official clinic to complete any training
- b. Sanctions Andy Downs

- i. Sanctioned through the end of May. Napa June meet is also sanctioned
- ii. If inviting an out of zone team, make sure meet director includes that team(s) in the meet sheet so they are able to register in the zone priority window
- c. Age Group Don Mata
 - i. No report
- d. **Seniors** Jon Hiett
 - i. No report
- e. **Equipment** Kevin Twohey
 - i. Equipment is working well
 - ii. PRNA used for March meet
 - iii. One set being used by VJO at end of May
- f. Athlete Representative Joseph Harris
 - i. Athlete committee won the DEI award from USA Swimming for the tech suit recycling program they created
- g. DDEI Liliana Bautista
 - i. Mehrad Zarrehparvar is now the DDEI representative for Zone 3
 - ii. Attended his first meeting last month but has nothing to report yet
- h. Safe Sport Debbi Tucker
 - i. Make sure your team has implemented MAAPP 3.0
 - ii. Only 28% of clubs responded to Debbi's request for teams Safe Sport Coordinator
 - iii. 10 of the 26 (38%) clubs in Pacific Swimming are Safe Sport certified. Percentage is higher than the national average
 - iv. Still working to get all teams in Pacific Swimming Safe Sport certified

8. Pacific Swimming Motions

a. Motion to have in writing what is needed to hold an office position dealing with any financial responsibility and fiduciary misconduct consequences

9. Zone 3 Motions

- a. Motion to approve the 2025-2026 Zone 3 meet schedule 1st Andy Downs 2nd Kian Tavakoli
 - i. PRNA moved 12/13-14/2025 meet to 1/17-18/2026
 - 1. 1st Lehla Iriwn 2nd Andy Downs
 - ii. PRNA moved 3/14-15/2026 meet to 4/18-19/2026
 - 1. 1st Lehla Irwin 2nd Andy Downs
 - iii. TOC added distance meet 1/25/2026
 - 1. 1st Lehla Irwin 2nd Andy Downs

10. Old Business

a. T-shirt vendor sending commission check from Zone 3 Championships for \$228

11. New Business

a. None

12. Meet Reports

- a. PRNA CBA+
 - Victoriya Meet ran well. Some issues with results that were posted working with Meet Ref to correct
- b. SSS Invitational
 - i. Quick small meet. About 60 kids. Done at 10:30AM each day
 - ii. Some issues with lane swaps not noted on paperwork. Got correct with meet ref and results resent
- c. SSS CBA+

- i. Great meet that ran smooth. Started at 12:00PM ended just before 4:00PM both days
- ii. Did general warm up for 30 minutes then ran 15 minutes of all six lanes one way race starts. Worked well to help keep dives moving and get kids out of the pool to start the meet on time

13. Adjournment

- a. Next meeting May 20th
- b. Meeting adjourned at 8:13PM
 - i. Andy Downs 1st Lehla Irwin 2nd

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Minutes Tuesday May 20, 2025, 7:30-8:00pm

Board Members		Committee Reps (Cont)		Team Reps (Cont)		Athlete Reps	
Kevin Twohey (Chair/Equip)	Х	Mehrad Zarrehparvar (DDEI)	Х	Axel Redemann (SVSS)		Sidney Ross (SSS)	
Kian Tavakoli (Vice Chair)	Х	Debbi Tucker (Safe Sport)	Х	Joe Selzer(UKAC)		Hailey Sotelo (PRNA)	
Alexa Jayne (Secretary)		Team Reps		Sophie Waterson (VJO)		Guests	
Blanca Prado (Treasurer)	Х	Aaron Jon Toch (VJO)	Х	Hannah Martin (SON)			
Committee Reps		Ashley Britton (SRN)	Х	LWee (SFRP)	х		
Sarah Obbagy (Officials)	х	Pat Spellmeyer (HSC)		Michael Stompe (TCA)	х		
Andy Downs (Sanctions)	Х	Victoriya Kotlinski (PRNA)	Х				
Don Mata (Age Group)	1	Cassandra Esparza (SFSL)					
Jon Hiett (Seniors)		Lehla Irwin (SSS)	Х				
Joesph Harris (Athletes)		Mary Colvig (WILL)	Х				
		Barbara Jordan (UD)	1				

Call to order: 7:34PM
 Conflict of Interest:

a. None

3. Approval of Minutes:

a. Kian Tavakoli -1st Andy Downs – 2nd APPROVED

- 4. Correspondence/Announcements:
 - a. Pacific Swimming House of delegates meeting happening 5/21
 - b. Updated Zone 3 meet sheet template has been sent out to coaches and team reps
- 5. Guest Speakers: None
- 6. Report of Officers
 - a. Chair Kevin Twohey
 - i. No report
 - b. Vice Chair Kian Tavakoli
 - i. No report
 - c. Secretary Alexa Jayne
 - i. No report
 - d. Treasurer Blanco Prado
 - i. GIC Graphicwear sent in commission check for \$282 from Zone 3 Championships
 - ii. Received 52 athlete co-pays from Zone All Star Meet
 - iii. Questioned if Zone reimburses for officials' background check
 - 1. Andy Downs motioned that the zone will not reimburse officials' background check costs –
 - 2. Lehla Irwin 2nd
 - 3. APPROVED

7. Standing Committee Reports

- a. Officials Sarah Obbagy
 - i. Will check in with meet refs about a desire for radios and present findings to board at a later meeting
- b. **Sanctions** Andy Downs
 - i. Every meet up until REALs has been submitted for sanctioning
 - ii. AC meet in late June has been canceled
- c. Age Group Don Mata
 - i. No report
- d. **Seniors** Jon Hiett
 - i. No report
- e. **Equipment** Kevin Twohey
 - i. VJO using set of equipment at the end of meet
- f. Athlete Representative Joseph Harris
 - i. No Report
- g. DDEI Mehrad Zarrehparvar
 - i. No Report
- h. Safe Sport Debbi Tucker

8. Pacific Swimming Motions

- a. Registration fee increase by \$1 due to USA Swimming determining Pacific Swimming is not allowed to charge a fee for team transfers
- b. Anyone found guilty of committing finical discrepancies will not be allowed to hold a Pacific Swimming or Zone board position that has any financial responsibility

9. Zone 3 Motions

a. None

10. Old Business

a. None

11. New Business

- a. Elections
 - i. Sarah Obbagy nominates Andy Downs for Vice Chair
 - 1. Blanca Prado 2nd
 - 2. APPROVED
 - ii. Sarah Obbagy nominates Kian Tavakoli for Sanctions
 - 1. Blanca Prado 2nd
 - 2. APPROVED

12. Meet Reports

- a. SRN LC
 - i. Ashley Britton
 - 1. Meet ran smoothly
- b. Zone All Star Meet
 - i. Alexa Jayne
 - 1. Total of 51 swimmers. A lot of best times swam. Great meet overall

13. Adjournment

- a. Next meeting June 17th
- b. Meeting adjourned at 8:16PM
 - i. Andy Downs 1st Kian Tavakoli 2nd
 - ii. APPROVED

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<u>Minutes</u>

Tuesday July 15, 2025, 7:30-8:00pm

Board Members		Committee Reps (Cont)		Team Reps (Cont)	Athlete Reps
Kevin Twohey (Chair/Equip)	X	Mehrad Zarrehparvar (DDEI)	X	Axel Redemann (SVSS)	Sidney Ross (SSS)
Kian Tavakoli (Vice Chair)	X	Debbi Tucker (Safe Sport)		Joe Selzer(UKAC)	Hailey Sotelo (PRNA)
Alexa Jayne (Secretary)	X	Team Reps		Sophie Waterson (VJO)	Guests
Blanca Prado (Treasurer)		Aaron Jon Toch (VJO)		Hannah Martin (SON)	
Sarah Obbagy (Officials)		Ashley Denize (SRN)	X	LWee (SFRP)	
Andy Downs (Sanctions)	X	Pat Spellmeyer (HSC)		Michael Stompe (TCA)	
(Age Group)		Victoriya Kotlinski (PRNA)		Barbara Jordan (UD)	
Jon Hiett (Seniors)	X	Asher Green (NVST)	X	Mary Colvig (WILL)	
Joseph Harris (Athletes)	X	Lehla Irwin (SSS)	X	Cassandra Esparza (SFSL)	

ITEM	DISCUSSION	COMMENTS
Call to order:	Kevin Twohey – 7:32PM	
Conflict of Interest:	None	
Approval of Minutes:	Joseph Harris - 1 st	APPROVED
	Andy Downs – 2 nd	
Correspondence/Announcements:	None	
Guest Speakers: None	None	
Report of Officers:	Chair – Kevin Twohey	
	No report	
	<i>Vice Chair</i> – Kian Tavakoli	
	No Report	

	Secretary – Alexa Jayne	
	No report	
	Treasurer – Blanca Prado	
	No report	
	Officials – Sarah Obbagy	
	No report	
	Sanctions – Andy Downs	
	 WANV meet in September sanctioned 	
	Age Group –	
	Seniors – Jon Hiett	
	No Report	
	Equipment – Kevin Twohey	
	No report	ml··· t
	Athlete Representative – Joesph Harris	This is Joesph's last meeting
	New athlete representative nominee introduced (Brittney Rein)	
	introduced (Brittney Bair)Athletes currently working on putting	
	together athlete summit	
	 Brainstorming for next community service 	
	project	
Standing Committees	DDEI – Mehrad Zarrehparvar	
3	No Report	
	Safe Sport – Debbi Tucker	
	 26 Pacific Swimming teams are currently 	
	certified	
	 43 Pacific Swimming teams have not started 	
	the Safe Sport certification process	
	 USA Swimming has made a check list 	
	available online for teams to help make the	
	process easier	
Pacific Swimming Motions	None	
Zone 3 Motions	Motion to approve Andy Downs as new Vice Chair	APPROVED
	Alexa Jayne – 1 st Kian Tavakoli – 2 nd	APPROVED
	Motion to approve Kian Tavakoli as new Sanctions	APPROVED
	Chair	

	Andy Downs – 1 st Alexa Jayne – 2 nd Motion to elect Brittney Bair as new Zone 3 Athlete Representative	APPROVED
	Alexa Jayne – 1st Andy Downs – 2nd	
Old Business	None	
New Business	Looking for coaches/team reps that are interested in being on the nominating committee and budget committee	Current nominating committee – Asher Current budget committee – Kevin, Andy, Blanca
Meet Reports	NVST - Lost a lane on the shallow end of the pool which messed with the timeline, but overall meet went well WILL - Cancelled due to low entries	
Adjournment	8:33PM Andy Downs – 1 st Alexa Jayne – 2 nd	APPROVED